

ALL-PURPOSE CLEANER #1

- 3 tbsp. white vinegar
- ½ tsp. washing soda
- ½ tsp. vegetable oil based liquid soap
- 2 cups hot water

Mix ingredients in spray bottle or bucket. Apply and wipe clean.

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ALL-PURPOSE CLEANER #2

- 2 tbsp. borax
- ¼ cup vinegar
- 2 cups hot water

Combine the borax and vinegar with the water in a spray bottle. Use as you would any commercial all-purpose cleaner.

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NON-ABRASIVE SOFT SCRUB

- ¼ cup borax
- vegetable oil based liquid soap
- ½ tsp. lemon essential oil

In a bowl, mix the borax with enough soap to form a creamy paste. Add lemon oil and blend well. Apply a small amount onto a sponge, wash the surface, then rinse.

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DRAIN CLEANER

- ½ cup baking soda
- 1 cup white vinegar
- 1 kettle boiling water

Pour baking soda down drain/disposal. Add vinegar and allow it to foam for 5-10 minutes. Flush the drain with boiling water.

Weekly use keeps drains clean and clog-free.

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TUB & TILE CLEANER

- white vinegar
- baking soda

To remove film buildup on bathtubs, apply full-strength vinegar to a sponge and wipe. Next, use baking soda just as you would scouring powder. Rub with a damp sponge, then rinse.

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TOILET BOWL CLEANER

- 1 cup borax
- ½ cup white vinegar

Sprinkle the borax around the toilet bowl while sides are wet, then spray with vinegar. Leave for several hours or overnight before scrubbing with a toilet brush.

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OVEN CLEANER

- 2 tbsp. vegetable oil based liquid soap
- 2 tbsp. borax

Mix the soap and borax in a spray bottle. Fill the bottle with hot water and shake well. Spray on oven and leave for 20 minutes. Scrub off.

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WOOD FURNITURE POLISH

- 1 lemon (fresh squeezed)
- 1 teaspoon olive or almond oil
- 1 teaspoon water

Mix lemon juice with oil and water. Apply a thin coat on your wood surface and let sit for a few minutes. Use a soft cloth to buff for a shine.

Should be made fresh for each use.

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NO-STREAK GLASS CLEANER

- ¼ cup white vinegar
- 1 tbsp. cornstarch
- 1 quart warm water

Mix the ingredients and apply with a sponge or pour into spray bottle and spray on. Wipe dry with crumpled newspaper, buff to shine.

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COPPER & BRASS CLEANER

- lemon juice
- non-iodized salt
- cornstarch

Mix equal parts of salt and cornstarch with lemon juice to make a paste. Apply with a soft rag. Rub gently, rinse with warm water and mild dish soap. Dry with a soft cloth. Not for use on lacquered finishes.

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LAUNDRY DETERGENT (SOFT WATER)

- 1 cup soap flakes
- ¼ cup washing soda
- ½ cup baking soda
- 1 tbsp. powdered oxygen bleach (optional)

Grate vegetable soap and mix all ingredients together. 1–2 tablespoons per load and wash in warm or cold water. Store in glass container.

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LAUNDRY DETERGENT (HARD WATER)

- 1 cup soap flakes
- 1 cup washing soda
- 1 cup baking soda
- 1 tbsp. powdered oxygen bleach (optional)

Grate vegetable soap and mix all ingredients together. Use 1 tablespoon per load and wash in warm or cold water. Store in a glass container.

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FLOOR CLEANER

For greasy, no-wax floors:

- 1 cup white vinegar
- ¼ cup washing soda
- 1 tablespoon vegetable oil-based liquid soap
- 2 gallons hot water

Combine ingredients and stir to dissolve washing soda. Mop as usual.

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LAMINATE FLOOR CLEANER

- ½ cup white vinegar
- 1 gallon warm water

Mix ingredients. Use a spray bottle to apply mixture to the floor. Mop as usual (a microfiber mops works best).

For engineered wood and no-wax floors.

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REFRIGERATOR CLEANER

- 2 tbsp. baking soda
- 1 quart warm water

Dissolve baking soda in water. Wipe surfaces inside and out. For stubborn spots, rub with baking soda paste. Rinse with a clean, wet cloth.

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GARBAGE / COMPOST BIN DEODORIZER

- 1 cup baking soda
- 1 tsp. tea tree oil

Stir with fork to mix together in a small bowl. Sprinkle mixture in the bottom of the trash or compost bin. Periodically rinse container with white vinegar and dry in the sun.

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PLUMBING FIXTURE CLEANER #2

Hard lime deposits around faucets can be softened for easy removal by covering the deposits with vinegar-soaked rags.

white vinegar
paper towels

Soak rags in vinegar and apply to surface. Wipe clean after about an hour.

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LAUNDRY WHITENER

Use hydrogen peroxide as a whitener instead of bleach.

1/2 cup 3% peroxide
2 pints water

Soak clothes for 30 minutes. Launder as usual.

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GARBAGE DISPOSAL CLEANER

1 cup ice
lemon or orange rind

To eliminate garbage disposal odors and clean and sharpen blades, grind ice and rinds until pulverized.

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WOOD CLEANER

2 tbsp. olive oil
2 tbsp. white vinegar
1/4 cup lemon juice

Mix ingredients. Using a soft cloth, rub into the wood, in the direction of the grain.

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ALL PURPOSE DEGREASER

1 teaspoon washing soda
4 teaspoons borax
1 teaspoon liquid soap or detergent
4 cups hot water.

Mix ingredients together and store in a glass jar.

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NON-TOXIC BUG REPELLANT

4 oz. Witch Hazel
4 oz. boiled water
1/2 tsp vegetable glycerin (optional)
30-50 drops of essential oils (Citronella, Tea Tree, Lavender, Eucalyptus, or Rosemary)

Combine ingredients in 8 oz. glass spray bottle. Shake to blend. Try any combination of oils.

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FRAGRANT KITCHEN CLEANSER

2 tbsp. white vinegar
2 pints water
4 drops essential oil (lavender, tea tree oil, lemon, lemongrass, or rosemary)

Combine ingredients in spray bottle and use as a final rinse after cleaning kitchen surfaces. Store in a cool, dark place.

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BASIC INGREDIENTS

white vinegar	essential oils
baking soda	vegetable glycerin
lemon juice	non-iodized salt
hydrogen peroxide	rubbing alcohol
washing soda	borax
Castile soap	cornstarch

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White vinegar is natural, non-toxic, and edible. It can kill germs, deodorize, remove stains, unclog drains, clean cookware, countertops, and chrome, and kill weeds. Gentle enough to be an excellent hair rinse, skin softener, and facial toner. White vinegar is odorless when dry. Not for use on acetate fabrics.

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Cream of tartar (potassium bitartrate) is a mild acid that can be used as a sink and bathtub stain remover. It also removes spots from aluminum cookware.

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Baking soda (bicarbonate of soda) is a mild alkali powder used for numerous cleaning purposes. Absorbs odors; cleans most surfaces; removes stains from tub, tile, glass, and china; removes stains from acidic spills, and baked-on food from pans. Great for washing harmful residues off fruits & vegetables.

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Hydrogen peroxide is a non-toxic alternative to chlorine bleach that can be used for stain removal, mild bleaching, and killing germs.

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Borax is a powder or crystalline salt sold in most grocery stores, borax is a water softener and sanitizer. It makes an excellent freshener when added to laundry and is an all-around deodorizer.

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Lemon juice can be used to cut grease, and remove tarnish on brass, copper, bronze, and aluminum (but not on silver).

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Castile soap is a mild soap available in liquid or bar form that can be used for general-purpose cleaning. It was once made from olive oil, but now may include other vegetable oils as well.

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Washing soda (carbonate of soda) is stronger than baking soda and can be used as a water softener when combined with laundry detergent. Not to be used with silks, woolens or vinyl.

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