

# **PSI licensure:certification**

3210 E Tropicana Las Vegas, NV 89121 www.psiexams.com

# **TENNESSEE COSMETOLOGY BOARD**

# TENNESSEE COSMETOLOGIST EXAMINATION CANDIDATE INFORMATION BULLETIN

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Please refer to our website to check for the most updated information at www.psiexams.com.

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8/7/2020

# **EXAMINATIONS BY PSI**

This Candidate Information Bulletin provides you with information about the examination and application process for a cosmetology licensee in the State of Tennessee.

The Tennessee Cosmetology Board has contracted with PSI to conduct the examination program. PSI provides examinations through a network of computer examination centers in Tennessee. PSI works closely with the State to be certain that examinations meet local as well as national requirements in basic principles and examination development standards.

# APPROVAL TO TAKE THE EXAMINATION

You must be pre-approved to take the examination. Your education provider will provide your eligibility, electronically, to PSI upon successful completion of the course requirements. You will receive an email confirmation immediately after you have been submitted.

After your provider has submitted your file to PSI, please go to www.psiexams.com or call 1-(855) 340-3710 to pay and schedule for your examination. Note, if PSI does not have your record, please contact your education provider.

The Cosmetologist examination is offered in Vietnamese and Spanish, as well as English.

### NAME CHANGE INSTRUCTIONS

If your name differs on any of your paperwork, please include documentation of legal name changes. This may require multiple marriage certificates, or other legal documents, if your name has changed more than once.

## EXAMINATION PAYMENT AND SCHEDULING

You must pass the Cosmetologist Theory portion of the examination before you can pay the fee and schedule the Cosmetologist Practical portion. You have 3 years to pass both portions to qualify for a license. Once you pass both portions, you have 6 months to apply for licensure.

The Cosmetologist Theory Portion and the Practical Portion may <u>not</u> be administered at the same location. Please verify each address listed in this Bulletin.

### EXAMINATION FEES

Cosmetologist Theory Portion only	\$70		
Cosmetologist Practical Portion only	\$70 \$70		
Cosmetology Reinstatement	\$35		
cosmetology Reinstatement	200		
NOTE: EXAMINATION FEES ARE NOT R			

NOTE: EXAMINATION FEES ARE NOT REFUNDABLE OR TRANSFERABLE. THE EXAMINATION FEE IS VALID FOR ONE YEAR FROM THE DATE OF PAYMENT. For **the fastest and most convenient** examination scheduling process, register for your examinations online by accessing PSI's registration Web site at <u>www.psiexams.com</u>. Internet registration is available 24 hours a day.

- Log onto PSI's website and create an account. Please enter your email address and first and last name. This information must match exactly with the information submitted on your application. Be sure to check the box next to "Check here to attempt to locate existing records for you in the system"
- You will be asked to select the examination and enter your SS#. Your record will be found, and you will now be ready to pay and schedule for the exam. Enter your zip code and a list of the testing sites closest to you will appear. Once you select the desired test site, available dates will appear. If you have problems, contact PSI at (855) 340-3710 for help.

### TELEPHONE

The second fastest method of registering and scheduling is via the telephone.

- To register by phone, you need a valid credit card (VISA MasterCard, American Express or Discover).
- Call (855) 340-3710, Monday through Friday, between 6:30 am and 9:00 pm, and Saturday-Sunday between 8:00 am and 4:30 pm, Central Time to speak to a Customer Service Representative.

### FAX REGISTRATION

Complete the PSI registration form (found at the end of this bulletin), including your credit card number and expiration date. Fax the completed form to PSI at (702) 932-2666. Fax registrations are accepted 24 hours a day.

Please allow 4 business days to process your Registration. After 4 business days, you may go online or call PSI to schedule the examination.

### **EMAIL REGISTRATION**

Complete the PSI registration form (found at the end of this bulletin), including your credit card number and expiration date. Email the completed form to PSI at examschedule@psionline.com. Email registrations are accepted 24 hours a day.

Please allow 4 business days to process your Registration. After 4 business days, you may go online or call PSI to schedule the examination.

### STANDARD MAIL REGISTRATION

Complete the PSI registration form (found at the end of this bulletin) and send the form with the appropriate examination fee to PSI. You may pay fees by credit card (VISA MasterCard, American Express or Discover), money order, company check, or cashier's check, made payable to PSI. Print your name in the memo section of the money order or check to ensure the payment is applied to your registration. CASH and PERSONAL CHECKS ARE NOT ACCEPTED.



Please allow PSI 2 weeks to process a mailed registration. After 2 weeks, you may go online or call PSI to schedule the examination.

### **RESCHEDULING/CANCELING AN EXAMINATION APPOINTMENT**

You may cancel and reschedule an examination appointment without forfeiting your fee if PSI receives your *cancellation at least 2 days before the scheduled examination date*. For example, for a Monday appointment, you would need to cancel your appointment on or before the previous Saturday.

To cancel an appointment, you can use PSI's Internet web site or call PSI at (855) 340-3710, Monday through Friday, between 6:30 am and 9:00 pm, and Saturday-Sunday between 8:00 am and 4:30 pm, Central Time, to speak to a Customer Service Representative.

Note: You cannot cancel an appointment by leaving a voice mail message. You must use the PSI Website or speak directly to a PSI customer service representative.

### MISSED APPOINTMENT OR LATE CANCELLATION

You will forfeit your examination fee if you:

- Do not cancel your appointment at least 2 days before the scheduled examination date;
- Do not appear for your examination appointment;
- Arrive after examination start time; or
- Do not present proper identification when you arrive for the examination.

### EXAM ACCOMMODATIONS

All PSI examination centers are equipped to provide access in accordance with the Americans with Disabilities Act (ADA) of 1990, and exam accommodations will be made in meeting a candidate's needs. A candidate with a disability or a candidate who would otherwise have difficulty taking the examination must follow the instructions on the Exam Accommodations Request Form at the end of this Candidate Information Bulletin.

### EXAMINATION TEST CENTER CLOSING FOR AN EMERGENCY

If severe weather or another emergency forces the closure of an examination center on a scheduled examination date, your examination will be rescheduled. PSI personnel will attempt to contact you in this situation. However, you may check the status of your examination appointment by calling (855) 340-3710 or viewing the website at www.psiexam.com. Every effort will be made to reschedule your examination at a convenient time as soon as possible. You will not be penalized. Your exam will be rescheduled at no additional charge to you.

### **EXAMINATION REVIEW**

PSI, in cooperation with the Tennessee Cosmetology Board, will be consistently evaluating the examinations being administered to ensure that the examinations accurately measure competency in the required knowledge areas. Comments may be given in written form to the examination proctor at the end of the examination or entered on the computer keyboard during the examination. Comments may also be entered by clicking the Comments link on the function bar of the test question screen.

Comments will be analyzed by PSI examination development staff. While PSI does not respond to individuals regarding these comments, all substantive comments are reviewed. If a discrepancy is found during the comment review, PSI and the Board may re-evaluate candidates' results and adjust them accordingly. This is the only review of the Theory examination available to candidates. There is NO review process for the Practical portion of the exam.

# EXAMINATION SITE LOCATIONS FOR COSMETOLOGY THEORY AND LAW PORTIONS

The **Cosmetology Theory** and Law portions are administered at the examination centers listed below:

Cookeville

Cookeville Higher Education Campus 1000 Neal St. Cookeville, TN 38501

Head east on I-40 E 0.6 mi Take exit 288 for TN-111 toward Livingston/Sparta 0.2 mi Turn left onto TN-111 N (signs for Algood/Livingston) Use the right lane to take the US-70N ramp to Monterey/Cookeville 0.2 mi Turn left onto US-70N W/E Spring St (signs for Cookeville) Pass by Burger King (on the right in 0.2 mi) 0.3 mi Turn left onto Neal St Destination will be on the right 0.8 mi.

### Chattanooga

6918 Shallowford Rd., Suite 314 Chattanooga, TN 37421

Take I-24 thru Chattanooga. Merge onto I-75 N (toward Knoxville). Take Exit #5 - Shallowford Rd. Turn Left onto Shallowford. The office is on the left.

### Jackson

368 North Parkway, #3 Jackson, TN 38305

From I-40, Exit 80A onto South 45 Bypass. Third Signal light is North Parkway. Go left onto North Parkway and then go right into the first driveway on your right.

From the South, take Bypass 45 North to North Parkway and go right onto North Parkway and right into first driveway on the right.

North Parkway is also known as Business Route 412. Coming from the east on 412, turn left into last driveway on the left. Coming from the West on North Parkway, turn right into the first driveway on the right, after crossing the 45 Bypass.



### Johnson City

904 Sunset Drive, Suite 7A Johnson City, TN 37604

Take I-26 to Exit 19 (Old number 36). Go South on Highway 381 (North State of Franklin Road) approximately 2.2 miles. At the 4th light turn left (this is Sunset Drive), go approximately .7 tenths of a mile. There is a large building on the left side of the road. This is 904 Sunset Drive. Suite 7A is in the row of office spaces behind this building.

### Knoxville

301 South Gallaher View Rd Suite 114 Knoxville, TN 37919 Traveling I-40/I-75 East Bound, take exit # 379 (Bridgewater Rd.) Turn right onto Bridgewater Rd. Turn Left onto Kingston Pike. Turn right onto South Gallaher View Rd.

### Memphis

Apple Tree Center 6099 Mt. Moriah Extended, Suite 17 Memphis, TN 38115

Coming North from Mississippi on Interstate Hwy 55, take Interstate Hwy 240 East. Proceed 8.5 miles to Mt. Moriah Rd. Exit. Go South on Mt. Moriah Road 2.2 miles. Apple Tree Center is on the right (just past the intersection with Hickory Hill and Ridgeway roads).

Coming West on Interstate Hwy 40 from Nashville, exit on Interstate Hwy 240 West (the ring road). Proceed approx. 6.5 miles. Pass Poplar Ave. exit and then take Mt. Moriah Road Exit. Turn left (South) on Mt. Moriah and proceed 2.2 miles to Apple Tree Center on the right.

Coming East on Interstate Hwy 40, exit onto Interstate Hwy 240 South. Go approx. 6 miles to the junction with Interstate Hwy 55. Then proceed another 8.5 miles on Interstate Hwy 240 East, passing Airways Blvd., Lamar Ave., Getwell and Perkins Road exits, before exiting on Mt. Moriah Road.

For all going South on Mt. Moriah Rd., take the second entrance into Apple Tree Center. Turn left between the two buildings on the left. Then, proceed to Suite 17, which is the last suite on the left (in Bldg. 6099).

### Nashville

The Oaks 1100 Kermit Drive, Suite 103 Nashville, TN 37217

From I-40 East: take exit onto I-24 (Exit 213-A). Take Murfreesboro Road at the first exit (Exit 52). Stay in the right lane on the ramp, as the exit appears while you are still in the curve. On Murfreesboro, stay in the left lane. You will pass Days Inn and Super Gigante grocery on your right. Turn left onto Kermit Drive when there is a McDonalds on your right. PSI is in the first building on your left.

From I-40 West: take exit onto Briley Parkway, turn left onto Briley PWY. Exit onto Murfreesboro Rd. Stay in the right lane. Turn right onto Kermit Drive. PSI is in the first building on your left.

## EXAMINATION SITE LOCATIONS FOR PRACTICAL PORTION

The **Cosmetology Practical** portion is administered at the examination centers listed below:

PSI Memphis Apple Tree Center 6099 Mt. Moriah Extended, Suite 26 Memphis, TN 38115

Coming North from Mississippi on Interstate Hwy 55, take Interstate Hwy 240 East. Proceed 8.5 miles to Mt. Moriah Rd. Exit. Go South on Mt. Moriah Road 2.2 miles. Apple Tree Center is on the right (just past the intersection with Hickory Hill and Ridgeway roads).

Coming West on Interstate Hwy 40 from Nashville, exit on Interstate Hwy 240 West (the ring road). Proceed approx. 6.5 miles. Pass Poplar Ave. exit and then take Mt. Moriah Road Exit. Turn left (South) on Mt. Moriah and proceed 2.2 miles to Apple Tree Center on the right.

Coming East on Interstate Hwy 40, exit onto Interstate Hwy 240 South. Go approx. 6 miles to the junction with Interstate Hwy 55. Then proceed another 8.5 miles on Interstate Hwy 240 East, passing Airways Blvd., Lamar Ave., Getwell and Perkins Road exits, before exiting on Mt. Moriah Road.

For all going South on Mt. Moriah Rd., take the second entrance into Apple Tree Center. Turn left between the two buildings on the left. Then, proceed to Suite 17, which is the last suite on the left (in Bldg. 6099).

### PSI Nashville

Corporate Park, Bldg. B 444 Metroplex Dr., Suite B100 Nashville, TN 37211

From I-40, exit onto I-24 East. From I-24 Exit #56 onto Harding Place (if exiting from I-24 East, turn left onto Harding, if existing from I-24 West, turn right onto Harding). Turn left at the first traffic light (Metroplex Drive). Turn right into Corporate Park. Go to the last building in the left. A sign in front shows "444 Metroplex". Go to the back of the building to the first floor. Enter through double doors - Ste 100.

### PSI Knoxville

9050 Executive Park Dr., Suite 206B Knoxville, TN 37923

Traveling I-40/I-75 West Bound, take exit #378 (Cedar Bluff Rd.) Then take exit #378B (Executive Park Dr.). At the red light turn right onto Executive Park Dr. Turn right into 9050 on the right (Financial Plaza).

Traveling I-40/I-75 East Bound, take exit # 378 (Cedar Bluff Rd.) At the end of the ramp, at the red light, turn left onto Cedar Bluff Rd. At the 2nd light turn right onto Executive Park Dr. Go past the 1st red light and turn into 9050 on the right (Financial Plaza).

The suite is in the back of the building.



## **REPORTING TO THE EXAMINATION SITE**

On the day of the examination, you should arrive at least 30 minutes prior to your scheduled appointment time. This allows time for sign-in and identification verification and provides time for you to familiarize yourself with the examination process. *If you arrive late, you will not be admitted to the examination site and you will forfeit your examination registration fee.* 

### **REQUIRED IDENTIFICATION AT EXAMINATION SITE**

*You must provide 2 forms of identification*. One must be a VALID form of government issued identification (driver's license, state ID, passport), which bears your signature and has your photograph or a complete physical description. The second ID must have your signature and preprinted legal name. All identification provided must match the name on the Examination Registration Form.

If you cannot provide the required identification, you must call (855) 340-3710 at least 3 weeks prior to your scheduled appointment to arrange a way to meet this security requirement. Failure to provide all of the required identification at the time of the examination without notifying PSI is considered a missed appointment, and you will not be able to take the examination.

# Additional requirements for the Cosmetology Practical Portion ONLY:

All identifying marks on candidates' attire and supplies such as school logos must be covered before entering the testing facility.

### SECURITY PROCEDURES

The following security procedures will apply during the examination:

- Calculators are not allowed.
- Candidates may take only approved items into the examination room.
- All personal belongings of candidates should be placed in the secure storage provided at each site prior to entering the examination room. Personal belongings include, but are not limited to, the following items:
  - Electronic devices of any type, including cellular / mobile phones, recording devices, electronic watches, cameras, pagers, laptop computers, tablet computers (e.g., iPads), music players (e.g., iPods), smart watches, radios, or electronic games.
  - Bulky or loose clothing or coats that could be used to conceal recording devices or notes. For security purposes outerwear such as, but not limited to: open sweaters, cardigans, shawls, scarves, hoodies, vests, jackets and coats are not permitted in the testing room. In the event you are asked to remove the outerwear, appropriate attire, such as a shirt or blouse should be worn underneath.
  - Hats or headgear not worn for religious reasons or as religious apparel, including hats, baseball caps, or visors.
  - Other personal items, including purses, notebooks, reference or reading material, briefcases,

backpacks, wallets, pens, pencils, other writing devices, food, drinks, and good luck items.

- Although secure storage for personal items is provided at the examination site for your convenience, PSI is not responsible for any damage, loss, or theft of any personal belongings or prohibited items brought to, stored at, or left behind at the examination site. PSI assumes no duty of care with respect to such items and makes no representation that the secure storage provided will be effective in protecting such items. If you leave any items at the examination site after your examination and do not claim them within 30 days, they will be disposed of or donated, at PSI's sole discretion.
- Person(s) accompanying an examination candidate may not wait in the examination center, inside the building or on the building's property. This applies to guests of any nature, including drivers, children, friends, family, colleagues or instructors.
- No smoking, eating, or drinking is allowed in the examination center.
- During the check in process, all candidates will be asked if they possess any prohibited items. Candidates may also be asked to empty their pockets and turn them out for the proctor to ensure they are empty. The proctor may also ask candidates to lift up the ends of their sleeves and the bottoms of their pant legs to ensure that notes or recording devices are not being hidden there.
- Proctors will also carefully inspect eyeglass frames, tie tacks, or any other apparel that could be used to harbor a recording device. Proctors will ask to inspect any such items in candidates' pockets.
- If prohibited items are found during check-in, candidates shall put them in the provided secure storage or return these items to their vehicle. PSI will not be responsible for the security of any personal belongings or prohibited items.
- Any candidate possessing prohibited items in the examination room shall immediately have his or her test results invalidated, and PSI shall notify the examination sponsor of the occurrence.
- Any candidate seen giving or receiving assistance on an examination, found with unauthorized materials, or who violates any security regulations will be asked to surrender all examination materials and to leave the examination center. All such instances will be reported to the examination sponsor.
- Copying or communicating examination content is violation of a candidate's contract with PSI, and federal and state law. Either may result in the disqualification of examination results and may lead to legal action.
- Once candidates have been seated and the examination begins, they may leave the examination room only to use the restroom, and only after obtaining permission from the proctor. Candidate will not receive extra time to complete the examination.

# COSMETOLOGY THEORY AND LAW PORTIONS

The examination will be administered via computer. You will be using a mouse and computer keyboard.

### **IDENTIFICATION SCREEN**

You will be directed to a semiprivate testing station to take the examination. When you are seated at the testing station, you will be prompted to confirm your name, identification number, and the examination for which you are registered.

### TUTORIAL

Before you start your examination, an introductory tutorial is provided on the computer screen. The time you spend on this tutorial, up to 15 minutes, DOES NOT count as part of your examination time. Sample questions are included following the tutorial so that you may practice answering questions and reviewing your answers.

### **TEST QUESTION SCREEN**

The "function bar" at the top of the test question provides mouse-click access to the features available while taking the examination.

			m Mark	Comments	🕪 Goto  ? He	elp 🔀 End
Question: 3 of 40	Answered: 2	Unanswered: 1	Marked: O	View: All	Time Left(Min): 35	9
<sup>3,</sup> What do the star	s on the United S	itates of America's	flag represent?			
(Choose from the	ollowing options)					
🗌 1. President	S					
🗌 2. Colonies						
🗌 3. States						
🗌 4. Wars						
		<< Back	Next >>			

### **EXPERIMENTAL QUESTIONS**

In addition to the number of examination questions specified in the "Examination Content Outlines", a small number (5) of "experimental" questions may be administered to candidates during the examinations. These questions will not be scored, and the time taken to answer them will not count against examination time. The administration of such unscored, experimental questions is an essential step in developing future licensing examinations.

One question appears on the screen at a time. During the examination, minutes remaining will be displayed at the top of the screen and updated as you record your answers.

IMPORTANT: After you have entered your responses, you will later be able to return to any question(s) and change your response, provided the examination time has not run out.

### COSMETOLOGY THEORY PORTION

### CONTENT OUTLINE

The examination content outline has been prepared and is periodically updated by committees of professionals who are subject matter experts in Cosmetology practice, Cosmetology instruction, and regulatory issues. The examination content

outline identifies areas of importance to licensees in order for them to perform their duties to the public in a competent and legally responsible manner.

Use the outline as a guide for pre-examination review of reference material. The outline lists the topics that are on the examination and the number of questions for each topic. Do not schedule your examination until you are familiar with the topics on the outline.

The examination consists of 100 questions and you will have 2 hours.

### **Content Outline**

- Sanitation, Disinfection, and Safety (20%; 20 items) ١.
  - a. Cleaning and Disinfecting of Implements and Equipment
    - b. Cleaning and Disinfecting of Work Environment
    - c. Sanitary Procedures and Pathogens
- II. Shampooing and Conditioning Hair (2%; 2 items)
  - a. Shampooing and Scalp Massage
  - b. Conditioning

### III. Haircutting and Hair Styling (12%; 12 items)

- a. Communicating with Client
- b. Evaluating Hair
- c. Cutting Hair d. Styling Hair
- e. Scalp and Hair Physiology

### IV. Braids and Braid Extensions (8%; 8 items)

- a. Evaluating Hair and Scalp
- b. Applying/Removing Extensions
- c. Braiding
- V. Chemical Texture Services (17%; 17 items)
  - a. Communicating with Client
  - b. Evaluating Hair

  - c. Permanent Wavingd. Hair Straightening/Relaxing
- VI. Haircoloring (17%; 17 items)
  - a. Communicating with Client
    - Evaluating Hair b.
    - Determining Level and Tone of Haircoloring c. Product
    - d. Applying Haircoloring Product
    - e. Testing Hair

### VII. Skin Care (7%; 7 items)

- a. Communicating with Client
- b. Evaluating Skin
- c. Steam Cleansing
- d. Applying Cleansing Products
- e. Facial Massage
- Facial Treatments f.
- Shaping/Grooming Eyebrows g.
- h. Hair Removal Using Wax
- Hair Removal by Tweezing i.
- Applying Makeup i.
- Applying Artificial Evelashes k.
- Skin, Muscle, and Bone Physiology ι.

### VIII. Nail Care (7%; 7 items)

- a. Communicating with Client
- b. Evaluating Nails

- c. Nail Physiology
- d. Plain Manicure/Pedicure
- e. Nail Tips and Nail Wraps
- f. Acrylic and Gel Nails
- IX. Licensing (10%; 10 questions)
  - a. Meeting Licensure Requirements/Licensed Duties
  - b. Renewal
  - c. Board Responsibilities and Disciplinary Actions
  - d. Displaying the License
  - e. Salon Owner and Manager Responsibilities
  - f. Change of Address, Contact Information, Ownership
  - g. Displaying Sign Pertaining to Clients' Rights

# REFERENCE LIST

This examination is CLOSED BOOK.

The reference materials listed below were used to prepare the questions for this examination.

Salon Fundamentals: A Resource for Your Cosmetology Career,  $2^{nd}$  Edition, 2011, www.pivot-point.com

Milady's Standard Cosmetology, 2012 or 2016, www.cengage.com

Rules of Tennessee State Board of Cosmetology, Chapter 0440-01: Licensing. March, 2018 (Revised) <u>TN Rules of COS Board -</u> <u>Ch. 0440-01</u>

Rules of Tennessee State Board of Cosmetology, Chapter 0440-02: Sanitary Rules. March, 2018 (Revised) <u>TN Rules of COS</u> <u>Board - Ch. 0440-02</u>

Tennessee Code Title 62 Professions, Businesses and Trades, Chapter 4, 2010, Tennessee Code Annotated, Title 62 -Professions, Businesses and Trades, Chapter 4 - Tennessee Cosmetology Act of 1986.

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# COSMETOLOGY LAW PORTION

Individuals who are under the age of 65 and would like to activate a retired license must take the law and practical portions. Individuals with licenses that have expired for 3 years or more must take the law and practical portions for reinstatement of their licenses (Please see application form on PSI's website at www.psiexams.com). With Board approval, individuals who are licensed in another state and would like to obtain a Tennessee license must also take the law and practical portions.

# CONTENT OUTLINE

The following content outline lists the topics that are on the examination and the number of questions for each topic. Do not schedule your examination until you are familiar with the topics in the outline. The examination consists of 25 questions and you will have 40 minutes.



- I. Sanitation, Disinfection, and Safety (20%; 5 items)
  - a. Cleaning and Disinfecting of Implements and Equipment
  - b. Cleaning and Disinfecting of Work Environment
  - c. Sanitary Procedures and Pathogens
- II. Licensing (80%; 20 items)
  - a. Meeting Licensure Requirements/Licensed Duties
  - b. Renewal
    - c. Board Responsibilities and Disciplinary Actions
    - d. Displaying the License
    - e. Salon Owner and Manager Responsibilities
    - f. Change of Address
    - g. Displaying Sign Pertaining to Clients' Rights

# REFERENCE LIST

This examination is CLOSED BOOK.

The reference materials listed below were used to prepare the questions for this examination.

Rules of Tennessee State Board of Cosmetology, Chapter 0440-01: Licensing. March, 2018 (Revised) <u>TN Rules of COS Board -</u> <u>Ch. 0440-01</u>

Rules of Tennessee State Board of Cosmetology, Chapter 0440-02: Sanitary Rules. March, 2018 (Revised) <u>TN Rules of COS</u> <u>Board - Ch. 0440-02</u>

Tennessee Code Title 62 Professions, Businesses and Trades, Chapter 4, 2010, Tennessee Code Annotated, Title 62 -Professions, Businesses and Trades, Chapter 4 - Tennessee Cosmetology Act of 1986

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# COSMETOLOGY THEORY AND LAW SCORE REPORTING

You must score at least 70 percent to pass the examination.

Your score will be given to you immediately following completion of the examination. The following summary describes the score reporting process:

- On screen your results will appear immediately on the computer screen. This will happen automatically at the end of the time allowed for the examination; if you are using review features, you will be able to obtain your score immediately when you indicate that you have finished and would like to see your results.
  - If you <u>pass</u>, you will immediately receive a successful notification.
  - If you <u>do not pass</u>, you will immediately receive an unsuccessful notification on the screen along with a diagnostic report indicating your strengths and weaknesses. Registration forms for submittal to PSI to retake the examination will be available at the examination site.
- <u>On paper</u> an official score report will be printed at the examination site.

### **DUPLICATE SCORE REPORT/LICENSE APPLICATION**

You may request a duplicate score report and/or a license application after your examination by emailing <u>scorereport@psionline.com</u> or by calling (855) 340-3710.

### Now you can take the practice exam online at <u>www.psiexams.com</u> to prepare for your Cosmetology Theory Examination

Please note that practice exams are intended only to help testing candidates become familiar with the general types of questions that will appear on a licensing examination. They ARE NOT a substitute for proper education and study. Furthermore, scoring well on the practice exam does not guarantee a positive outcome on an actual licensing examination. Note: You may take the practice exams an unlimited number of times; you will need to pay each time.

# COSMETOLOGY PRACTICAL PORTION

For practical examination questions or concerns, please email **cosmetology@psionline.com** 

Read the following instructions carefully so that you will be properly prepared for the examination.

- A proctor will be monitoring the time during the examination. Candidates will not receive points for any activities not completed within the allotted time limits.
- If you do NOT bring the items listed in the "Supplies and Equipment" section or bring a wrong item (e.g., real hair color), you will NOT receive points for completing those steps.
- \*Examiners will check nail liquid prior to each examination. Liquid must be odorless, unopened with seal intact. Otherwise, you will be unable to use the product and will not receive points for completing those tasks.
- During the Practical portion, you must follow all appropriate rules for patron protection that will ensure the health, safety, and welfare of the public.
- You may not observe other candidates during the examination.
- Aerosol products are **NOT** permitted for use during the examination.
- Candidates are NOT allowed to use personal timers during the examination.

### SUGGESTED SUPPLIES AND EQUIPMENT

The list of supplies and equipment is not meant to be all inclusive mandatory list, only a suggested list of supplies and equipment a candidate may need in order to perform the required task lines.

- 1 mannequin head
- 1 mannequin hand or single finger pre-prepped with nails to represent the natural nail
- Towels

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- Neck strips
- Chemical cape
- Combs
- Brushes
- Butterfly clips
- Hair-cutting shears
- Razor with guard
- Permanent wave rods
- End papers
- Cold wave lotion applicator bottle filled with mock cold wave lotion (water)
- Product labeled as EPA-registered disinfectant
- Protective cream
- Scalp base (may use gel or cholesterol)
- Cotton
- Antiseptic
- Make-up remover (mock)
- Face cleanser
- Bowl and brush for color/lightener/relaxer
- Cholesterol, shaving cream, or colored gel for color/lightener/relaxer application
- Foil for Highlift application
- Curling iron (electric with spring or marcel grip)
- Blow dryer
- Mock wax (i.e. petroleum jelly, conditioner, gel)
- Fabric strips
- Nail tip
- Acrylic powder
- Odorless monomer for one nail (unopened). \*(See note under "Cosmetology Practical Portion" on this page.) THE FOLLOWING ARE EXAMPLES OF ODORLESS PRODUCTS THAT MAY BE USED FOR THE PRACTICAL EXAM:
  - OPI Clarite Odorless Products (Powder and Monomer Liquid)
  - Originails Odorless Sculpture Nail (Powder and Liquid)
  - Nailogic Odorless Acrylic products
  - Primer/dehydrator
- File

- Buffer
- Nail brush for acrylic application
- Adhesive
- Cuticle pusher
- Protective gloves
- Blood exposure kit (first-aid kit)
- Mannequin stand, tripod, or clamp
- Hand sanitizer
- Large trash bag

### **ITEMS SUPPLIED BY TESTING VENDOR**

- Hot and cold running water
- Work stations with electricity
- Brooms and dust pans
- Wall clock

# **COSMETOLOGY PRACTICAL PORTION RATING CRITERIA**

The following information will be used by examiners to grade your performance during the practical portion:

### ALL PROCEDURE CRITERIA MUST BE PERFORMED IN ORDER FOR THE CANDIDATE TO RECEIVE POINTS FOR THE TASKS

It is NOT necessary to perform additional or altered steps/tasks not listed below. Items NOT listed below are NOT rated during the examination. Candidates MUST raise their hand at the end of each section indicating completion.

### **PRE-EXAM SET UP AND DISINFECTION** Safety and sanitation, and infection control are tested in all sections of the practical exam. **Time Allowed: 10 minutes**

### Safety Criteria (1 point each):

- 1) Properly disposes of waste material
- 2) Disinfects work surfaces
- 3) Kit remains sanitary
- 4) Avoids cross contamination

### TIP AND ACRYLIC NAIL APPLICATION Apply a nail tip and acrylic overlay on one nail. Time Allowed: 22 minutes

Procedure Criteria (1 point each):

- 1) Sets up manicure table
- 2) Sanitizes/cleans hands
- 3) Safely pushes back cuticle
- 4) Prepares nail for tip application
- 5) Selects and adheres nail tip to natural nail
- 6) Trims nail tip
- 7) Blends tip into natural nail plate
- 8) Shapes the nail tip
- 9) Prepares nail for acrylic application
- 10) Applies acrylic product to nail
- 11) Finishes nail surface
- 12) Demonstrate blood exposure procedure on minor mock cut or abrasion

### Safety Criteria (1 point each):

- 1) Properly disposes of waste material
- 2) Ensures table/area remains sanitary
- 3) Replaces contaminated items
- 4) Ensures all containers remain closed when not in use
- 5) Kit remains sanitary
- 6) Avoids cross contamination

### FACIAL SERVICE

Performs basic facial, and demonstrates massage manipulations Time Allowed: 17 minutes

### Procedure Criteria (1 point each):

- 1) Sanitizes/cleans hands
- 2) Prepare the mannequin for facial service
- 3) Remove eye makeup and lipstick
- 4) Cleanse face
- 5) Removes cleansing cream and makeup
- 6) Applies facial massage cream
- 7) Demonstrates manipulations for both effleurage and tapotement
- 8) Removes facial massage product
- 9) Applies astringent, freshener, or toner



### Safety Criteria (1 point each):

- 1) Properly disposes of waste material
- 2) Ensures workstation/area remains sanitary
- 3) Replaces contaminated items
- 4) Ensures all containers remain closed when not in use
- 5) Kit remains sanitary
- 6) Avoids cross contamination

### WAXING SERVICE Apply mock, soft/hot wax product to one eyebrow Time Allowed: 12 minutes

Procedure Criteria (1 point each):

- 1) Wears gloves
- 2) Applies antiseptic to one eyebrow area
- 3) Demonstrates proper application of eyebrow wax
- 4) Demonstrates proper removal of eyebrow wax
- 5) Applies antiseptic/soothing lotion to treated area of the eyebrow

### Safety Criteria (1 point each):

- 1) Properly disposes of waste material
- 2) Ensures workstation/area remains sanitary
- 3) Ensures draping is maintained throughout service
- 4) Replaces contaminated items
- 5) Ensures all containers remain closed when not in use
- 6) Kit remains sanitary
- 7) Avoids cross contamination

### HAIRCUT SERVICE

Remove at least 1 inch of hair throughout entire head by performing a layered haircut using a razor and shears **Time Allowed: 47 minutes** 

**Procedure Criteria** (1 point each):

- 1) Sanitizes/cleans hands
- 2) Perform a scalp analysis
- 3) Performs draping for a haircut
- 4) Uses razor with a guard during the haircut
- 5) Follows a guideline throughout the haircut
- 6) Uses shears during haircut
- 7) Haircut is even and blended at the perimeter
- 8) Cuts a minimum of 1 inch of hair throughout the haircut
- 9) Removes hair off workstation and sweeps hair from floor

### Safety Criteria (1 point each):

- 1) Properly disposes of waste material
- 2) Ensures workstation/area remains sanitary
- 3) Ensures draping is maintained throughout service
- 4) Replaces contaminated items
- 5) Kit remains sanitary
- 6) Avoids cross contamination

### BLOW DRYING AND THERMAL CURLING SERVICE Blow dries wet hair and completes thermal curls using a curling iron Time Allowed: 22 minutes

Procedure Criteria (1 point each):

- 1) Sanitizes/cleans hands
- 2) Blow dries wet hair in one section
- 3) Tests iron for proper temperature



- 4) Establishes a base using thermal iron
- 5) Places curl #1 on-base
- 6) Places curl #2 off-base
- 7) Protects scalp with comb

Safety Criteria (1 point each):

- 1) Properly disposes of waste material
- 2) Ensures workstation/area remains sanitary
- 3) Ensures draping is maintained throughout service
- 4) Replaces contaminated items
- 5) Kit remains sanitary
- 6) Avoids cross contamination

### PERMANENT WAVING SERVICE

Wrap a minimum of six rods in the center back section of the head from crown to nape area and apply mock chemical waving solution

Time Allowed: 22 minutes

**Procedure Criteria** (1 point each):

- 1) Sanitizes/cleans hands
- 2) Applies draping for chemical service
- 3) Subsections hair and wraps a minimum of six rods
- 4) Places bands in the proper position
- 5) Wraps rods with proper tension
- 6) Demonstrates saturation on all rods
- 7) Demonstrates a test curl to confirm curl development

Safety Criteria (1 point each):

- 1) Properly disposes of waste material
- 2) Ensures workstation/area remains sanitary
- 3) Ensures draping is maintained throughout service
- 4) Replaces contaminated items
- 5) Kit remains sanitary
- 6) Avoids cross contamination

### CHEMICAL SERVICES Time Allowed: 50 minutes total

Procedure Criteria (1 point each): Chemical Service Preparation Only for Foil Highlights, Virgin Relaxer, Relaxer retouch and Single process color applications Prepare for chemical services. Time Allowed: 10 minutes

- 1) Sanitizes/cleans hands
- 2) Divides hair into four equal sections
- 3) Wears protective gloves (throughout chemical services; same pair is acceptable)
- 4) Performs patch test
- 5) Performs strand test
- 6) Applies protective cream around entire hairline

### **High Lift Application Using Foils**

When instructed by the Rater apply product to two subsections in quadrant of your choice using foils **Time Allowed: Untimed** 

- 1) Slices or weaves hair strands
- 2) Applies High Lift product
- 3) Ensures no chemical products are left on mannequin's skin or ears

No Base Virgin Relaxer Complete Virgin Relaxer application Time Allowed: 10 minutes



- 1) Applies relaxer product for virgin application
- 2) Demonstrates smoothing hair subsection
- 3) Ensures no chemical products are left on mannequin's skin or ears

### **Relaxer Retouch**

Complete Relaxer retouch assuming 2 inches of regrowth. Time Allowed: 10 minutes

- 1) Applies Relaxer product for retouch application
- 2) Ensures no chemical products are left on mannequin's skin or ears

### **Single Process Color**

Applies mock color for a single process application Time Allowed: 10 minutes

- 1) Applies color product for virgin application
- 2) Ensures no chemical products are left on mannequin's skin or ears

### Safety Criteria (1 point each):

- 1) Properly disposes of waste material
- 2) Ensures workstation/area remains sanitary
- 3) Ensures draping is maintained throughout service
- 4) Replaces contaminated items
- 5) Kit remains sanitary
- 6) Avoids cross contamination

### END OF EXAM DISINFECTION Time Allowed: 10 minutes

### Safety Criteria (1 point each):

- 1) Disposes of used materials
- 2) Disinfects entire work area
- 3) Removes all supplies, materials and/or personal belongings

### Time for complete practical: 3 hours and 46 minutes



## SCORING PROCEDURE\*\*

The passing score for the entire practical portion is 70%.Based on the number of tasks for each practical component, the following are the weights:

Practical Component	Weight
Pre-Exam Set Up and Disinfection	4%
Tip and Acrylic Nail Application	
Procedure Criteria	11%
Safety Criteria	5%
Facial Service	
Procedure Criteria	8%
Safety Criteria	5%
Wax Service	
Procedure Criteria	4%
Safety Criteria	6%
Haircut Service	
Procedure Criteria	8%
Safety Criteria	5%
Blow Dry and Thermal Curling Service	
Procedure Criteria	6%
Safety Criteria	5%
Permanent Wave	
Procedure Criteria	6%
Safety Criteria	5%
Chemical Services	
Procedure Criteria	14%
Safety Criteria	5%
End of Exam Disinfection	
Safety Criteria	3%
Total	100%

\*\*Percentage may not total 100 percent due to rounding.



# TENNESSEE COSMETOLOGY EXPOSURE INCIDENT (BLOOD SPILL) PROCEDURES

# **CANDIDATE SUSTAINS EXPOSURE INCIDENT:**

- 1. Candidate MUST immediately stop the service.
- 2. Stop the bleeding by applying pressure to the area with a clean absorbent material (Cotton ball or piece of gauze)
- 3. Bring your Exposure Incident (Blood Spill) Kit to the Exposure Incident (Blood Spill) procedure area/workstation.
- 4. When the bleeding has stopped, clean the injured area with an antiseptic wipe
- 5. Bandage the cut with an adhesive bandage to completely cover cut
- 6. Cover bandaged cut with finger cot / glove
- 7. Using disinfectant clean Exposure Incident (Blood Spill) procedure area/workstation
- 8. Double bag soiled materials such as wipes or cotton balls and any contaminated items in a bag labeled as BioHazard
- 9. Sanitize hands
- 10. Return to workstation



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# TENNESSEE COSMETOLOGY

# **EXAMINATION REGISTRATION FORM**

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2. Social Security:	-	-	(FOR IDENTIFICA	ATION PURF	POSES ONLY)	
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All examination centers are equipped to provide access in accordance with the Americans with Disabilities Act (ADA) of 1990.

Applicants with disabilities or those who would otherwise have difficulty taking the examination should request for alternative arrangements by <u>Clicking Here</u>.

### Requirements for exam accommodation requests:

You are required to submit documentation from the medical authority or learning institution that rendered a diagnosis. Verification must be uploaded to PSI on the letterhead stationery of the authority or specialist and include the following:

- **Description of the disability and limitations related to testing**
- > Recommended accommodation/modification
- > Name, title and telephone number of the medical authority or specialist
- **Original signature of the medical authority or specialist**

# MAKE SURE YOU ARE REGISTERED FOR THE EXAMINATION BEFORE REQUESTING EXAMINATION ACCOMMODATIONS



PSI licensure:certification 3210 E Tropicana Las Vegas, NV 89121

