



Word Finding Strategies

- 1. Take your time and relax. Tell the person you're talking to, to wait.
- 2. Try to visualize the word. Try to spell it out or say the first letter of the word.

"It starts with a _____."

- 3. Add gestures to what you're trying to say. Try acting it out or try pointing to a specific item in the room.
- 4. Describe the activity or object you're trying to say.

How does it look? How does it feel? Where would you find it? *How would you use it?* When would you use it?

- 5. Use a word that means the opposite. Then add "not."
- 6. Use another word that means the same thing or is related to the word.
- 7. Try to write the word or draw a picture related to what you are trying to say.

Other ideas: