

7 Tips To Make Her Love You – Forever!

The Truth About What She Wants And Needs From You

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Introduction: Why You're Here

Let me be straight with you:

This book is going to make your *head spin*.

Not because it's difficult to read – on the contrary, if you're anything like most of the guys I coach professionally, you'll be glued to your seat.

So what's the big deal?

It's this: you're about to discover 7 things about the woman in your life (or the woman you *want* to have in your life) that you NEVER heard before ...

... 7 tips that have already worked for *thousands* of men just like to you to make her fall nauseously in lust, and even in LOVE, with YOU.

However, I should warn you now: I don't pull any punches.

You're about to discover the TRUTH about what it really takes to have the woman you want chasing you ... and you're going to learn how to do it *without chasing her*, without bending over backward, and without dabbling around like some paltry BOY instead of the confident, amazing MAN she needs and wants.

It's the truth ... and it's not always pretty. You've been warned.

But more to the point: pretty or not, IT WORKS. And it will work for YOU.

How do I know this stuff works?

Well, thousands of ecstatic, relieved, happily committed clients aside ... I know it works because I worked my butt off to get it right from the horse's mouth, that's why.

The information you're about to discover doesn't come from my own head, my own opinions, or even my own years and years of far-reaching professional insight.

Instead, this short, hard-hitting report is concerned more with the opinions of the over 2,000 women I interviewed to get this very material.

I sat down with them, I interviewed them, I got literally thousands of emails (most of which begged me not to use their real name, that's how scared they were that this information would backfire on them personally) ...

... and I got the inside look at what **really** gets a woman to feel that powerful, primal, sexual/emotional attraction towards YOU.

You're going to learn how to alter your approach to women.

You're going to learn why 'nice guys' make women run AWAY.

You're going to learn what she *really* thinks, what she *really* wants, how she *expects* you to act ...

... and what you should do INSTEAD of that to make her sit up, take notice, and unzip your pants with her teeth.

Basically, if there's even the TINIEST hint of attraction there already, you can use these tips to get her thinking about you as incredibly sexually and emotionally attractive ...

... the kind of guy she doesn't even WANT to resist ...

and have her willing to do almost <i>anything</i> to get you into bed – and keep you there.
Let's go.

7. Make Her Connect YOU With Pleasure, Fun, And Attraction

First things first:

A woman will never come your way, hop into your bed, and do all sorts of interesting physical gymnastics for you behind closed doors unless you are okay with *letting her go*.

That sounds weird, so let me explain ...

Neediness is the ULTIMATE destroyer when it comes to attraction and desire.

There are so many amazing guys out there whose glorious, sexy potential is RUINED by their weird, creepy neediness to 'lock her down' and get that one perfect nymphomaniac supermodel girlfriend who'll be with them forever and never even THINK about another man's penis.

Or worse ... guys who are so ANGRY that the women they want don't want them that they stink up every social interaction with toxic sarcasm and weird angry sexually-deprived rage until no sane woman would ever be interested. (Pickup artists beware ... most of you guys are worse at this than the 'normal' guys!)

So before we get any further, you need to be okay with the idea of letting a woman – ANY woman – go someday.

Let's face it, 'forever' is a Hollywood concept. Boring divorce statistics aside, we're all human – which means we're all going to DIE someday. So unless you die before her (and who the hell makes that their life ambition anyway?), you ARE going to be letting her go at some point.

Deal with it. Get okay with it. And don't dwell on it ... but keep it in the back of your mind anyway, because this kind of acceptance is actually (weirdly) extremely SEXY to a woman.

Why?

Because, to be truly okay with this, it means you have to be okay with YOURSELF first.

I don't want to go all postmodern on you here, but trust me this is super, super-important: if you want to be the guy that a desirable woman willingly offers herself to (again, and again, and again), you have to be the kind of guy who is okay with HIMSELF.

Don't miss this: How To MAKE Her Desire You... www.resparktheromance.com/men

And that means you've got to get it together and stop making 'her' the center of your universe.

How do you do that?

Well, reading this report is a great start, because it's pretty hard to follow this advice without getting your life together in a big way.

But three things you can do right now ...

1. Get successful and get some respect from the people who matter most.

Nope, not about making bucketloads of money (although that helps ...)

It doesn't really matter if you EARN a lot. It just matters that you have some kind of skill, that you are good at, that other people respect you for and that you CARE ABOUT.

This is about having some kind of PASSION in your life that you are GOOD AT.

I don't care what it is. As long as it gets you out of the house and it earns you the respect of others, it qualifies. (Kids, cars, Crossfit, business, all of that stuff qualifies and will help you create the kind of passionate, interesting life that women find SEXY.)

2. Get confident in yourself.

What are the weak points in your personality right now? What are the things you're less than proud of physically? How's your body? How's your BREATH, for that matter?

Whatever the weak spots are, do something to address them so you can stop subconsciously worrying about them, and then quit dwelling on them and move on. Your best is good enough (as long as your best isn't swilling beer on the couch and complaining about your bald spot.)

3. Get emotionally attractive.

Enough with the whining and bitching! Even in the so-called privacy of your own mind, this stuff is like Kryptonite when it comes to women: it zaps their sexual desire like you just shot her puppy with a blowgun in front of her eyes.

Women like strong, confident men who are so sure of themselves it's almost sickening. (Yes, this is why assholes often get the girl.)

Real men don't whine and they don't try and make lame excuses for their lack of success. If something is wrong, the responsibility is YOURS to FIX.

It's not about being perfect or even 'having it all together' (because really, who does?) Instead, it's about recognizing that things aren't perfect, and then TAKING ACTION to move forward.

Fortunately for you, you're about to discover six things you can do to achieve just that.

But know this: it's not 'being perfect' that turns women on ... it's *taking action* to TRY and make things BETTER. Whining and bitching need not apply (ditto using logic or rationality to 'explain' why it's not your fault.)

6. Learn How To Play Like An Adult, Dammit

Let's get something straight:

Flirting is how adults play. If you can't flirt, you can't play, and if you can't play, you're no FUN ...

... and that means SHE can't have fun WITH YOU.

Learn how to play like an adult, dammit!

Men think about things extremely rationally and analytically. That's why you guys are so good at all that 'man stuff' (like fixing the leaky washer or, um, squishing the spider we don't even want to THINK about.)

But when it comes to flirting and women, this is less of a good thing and more of a CRASHING BORE.

Let me give you a little example ...

One time I had a client called Paul. He'd been raised in New England by some kind of Brahmin, extremely-stoical parents, and he'd basically been 'trained' throughout his early life to look at everything (including women and sex) through some kind of internal scientific microscope.

Now, this was a good-looking and professionally successful man we're talking about here (he was a surgeon with his own practice. Great hair. Buckets of money.)

But he could *not* get *women* for the *life of him*.

Every time he approached a woman he liked, he'd use the rational side of his brain and try to CONVINCE her to get into a relationship with him.

"We're the same age. You say you like me, and I'm a nice guy. Why shouldn't we get together? We're already friends! I don't understand what's wrong, it makes PERFECT SENSE for us to date!!"

.... Um, yeah. Needless to say, this wasn't working out too great for Paul.

Basically, I had to 'un-train' him of everything he thought he knew about how dating and sex 'should work', and re-train him to start looking at women and sex through a more playful lens.

Here's what you need to know (and what Paul vehemently resisted understanding for waaaay too long):

Women want you to be able to PLAY ...

But they ALSO want you to BE IN CONTROL.

(Not in a scary way. But in a way that makes them go all weak at the knees and murmur to their friends about how 'masterful' you are. Mmm.)

So first of all: the playfulness stuff. Women aren't interested in the ways you 'play' with your guy friends (all that screaming at ESPN, keeping track of sports scores, Halo on the X-box, and farting in each other's faces.) Frankly, that stuff is boring, and when it's not boring, it's gross. So do not expect her to respond to 'man games'.

Instead, what works for women is demonstrating that you are playful, imaginative, a little bit creative, and *not scared of her disapproval* (while still avoiding the stuff you KNOW is going to piss her off. Just a little common sense here, guys, that's all it takes.)

And by the way ... in case you're already 'with' a woman (married, committed, living together, whatever), you STILL NEED TO FLIRT.

In fact, you need to do it MORE (at least, if you want her to be unzipping your pants with her mouth because her hands are too busy elsewhere.)

All you need to do to flirt with a woman successfully is avoid the don'ts ...

DON'TS FOR FLIRTING:

- **No physical humor.** It's scary and weird. We hate getting our hair mussed up, our arms twisted, and farts. Ugh. MAJOR turn-off. (Once my sister's boyfriend twisted my arm up behind my back so hard I started to cry. This was the very first time he met me and he thought it would impress my sister. Um ... no.)
- **No jokes about her appearance.** I know, I know, pickup artists want you to 'neg' her. This might work somewhere in Hollywood, where the women are simultaneously so beautiful you want to retch and at the same time rabidly, insanely insecure. But in the real world, anything except GENTLE teasing is OUT.
- **Don't get all self-deprecating.** Being the butt of your own jokes makes women pity you (yes, even if they are laughing they're doing it out of pity.) Once I had a talk with a pickup artist who could not stop talking about how fat he was. He was trying to make me laugh, but it made me so uncomfortable that I finally told him to stop talking about his weight.

Most women are not as direct as me, so don't expect them to tell you when you're going wrong with this stuff!

Okay, now the do's:

- **Do be playful.** If she is smart (and I hope she is), it's pretty hard to go wrong with word-play. Pretend to misunderstand her and tease her about what you 'thought' she said. Bonus points if you can steer it around to sex.
- **Do smile a lot.** Women take their cues from you and if you are grinning and act like you're in control, she will relax and go with it.
- Do talk about sex in a playful way. Women like sex just as much as you do and they like talking about (as long as there is even a smidgen of sexual attraction there to start with.) Talking about sex in subtle, playful ways reminds her that you're a man, you're confident enough to be open about what you like, and it makes her picture you in bed (and start wondering what you'd be 'like'.)
- Don't be needy or desperate. One time I dated a guy who tried to flirt a lot, but it didn't always go too well. He had a picture in his head of himself as a very charming, funny guy, but at the same time he wasn't actually all THAT funny. So he was touchy about it. And whenever he made a joke or said something 'charming' that was actually kind of irritating or weird, he'd notice I didn't like it ... and he'd go all quiet and weird because his joke didn't 'work' the way he meant it to. For a woman to have a good time with you, she needs to trust that you are actually stronger than she is (or at least AS strong, if she's a very strong, together type.) You need to build trust by not being desperate. Decide that you are funny and charming (even if she doesn't think so), and that will enable you to stay in control and charming even when things don't go to plan. Nothing makes a woman feel used or weirded out faster than a guy who 'needs' her to act a certain way in order for him to feel good about himself.

5. Quit Freaking Out About Stupid Stuff

This is a topic that comes up AGAIN and AGAIN with guys. It's important, so listen up.

Women like men who are IN CONTROL.

They like guys who *know* what they're worth, who know that any woman who goes home with them is going to have a great time and be better off for the experience, and who aren't afraid to be borderline-cocky about it.

(Seriously.)

What we hate is apologetic guys, guys who fixate about their failings, and guys who constantly need a shoulder to cry on.

(Remember Jon Favreau from *Swingers* in the caravan with 'Dorothy'? Remember how quickly he turned her around from 'hmm, this guy might be sexually intriguing' to 'ohh you poor baby'? Agonizing.)

Most girls are nice. Most girls want to help you feel good about yourself. But the more she has to do it, the more MATERNAL she will feel and the less chance you ever have of crazy standing-on-your-head-sex with her.

Here's what you might not know already about how female attraction works:

It's not really based around looks.

Yeah, if you're hot, that's great. It's the pepper on top of the steak that adds that extra little 'zing' to the meal. But you can't eat pepper by itself (unless you like mouth ulcers and stomachache) ...

Okay, this is a really crap metaphor, but it's true. UNLIKE MEN, women aren't really 'turned on' by good looks. We would prefer that a guy takes care of himself, works out, and eats right at least 80% of the time.

But you can stop obsessing about your abs, your hair, and the size of your package right now. No woman ever broke up with a man because he had a bald spot or because he wasn't rich enough.

Instead, women break up with men (or refuse to sleep with them in the first place) because the guy couldn't make her FEEL a certain way EMOTIONALLY.

Driving, exciting, electric sexual intrigue (for a woman) comes from the way you make her FEEL when she's with you.

Women like successful men ... but not because of the money. (Okay, it's fun to date a guy who can shower you with cute little trinkets just because he feels like it, but seriously, it's not a big deal.)

Instead, women are attracted to successful men because those men also have FIRE and DRIVE. Money is way less important than being a dynamic man who's passionate about his life.

You need to make her feel like being with you is exciting and stimulating, that you're not lonely or desperate or tied up 'needing' to make things great with her, and that even though you think she's great, you won't be devastated if it doesn't work out.

You need to make her feel that ELECTRICITY.

And you can't make her feel that way if you're secretly off in your head somewhere, worried you're going to turn her off because your penis is 5 inches long instead of 9, or because you make less money than her last ex-boyfriend did.

We don't care so much about the externals. We care that you like yourself, that you respect YOURSELF, and that *you qualify US* on whether we're good enough to be with you ... because that's what works to turn a woman on.

The bottom line: as long as you are confident and in control, she will feel MORE attraction for you when you're flexible with the stuff that's not perfect. Have a plan, know what you like, and stop whining about the little things.

4. Sometimes, She Just Needs To FEEL You, Not Hear You

You guys ... you're such SOLVERS.

Take a problem to a man and he will ALWAYS try to solve it for you. (It's adorable, really. But sometimes, it can be downright ANNOYING.)

Women's sexual desire floats on a vast sea of EMOTION. The way she's *feeling* about you depends on whether she wants to *&^% you or not – logic and rationality have literally NOTHING to do with it.

And the way she feels about you is dependent *entirely* on how she feels when she's AROUND you.

So right now: decide that you will never, ever, EVER try again to 'convince' a woman to feel happy, attracted, or desirous simply by listing reasons, 'arguing' with her, or trying to rationalize why she should be feeling a certain way.

As for me, I'm a happily married woman. My relationship is great. But I do hate talking to my husband about anything that's going on at work or in my personal life that's not so great, because he always tries to REASON me out of it.

'You shouldn't worry about that. Heaps of people don't even HAVE jobs right now, it's really not such a big deal if your latest project didn't go so well.'

'Don't be upset! You're a beautiful woman with a great life, what's to feel bad about?'

'Don't you want to kiss me? Why don't you just close your eyes and pretend I'm Ryan Gosling?'

... okay, I was just kidding about that last one.

But seriously: there are 3 things that make a woman FEEL like she wants to be with YOU (and *only* you), and those three things are:

- 1. She feels safe around you.
- 2. She feels like you 'get' what she needs.
- 3. She feels like you are strong and in control and she doesn't have to step up all the time and be the strong one.

Want to know the best way to make her feel ALL THREE of those things simultaneously??

You just have to shut the hell up and BE with her when she's stressing out.

Seriously. Next time you're with a woman and she's freaking out about something (and it doesn't matter what it is – she got fired, her cat died, she lost all her savings in a freak economic crisis), try doing this:

- 1. Take a deep breath and decide to say NOTHING about it. Nothing. At all. No advice. No words of comfort. Nothing.
- 2. Put your hands on her shoulders and draw her in close for a hug.
- 3. And then just shut up and hold her for a minimum of 20 seconds. (Count 'em. 20 is the golden minimum.)

If you can be with a woman who's upset or worried and you can just hold her and let her freak out, she will eventually talk herself out, give herself a little shake, and feel better ...

... and she will THANK YOU for 'being there for her'.

She will feel like you are a ROCK.

Now sometimes, obviously, you'll have to say *something*, or else she'll get weirded out. But all you have to do is mirror whatever it is she just said back to you.

Example:

Her: "I'm just freaking out, I feel like I can't handle all this stress ... I really need a day off, I just can't take it any more!!"

You: (deep breath) Hmmmmm.

Her: "I try so hard, but I just feel like it's never good enough ... my mom raised me to be a hard worker and I really TRY to be one, but I get so tired and my coworkers are so bloody MEAN sometimes!"

You: "Yeah, that sounds rough."

Her: "SOB SOB SOB SOB"

You: (nothing, quiet breathing, maybe a little hand-circling on her back.)

Her: (three minutes later) "Wow, I feel so much better. Thanks for listening. You really helped."

... SERIOUSLY.

That is like a verbatim script of how an 'upset' with a woman almost always goes.

If you don't have the kind of relationship yet where you're comfortable giving hugs (and why the hell not? Women love huggers), you can just mimic the conversation without the hug. Simple.

The bottom line is, women love men who are confident, strong, and in control. A big part of that is feeling like *you* (as the MAN) can keep it together, even when she's not. (This isn't 100%, you're only human and she gets that, but for the most part it's key.)

And if she can feel like you are a big strong man who 'keeps it together' even when SHE is freaking out about something (a scene that makes most men either start reasoning, arguing, or freaking out themselves) ...

... she will come away from it all feeling like you are that ONE SPECIAL GUY who really knows how to understand her, who can give her what she needs, and who's not afraid of whatever she can throw at him.

That's pretty hot.

4. You're A MAN, Not A BOY

I've been doing a fair bit of harping on what it means to be a 'man', so let's break that down.

What kind of guys do women see as 'men'? And WHY does this work so well to turn her into a gibbering pile of mush at your feet?

Well, a huge part of that is stuff we've already covered:

- 1. You don't 'need' her (because you're okay being by yourself, you like and respect yourself, and you know that once one woman vanishes, another better one materializes to fill the space.)
- 2. You're dynamic and Fired Up about something in your life other than her, your video games, and your pot stash.

Those are both HUGE. If you can get both of those dialed, you'll already be doing better than 90% of the male population on planet Earth (and your results with women will verify this.)

But what else is there?

There is the issue of control.

Women *love* guys who are in control. The key is to be 'in control' without actually being *controlling*.

If you want to know the kind of stuff that women go nuts over, read some books written for women. 50 Shades of Grey is a good place to start (you'll learn how to take control of her in the bedroom, too, which women also love – bondage optional, obviously). Another good one is Cross-Stitch or Outlander.

The bottom line is, women like men who know how to BE MEN. That means they can take charge, they have a plan, they're interesting guys who've got interesting stuff going on.

In practical terms:

- **Don't always drop everything for her. In fact, almost NEVER do.** You'll have to tailor this one a bit depending on what level of relationship you're in (if you're married, she's obviously going to depend on you for more than a guy she's casually dating, and will rightly be pissed if she can't) ... but for the most part, make her A PART of your world, not your entire world itself. She wants to be a

- priority but she doesn't want you to depend on her for your happiness and reason for living.
- **If you're 'only dating', date other women also.** Unless you've had the 'we're exclusive' conversation, where you basically agree only to have sex with each other and nobody else, *you're actually still single*. And that means you should be dating other women. It's good for you, it's good for your confidence, it helps you to actually create a life and practice your being-a-man skills so they're good and honed when you actually meet Ms Right. It's a great way to be in control, too, since OBVIOUSLY you're not hanging on her every word if you're also seeing other people.
- Don't ask her what she wants to do. Tell her what you're doing and invite her along. It's sooo annoying being with a guy who doesn't know what he wants to do! This is a really easy way to make her feel like you're willing to be in charge: think of fun stuff to do and invite her along. (And no pissing and moaning if she can't make it or doesn't want to. Actually go anyway, without her.) Choose the movie, choose the restaurant, tell her what time is good for you. Don't always rearrange your schedule just to suit her being too flexible is just another word for NEEDY. Remember, strong guys are in control and that's what she really wants.
- Don't always be available. Jealousy is a powerful tool. No need to make her totally flip out, but a little bit of 'Hmm, I might actually lose this guy' comes in mighty handy at amping up her feelings for you. I'm not saying you should deliberately *make her jealous* (that would be sick), but a way to do this with integrity is to actually *be a busy guy*. Make her work a little bit to see you. Don't just be there whenever she wants a shoulder to cry on. Dynamic, desirable guys have a lot of stuff going on trust me when I say she'll appreciate you MORE when you don't just dole out your time like it's worthless.

Know That She Cannot "Make You" Happy ... You've Gotta Do It Yourself

Your girl wants you to be happy, but can feel helpless and less feminine if no matter what she does, you aren't openly happy.

Sometimes it's not her, sometimes it's you. You know it.

You can't let her be responsible for your happiness. If you are not happy then take some active steps to make sure that you are living a more fun filled, active, healthy and happy life.

You can't treat her like she's your therapist. Yes you can share your problems with her, but there should also be a lot of fun, and positive things to share together also.

If you don't have joy to share, then *find it*. Do something that you always wanted to do, that you can share with her so that she can feel good that you are happy, without feeling like she is entirely responsible for your happiness.

If you are happy, she'll love you even more, and she'll make you even happier. It's a cycle.

1. You Know The Difference Between 'Nice' And 'Wimpy'

Let me clear something up about nice guys right away ...

The reason they always finish last is *not* because they're *nice* ...

It's because they're actually WIMPY, and they mistakenly *believe* that this is somehow the same thing as being 'nice'.

Let me tell you right now: there is a WORLD of difference.

The only reason many women will go for a 'bad boy' or an asshole over a 'nice' (wimpy) guy is because the bad boy knows how to fulfil her core needs and make her FEEL a certain way around him.

He is strong, he's in control, he has a plan, and he doesn't really care that much what she thinks of him.

Plus, the bad boys are usually the ones who approach women, whereas the nice guys are too wimpy and scared to do anything about dating, approach women, or stand up for themselves when she doles out girl-game and bitchy little tests.

That's why bad boys are irresistible to so many women ... because they're EXCITING, they make her FEEL strong feelings, and they put themselves out there.

That is IRRESISTIBLE to a woman ... even when she *knows*, deep down inside, that he's treating her like crap and she's going to get hurt.

So what *do* women really want?

The bad boy, or the nice guy?

Truthfully, we want a mixture of both. A strange yet enchanting blend between the (interesting, passionate, unpredictable, in-control) Leather-Jacket-Wearing-Bad-Boy, and the nice (respectful, compassionate, sweet-tempered, reliable) Nice Guy who's going to treat us well and make us feel like a lady.

We want your respect ... but at the same time, what really floats our boat is a man who respects himself also.

That is the key. That is when a man really becomes intriguing to a woman.

Let me give you some examples of what Self Respect really looks like in real life:

- You're relaxing at home and she calls you up, expecting you to drop everything to come help her move her couch. You make a joke about how she only calls you when she wants something, then tell her you're busy at the moment, but if she wants to buy you a pizza you'll come by next time she needs a strong man ... but only if she calls in advance.
- You're out on a date and she starts going on about her last relationship, how awful it was, and how badly he treated her (fully expecting you to join in the sob-fest and act like some kind of Gay Best Friend by telling her what a catch she is and she doesn't deserve to be treated like that.) Instead, you lean back in your chair, grin a little bit, and say, 'You know, I have a rule when I'm on a date with a hot woman ... I don't tell her my sad little stories, and I don't let her tell me hers.' Then you stop talking and just look at her to see what she does.
- You're at home with your girlfriend and she starts giving you a hard time because you didn't look at her with the right amount of attention when she was telling you about her day. You listen to what she has to say, and when she starts to get angry and yell, you calmly cut her off: 'Baby, you know I love you. I love hearing about your day and I'll listen to you all night. But I'm not going to sit here and listen while you yell at me for not listening. (pause) Now how about I pour you a glass of wine and we start over at the top?'

See how this is *challenging* to a woman?

See how it's still respectful, yet in a strong, masculine, take-no-crap kinda way?

See how, in each situation, you're TAKING CONTROL and letting her know what you'll accept and will not accept in a woman you're spending time with?

That is what women LOVE.

We love a man who knows what he wants, SAYS what he wants, and refuses to accept anything less.

We love a man who is able to TAKE CHARGE of a situation if it's not going the way he wants it to.

We love a man who is flexible enough to be a little unpredictable, where you never *quite know* how he's going to react.

But most of all, we love a man who is 'nice' ... but who has enough self-respect to be sexually intriguing.

This goes for you, whether you're in a relationship, dating, or single: the more respect you have FOR YOURSELF, and the more comfortable you are with demonstrating that respect *to her* (in a respectful way, natch), the more she'll respect you ...

... and the more she'll WANT you.

Highly Recommended Video to watch after reading this special report:

This weird but powerful secret will MAKE her desire you more and reignite the passion in your relationship...

Don't miss this.

==> www.resparktheromance.com/men