

ORAL MORPHINE MILLIGRAM EQUIVALENT CONVERSION TABLE

Updated 8/16/2017

Opioid (strength in mg except where noted)	MME Conversion Factor
Buprenorphine, transdermal patch (MCG/HR)	12.6
Buprenorphine, tablet or film	30
Buprenorphine, film (MCG)	0.03
Butorphanol	7
Codeine	0.15
Dihydrocodeine	0.25
Fentanyl, buccal/SL tabet or lozenge/troche (MCG)	0.13
Fentanyl, film or oral spray (MCG)	0.18
Fentanyl, nasal spray (MCG)	0.16
Fentanyl, transdermal patch (MCG/HR)	7.2
Hydrocodone	1
Hydromorphone	4
Levomethadyl acetate	8
Levorphanol tartrate	11
Meperidine	0.1
Methadone	3
Morphine	1
Opium	1
Oxycodone	1.5
Oxymorphone	3
Pentazocine	0.37
Tapentadol	0.4
Tramadol	0.1

NOTE: These dose conversions are estimated and cannot account for all individual differences in genetics and pharmacokinetics.

Please see documentation for additional information on using the formula with transdermal patches. The documentation can be accessed here: http://www.pdmpassist.org/pdf/Conversion%20Reference%20Table.xlsx



CALCULATION OF DAILY MORPHINE EQUIVALENT DOSE (MED)

Strength per Unit X (Number of Units/ Days Supply) X MME conversion factor = Daily MED

Example: 10 mg oxycodone tablets X (120 tablets/ 30 days) X 1.5 = 60 Daily MED

Example: $25 \mu g/hr$ fentanyl patch X (10 patches/ 30 days) X 7.2 = 60 Daily MED

To assist prescribers, the Board has developed an online calculator, which can be accessed by visiting: www.pharmacy.ohio.gov/calculator

National Center for Injury Prevention and Control. CDC compilation of benzodiazepines, muscle relaxants, stimulants, zolpidem, and opioid analgesics with oral morphine milligram equivalent conversion factors, 2016 version. Atlanta, GA: Centers for Disease Control and Prevention; 2016. Available at http://www.pdmpassist.org/pdf/BJA performance measure aid MME conversion.pdf.