

The Extremely Large Herbal Grimoire



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Some Instructions for Usage

Disclaimer: the opinions and beliefs of all those involved may not be the same and therefore should be taken into account in the creation of this document. Do not take any herbal supplement without speaking with a doctor. We are not doctors, and we cannot guarantee your health.

HERB NAME:

MAGICKAL USES

A

Acacia: Protection, psychic and spiritual enhancement, money, platonic love, and friendship. Use to anoint candles & censers and to consecrate chests or boxes that hold ritual tools. Use in incense to promote a meditative state. AKA: Gum Arabic, Arabic Gum

Aconite: Use as a magickal wash for ritual tools & space. Wear as an amulet for protection from vampires and werewolves. Note: Poisonous, do not consume. AKA: Wolfsbane, Monkshood

Acorn: Good luck, protection, wisdom, and personal power. A dried acorn is an excellent natural amulet for keeping a youthful appearance.

Adam & Eve Root: Principally used by lovers; one lover carries the Eve Root & the other lover carries the Adam Root.: This keeps your lover true to you & discourages rivals. Carry both roots in a small bag at all times for attraction, to bring a love to you, or for a marriage proposal.

Adder's Tongue: Stops gossip and slander, promotes healing. Sacred to the serpent goddesses. Used in divination, healing magick, lunar magick, and dream magick. AKA: Dogtooth Violet

African Violet: Spirituality, protection, and healing. Wear in an amulet for protection. Keep in the home to increase spirituality. Frequently burned as incense during the spring Equinox sabbat.

Agar: Agar Promote joy and success attract opportunities and blessings to the household. Mix with Fast Luck powder and rub on hands before playing bingo or other games of chance.

AGRIMONY

Connected to the planet Jupiter and the element of air, Agrimony has a unique ability to assist the user in releasing fear. It is also used for protection.

Traditional Uses:

- 1) Sew into a white cloth and carry to deflect negativity.
- 2) To release fear(s):
 - A) Carry in charm bag alone or with Angelica (or other appropriate herb).
 - B) Burn on charcoal to remove negativity and fear vibrations from any location.
 - C) To release your fear(s) conscious or unconscious, burn on charcoal or make into tea and add a small amount to your ritual bath.

Agrimony: Overcoming fear & inner blockages; dispelling negative emotions. Also used for reversing spells. Sew into a dream pillow with Mugwort for best results. Use as a wash or oil to increase the effectiveness of all forms of healing rituals. Wards off evil entities and poison.

Ague: Protection, hex breaking. Used in amulets to protect against evil. Mix with incense and burn to break a hex that has been placed on you. AKA: Ague Root, Ague Weed

Alder: Associated with divination, music, poetry, wind magick, weather magick, teaching, and decision making. Also used in rituals of death & dying to provide protection for the deceased.

Alfalfa: Money, prosperity, anti-hunger. Put a small jar in the cupboard or pantry to ward off poverty and hunger. Burn in a cauldron and use the ashes in amulets for protection from hunger and poverty. AKA: Lucerne, Buffalo Herb, And Purple Medic

Alkanet: Purification, prosperity. Protects from snakebites and helps ease fear of snakes. Burned as an incense to replace negativity with positive influence. AKA: Anchusa, Dyer's Bugloss, Orchanet, Spanish Bugloss

Allspice: Money, luck, healing, obtaining treasure Very vitalizing. Provides added determination and energy to any spells and charms. Burn crushed allspice to attract luck and money. Use in herbal baths for healing. excellent for convalescents. Anoint daily. AKA: Jamaica Pepper

Almond: Almond oil, the symbol of wakefulness to the Egyptians, is used in prosperity rituals (anointing candles, money, etc.) and also added to money incenses. Wisdom, money, fruitfulness, and prosperity. Invokes the healing energy of the deities. Provides magickal help for overcoming dependencies & addiction. Associated with Candlemas and Beltane. Carry, wear, or use as incense to attract abundance. AKA: Greek Nuts, Shakad

Aloe: Protection and luck. Place on the grave of a loved one to promote peaceful energy. Thought to relieve loneliness and assist with success. Hang in the home to attract luck and protection for those who live there. Grow in the home to provide protection from household accidents. Burn on the night of a full moon to bring a new lover by the new moon. AKA: Burn Plant, Medicine Plant

ALTHEA

Connected to the element of water, Althea is used for protection and to enhance psychic powers. It is known to be a spirit pulling herb--place it on the altar to bring good spirits to help with your ritual.

Traditional Uses:

- 1) For protection, burn on charcoal or carry in a white pouch inscribed with this rune.
- 2) To enhance psychic powers, burn on charcoal.
- 3) Place on altar to attract good spirits during ritual.
- 4) Burn on charcoal to attract good spirits.

Althea Root: Burn or place in a sachet to bring protection, calm an angry person, and aid psychic powers. Keep on the altar or burn on candles to attract good spirits.

Alyssum: Protection and moderating anger, protection

Amaranth: Healing, Summoning Spirits, Healing Broken Hearts, Protection from Bullets, Invisibility

Amber: Protection from harm, outside influences, and psychic attacks. Mental clarity & focus. Transforming negative energy to positive energy.

Ambergris: Enhance dreams and psychic ventures, attract men

Anemone: Healing and Protection

ANGELICA

This masculine herb, also known as Masterwort, is connected to the Sun and the element of fire. Known to be a protective plant, it is sometimes used in protection and exorcism incenses. It is also used for luck and to promote healing.

Traditional Uses:

- 1) For luck, place in small green pouch (or wrap in green fabric) and carry in your pocket.
- 2) Sprinkle in each of the four corners of the house for protection against negativity.
- 3) To promote healing, burn on charcoal alone or with other healing herbs such as sandalwood, elder, frankincense, myrrh, vervain or yerba santa.

Angelica: Very powerful protection herb - protects against negative energy and attracts positive energy; creates a barrier against negative energy. Use in healing & exorcism incenses; scatter for purification, protection, and uncrossing. Add to incense to promote healing or to the bath to remove curses, hexes, or spells. Also thought to promote temperance. Sprinkle ground herb in the shoes to prevent tiredness and weakness. Sprinkle around the outside perimeter of the home for protection and exorcism. Burn to bring a lost love back to you. AKA: Masterwort, Archangel, Garden Angel, Angelica Root

Anise: A boon to clairvoyance, it is often added to a ritual bath preceding any attempt at divination. It is also worn during divinatory rituals. Used to help ward off the evil eye, find happiness, and stimulate psychic ability. Fill a sleep pillow with anise seed to prevent disturbing dreams. Use to invoke Mercury and Apollo. Great for aromatherapy. Use in purification baths with bay leaves. A sprig of Anise hung on the bedpost will restore lost youth. Use in protection and meditation incenses. AKA: Aniseed, Anneys, and Anise Seed

Annato - (Lipstick tree) - Lightly crushed seeds added to food is like natural gas-x. (editor note: ???)

Apple: Love, Garden Magick, Immortality, Friendship, Healing. Place seven apple seeds in a bag with Orris Root to attract sexual love. Use in rituals to give honor to gods and goddesses of fertility. Considered the food of the dead, which is why Samhain is called the 'Feast of Apples'. Symbolizes the soul and is burned at Samhain in honor of those who will be reborn in the spring. When doing a house blessing, cut an apple in half -- eat half and put the other half outside of the home as an offering. AKA: Fruit of the Underworld, Fruit of the Gods, Silver Bough, Silver Branch, and Tree of Love

APPLE BLOSSOM: Wear to promote happiness and success. Anoint candles during love rituals. Add to bath to aid relaxation.

Apricot: Love. Add leaves and flowers to love sachets or carry apricot pits to attract love.

Arabic Gum: Protection, psychic and spiritual enhancement, money, platonic love, and friendship. Use to anoint candles & censers and to consecrate chests or boxes that hold ritual tools. Use in incense to promote a meditative state. AKA: Acacia, Gum Arabic

Arnica Flowers: Increases psychic powers

Arrow Root: Purification and healing; can be used as a substitute for graveyard dust. (Powder) One tbsp in a cup of juice every few hours to relieve diarrhea. Poultice to soothe skin inflammations.

ASH BARK

A very druid sacred tree, the Ash is part of the sacred trio "by oak, by ash and by thorn" of ancient British legend. This powerful tree is used for protection, and to attract prosperity, and love.

Traditional Uses:

- 1) Place in a white pouch inscribed with a protection symbol and wear as protection from the negativity of others.
- 2) Place in the four corners of the house for protection.
- 3) Burn at Yule to attract prosperity in the coming year.
- 4) Place in a green pouch inscribed with a (love attracting) rune to attract the opposite sex.

Ash Sea: spells/magick/rituals, image magick, invincibility, protection from drowning, general protection, and luck. Burning an ash log at Yule brings prosperity. The leaf of this plant is used for travel safety. Place one tablespoon of ash leaves in a bowl of water in the bedroom overnight, then toss out in the morning -- doing this daily is said to prevent illness.

Asofoetida: Buy the tincture in Indian shops. They add a drop to many dishes to relieve stomach pains (gas). Insect repellent. Topical use to heal ulcerated sores. Protection and banishing negativity. Be forewarned that this herb is powerful, but has an awful smell when burned. AKA: Devil's Dung, Food of the Gods

Asparagus: Male Sex Magick, Boil in water and drink the water for kidney problems. Dissolves uric acid deposits and promotes urination.

Aspen: Eloquence, clairvoyance, healing, and anti-theft. Plant in your garden for protection against thieves.

Aster Love AKA: China Aster, Michaelmas Daisy, Starwort

Astragalus Root: Protection and energy

Avocado: Love, lust and beauty. Also used for sex magick. AKA: Ahuacotl, Alligator Pear, Persea

Azalea: Happiness, gaiety and light spirits, first love. Note: Poisonous, do not consume.

B

Bachelor Buttons: Love AKA: Devil's Flower, Red Campion

Bakuli Pods: Difficult to find magic item also used in sachets and potpourri.

BALM OF GILEAD

Connected to the planet Venus and the element of water, Balm of Gilead is used to promote healing and protection.

Traditional Uses:

- 1) Sew into a red pouch and carry to attract a new love or to soothe a broken heart.
- 2) Sew into blue pouch and carry with you to promote healing.
- 3) Sew into a white pouch and carry with you to promote protection.

Balm of Gilead Tears: Love, manifestations, protection, healing, de-stressing, and assisting in healing from the loss of a loved one. Use in love sachets; carry for healing, protection, and mending a broken heart. Use to dress candles for any form of magickal healing. Burn to attract spirits. AKA: Poplar Buds, Balsam Poplar, Balm of Gilead, Mecca, Mecca Balsam, Balessan, and Bechan

Balmony: Steadfastness, patience, and perseverance. Associated with the tortoise or turtle. AKA: Hummingbird Tree, Bitter Herb, Snake Head, Turtle Head, and Turtle Bloom

Balsam: Strength and breaking up negativity

Bamboo: Hex breaking, wishes, luck and protection. Carve a wish into bamboo and bury it in a secluded area to make your wish come true. Carry a piece of bamboo for good luck.

Banana: Fertility, potency, and prosperity

Banyan: Happiness, Luck

Barberry: Cleansing, sorcery, atonement, freeing oneself from the power or control of another. AKA: Witches Sweets

Barley: Love, healing, and protection. Harvests. Scatter on the ground to keep evil at bay. Tie barley straw around a rock and throw into a river or lake while visualizing any pain you have to make the pain go away.

Basil: Love, exorcism, wealth, sympathy, and protection. Dispels confusion, fears & weakness. Drives off hostile spirits. Associated with Candlemas. Carry to move forward in a positive manner despite perilous danger. Strewn on floors to provide protection from evil. Sprinkle an infusion of basil outside of the building where you hope to be employed for luck in a job interview (be careful not to be seen!) or in your business to attract money and success. Wear or carry to aid in attracting money and prosperity. Add fresh herb or seeds to boiled water to make tea for migraines and bed time restlessness. Douche for yeast infections, eliminates Candida, gargle and mouthwash. Pregnant women should avoid medicinal use of basil. The scent of basil causes sympathy between two people so wear to avoid major clashes. It creates harmony of all kinds. Prostitutes used to wear it in Spain to attract business. AKA: Common Basil, Sweet Basil, St. Josephwort, St. Joseph's Wort, Tulsi, Tulasi, Krishnamul, Kala Tulasi, Witches' Herb, Alabahaca, American Dittany

Bats Head Root: Use to obtain wishes.

Bay Laurel: Purification, house and business blessing, and clearing confusion. Attracts romance. Keep potted plant to protect home from lightning. Place in a dream pillow for sound sleep and to induce prophetic dreams. Heat leaves in a little olive oil to make a bay oil salve for arthritis and aches. AKA: Bay, Sweet Laurel, Sweet Bay, True Laurel, Lorbeer, Noble Laurel, Baie, Daphne

Bay Leaf: Protection, good fortune, success, purification, strength, healing and psychic powers. Write wishes on the leaves and then burn the leaves to make the wishes come true. Place under the pillow (or use in dream pillow) to induce prophetic dreams. Place in the corner of each room in the house to protect all that dwell there. Carry bay leaf to protect yourself against black magick.

Bayberry: Good fortune, luck, healing, and stress relief. Burn a white candle sprinkled with bayberry bark for good fortune and money Anoint green candles for prosperity in the home. Brings "luck to your home and gold to your pocket." A magnetic oil to be worn by men. AKA: American Vegetable Tallow Tree, Myrtle, Wax Myrtle, Candleberry, Candleberry Myrtle, Tallow Shrub, American Vegetable Wax, Vegetable Tallow, Waxberry, Pepperidge Bush, Berbery
Bedstraw (Fragrant): Love and lust

Bee balm:

Although Bee Balm is somewhat of a giant in medicine and aromatherapy applications, uses in folklore and magic are surprisingly rather sketchy and hard to find for this herb. Of course, for purifying and relaxation spells, Bee Balm is top notch when leaves and flowers are tied in a cloth and placed under hot running bathwater, and as such, this is considered a good addition to spells or rituals concerning peace, happiness, contentment, restfulness, and ridding oneself of negative energies or hexes.

Bee Balm is bound to Air and Mercury, and due to the influence of both of these (Air for intellect and Mercury for success), it is believed to be a good herb for money and success in business-related spells. Carry a few leaves in your wallet to attract money, or rub leaves on the skin before a business meeting or job interview for success.

Of course, Bee balm is an excellent herb either alone or combined with other herbs for any spell or ritual that calls for a tea or infusion, and it tastes good too!

Beech: Wishes, happiness and divination. Improves literary skills. Place a leaf of beech between covers of Book of Shadows to increase inspiration.

Beet: Love. Beet juice can be used as ink for love magick or as a substitute for blood in spells and rituals.

Belladonna: Healing & forgetting past loves. Provides protection when placed in a secret place in the home. Place on a ritual altar to honor the deities and add energy to rituals. Note: Deadly poison, do not ingest. AKA: Banewort, Deadly Nightshade, Sorcerer's Berry, Witch's Berry, Death's Herb, Devil's Cherries, Divale, Dwale, Dwaleberry, Dwayberry, Fair Lady, Great Morel, Naughty Man's Cherries

BENZOIN

Connected to the Sun and the element of air, Benzoin is used for purification and to attract abundance.

Traditional Uses:

- 1) For purification, burn alone or add to other purifying herbs such as sage, frankincense and myrrh.
- 2) Combine with cinnamon and basil and burn on charcoal to attract customers to your business.
- 3) To attract abundance--combine with other prosperity herbs (such as Cedar, Irish Moss, Mint, High John, Sassafras, etc.) and place in a green pouch inscribed (if possible) with A prosperity rune. Wear or carry with you.

Benzoin: Purification, prosperity, soothing tension, dispelling anger, diminishing irritability, relieving stress & anxiety, and overcoming depression. Promotes generosity and concentration. Good to burn while using

the Tarot or for success in intellectual matters. Smoulder for purification. An incense of Benzoin, cinnamon and basil is said to attract customers to your place of business: This oil brings peace of mind. It is used in purification ceremonies. A drop or two smouldering on a charcoal block will effectively cleanse the area with billowing clouds of smoke. AKA: Snowbells, Storax, Gum Benzoin, Siam Benzoin, Siamese Benzoin, Benzoin Gum, Ben, and Benjamen

Bergamot: Money, prosperity, protection from evil and illness, improving memory, stopping interference, and promoting restful sleep. Carry in a sachet while gambling to draw luck and money. Very powerful for attracting success. Burn at any ritual to increase its power. Used in protective rituals and also in drawing prosperity. Wear on the palm of each hand. AKA: Orange Mint

Betel Nut: Protection and banishing

Bilberry Bark: Used for protection. AKA: Whortleberry, Black Whortles, Whinberry, Huckleberry, Bleaberry, Blueberry, and Airelle

BIRCH

This "Lady of the Woods" was considered by the Druids to be a sacred tree. She is closely connected to Venus and the element of water. She brings the influence of love, purification, and protection, and is the wood of choice when working with runes. Its been known to be used for protection against lightning and warding off the evil eye when you hang a red ribbon of the stem of the birch.

Traditional Uses:

- 1) To attract love, carve with love attracting runes (or write with red ink) Burn or toss into a running river (or stream, etc.). For best results, do this on a Friday.
- 2) To remove negativity from people or animals, gently tap them with a piece of birch.
- 3) Carve with protection runes and place in the home or carry for protection.
- 4) Tie a stem of birch with a red ribbon to ward off negativity.

Birch: Protection, exorcism and purification. A birch planted close to the home is said to protect against lightning, infertility, and the evil eye. AKA: White Birch, Canoe Birch, Paper Birch, Tree of Life, Lady of the Woods

Bistort: Fertility, divination, clairvoyance, psychic powers. Carry in a sachet for fertility and conception. Add to any herbal mixture to boost divination. Burn with frankincense during divination or to enhance psychic powers. Carry in a yellow flannel bag to attract wealth & good fortune. Sprinkle an infusion of bistort around the home to drive out poltergeists. AKA: Bistort Root, Dragonwort

BLACK COHOSH

This masculine herb, also known as Black Snake Root, is used to attract love, to dispel negativity and to gain courage.

- 1) To attract love, add to two other love herbs such as rose, lavender, Tonka, trillium, & vervain and sew into a red pouch. If possible, inscribed with love symbols. Wear near your heart.
- 2) Carry in a dark red pouch to strengthen courage.
- 3) Steep in boiling water, strain, and sprinkle infusion around room to dispel negativity.

Black Cohosh: Love, courage, protection and potency. Use in love sachets or in the bath to prevent impotence. Carry in pocket or amulet for courage and/or strength. Sprinkle around a room to drive away evil. Add an infusion of the herb to bath water to ensure a long and happy life. Burn as love incense. Put in purple flannel bag for protection for accidents and sudden death and to keep others from doing you wrong. AKA: Black Snake Root, Bugbane, Squawroot, Bugwort, Rattleroot, Rattleweed, Rattlesnake Root, and Richweed

Black Haw: Protection, gambling, luck, power and employment. Carry in the pocket while seeking employment, if you are having problems at work, or if you are asking for a raise. AKA: Devil's Shoestring,

Stagbush, And American Sloe

Black Pepper: Banishing negativity, exorcism, and protection from evil.

Blackberry: Healing, protection and money. Sacred to Brigid. Leaves and berries said to attract wealth and healing.

Bladderwrack: Protection, sea spells, wind spells, money, psychic powers, and attracting customers. Wear in a charm for protection during travel, especially when traveling by water. AKA: Kelp, Seawrack, Kelpware, Black-tang, Cutweed, Sea Oak, Sea Spirit

BLESSED THISTLE

Also known as Holy Thistle, this Druid sacred herb is commonly used for protection and purification.

Traditional Uses:

- 1) Carry or wear around neck (sewn into or put into a white pouch) as a protective amulet and to give you strength.
- 2) Add to bath (tied up in white muslin) for purification purposes.
- 3) Sew into white pouch and hang anywhere (house, car) for protective purposes.
- 4) Place in room (in a bowl) to fortify and revitalize all who are near it.

Blessed Thistle: Purification, protection against negativity and evil, hex breaking. Carry for strength and protection. Place a bowl of blessed thistle in a room to renew the vitality and strengthen the spirit of its occupants. Men who carry thistle become better lovers. AKA: Holy Thistle, Saint Benedict Thistle, Spotted Thistle, Cardin

BLOOD ROOT

Connected to the planet Mars and the element of fire; Blood Root is used to promote love and protection and is also used for purification.

Traditional Uses:

- 1) Sew into a red cloth inscribed with a love attracting rune and carry to draw love to you.
- 2) Sew into a white cloth inscribed with a protection rune and carry to ward off negativity
- 3) Place above doorways and on window sills for home protection.

Bloodroot: Love, protection, and purification. Steep in red wine for a full cycle of the moon to use as a "blood offering" for spells that call for this -- DO NOT DRINK THE WINE. Place in windows and doorways to keep curses and evil spirits out. A favorite root for use in voodoo to defeat hexes and spells aimed against you. AKA: Red Root, Red Indian Paint, Tetterwort, Blood Root, Indian Paint, Pauson, Red Paint Root, Red Puccoon, and Sanguinaria

Blowball: Love and wishes. Carry in a red bag to grant wishes. Blow to the four directions when searching for love.

Blue Cohosh: Empowerment, purification, money drawing, love breaking, and driving away evil.

Blue Violet: Love, inspiration, good fortune, and protection from all evil. Carried for protection and to encourage fortune and changed luck. Mixed with lavender to attract lust and love. Worn to calm tempers and bring sleep. AKA: Sweet Scented Violet

Bluebell: Luck, truth and friendship. Incorporate into rituals of death & dying to comfort those left behind and ease their sorrow. AKA: Jacinth, Culverkeys, Auld Man's Bell, Ring o' Bells, Wood Bells

Blueberry: Protection. Though not recommended, blueberry is said to cause confusion & strife when tossed in the doorway or path of an enemy.

Boneset: Protection, exorcism and warding off evil spirits. Sprinkle an infusion of boneset around the home to rid it of evil and negativity. To curse an enemy, burn as an incense with a black candle inscribed with the name of the enemy (not recommended -- remember the law of threes!). AKA: Feverwort, Agueweed, Crosswort, Eupatorium, and Indian Sage, Sweating Plant, Teasel, Thoroughwort, And Vegetable Antimony

Borage: Courage and psychic powers. Float the flowers in a ritual bath to raise one's spirits. Carry or burn as an incense to increase courage and strength of character. Sprinkle an infusion of Borage around the house to ward off evil. AKA: Bee Bread, Starflower, and Herb of Gladness, Bugloss, Burrage, And Cool Tankard

Brazil Nut: Good luck in love affairs

Brewers Yeast: Used in facial mask potions.

Brimstone: Dispels or prevents a hex on you; destroys an enemy's power over you. Burn at midnight near your back door to ward off evil. AKA: Sulfur Powder

Broom Tops: Purification, wind spells, divination and protection. Sprinkle an infusion of broom tops around the home to clear away all evil. AKA: Irish Broom, Scotch Broom, Besom, and Broom

Buchu: Divination, wind spells psychic powers and prophetic dreams. Add buchu leaves to the bath to enable you to foretell the future. AKA: Bucco, Agathosma Betulina, Bookoo, Bucku, Buku and Bucco

Buckeye: Divination, good luck, and attracting money & wealth. Carried whole anointed with money oil and/or wrapped in a dollar bill for constant increase in money flow. A popular Hoodoo charm for gamblers. Carry in pocket for protection against arthritis. AKA: Horse Chestnut

Buckthorn: Sorceries, elf magick, and driving away enchantments. Used as a luck generator in legal matters and for winning in court. Place the branches of a Buckthorn near doors or windows to drive away evil and bad vibrations. To make a wish, stand in an open area facing east and concentrate on your wish; turn to your left until you are facing east again, continually sprinkling buckthorn bark powder (or an infusion made with buckthorn bark) as you turn. AKA: Arrowwood, Black Dogwood, Black Alder Dogwood, Black Alder Tree, Persian Berries

Buckwheat: Money, protection, and fasting. Use in charms and spells to obtain treasure, riches, and wealth.

Burdock: Used for cleansing magick when feeling highly negative about oneself or others. Use in protection incenses and spells. Rinse with a decoction of burdock to remove negative feelings about yourself or others. AKA: Bardana, Burr Seed, Clotbur, cocklebur, Hardock, Hareburr, Hurrburr, Turkey Burrseed, Fox's Clote, Happy Major, Lappa, Love Leaves, Personata, Beggar's Buttons

Burnet: Used for protection, consecration of ritual tools, and counter-magick; also used to magickally treat depression and despondency. AKA: Italian Pimpernel, Salad Burnet, And Greater Burnet

Butchers Broom: Wind spells, divination, protection, psychic powers.

Butterbur: Used for love divination and to raise one's spirits by increasing sense of hope and faith. AKA: Bog Rhubarb, Butterdock, Umbrella Plant, Lagwort, And Sweet Coltsfoot

C

Cabbage: Fertility, profit, prosperity, good luck, lunar magick, money magick.

Cactus: Chastity, banishing and protection. Bury with other banishing symbols for protection. Grow in the home or garden to prevent unwanted intrusions. Place in all directions of the home (north, south, east, and west) for full protection.

Calamint: Soothes sorrows and helps in recovery from emotional pain. Increase joy and restore a bright outlook on life. AKA: Basil Thyme, Mountain Balm, and Mountain Mint

Calamus: Luck, money, healing, and protection. Place in corners of the kitchen to prevent hunger & poverty. Use to strengthen and bind spells. Note: Use with caution, can be poisonous. AKA: Calamus Root, Bach, and Vacha

Calendula Flowers: Protection, legal matters, and psychic/spiritual powers. Pick at noon for comfort and strength. Place garlands of calendula at doors to prevent evil from entering. Scatter under the bed for protection and to make dreams come true. Carry to help justice favor you in court. Touch the flowers with bare feet to better understand birds. AKA: Marigold, Summer's Bride, Bride of the Sun, Sun's Gold, Ruddes, and Ruddles

Camellia: Riches

Camphor: Dreams, psychic awareness, and divination; Adds strength to any mixture; used for purification and to increase personal influence & persuasiveness. Burn on incense or use camphor oil for ritual cleaning when moving into a new home or setting up a new altar. Add to water when scrying. Wear to strengthen psychic powers. Also anoint yourself when you have decided to break off with a lover, or when they have done so with you and you find it hard to let go. AKA: Laurel Camphor, Gum Camphor

Caper: Potency, lust, and love

Caraway: Health, love, protection, mental powers, memory, passion, and anti-theft. Prevents lover from straying when used in love spells & potions. Ideal for consecrating ritual tools. Carry to improve memory or use in dream pillows to help you to remember your dreams. Sew caraway seed into a small white bag with white thread and hide it under the mattress of a child's crib or bed to keep the child free of illness. Bring 2 cups of water to a boil and add 4 tsp lightly crushed seeds. Simmer for 5 minutes, then steep 15 min. Drink with meals to prevent gas, even for infant colic. Promotes menstruation and relieves uterine cramping.

Cardamom: Lust, love, and fidelity, and Digestive aid, eases gluten intolerance (celiac disease). Sprinkle powder on cereal

Carnation: Protection, strength, healing, enhancing magickal powers, and achieving balance. Burn to enhance creativity. Use in bath spells. This is an oil of power. It is used as an energy restorer after exertion, as an aid to healing, and in consecration ceremonies. Should be worn when extra energy for a ritual is desired. AKA: Gilliflower, Jove's Flower, Nelka, Scaffold Flower, Sops-in-Wine, Gillies

Carob: Health and protection

Carrot: Lust, fertility

Cascara Sagrada: Legal matters, money spells and protection against hexes. Sprinkle an infusion of the herb around the home the night before court proceedings to help in winning a court case. Wear as an amulet for protection against evil and hexes. Wear or keep in a bowl on your altar or reading table to help you concentrate. AKA: Cascara Sagada, Sacred Bark, Purshiana Bark, Persian Bark, Chittem Bark, and Bearberry

Cashew: Money

Catnip: Sacred to Bast; should be used in any ritual involving cats or cat deities. Use with rose petals in love sachets. Use in sachets and spells designed to enhance beauty or happiness. Provides protection while sleeping. Mix with Dragon's Blood to rid oneself of a behavioral problem or bad habit. Burn dried leaves for love magick. Grow near the home or hang over the door to attract good spirits and luck. AKA: Cat's Play, Catmint, Nip, Nepeta, Field Balm, Catswort, and Catnep

Cats Claw: Vision quests, shamanic journeys, and money drawing. AKA: Una de Gato

Cat-tail: Lust

Cayenne pepper: Dealing with separations or divorce; Cleansing & purification; Repels negativity; Speeds up the effect of any mixture to which it is added. Capsicum speeds metabolism. Capsicum cream and oils relieve arthritis and aches, not just by warming and stimulating blood flow, but also by blocking pain transmission by nerves. (Blocks substance P) Prevents blood clots, heals ulcers. "Jewish" penicillin, cayenne and garlic in chicken soup really IS as effective as antibiotics after the onset of cold or flu. Cayenne dramatically drops blood sugar levels and should be avoided by the hypoglycemic. Cayenne promotes excretion of cholesterol through the intestines. It increases energy levels and aura brilliance.

CEDAR

Also known as the Tree of Life, this Druid sacred tree is used for purification, abundance, and protection.

Traditional Uses:

- 1) When burned, cedar smoke helps to purify an area by helping to release and remove negative emotions (and energies) from people and places. The smoke also helps to alleviate nightmares
- 2) Place in your wallet or purse to attract money. You may also burn it for the same purpose.
- 3) Hang in home (in white pouch) to protect home from lightning strikes and negative energies.

Cedar: Confidence, strength, power, money, protection, healing and purification. Used in the consecration of magick wands. Carry a small piece of cedar in wallet or near money to attract wealth. Hang in the home to protect against lightning. Use in sachets to promote calmness.

Cedar Berries: Uses include anti-theft and repelling snakes. AKA: Juniper Berries

CELANDINE

Connected to the Sun and the element of fire, Celandine is used for protection, legal difficulties, and depression.

Traditional Uses:

- 1) Sew into a pink cloth inscribed with a healing rune and carry to alleviate depression and promote happiness.
- 2) Sew into a white cloth and carry for protection
- 3) Wear to court to promote a positive legal outcome.

Celandine: Cures depression, brings victory and joy, assists in legal matters. Serves as a protective ward when worn. Carry to increase self-confidence when facing adversaries. Use in ritual work when you feel trapped in undue negativity. Note: Deadly poison, use with caution. AKA: Devil's Milk

Celery: Mental powers, psychic powers, fertility, and male potency. Sedative. Active ingredient thalide. Seed and stalk, reduces hypertension. Celery seed tea for the kidneys as a cleanser.

Celery Seed: Mental and psychic powers, concentration. Burn with Orris root to increase psychic powers. Use in sleep pillow to induce sleep. Chew celery seed to aid in concentration.

Centaury: Counter magick herb; snake removing. Adds power to any magickal workings. Used to repel anger and hurtful energy. AKA: Bitter Herb, Lesser Centaury, and Feverwort

Chamomile: Love, healing, and reducing stress. Add to a sachet or spell to increase the chances of its success. Sprinkle an infusion of chamomile around the house to remove hexes, curses and spells. Burn or add to prosperity bags to increase money. Burn as incense for de-stressing, meditation, and restful sleep. Wash hands in an infusion of chamomile for luck before gambling or playing cards. Use in bath magick to attract love. Keep a packet of the herb with lottery tickets for luck. AKA: Whig Plant, Scented Mayweed, Camomyle, Ground Apple, Manzanilla (Spanish), Maythen, Earth Apple, Camomile

Cherry: Love, divination, gaiety and happiness

Cherry Bark: Lust, direction, frugality, favors, invisibility, and magickal potency. Burn as an incense while performing divination to enhance the results, or while performing love spells to find a partner. Use to revitalize the Magickal energy needed to finish an old project. AKA: Virginia Prune Bark

Chervil: Brings a sense of the higher self, placing you in touch with your divine, immortal spirit. Helps in making contact with a deceased loved one. Steep in boiled water and apply with an eye cup for a wide range of eye complaints AKA: French Parsley, Anise Chervil, British Myrrh, Sweet Cicely, and Sweet Fern

Chestnut: Love

Chia: Protection and health

Chickweed: Fertility and love. Carry or use to attract a lover or maintain your current relationship. Useful for lunar and animal magick, especially the healing of birds. AKA: Starweed, Satin Flower, Starwort, Winterweed, Stitchwort, Tongue Grass, Adder's Mouth, Indian Chickweed, Passerina

Chicory: Frigidity, favors, removing obstacles, and invisibility. Promotes a positive outlook and improves sense of humor. Place fresh flowers on the altar or burn as an incense. Anoint your body with chicory juice or an infusion of chicory to obtain favors from others. Burn as incense with a black skull candle to place a hex on an enemy (not recommended) cleanser, fat cleanser, dissolves gallstones. Prepare like coffee. AKA: Blue-Sailors, Coffeeweed, and Succory

Chili Pepper: Fidelity, love, and hex breaking. Scatter powder around the house to break hexes and spells against you. Use in love charms & spells. AKA: Bird Pepper, Pod Pepper, and Cayenne

China Berry: Luck

Chives: Protection and weight loss

Chrysanthemum: Protection. Grow in the garden to ward off evil spirits. AKA: Mum

Cilantro: Leafy part of coriander plant. Food poisoning preventative Protection of gardeners; brings peace to the home and helps to attune one with their soul.

Cinnamon: Spirituality, success, healing, protection, power, love, luck, strength, and prosperity. Burn as an incense or use in a sachet to raise spiritual and protective vibrations, draw money, and stimulate psychic powers. A popular herb for use in charms to draw money & prosperity. Wear in an amulet to bring passion. Mouthwash infused with this is good for upset stomachs. A High-vibration oil, used for personal protection. It is also a sexual stimulant in the female. Added to any incense, it increases its powers. Mixed with powdered sandalwood, it makes an incense suitable for all religious or spiritual magic. God (??) for meditation, illumination, and so on. Simmer sticks with cloves for 3 min; add 2 tsp lemon juice, 2 tsp honey, 2 tbsp whiskey – as cold medication. Cinnamon is good for yeast infection and athlete's foot. A 2% solution will kill both of these conditions. Boil 8-10 sticks in 4 cups water, simmer 5 min, steep 45 min, then douche or apply to athlete's foot. Cinnamon reduces cancer causing tendencies of many food additives. AKA: Sweet Wood

CINQUEFOIL

Connected to the planet Jupiter and the element of fire, Cinquefoil is used to promote abundance, protection, and restful sleep.

Traditional Uses:

- 1) Place in a white bag or pouch and hang over door or on the bed for protection.
- 2) To promote abundance, mix with equal parts of cinnamon, cloves and Tonka beans and place in a purple pouch or bag. Carry with you. Do this on a Thursday during the waxing (between new and full) moon for best results.
- 3) Place under pillow to dream of your future mate.
- 4) Hang over your bed to promote restful sleep.

Cinquefoil: An all-purpose magickal herb. The five points of the leaf represent love, money, health, power, and wisdom. Protective, strengthens the five senses Stimulates memory, eloquence, and self confidence. Carry, burn, or wear to possess these traits. Used for business & house blessing. Use in spells to bring protection to a friend or loved one taking a journey. Burn as an incense during divination to bring dreams of one's intended mate. Frequently associated with ritual work involving romance. Wash hands and forehead with an infusion of this herb nine times to wash away hexes and evil spells against you. Fill an empty egg shell and keep it in the home for powerful protection from evil forces. Wrap in red flannel and hang over the bed to ward off dark spirits of the night. AKA: Five Finger Grass, Synkefoyle, Witches Weed, Five Leaf, Tormentilla, Sunkfield, Bloodroot, Moor Grass, Goosegrass, Goose Tansy, Crampweed, Silverweed, Silver Weed, Sunkfield

Citronella: Draws friends to the home, customers to the business. Promotes eloquence, persuasiveness, and prosperity. Protects and cleanses the aura. Encourages self-expression and creativity (great for writers & actors!) and brings clarity to the mind. Repels insects and deodorizes.

Clove: Exorcism, love, money, and protection. An aphrodisiac worn to attract lovers. Inhaled, the oil helps the memory and eyesight Use oil for pain relief for sore gums and toothache. Add clove oil to neutral oils for topical pain relief of arthritis. Small amounts of clove in a tea for nausea. 3 cloves in two cups of boiled water, steeped for 20 minutes, as an antiseptic and mouthwash. Former alcoholics can suck on one or two cloves when the craving strikes to curb the desire.

Clover: Fidelity, protection, money, love, and success. Strong association with the Earth, useful in consecrating both pentacles and ritual tools made of copper. Carry as an amulet or use in sachets for luck, attracting money, fidelity, maintaining mental acuity, and/or protection. When grown outside, is thought to keep snakes away from property. Sprinkle around the home to remove negative spirits. AKA: Trefoil, Cleaver Grass, Marl Grass, Cowgrass, Three Leaved Grass, Honeystalks, Shamrock, and Trifol

Clover, Red: Put in baths to aid in financial arrangements. Also used in potions for lust. Used in sachets or incense for money, love, fidelity, success and luck. Protects and blesses domestic animals. Used in consecration of ritual tools made of copper. AKA: Trefoil, Cleaver Grass, Marl Grass, Cowgrass, Three Leaved Grass, Honeystalks, Shamrock, and Trifol

Cloves: Magickal uses include protection, banishing hostile/negative forces, and gaining what is sought. Cloves are burned to stop gossip as well as to purify & raise the spiritual vibrations of an area. Use to bring a sense of kinship to a social gathering. Wear for protection and mental clarity. Said to protect babies in their cribs if strung together and hung over the crib (being sure that the strand can't fall into the crib, of course!). Burn to attract riches, drive away hostile forces, and stop any gossip about you. Carry to attract the opposite sex or bring comfort during bereavement. Cleanses the aura. AKA: Ding Xiang

Club Moss: Protection and power. Use in bath magick for purification. Burn as incense as an offering to the deities and to open channels of communication with them. Use in amulets and charms for power and protection. AKA: Wolf's Claw

Coconut: Chastity, protection, and purification

Coffee: Helps to dispel nightmares and negative thoughts and to overcome internal blockages. Provides peace of mind and grounding. - Although not a spice, it is commonly available in the kitchen. The caffeine in coffee can be used to alleviate headaches (particularly those caused by caffeine withdrawal.) Coffee enemas with olive oil are used to cleanse the bowels and are one of the safest and most thoroughly cleansing enemas available. Caution and common sense must be used to avoid dependency. Hot black coffee sipped through a straw helps break up mucus congestion in the lungs.

Coltsfoot: Wealth, prosperity, and love. Use in love sachets. Sacred to Brighid. Use in spells for peace and tranquility. AKA: Coughwort, Hallfoot, Horsehoof, Foolswort, Fieldhove, Donnhove

Columbine: Love and courage. Grow in the garden to attract fairies. Use in spells and charms to increase courage in stressful situations. AKA: Granny's Bonnet, Culverwort

COMFREY

Connected to the planet Saturn and the element of water, Comfrey is most often used to insure safe travel and to attract prosperity.

Traditional Uses:

- 1) Place in a white bag inscribed with a protection rune and wear or carry to insure safe travel. If possible, add a small piece of rowan to the bag.
- 2) Place in luggage to safeguard it during travel.
- 3) Place in a green bag inscribed with a prosperity symbol and carry to attract prosperity.

Comfrey: Magickal uses include money, safety during travel, and any Saturnian's purpose. Use for workings involving stability, endurance, and matters relating to real estate or property. Put some in your luggage to help prevent loss or theft. Wear for travel safety and protection. Use the root in money spells and incenses. AKA: Knitbone, Knit Bone, Ass Ear, Blackwort, Bruisewort, Knitback, Miracle Herb, Boneset, Gum Plant, Slippery Root, Wallwort

Copal Resin: Love, purification. Add to love and purification incenses. Use a piece of copal to represent the heart in poppets.

Coriander: Love, health, immortality, and protection. Tie fresh coriander with a ribbon and hang in the home to bring peace & protection. Add to love charms and spells to bring romance or use in ritual work to ease the pain of a broken love affair. Promotes peace among those who are unable to get along. Throw the seeds in lieu of rice during Handfastings and other rituals of union. Use the seeds in love sachets and spells. Add powdered seeds to wine for an effective lust potion. Wear or carry the seeds to ward off disease and migraines- Coriander tea can be used topically to remove unpleasant odors in the genital area for men and women. The tea can be held in the mouth to relieve the pain of a toothache. It can also be drunk to relieve flatulence and indigestion. Love oil used to anoint candles. AKA: Cilantro, Chinese Parsley, and Yee Sai

Corn: Protection, luck, and divination

Corn Flower: Sprinkle over the area where you and your mate argue the most to alleviate discord and strife.

Cornflower A patron herb of herbalists. Use the blue petals to make homemade ink for a Book of Shadows. Use in rituals to give honor to the Mother of all nature. AKA: Bachelor Button, Hurtsickle, Bluet, Blue Cap, and Bluebottle

Cornflower:

Cornflower has been around as a magickal tool for a long time. It's purported benefits magickally include enhancing psychic abilities, fertility, love, sex, and abundance. The flowers are used to decorate alters and the dried flower is carried in sachets or amulets to attract lovers. One entry states that you should sprinkle the dried flower on the right shoe when looking for a new lover. For enhancement of psychic abilities it can be combined with other psychic herbs and drunk in a tea. Possibilities include Anise, Bay, Borage, Calendula, Lemongrass, Lovage, Marjoram, Mint, and Oregano.

Cornflower petals also make a wonderful mystical blue-colored handmade ink - which certainly has more magickal properties than store-bought for use in hand-worked spell books, etc. To make an ink out of the flowers, pick enough to fill a coffee cup, packed moderately. Using a non-metal container, boil 2 cups of water and drop the flowers in. Boil until the water becomes a beautiful blue and has evaporated down to about enough to fill a small jar, such as a baby food jar - do pick a jar that comes with a tight-fitting lid, of course. Using a strainer, strain the liquid into the jar. Add 2-3 drops of vinegar to hold the color, and a pinch of salt to prevent mold over extended periods. Shake lightly and keep in a dark area. Use an old-fashioned quill pen or calligraphy pen at any point thereafter for making your entries.

Cotton: Fishing magick, rain, protection, luck, and healing. Burn to attract rain. Cloth made of cotton is the best for magickal use. Place cotton in a sugar bowl to draw luck.

Cowslip: Treasure finding, youth, concentration, focus, and house & business blessing. Use in ritual work involving Goddesses associated with love. Carry to increase attractiveness and increase romantic appeal, providing the energy to attract a partner. AKA: False Primrose, Keyflower, Fairy Cup, Paigle, and Key of Heaven

Coxcomb: Protection

Cramp Bark: Used for protection and female energy. AKA: Guelder Rose Parts

Crowfoot: Love. Use in rituals & ceremonies associated with marriage and Handfastings, engagements, and rituals involving commitments and sacred binding vows. AKA: Buttercup, Gold Cup, Grenouillette, and Meadow Buttercup

Cubeb Berries: Love, lust and adding fire to spells. Use in sachets for love & sex. AKA: Tailed Pepper

Cucumber: Chastity, fertility, and healing

Culvers Root: Purification AKA: Black Root, Bowman's Root, Brinton Root, Culver's Physic, and Physic Root

Cumin: Fidelity, protection, and exorcism. The seed is said to prevent the theft of any object which contains it. Burn with frankincense for protection. Scatter on the floor alone or with salt to drive out evil. Use in love spells to promote fidelity. Steep in wine to make love potions.

Curry: Protection. Burn curry powder to keep evil forces away.

Cyclamen: Fertility, happiness, lust, and protection. Reinforces romance between consensual partners, and increases potential of a relationship carrying into the next incarnation. Worn to ease childbirth by the expectant mother, also used in love and marriage spells. AKA: Groundbread, Sowbread, Ivy-Leafed, Swine Bread

Cypress: Associated with death and mourning; stimulates healing and helps overcome the pain of loss. Calmness and tranquility. Hang in the home for protection. Burn crushed cypress wood for aid in understanding grief and death or to aid in divination. Wear or carry at funerals to ease the mind and minimize grief. Useful at any time of crisis. An oil of blessing, consecration and protection. It is a symbol of the Earth-element, as well as of death. When attending a funeral of a friend or loved one, wear this oil so that you will be uplifted by the meaning of death as the doorway to but another life. It also effectively screens out the negative vibrations of the mourners. Wear on Samhain to become aware and remember those who have passed on. AKA: Tree of Death

D

Daffodil: Love, luck, and fertility. Used to keep negative energy away from the home or altar. Place fresh daffodils in the home to increase fertility. Wear near the heart to bring good luck. AKA: Nacissus, Lent Lily, Jonquil, Goose Leek, Lentilly

Dandelion:

The cheery yellow flowers and airy white puffs of dandelions seed heads have lent themselves to many uses in magick and folklore over the centuries, mostly in the areas of divination, wishes, good luck, communicating with spirits, and dreams. In magick, Dandelions are bound to fire and Jupiter. Many beliefs involve blowing on the seed head to tell us something we want to know, and these uses are listed below.

- If you blow hard on a dandelion seed head and all the seeds blow off, a wish will come true.
- If a woman blows hard on a seed head and all the seeds blow off, her lover loves only her. If seeds remain, he is not loyal.
- Blow hard on a seed head and the number of seeds left will tell you how many children you will have.
- Blow on a seed head and the number of seeds left will tell you how many years you have left.
- Blow on a seed head until all the seeds are gone. The number of puffs it took will tell you what time it is. Alternatively, blow three times on the seed head and the number of seeds left will tell the time.
- Blow on a seed head and your wish will be carried to your lover.
- If you see seeds falling off the seed head when there is no wind, rain is on the way.

Dandelion flowers also have a deep folkloric history, and beliefs include the following:

- If a child picks a dandelion flower off the plant, he will wet the bed that night.
- To find out if you will be rich, put a dandelion flower under your chin, and the degree of the glow on your chin will be the degree of your financial success.
- If you rub yourself all over with dandelion flowers, you will be welcome everywhere you go and your wishes will be granted.

The roots and leaves of Dandelion plants can be made into teas for spells or rituals concerning divination, luck, calling spirits, psychic powers, and wishes. The steam from tea is believed to help call spirit entities. Roots, leaves, and flowers can be used in sachets or dream pillows for psychic dreaming and wishes. The flowers can be sewn into small red flannel bag and worn around the neck for wishes.

Daisy: Love, luck, and innocence. Associated with babies and newborn infants. Incorporate into baby blessings & Wiccanings or to bring protective Magick into a baby's sleeping area. Wear or carry to draw love. AKA: Bairnwort, Bruisewort, Eyes, Field Daisy, Maudlinwort, Moon Daisy

Damiana: Lust, sex magick and attracting love. Useful for any love or sex spells. Used by solitary practitioners to open the chakras and increase psychic abilities. It is said that this herb should be stored in a container with a quartz crystal. Highly useful in tantra magick, astral travel, deep meditation, and spirit quests. Note: Internal use of this herb can be toxic to the liver. AKA: Love Leaf, Mexican Damiana

Dandelion Leaf: Summoning spirits, healing, and purification and defeating negativity. Bury in northwest corner of yard to bring favorable winds. Use in sachets and charms to make wishes come true. AKA: Blowball, Cankerwort, Lion's Tooth, Priest's Crown, Puffball, Swine Snout, White Endive, Wild Endive, Piss-a-Bed

Dandelion Root: Magickal uses include divination, wishes and calling spirits. Use in dream pillows & sachets for sleep protection. Bury on northwest side of house to draw good luck. AKA: Blowball, Cankerwort, Lion's Tooth, Priest's Crown, Puffball, Swine Snout, White Endive, Wild Endive, Piss-a-Bed

Deer's Tongue: Wear, carry, or sprinkle on your bed to attract men and aid in increasing psychic powers.

Devil Bone Root: Cut into small pieces and carry in a red flannel bag to ward off arthritis. Sexual attractiveness, warding off negative energies.

Devil's Bit: Exorcism, love, protection, and lust

Devil's Claw: Protection and dispelling unwanted company.

DEVIL'S SHOESTRING

Known as an herb with "staying power", the legendary Devil's Shoestring is used for protection, power, money and luck.

Traditional Uses:

- 1) Place in a red amulet bag and wear (especially at night) for protection.
- 2) Cut into 1-2" pieces and place in small jar filled with a mixture of spirits of camphor and whisky. Whenever you need power of any kind, remove a piece from the jar and rub between your hands. The root can then be carried for luck, i.e. a gambler's talisman. It can also be carried to help with employment, and can be placed in your wallet or cash register, etc. to draw money to you.

Devil's Shoestring: Protection, luck, attracting a new raise or job, giving control over opposite sex, and invisibility. Carry in the pocket while seeking employment, if you are having problems at work, or if you are asking for a raise. AKA: Black Haw, Stagbush, and American Sloe

Dill: Money, protection, luck and lust. Used in love & protection charms. Effective at keeping away dark forces, useful for house blessing. Keeps the mind cognizant of the line between superstition and the realities of magick. Place seeds in muslin and hang in the shower to attract women. Use dill seeds in money spells. The scent of dill is said to stimulate lust. Add grains of dill seed to a bath before going on a date to make you irresistible. Bring one pint of white wine almost to a boil, remove from heat and add 4 tsp of dill seeds, let steep 30 minutes and strain. Drink 1 ½ cups a half hour before retiring to sleep well. To the same directions, but substitute for the 4 tsp of dill, instead add 1 tsp each of anise, caraway, coriander and dill to stimulate the flow of breast milk in nursing mothers. Chewing dill seeds removes bad breath
AKA: Aneto, Aneton, Dill Weed, Dill Seed, Dilly, Garden Dill

Dogwood: Wishes, protection, and good health. Used in meetings in which attendees must maintain confidence on the topics of discussion. Used to guard diaries, journals, and Books of Shadows. Seal letters with dogwood oil to keep the contents for intended eyes only. Use powdered bark or flowers as an incense.
AKA: Boxwood, Squawbush, Budwood, Flowering Cornel, and Green Osier

DRAGON'S BLOOD

This palm tree resin has become a favorite among many folk magicians. Connected to the planet Mars and the element of fire, dragon's blood is used to promote love, protection and power.

Traditional Uses:

- 1) Add to any incense to increase its power.
- 2) Burn (on charcoal) to attract love and to bring a wandering lover back to you.
- 3) For powerful protection, carry on you and/or sprinkle into all four corners of the house. Burn (on charcoal) to purge the area of all negativity.
- 4) Sew into a purple pouch and wear to promote personal power.
- 5) Place under bed to help alleviate impotency.

Dragon's Blood: Protection, energy, and purification. Burn as an incense to increase the potency of a spell. Has a strong banishing power against negative influences and bad habits. A pinch under the mattress is believed to prevent impotency. Used as a form of magickal ink. Carry or sprinkle around the home or place of business to drive away negativity. Carry or wear for good luck. AKA: Blood, Blume, Calamus Draco, and Dragon's Blood Palm

Dulse: Lust, harmony in the home, sea rituals and pacifying sea winds. Throw into ocean or lake to have the sea spirits send peace your way. Likewise, throw from a high place to have the wind spirits send peace.

E

Earth Smoke: Make an infusion, then sprinkle the infusion around the house and rub on the bottom of shoes to bring quick financial gain.

Ebony: Protection, power. Use in protection amulets. AKA: Obeah Wood

Echinacea: Adds powerful strength to charms, sachets, and herb mixes. Useful for money drawing magick. Dried flowers can be burned as incense. Use on the altar as an offering to the spirits. AKA: Purple Coneflower, Coneflower, Black Sampson, and Rudbeckia

Echinacea:

Echinacea is better known in medical literature than it is in magical. Almost all references to it magically say that carrying it will provide inner strength in stressful or trying times. I also found multiple references to it as being of benefit in intensifying other magick rituals or spells, and as being appropriate for spirit offerings, but I can find no specifics otherwise.

ELDER

Strongly connected to the Great Goddess, this druid sacred tree is often a refuge for faeries and other woodland folk. It was highly regarded by the Celts for its powers to protect, manifest wishes and help induce sleep.

Traditional Uses:

- 1) Sew into a white cloth, inscribe with a protection rune and hang above entrance ways (doors, windows) for house protection. Carry with you for personal protection and safety.
- 2) Place under your pillow to help dispel insomnia.
- 3) To manifest a wish: Focus on your intent and write it on a piece of paper. Scatter Elder on the paper and the four corners of the room. Place paper and any Elder that has fallen on it in a pouch and wear until wish manifests.

Elder: Sleep, releasing enchantments, protection against negativity, wisdom, house blessing and business blessing. Elder flowers are useful in dream pillows. Wear to provide protection against evil, negativity, attackers, and the temptation to commit adultery. Used in rites of death & dying to protect the loved one during transport to the Otherworld. Note: Elder leaves, bark, roots, and raw berries are poisonous. Use with caution. AKA: Sweet Elder, Tree of Doom, Pipe Tree, Witch's Tree, Old Lady, and Devil's Eye

ELECAMPANE

Connected to the planet Mercury and the element of air, Elecampane is used for love, protection, and for increasing psychic powers.

- 1) Sew into a pink cloth inscribed with a love attracting rune and carry to attract love.
- 2) Sew into a white cloth inscribed with a protection symbol and carry for protection.
- 3) Smoulder on charcoal to increase your psychic abilities.

Elecampane: Magickally used for banishing and to dispel angry or violent vibrations. Associated with elves. Use in a sachet to attract love or in incense to purify initiates. Strong association with the Elven world and Tarot. Useful for baby blessings. Hide a sachet of elecampane or sprinkle it around doorways to keep out bad vibrations. Ground together with vervain and mistletoe for a powerful love powder. AKA: Yellow Starwort, Elfdock, Elfwort, Horse-elder, Horseheal, Scabwort, Elecampagne, Velvet Dock

Elm: Love, protection from lightning. Strong correspondence with the Elven world. To stop slander, bury elm bark in a box with a piece of paper containing the name of the person who is speaking adversely about

you. AKA: Elven, European Elm, English Elm

Endive: Love spells, sex magick

Epsom Salt: Common ingredient in ritual baths and bath salt recipes.

Eucalyptus: Attracts healing vibrations, great for protection and healing sachets. A healing oil, very useful in recuperation after long illnesses. Cures colds with daily application to the throat, forehead and wrists, and by adding it to healing baths, also used for purifications. Use to purify any space. Use dried leaves to stuff healing poppets, pillows, or sachets. Arrange a ring of dried leaves around a blue candle and burn the candle for healing vibrations. Carry in a sachet or amulet to help reconcile difficulties in a relationship, for protection, and/or to maintain health. AKA: Blue Gum, Curly Mallee, River Red Gum, Mottlecah, Maiden's Gum, Fever Tree, and Stringy Bark Tree

Eucalyptus:

Eucalyptus is bound to the Moon and Water. It is used magically for protection, purification, and health. Use leaves stuffed in sachets, pillows, and charms and carry or put in your bed to maintain good health, or anoint a sachet with Eucalyptus oil. Place leaves in a mesh bag and hang under the faucet for purification rituals. Place leaves around the house for health and protection from illness and unwanted energies. Ring a blue or green candle with leaves or flowers for healing energies. Cut a branch off a Eucalyptus tree and hang in a sickroom for the healing energy.

Evening Primrose: Magickal uses include love and attracting faeries. Use in ritual baths to increase inner beauty & desirability. AKA: Fever Plant, Field Primrose, King's Cureall, Night Willow-herb, Scabish, Scurvish, Tree Primrose, Primrose

Eyebright: Carry this herb to increase psychic ability, improve memory, encourage rationality and increase positive outlook. Carry to bring a humorous and bright outlook when life seems dark and negative. AKA: Eye Bright, Euphrasia, Casse-lunette

F

False Unicorn Root: Magickal uses include lusty spells and protection for mother and baby. AKA: False Unicorn, Starwort, and Helonias Root

Fennel Seed: Imparts strength, vitality, sexual virility; prevents curses, possession and negative problems. Use in spells for protection, healing, and purification. Provides help and strength when facing danger or dire times. Fennel is thought to increase the length of one's incarnation. Hang in windows and doors to ward off evil. Chewing fennel seeds relieves bad breath. Fennel seed tea sweetens breast milk. Fennel tea relieves colic in infants. AKA: Large Fennel, Sweet Fennel, Wild Fennel, Finocchio, Carosella, Florence Fennel, Fennel Seed

Fennel:

Fennel is an important magickal herb that has been used for centuries. It can be used internally as a tea, or sprigs can be carried on the person in sachets or charms for clairvoyance, longevity, fertility, healing, love, purification, and strength. It is also used in this manner to prevent negativity and provide protection from harmful spells.

In spells, Fennel can be used alone or with other like herbs for courage, divination, cleansing, strength, energy, meditation, virility, psychic protection, and as a means for counter-magick.

Hung in doorways or windows, Fennel protects from evil and sorcery, and placed in keyholes, it protects against spirits of the dead.

Grown around the outside of the home, Fennel provides protection from evil influences and negativity.

Fenugreek: Used for money drawing and fertility magick. Use in floor washes to bring money to the home. Place in a jar and add a few seeds every day to increase money flow to the household. - Use as a tea as an excellent relief for colic and fever in children. 1 tbsp ground fenugreek seed taken in the diet daily can reduce cholesterol. 8 teaspoons of seed presoaked in 4 cups cold water for 4 hours, then boil for 2 minutes, strain and drink 1 cup a day to ease hay fever attacks. AKA: Greek Hay, Foenugreek, Fenigreek, and Fenugreek Seed

Fern: Mental clarity, cleansing, purification, and dispelling negativity. Keep in room where studying is done to help concentration. Burn a sprig of fern before an exam. Use in sachets and amulets for powerful auric protection.

Feverfew: Protection against accidents and cold/flu. Use in charms or sachets for love magick or spiritual healing. Keep flowers in suitcase or car when traveling. AKA: Featherfew, Rainfarn, Wild Quinine, Featherfoil, Prairie Dock, Missouri Snakeroot, Flirtwort, Parthenium, Febrifuge

Feverfew:

Feverfew is one of the powerful protection herbs. Worn around the neck or carried in a pocket or even in a purse or suitcase, it protects from sickness, injury, and accidents. It is bound to Venus and water.

In sachets, charms, and spells Feverfew can be combined with other like herbs to banish unwanted influences, to promote spiritual healing, and for meditation, relaxation, and love magick.

Drunk as a tea, Feverfew protects from colds, flu, and fevers.

Fig: Divination, fertility, and love. Place a branch in front of the door before traveling to ensure a safe return. Write a question on a fig leaf -- if the leaf dries slowly, the answer is yes, otherwise the answer is no. AKA: Common Fig

Figwort: Magickal balms, house & business blessing, protection for the home. Wear around the neck for health and protection against the evil eye.

FLAX

Connected to the planet Mars and the element of fire; Flax is used to promote prosperity, healing, and psychic powers and is also used for protection.

Traditional Uses:

- 1) For prosperity, place a few seeds in your wallet, purse, etc. Repeat daily.
- 2) Sew into a green pouch, inscribed with a prosperity rune, and carry to attract abundance.
- 3) Mix with other healing herbs, sew into a blue cloth and carry with you or hang in the home to promote healing.

Flax Seed: Used for money spells and healing rituals. Mix seeds with red pepper and keep in a box in the home to protect it. Put in a sachet to protect against hostile magick. Place some in shoe or in pocket, wallet, purse, or altar jar with a few coins to ward off poverty. Sprinkle an infusion made with flax seed around the area before divination to get a more accurate reading of someone's future. Burn for divinatory powers.

AKA: Linseed

Fleabane: Exorcism, protection, chastity.

Foxglove: Protection of home & garden, vision, and immortality. Used to commune with those of the Underworld. AKA: Fairy Caps, Deadman's Bells, Fairy's Glove, Fox Claws, Fairy Thimbles, Witch's Bells, Folk's Glove, Witches Glove

Foxglove:

Foxglove has been the subject of Fairy lore for centuries. Legend indicates that Fairies are supernatural entities who live in enchanted forests and shadow worlds, dancing and making magick (good or bad) with childlike abandon.

The alternate names for Foxglove give a glimpse into how embedded this plant is in Fairy and Magick folklore, and includes Fairy Petticoats, Fairy Thimbles, Fairy Fingers, Fairy Weed, Fox Mittens, Witches Bells, Witches Thimbles, Folks Gloves, and Fox Bells. Indeed, the name Foxglove itself is derived from a legend that says that evil Fairies gave a fox the flower petals to put on his toes so that he could rob the chicken house without being heard - thus the name "fox glove."

Fairy gardens have become quite popular, and Foxglove is a must-have for attracting Fairies. Fairies supposedly play within the flowers and each spot inside marks the spot where a Fairy has touched the surface. Placed in front of the house, Foxglove is believed to protect the occupants from evil influences. Picking Foxglove from the garden and bringing it inside is believed to anger the Fairies. Placed in a charm or talisman, a piece of Foxglove flower is believed to keep one inside protective Fairy light.

Frangipani: Promoting openness in those around you; attracting love, trust, and admiration.

FRANKINCENSE & MYRRH

Often used together, Frankincense and Myrrh have had a long tradition of religious usage. When combined, these two are considered to be a great purifier, a protector, and an aid to spiritual growth and meditation.

Traditional Uses:

- 1) Burn to cleanse and purify an area. Can be used when moving into new home to remove previous occupant's vibrations.
- 2) Wear in white pouch around your neck for protection.
- 3) Sew into white pouch and hang anywhere (a doorway, window, and car) for protection.
- 4) Burn as an aid to meditation and spiritual growth.

Frankincense Resin: Successful ventures, cleansing, purification. Burn for protective work, consecration, and meditation One of the most sacred of all oils, used to anoint magical tools, the altar, etc. A strong purifier used in exorcisms, purification rituals, and blessings. Used as an offering at Beltane, Lammass, and

Yule. Enhances the power of topaz. Use in rituals and magick associated with self-will, self-control, or the ego. Represents the ability of the divine to move into manifestation. Add to charm bags and sachets to bring success. Mix with cumin and burn as incense for powerful protection. AKA: Frankincense Tears, Olibanum

FUMITORY

Connected to the planet Saturn and the element of earth, Fumitory is most often used to for purification, protection and to attract money.

Traditional Uses:

- 1) Place in a white bag inscribed with a protection rune and wear or carry for protection.
- 2) Burn over charcoal to purify an area, remove negativity and banish evil spirits and spells.
- 3) Steep in boiling water, strain, and sprinkle infusion around your home weekly to attract money to you quickly.

Fumitory: Associated with the underworld. Excellent for use at Samhain. Infusion is useful as a wash for consecrating ritual tools or sprinkling around the house to attract money. Use in purification ritual when moving into a new residence.

G

GALANGAL

This masculine herb, also known as Low John the Conqueror, is connected to the planet Mars and the element of fire. It is used to promote abundance, protection, good health, lust, and psychic powers.

Traditional Uses:

- 1) To promote abundance, place in a leather pouch along with a silver coin (or coins). Inscribe a prosperity rune on the pouch or draw rune onto a piece of green paper and place inside of pouch.
- 2) Carry or wear (in white pouch) for protection, luck, and good health.
- 3) Carry to promote lust, and /or grind into small pieces (as close to powder as possible) and sprinkle around the house.
- 4) Sew into a purple pouch and wear to increase psychic powers.

Galangal Root: Magickal uses include winning in court, doubling money, hex breaking and sex magick. Burn as incense to remove evil spells and break curses. Carry for protection, to improve psychic abilities and to bring good health. Carry to court to make the judge or jury feel favorably inclined toward you. Wrap money around the root and it will multiply threefold. Burn vigilantly for 14 days before a court case, saving the ashes and bringing them to court in a green flannel bag for luck. AKA: Lo John, Low John, Lo John the Conqueror, Lesser Galangal, Galanga, Colic Root, Gargaut, Catarrh Root, India Root, China Root

Gardenia: Promoting peace/repelling strife, protection from outside influences. Carry or wear to attract love or friendship. Burn with other healing herbs to bring peace and comfort to one who is ailing. Use dried flowers in healing incenses and mixtures. Scatter around a room to bring peaceful vibrations. A powerful feminine magnetic oil

Garlic: Magickal uses include healing, protection, exorcism, repulsion of vampires, and purification of spaces and objects. Used to invoke Hecate. Guards against negative magic, spirits, and the envy of others. Hang in the home to bring togetherness to the family or keep your willpower strong. Said to ward off bad weather when worn or carried during outside activities. Believed to absorb diseases -- rub fresh, peeled garlic against ailing body parts then throw the garlic into running water. Ultimate antibiotic. Useful even for sexually transmitted diseases. Strongly recommended for hypoglycemia, and diabetes. Destroys intestinal parasites. Reduces cholesterol. Repels insects, and reduces sting effects of insects and red ants. AKA: Stinkweed

Gentian: Add an infusion to the bath for power and strength.

Geranium: Overcoming negative thoughts & attitudes, lifting spirits, promoting protection & happiness. Repels insects. Balances mind and body.

Geranium:

The rose geranium with its highly scented leaves is used in protection sachets, or the fresh leaves are rubbed onto doorknobs and windows to protect them.

All of the scented geraniums have various magical properties, most of which can be deduced from the scent (nutmeg, lemon, peppermint, etc.). Nutmeg scented geraniums possess much the same powers as nutmeg, and so on.

Ginger: Draws adventure and new experiences. Promotes sensuality, sexuality, personal confidence, prosperity, and success. Adds to the strength and speed of any mixture of which it is a part. Place in amulet, mojo, or medicine bag to promote good health & protection. Use in herbal mixtures for the consecration of athames to strengthen and energize the ritual blade. A ginger root in the form of a human is a very powerful magickal token. : A tropical aphrodisiac. Induces passion. Anti-nausea tea, blood thinner, and is a substitute for coumadin. Boil 2/3 cup of freshly chopped root in 1 gallon water, wrapped in cheesecloth (or old nylon stocking) until the water is yellow. Then soak towel and lay on bruises and sprains while still hot, to ease

them. Stimulates a delayed period. Warm ginger tea is good to break up congestion and fever. Ginger is one of the few herbs that easily passes the blood/brain membrane and is used in conjunction with other herbs that are meant to have an effect on the mind. Pregnant women should avoid medicinal concentrations of ginger. AKA: African Ginger

Ginkgo Biloba Aphrodisiac: associated with fertility. Carry or use in amulets and charms as a healing herb. Useful in ritual healing. The dried nuts represent male fertility. Useful in all creative work. Immerse in water, then remove and keep in the bedroom to gain grace, love, and beauty. AKA: Maidenhair Tree, Living Fossil, and Ginkgo

Ginkgo:

Ginkgo is an absolutely fascinating herb, magickally speaking. For one, it is the only tree on the planet that has survived basically unchanged since the dinosaur age. For another, it's not too much of a stretch to look at the leaf shape and see one half of the hemisphere of the human brain. Indeed, the ancients saw this correlation and as a result, the leaf has been used as a brain food for centuries, both in medicine and in magic. Lastly, it is a tree that can survive for 1,000 years or more, making it a true "Tree of Life."

Due to its age, Ginkgo is considered an elder with high magickal energy, and is used in longevity and age spells. A tradition is to plant a Ginkgo on the occasion of births to ensure long life and in death to ensure longevity in the peaceful afterworld.

Ginkgo is also considered an aphrodisiac and fertility herb, and can be used in love and fertility spells to these ends. Indeed, Ginkgo seeds are sometimes substituted for Lotus seeds at weddings due to this property. One legend has it that if a girl sits under a male Ginkgo tree on a moonlit night, combs her hair and makes a wish, her wish will come true.

Wood from Ginkgo trees can be carried for healing, and the leaf can be used in healing rituals. Also try a tea for healing and for mental acuity before an examination or important business dealing.

Ginseng: Magickal uses include love, beauty, protection, healing and lust. Carry to draw love, health, money, and sexual potency. Carve a wish into a whole root and throw it into water to make the wish come true. AKA: Sang, Wonder of the World Root

Ginseng:

Ginseng is ruled by Saturn and Uranus. The mystical and magickal lore goes back for thousands of years. Legend has it that these plants mysteriously rise from the ground at night, glowing, and flitting around the forest floor. The forked root of the plant also sometimes quite clearly resembles that of a human figure, giving rise to the aphrodisiac qualities associated with it. In fact, the most valuable roots of all are the few found with an appendage between the forked "legs" of the figure.

No surprise, then, that Ginseng is highly regarded as a stimulant and general tonic that promotes sexual potency, lust, vitality, and long life.

In modern magick, Ginseng root is carried to attract love, ensure sexual potency, enhance beauty, draw money, and promote general good health and vitality. It is also associated with protection, fulfillment of wishes, and spirituality. To attract love, fill a red or pink flannel bag with a lock of your own hair, a heart-shaped piece of sun-dried lemon peel, and a piece of dried Ginseng root. Consecrate and charge it, then wear it on a gold chain around your neck.

Burning Ginseng root or powder as an incense is believed to ward off evil, break hexes or curses, repel negative spirits, and provide visualization fulfillment

Drunk as a tea, Ginseng is believed to be a powerful lust-provoking aphrodisiac

Ginseng Tea: Boil 2 cups of water in a non-metallic container. Remove from heat. Steep a slice of Ginseng root (or powder - 3 teaspoons, or a Ginseng tea bag) and cover for at least 5 minutes. Flavor to taste with sugar, honey, cinnamon, or mint. Makes two cups.

Goldenrod: Money, divination AKA: Aaron's Rod, Woundwort, Sweet Goldenrod, Solidago, Ver d'or

Goldenrod:

Goldenrod is bound to Venus and Air. Any herb related to Venus is a good herb for love rituals. Carry flowers for a day and your future love is supposed to appear the next day. Give your lover some Goldenrod

tea to seal their love for you. Burn or crush leaves or flowers in rituals concerning love or the quest for love.

Goldenrod is also a prophecy and divination herb. Cut a stalk of Goldenrod and use as a dowsing rod to search for treasure or lost objects. The flower will nod in the direction of what you are seeking. Drink a tea to become more attuned with your inner self so that you can foretell your own future. Burn or crush in rituals concerning the future or carry daily in a sachet.

Plant Goldenrod near your front doorstep for money, peace, love, and prosperity in the future. Your luck will be even better if a plant happens to spring up on its own near your front door

Ground Ivy is bound to Saturn and water. It is used in magick mostly for divination purposes either by burning dried leaves, by using the oil to anoint a divinatory tool, such as a deck of Tarot cards or by drinking fresh or dried leaves in a tea.

Sachets, charms and teas made of fresh or dried ground ivy can be worn for help in rebuilding when you have given too much, as protection from theft, and for fidelity, honesty, and weddings or new love.

Goldenseal: Healing rituals, money spells success. Beneficial in business dealings and matters of finance. Work into any charm or spell to increase its power. AKA: Yellow Root, Orange Root, Yellow Puccoon, Ground Raspberry, Eye Balm, Eye Root, Indian Paint, Yellow Paint, Golden Root, Wild Turmeric, Indian Turmeric, Jaundice Root, Yellow Eye, and Wamera

Goldenseal:

Goldenseal is bound to Venus and Fire. It is an herb of attraction, and is used in spells, rituals, and candle magick (sprinkle at the base of a green or gold candle) to attract money, wealth, success, prosperity, and before embarking on business dealings and financial matters.

Goldenseal is also one of the healing herbs, and can be used alone or in combination with other healing herbs in spells and rituals for illnesses and health problems. Lastly, it can be used in just about any charm or spell to increase the power of that spell.

Goosegrass: Wisdom, tenacity, luck in love, and pleasant dreams.

Gorse: Associated with love, protection, romance, and weddings. Used to further the romance of a consensual relationship. Protects against negativity and dark magick. AKA: Whin, prickly Broom, Furze

Gotu Kola: Burn prior to (but not during) meditation.

Grape: Fertility, money, mental powers, and garden magick

Grape Seed: seed for garden magick and fertility.

Grapefruit: Cleansing and purification

Gravel Root: Used to increase the chances of getting a job. Aids one during times of distress. Useful as an altar offering, especially during love magick. Burn or strew about the house to relieve disharmony in the home or remove tensions. An infusion of the herb rubbed on an erect member is said to improve male potency. AKA: Meadow Sweet, Bride of the Meadow, Bridewort, Little Queen, Gravelweed, Joe-Pye Weed, Purple Boneset, Kidney Root, Trumpet Weed, Trumpet Vine, Meadowsweet

Guinea Peppers: Hexing and cursing

GUM ARABIC

Connected to the Sun and the element of air, Gum Arabic is most often used for purification and spirituality.

Traditional Uses:

- 1) For purification and positive energy, burn alone (on charcoal).
- 2) For a great universal incense, combine with Frankincense, Myrrh, Sandalwood and Rosemary. Burn on charcoal.

Gum Arabic: Protection, psychic and spiritual enhancement, money, platonic love, and friendship. Use to anoint candles & censers and to consecrate chests or boxes that hold ritual tools. Use in incense to promote a meditative state. AKA: Acacia

H

HAWTHORN

This Druid sacred tree, closely connected to the planet Mars and the element of fire, brings the influence of happiness, fertility, and protection.

Traditional Uses:

- 1) To promote happiness and alleviate depression, sew into a blue cloth and wear or hang in the home.
- 2) To protect your home (especially from lightning and storms) place in a white pouch inscribed with a protection rune and hang from a high point in your home.
- 3) For fertility, place in a cup along while visualizing your desired outcome. Leave for 3 days during waxing moon (between new and full moon). After 3 days, bury in earth or sew into green pouch and carry with you.

Hawthorn: Magickal uses include chastity, fertility, fairy magick, fishing magick, and rebirth. Also used for success in matters related to career, work, and employment. Place around the bedroom or carry to enforce or maintain chastity or celibacy. Sacred to the fairy. Used to decorate maypoles. Used in weddings and handfastings to increase fertility. Wear while fishing to ensure a good catch. Wear or carry to promote happiness and protect against lightning. Keep in a house to repel ghosts and evil spirits. An infusion of the herb used to wash floors will remove negative vibrations. AKA: Hawthorne, Haw, May Bush, May Tree, Mayblossom, Mayflower, Quickset, Thorn-apple Tree, Whitethorn, Bread and Cheese Tree, Quick, Gazels, Ladies' Meat

Hay: Pregnancy and fertility

Heal All: Uses includes all purpose healing and successful gambling.

Heather: Protection, luck, and immortality. Dip in water and sprinkle it around in a circle to bring rain. Carry in sachets or charms to protect against rape and other violent crimes. Hang or use in home decorations to promote peace. Burn with fern to bring rain. AKA: Ling, Scotch Heather

Heliotrope: Cheerfulness, gaiety, prosperity, and protection. Use in rituals of Drawing Down the Sun or in magickal workings requiring strengthening of the solar aspects of the self. Place under the pillow to induce prophetic dreams. It is said that if you sleep with fresh heliotrope under your pillow, you will dream of the person that has stolen from your home. High spiritual vibrations, drenched with the energies of the Sun. Aids in clairvoyance AKA: Turnsole, Cherry Pie

Hemlock: Use to paralyze a situation. Note: Highly poisonous, do not consume.

Henbane: Dried leaves are used in the consecration of ceremonial vessels. Used in love sachets and charms to gain the love of the person desired. Thrown into water to bring rain. AKA: Hogs Bean, Devil's Eye, Henbells, and Sukran

Henna: Attracts love if worn close to the heart. Wear to ward off the evil eye and provide protection from illnesses. Also a great hair coloring agent.

Hibiscus: Attracting love and lust, divination, and dreams. Carry in a sachet or burn as incense to attract love. AKA: Kharkady

Hickory: Legal matters, love, lust, and protection

HIGH JOHN THE CONQUEROR

Connected to the planet Mars and the element of fire; High John is used to promote abundance, love,

success and happiness.

Traditional Uses:

High John can be used simply by empowering it with your desire (abundance, love, success, and to alleviate depression) and wearing it or carrying it with you. You may also do the following:

- 1) To promote abundance: place a few drops of patchouly or mint oil onto the root and sew into a green pouch. If possible place an abundance symbol inside the pouch. Wear or carry with you.
- 2) To promote love: place a few drops of either rose, or rosemary oil onto the root and sew into a pink pouch. Wear or carry with you.

High John: An "all purpose" herb, the uses of High John include strength, confidence, conquering any situation, obtaining success, winning at gambling, luck, money, love, health, and protection. Useful in all ritual work pertaining to prosperity. Wash hands in an infusion of the herb before playing games of chance. AKA: High John the Conqueror, John the Conqueror, Jalap Root

Holly: Marriage, dream magick, luck, and love. Planted around the outside of the home for protection. Used as a decoration at Yule. When carried by men, is thought to heighten masculinity. AKA: Tinne, Bat's Wings, Hulm, Hulver Bush, Holm Chaste

Hollyhock: Increase success in the material world, increase flow of money, or acquire new possessions. Grown near the home to help the success of the family flourish.

Honey: For attraction and solar magick.

Honeysuckle: Draws money, success, and quick abundance; Aids persuasiveness and confidence sharpens intuition. Ring green candles with honeysuckle flowers or use honeysuckle in charms & sachets to attract money. Crush the flowers and rub into the forehead to enhance psychic powers: An oil of the mind, it promotes quick thinking and is often used as a memory aid by dabbing on the temples. Also used in prosperity rituals. AKA: Woodbine, Jin Yin Hua, Dutch Honeysuckle, and Goat's Leaf

Hops: Relaxing and sleep producing; a fantastic herb for dream pillows. Believed to increase the restfulness & serenity of sleep. Also used for healing rituals, sachets, and incense. AKA: Beer Flower, Hop Flower

Horehound: Sacred to Horus. Protective; helps with mental clarity during ritual; stimulates creativity/inspiration; balances personal energies. Excellent for use in home blessings. Place near doorways to keep trouble away. AKA: White Horehound, Hoarhound, Marrubium, and Bugleweed

Horehound:

In magic, Horehound is bound to the Earth and to Mercury. Its name is a derivative of Horus, the Egyptian God of sky and light. It can be burned, used in sachets, or drunk as a tea for its magical effects.

Horehound can be used in a sachet carried on the person, and is believed to protect against spells or sorcery.

As a tea, Horehound is felt by some to increase mental clarity and strength. Try some on Monday morning.

Burned as incense, Horehound is believed to honor Horus, the God of sky and light, and to increase protection from evil forces.

HORSE CHESTNUT

Also known as a buckeye, Horse Chestnut is connected to the planet Jupiter and the element of fire. Use this powerful nut to manifest success and prosperity and to alleviate pain.

Traditional Uses:

- 1) For prosperity, wrap a dollar bill around a horse chestnut, place in a green pouch and carry with you.
- 2) Carry to alleviate pain from arthritis, bursitis, and rheumatism.
- 3) Inscribe with a success symbol and carry for success in all things.

Horseshoe Chestnut: Magickal uses include money and healing. AKA: Buckeye

HORSERADISH - Freshly dug root is added to a cold-pressed oil of choice (such as safflower or olive) to make a massage oil for muscle aches and to break up chest congestion. Grate fresh ginger and horseradish together and make a tea to stop post nasal drip.

Hyacinth: Promotes peace of mind and peaceful sleep. Attracts love, luck, and good fortune. : An oil of the mind, it promotes quick thinking and is often used as a memory aid by dabbing on the temples. Also used in prosperity rituals. Guards against nightmares when used as oil, burned as incense, or included in dream pillows. Carry in amulet or sachet to ease grief or the pain of childbirth.

Hydrangea: Hex-breaking, love drawing, bringing back a lover, fidelity, and binding.

Hyssop is considered one of the most powerful purification herbs. Use it for purification and protection.

Traditional Uses:

- 1) Steep in boiling water. Sprinkle throughout house to purify. Sprinkle also on objects and people for purification purposes.
- 2) Add to bath (tied up in muslin bag) for purification and protection.
- 3) Sew into white pouch and wear to dispell negativity.
- 4) Sew into a white pouch and hang in the home to remove negativity.

Hyssop: The most widely used purification herb in magick. Lightens vibrations and promotes spiritual opening; used for cleansing and purification. Said to protect property against burglars and trespassers. Used to consecrate magickal tools or items made of tin. The best herb for physical cleansing and washing of temple, ritual tools, or oneself (bath magick). An excellent oil to wear during all types of magical rituals. Add to baths & sachets, infuse and sprinkle on objects/people for cleansing or hang in the home to purge it of evil & negativity. AKA: Yssop, Ysopo

Hyssop:

Hyssop is bound to Jupiter and fire. It has a camphor-like odor, and has long been known as a cleansing herb. Records of its use date back to the 7th century, where it was used as a strewing herb to freshen sickrooms and kitchens, and as a cleansing herb for sacred places. Use it in protection rituals for mind and body (drink as a Tea), or sprinkle the Oil around the house to protect it. Use in purification and healing baths (place a handful in a mesh bag and attach it to the tap so the water will run through it).

Hyssop has also been associated with the energy of dragons. Burn it as incense, or throw it in a fire to gain the power of the dragon.

I and J

Indigo Weed: Protection AKA: Baptisia

Iris: Attracts wisdom, courage, and faith. Use fresh iris flower to purify an area. Represents a belief in happy reincarnation. Symbolizes faith, wisdom, and valor. Useful for consecrating ritual wands. Used in rituals designed for baby blessings.

Irish Moss: An excellent luck herb. Carry or place under rugs to increase luck and ensure steady flow of money; carry on trips for protection & safety; use to stuff luck or money poppets. Add to luck oil to increase its strength. An excellent gambler's herb. Sprinkle an infusion of the herb around a business to bring in customers.

Iron Weed: Carry in a purple flannel bag for control over others, including boss and co-workers (not recommended - remember the law of threes).

Ivy: Protection, healing, fertility, and love. Hang an ivy plant in front of the home to repel negative influence and discourage unwanted guests. Mix in a sachet with Holly as a wedding gift to provide protection to the newly married couple. Place ground ivy around the base of a yellow candle on a Tuesday, then burn the candle to discover who (if anyone) is working negative magick against you.

Jamaican Ginger: Gambling luck

Jasmine: Uses include snakebite and divination; good for charging quartz crystals. Use in sachets and spells to draw spiritual love and attract a soul mate. Carry or burn the flowers to draw wealth and money. Use in dream pillows to induce sleep or burn in the bedroom to bring prophetic dreams. Helps to promote new, innovative ideas. Symbol of the Moon, and of the mysteries of the night. Jasmine oil is used to attract love. The scent helps one relax, sleep, and also facilitates childbirth. It is sometimes used for meditation and general anointing purposes. This is purely spiritual oil AKA: Pikake, Ysmyn, Jessamin, and Moonlight on the Grove

Jezebel Root: Used for spells and castings for money and achievement. Also used to place curses and hexes.

Job's Tears: Luck in finding employment, wishes, and blessing. Used in counts of 3 or 7 in charm and mojo bags to attract luck, wishes and money. Carrying three will assist in finding a good job. Count out seven seeds while concentrating on a wish, then carry the seeds with you at all times for seven days -- the wish should come true by the end of the week.

Juniper: Banishes all things injurious to good health; attracts good, healthy energies and love. Juniper berries can be carried by males to increase potency. Use a string of juniper berries to attract love. Burn for magickal protection. Place a sprig of juniper near the door to a home or with valuables to help safeguard against theft (but keeping locking the doors, too!). Use juniper oil in magickal workings to increase money and prosperity. AKA: Juniper Berries, Ginepro, Enebro, and Wachholder

K and L

Kava Kava: Uses include aphrodisiac; potent sacramental drink; potions; induces visions; astral work; travel protection. Carry for success and job promotion. AKA: Ava, Ava Pepper, Intoxicating Pepper

Knotweed: Binding spells, health, and cursing

Kola Nut: Peace, removing depression, and calming

Lady Slipper: Used for protection against hexes, curses and the evil eye.

Lady's Mantle: Aphrodisiac, transmutation. Use in love potions or to increase the power of any magickal workings. AKA: Nine Hooks, Dewcup, Lion's Foot, Bear's Foot, and Stellaria

Larch: Protection and anti-theft

Larkspur: Health and protection

Laurel: Love and protection. Worn by brides to guarantee a long and happy marriage.

Lavender: Magickal uses include love, protection, healing, sleep, purification, and peace. Promotes healing from depression. Great in sleep pillows and bath spells. Believed to preserve chastity when mixed with rosemary. Burn the flowers to induce sleep and rest, then scatter the ashes around the home to bring peace and harmony. Use in love spells and sachets, especially those to attract men. Used in healing and purifying rituals, and also to arouse sexual desire in men. Prostitutes wore it extensively to advertise their trade and to attract customers. AKA: Spike, Nardus, Elf Leaf, and Nard

Leek: Love, protection, exorcism, and strengthening existing love

Lemon: Cleansing, spiritual opening, purification, and removal of blockages. Add lemon peel to love sachets and mixtures. Soak peel in water and use the mixture as a wash for magickal objects to remove unwanted negativity, especially for objects received second-hand. Use an infusion of lemon to induce lust. AKA: Citronnier, Neemoo, Leemoo, Limone, Limoun

Lemon Balm: Love, success, healing, and psychic/spiritual development. Use in love charms & spells to attract a partner. Use in healing spells & rituals for those suffering from mental or nervous disorders. AKA: Melissa, Sweet Balm, Balm Mint, Bee Balm, Blue Balm, Cure-all, Dropsy Plant, Garden Balm, and Sweet Balm

Lemon Balm:

Lemon Balm is bound to the moon and water. It is used in spells associated with healing, health, friendship, love, and success. Historically, it is a symbolic plant used to transmit messages between lovers.

Carry Lemon Balm in a charm or sachet to find love, or burn it as an incense when doing spells related to success. Drink as a Tea to ease emotional pain after the break-up of a relationship or other personal hurt. Soak leaves in wine for several hours, strain, then share the wine with the object of your affection to influence love.

Lemon Grass: Psychic cleansing and opening, lust potions. An aid to the psychic powers. Wear on the forehead. Spiritualists and mediums use it, for it helps make contact with spirits. ½ cup dried leaves to 2 pints of water, simmer for 10 minutes, and sip to bring down fevers.

Lemongrass:

Lemongrass is bound to Mercury and air. It is said to repel dragons and serpents, and is burned, bathed in, or carried on the person for lust, fidelity, honesty, spiritual growth, strength, psychic powers, and purification.

Plant Lemongrass around the home to repel and protect against serpent energy. Drink a Tea to aid in psychic abilities and divination. Carry it in a sachet or charm to attract the object of your desire and to bring honesty to your relationships. Burn as an incense for strength and purification. Put a handful of leaves in a mesh bag and place under the tap water for a purification bath, and to attract and keep a lover.

Lemon Verbena: Worn to increase attractiveness or to bed to prevent dreams. Added to other herbal mixtures and charms to increase their effectiveness. Used in purification baths. Carried in an amulet to attract the opposite sex.

Lettuce: Divination, lunar magick, sleep, protection, love spells, and male sex magick.

Licorice Love, lust, and fidelity. Carry to attract a lover, a Tranquilizer. Balances nervous system, stimulates liver functions. Long term usage (over 3 months) could cause liver damage
. AKA: Licorice Root, Yashtimadhu, Mithilakdi, Mulathi, Liquorice, Sweet Root, Lacris, Lacrisse, Lycorys, and Reglisse

Lilac: Induces Far Memory, the act of recalling past lives. It is also useful in inducing clairvoyant powers in general. Brings peace, harmony.

Wisdom, memory, good luck and spiritual aid. AKA: Common Lilac

Lily: Fertility, renewal, rebirth, marriage, happiness, and prosperity. AKA: Easter Lily, Tiger Lily

Lily of the Valley: Soothing, calming, draws peace and tranquility, and repels negativity. Assists in empowering happiness and mental powers. Use in magickal workings to stop harassment. Married couples should plant Lily of the Valley in their first garden to promote longevity of the marriage. Note: Poisonous, use with caution. AKA: Jacob's Ladder, Male Lily, Our Lady's Tears, Ladder-to-Heaven, May Lily, Constancy

Lime: Purification and protection, promoting calmness and tranquility, and strengthening love.

Linden Flowers: Used in love spells/mixtures and protection spells & incenses. Mix equal parts Linden and Lavender flowers and place in a sachet under your pillowcase to relieve insomnia. Keep Linden on a table to release the energies needed to keep the spirit alive and healthy. AKA: Lime Blossoms, Linden Flowers, Tilia

Little John: Place in holy water to bring good luck in everything you attempt.

Lo John: Money, success, and luck

Lobelia: Used for attracting love and preventing storms. AKA: Pukeweed, Indian Tobacco, Bladderpod, Wild Tobacco, Emetic Herb, Emetic Weed, Asthma Weed, Rag Root, Vomit Wort

Lotus: Love, protection, psychic opening, and spiritual growth, Sacred to Egyptian gods, Indian gods, Hermes, Oshun, and Osiris, lotus oil has a high spiritual vibration and is suitable for blessing, anointing, meditation, and as a dedicatory oil to your god(s). It is also used in healing rituals. One who wears lotus oil

is sure of good fortune and much happiness.

Lotus Root: Carry to keep thoughts pleasant and clear. Mark one side 'Yes' and the other 'No', then toss the root into the air as you make a wish to find out if the wish will come true.

Lovage: Prophetic dreams, energy, and purification. Use in bath spells for psychic cleansing. Use in sachets, amulets, or bath magick to enhance attractiveness and make yourself more love-inspiring. Add an infusion of lovage to the bath immediately prior to attending court to bring victory. Lucky Hand Root
Magickal uses include bringing good luck, protecting owner from all harm, travel safety, and gaining employment. Great for use in mojo & charm bags. Carry for general success and to obtain & maintain employment Steep root for 15 min in a cup of boiled water, drink after every meal to prevent flatulence.
AKA: Orchid Root

Lovage:

Lovage is bound to Sun and water. It is mainly a beauty and love herb, but is also associated with psychic sleep, energy, and purification.

Make a Tea of Lovage leaves or root and drink just before bedtime for psychic dreams, or drink a tea to make the mind alert before business meetings or school. Carry it in a sachet or charm on the person to attract love. Place the root in a mesh bag and hold under the tap water when running a bath for cleansing, and for beauty and attractiveness to the opposite sex. Add rose petals to the bath to enhance this property.

Lungwort: Air magick, offering to the Gods of air, blessing while traveling by air

M

Mace: Promotes concentration, focus, and self discipline; great for study and meditation. Used in reuniting rituals. AKA: Macis, Muscadier

MAGNOLIA: excellent oil for meditation and psychic development. It also brings peace and harmony

Magnolia Bark: Magickal uses include fidelity, love and hair growth. AKA: Cucumber Tree, Blue Magnolia, Swamp Sassafras, and Magnolia Tripetata

Maidenhair Fern: Brings beauty and love into your life.

Mandrake: Magickal uses include protection, prosperity, fertility, and exorcising evil. Carry to attract love. Wear to preserve health. AKA: Mandragora, Satan's Apple, Manroot, Circeium, Gallows, and Herb of Circe, Mandragor, Raccoon Berry, Ladykins, Womandrake, Sorcerer's Root, and Wild Lemon

Maple: Love, money, wealth, longevity, and good luck

Maple Syrup: Longevity, money, and love

Marigold: Attracts respect and admiration, provides good luck in court and other legal matters. Great for bath spells -- add an infusion of marigold to the bath for 5 days to find "Mr. Right". Add to sachets, amulets, and incense to attract new love or add life to your current relationship. Place above the bed or in dream pillows for prophetic dreams. Scatter under the bed for protection while sleeping. AKA: Bride of the Sun, Ruddes, and Marygold

MARJORAM AND OREGANO - Over 2 dozen related species. Use as a tea to help reduce fevers and break up bronchitis. Drink tea to relieve cramps and irregular menstruation. Eases suffering of childhood diseases like mumps and measles

Marjoram: Cleansing, purification, and dispelling negativity. Place under pillow to bring revealing dreams. Place in the corners of the home for protection. Use in love spells or place in food to strengthen love. Carry for protection or place in money mixtures and sachets to draw wealth. Put a pinch in the corner of each room in the house each month to attract a husband. Use an infusion in the bath for 7 days to aid in resolving sadness or grief. AKA: Joy of the Mountain, Mountain Mint

Marjoram:

Marjoram is bound to Mercury and air. It is one of the love herbs, and through history has been used in wedding ceremonies. Legend has it that if you anoint yourself with Marjoram before bed, you will dream of your future spouse.

Put Marjoram around every room of your house for protection from negativity and evil intent. Mix it with violets when doing this to protect the family from colds and flu.

Make a Tea and drink for love, happiness, healing, health, money, peace, protection, sleep, joy, wishes, and psychic enhancement. Use it in a bath by placing a mesh bag under the tap water for love and peace. Burn it over a burner for help in accepting life changes and for anti-sorcery spells. Carry it in a sachet to protect against evil, and add to food to share with your object of affection to strengthen love.

Marshmallow Root: Protection and psychic powers. Burn as an incense for protection and psychic stimulation. Place on the altar during ritual to draw in good spirits. AKA: Althea, Sweet Weed, Mallards, Guimauve, Mortification Plant, Schloss Tea, and Wymote

May Flowers: Attract adventure and chaos to your life

Meadowsweet: Used to increase the chances of getting a job. Aids one during times of distress. Useful as an altar offering, especially during love magick. Burn or strew about the house to relieve disharmony in the home or remove tensions. Carry to gain popularity and friendship. AKA: Gravel Root, Bride of the Meadow, Bridewort, Little Queen, Gravelweed, Joe-Pye Weed, Purple Boneset, Kidney Root, Trumpet Weed, Trumpet Vine, Meadowsweet

MELILOT: Fights depression, or what the old Witches used to call melancholy.

Mesquite: Healing. Use in healing incenses and mixtures. Use to fuel ritual fires or burn as an incense for cleansing & purification. Use an infusion of mesquite in the bath for purification.

Milk Thistle: Magickal uses include strength, perseverance, wisdom, aid in decision making. It is also thought to enrage snakes, causing them to fight against one another.

Mimosa: Protection, purification, love, dream magick. Use in sleep pillows to draw prophetic dreams. Use in bath magick to break hexes and prevent future problems. Scatter around an area for purification. Used in healing rituals. Anoint the forehead before retiring.

Mint: Promotes energy, communication and vitality. Draws customers to a business. Use dried leaves to stuff a green poppet for healing. Place in wallet or purse or rub on money to bring wealth and prosperity. Use on the altar to draw good spirits to assist in your magick. Place in the home for protection. (Peppermint and spearmint)- Peppermint tea for migraines, nervousness, stomach disorders, heartburn, and abdominal cramps. Herpes sufferers can take 2 cups of tea a day to ease the symptoms when the virus is active. Mints are used to buffer the action of other herbs that have uncomfortable effects on the stomach and intestines. Can be used in any combination for flavor. Used in prosperity spells, and to increase one's business AKA: Garden Mint

MINT:

Mint is bound to Venus and air. It is a premier healing herb magically, and can be used in healing incenses, healing charms, and healing baths. Don't burn mint independently, but rather throw the leaves into an existing fire for the effects. For a bath, place leaves in a mesh bag and hang under the tap water. Make a mint Tea to sprinkle around the house for peace after an argument, and drink it for it's healing and calming properties before meditation or rituals. Use the essential Oil in spells to tap into positive life changes. Place mint leaves in a pillowcase or under the pillow for prophetic dreams. Carry a few mint leaves in your wallet to attract money and prosperity.

Mistletoe: Used for fertility, creativity, prevention of illness/misfortune, and protection from negative spells & magick. Hang in the home for protection from lightning & fire. Wear in an amulet to repel negativity & ill will and protect against unwanted advances. Carry for luck in hunting. Use to draw in customers, money and business. Use in ritual baths or prayer bowls for healing. Note: Poisonous, use with caution. AKA: Birdlime, Devil's Fuge, Golden Bough, Holy Wood, Misseltoe, Druid's Bough, Witch's Broom, Thunderbesom, and Wood of the Cross

Monkshood: Magickal uses include invisibility and protection from evil. Use only the flowers in magick, as the roots give off fumes when drying. Excellent for redirecting predators who come after you. Note: Poisonous, use with caution and do not consume. AKA: Aconite, Garden Wolf's Bane, Helmet Flower, Friar's Cap, Soldier's Cap, Wolfbane

Morning Glory: Used for binding, banishing, and promoting attraction to someone or something. Wrap the vine around a poppet nine times to banish someone. Remember the law of three -- use of negative magick

is not recommended. Note: Poisonous, use with caution. AKA: Devil's Guts

Motherwort: Magickal uses include bolstering ego, building confidence, success and counter magick. Keep in a jar by family pictures to keep the family safe. AKA: Lion's Tail, Lion's Ear, Throwwort, and Roman Motherwort

Mugwort: Carried to increase lust & fertility, prevent backache and cure disease & madness. Place around divination and scrying tools to increase their power or near the bed to enable astral travel. Use in sleep pillow or place in a sachet under your pillowcase to bring about prophetic dreams. Use an infusion of mugwort to clean crystal balls and magick mirrors. AKA: Artemisia, Felon Herb, St. John's Plant, Naughty Man, Oild Man, and Sailor's Tobacco

Mullein: Protection from nightmares & sorcery, courage, cursing, and invoking spirits. Place beneath pillow or use in dream pillow to guard against nightmares. Carry to instill courage and help attract love from the opposite sex. Use in place of graveyard dust in spells. Wear to keep wild animals at bay in unfamiliar areas. Burn to banish bad influences and bring an immediate halt to bad habits. AKA: Flannel Flower, Shepherd's Club, Hare's Beard, Pig Taper, Cow's Lungwort, Aarons Rod, Velvet Plant, Verbascum Flowers, Woolen Blanket Herb, Bullock's Lungwort, Hag's Tapers

Musk: Encourages self-esteem and desirability. Can assist in transmuting sexual love into spiritual connection. Stimulates the root chakra. The universally accepted "sex scent". It is also worn to purify and to gain courage. It is a magnetic oil, worn with equal success by both sexes.

MUSTARD - 1 ½ cups of dry yellow mustard in a bathtub of water for sprained backs. Make a paste with water and apply to knee and elbow sprains till blisters appear! Mustard and ginger plaster for deep rattling coughs – 1 tsp each mustard and ginger powder mixed with 2 ½ tbsp of olive oil. Rub over chest and back and put on an old T-shirt (or cover with cloth diaper).

Mustard Seed: Courage, faith, and endurance. Frequently used in voodoo charms. Carry a few grains in a small bag to guard against injury. Sprinkle red mustard seed around the house to ward off burglars. Use yellow mustard seed in an amulet to bring faith followed by success -- this is one of the oldest known good luck amulets. AKA: Yellow Mustard, White Mustard

Myrrh: Spiritual opening, meditation, and healing. This herb has high psychic vibrations that will enhance any magickal working making it excellent for the more religious rituals of magic. Burn as a potent incense to bring peace and for consecration, and blessing of talismans, charms, and magickal tools. Increases the power of any incense of which it is a part. Usually burned with Frankincense. : A purification, protection and hex-breaking oil.

Anoint the house every morning and evening as part of any protection ritual. AKA: Molmol, Mirra, Didthin, Bowl

Myrtle: Love, fertility, youth, peace, and money. Carry myrtle leaves to attract love, burn as an incense to bring beauty. Wear myrtle while preparing love spells/mixes to increase their intent. Wear or carry to attract true friendship. Use in sachets to ensure a peaceful and loving atmosphere. AKA: Bayberry Tree

N and O

Narcissus: "Stupefier". This oil brings peace and harmony, soothes the nerves and relaxes the conscious mind. A "narcotic" type oil. Calms vibrations and promotes harmony, tranquility, and peace of mind. AKA: Asphodel, Daffy Down Lily, Fleur de Coucou, Goose Leek, Lent Lily, Porillon

Neroli: Joy, happiness, confidence, and overcoming emotional blockages. Soothes, relaxes, and uplifts the spirit. Instills confidence and courage when carried or worn. Magnetic women's oil. Rubbed between the breasts to attract men, or onto the temples to give peace.

Nettle: Magickal uses include dispelling darkness & fear, strengthening the will, and aiding in the ability to handle emergencies. Sprinkle in the home to drive off evil & negativity. Carry in a sachet or use with a poppet to turn back a spell on the one who cast it. Sprinkle on self to remove petty jealousies, gossip, envy, and uncomfortable situations. AKA: Nettle Leaves, Common Nettle, Stinging Nettle, Beggar's Lice

Nutmeg: Magickal uses include attracting money/prosperity, bringing luck, protection, and breaking hexes. Include in money magick and sachets. Carry as a good luck charm and/or to increase the intellect. Sprinkle nutmeg powder on green candles for prosperity. This oil is rubbed onto the temples and the third eye to help in meditation and to induce sleep. It is protective as well. AKA: Myristica

Oak: The most sacred of all trees, its wood is often used in the making of magickal tools. Burn the leaves for purification. Use in fertility amulets. Hang a sprig in the home to ward of negativity and strengthen family unity. Carry for wisdom and strength, for luck, to preserve youthfulness, and/or to increase attractiveness. AKA: Duir, Jove's Nuts

Oak Moss: Magickal uses include luck, money, protection and strength.

Oatmeal: To invoke or worship Brighid.

Oatstraw: Keep a small amount in wallet or purse to draw in money and prosperity.

Olive: Fidelity, marriage, peace, money. Assures fidelity in love and is used to attract a marriage partner. Inspires fruitfulness and security in love, family, and business.

Olive Leaf: Magickal uses include peace, potency, fertility, healing, protection and lust.

Onion: Prosperity, stability, endurance, and protection. Burn onion flowers to banish bad habits and negative influences. Cut onions in half and place in the corners of a room to absorb illness, then bury or burn the onion halves in the morning. Sacred to the moon. Egyptians swore their oaths on onions; Grant refused to move his army until he got 3 railroad cars full of onions; interviews with hundreds of people who lived to 100 plus all indicated a heavy intake of onions in the diet. Onion is an excellent dressing for burns. Crush sliced onions with a little bit of salt and apply to burns. Apply sliced onion to bee and wasp stings. For asthma: puree an onion, cover it with brandy and let sit overnight, strain it, filter it through a coffee filter, and refrigerate. Take 2 tbsp 20 minutes before expected onset or before going to bed.

Orange: Attracts abundance and happiness through love and marriage. Concentrate on a yes/no question while eating an orange, then count the seeds -- an even number of seeds means the answer is no, an odd number of seeds means yes. Use the leaves and flowers in love rituals to bring on a marriage proposal. Add an infusion of orange to the bath to increase attractiveness and beauty.

Orange Bergamot: Money drawing. Put leaves in wallet or purse to attract money. Rub fresh leaves on money before it is spent to ensure its return. AKA: Bergamot, Orange Mint

Orange Blossoms: Attracts prosperity and stability; brings harmony, peace, emotional openness, and love. Use in herbal baths for attractiveness. To make a person in the mood for marriage, wear this oil. many women add it to their daily baths to build up their attractiveness. Enough said! AKA: Mantrap

Orange Peel: Magickal uses include love, divination, luck, money and house & business blessing. Add to love sachets to help someone make up their mind. Use in sachets & amulets to bring luck to business negotiations.

Orchid: Concentration, strengthening memory, focus, and will power.

Oregano: Joy, strength, vitality, and added energy

Oregano:

Oregano is bound to Venus and air. It is an herb of happiness, tranquility, good luck, health, and protection. Make a Tea or burn as an incense for any of the above, and for letting go of someone you love - be it a husband, wife, girlfriend, boyfriend, or anyone else that it hurts to leave.

Plant Oregano around your house for protection, and scatter it inside the house to protect it (add violets to protect the family from colds). Carry it in a sachet or charm to bring good luck and good health. It is also said to protect and promote psychic dreams when worn on the head during sleep

ORRIS ROOT: Attracts the opposite sex. Douse your clothes with the oil.

Orris Root (Cut): Promotes popularity, persuasiveness, and personal success. Aids communication and helps to open dialogs. Used to draw (or hold) love and romance. Add to the bath for personal protection. AKA: Florentine Iris, Queen Elizabeth Root

Orris Root (Powder): Used to bring love, romance, companionship and a loving mate. Called 'Love Drawing Powder' in voodoo/hoodoo. Add to sachets and sprinkle on sheets and around the house to draw or hold love. Place a pinch in the corners of the room to open a new love. Use in bath magick to attract the opposite sex. AKA: Love Drawing Powder, Florentine Iris, and Queen Elizabeth Root

Osha Root: Protection against evil spirits

Oxalis:

Oxalis is bound to Venus and Earth. Venus is the planet of love, and earth signifies home and hearth.

As an herb that stays close to the soil, spreading and running deep roots in its territory, Oxalis is a moderately powerful magical herb that can be used in rituals and spells for home, hearth, family, and wellness.

Put a glass of water by the bedside with leaves and flowers for speedier recovery for yourself or ill family members. The leaves and flowers close at night, promoting restful sleep. Place a few flowers at the foot of baby's bed for comfort and relief from colic or discomfort, and restful sleep. Add tasty lemony leaves to meals for family members to promote togetherness and love. Dry leaves and ground to powder for sprinkling around the house for affection and family togetherness. Add to similar herbs for more powerful effect in any spell or ritual.

P

Palm: Fertility, focus, potency, and divination

Palo Santo: If you feel you have been cursed, rub this herb on your body and then bathe.

Pansy: Rain magick

Papaya: Hang twigs of papaya wood over a door to keep out evil. Eat papaya with a loved one to intensify your love. Mix papaya leaves with mandrake and burn or use in the bath to reverse hexes and jinxes.

Paprika: Use to add energy to any spell or mixture. Throw in someone's yard to cause them problems. AKA: African Pepper, Bird Pepper, Chili Pepper, Goat's Pod, Grains of Paradise, Red Pepper, Sweet Pepper, Tabasco Pepper, Zanzibar Pepper, Capsicum

Papyrus: Protection

Parsley: Calms and protects the home; Draws prosperity, financial increase, and luck. Restores a sense of well-being. Use in spells to increase strength & vitality after surgery or illness. Use in amulets or other magickal workings to help yourself out of a rut. Eat to provoke lust and promote fertility. Place on plates of food to guard against contamination. Useful for bath magick to purify and end misfortune. Mix with jasmine and carry in your shoe to make you more attractive to the opposite sex. The purifier. Chew for halitosis. A few sprigs provide 2/3 the vitamin C of an orange, lots of vitamin A, and the important amino acid histamine, which is a tumor inhibitor. Parsley tea is good for kidney problems, painful urination, and kidney stones. One cup of parsley to 1 quart of water makes a strong tea. Two cups of parsley to 1 quart of water steep an hour and drink warm, as an aphrodisiac. In Spain they have found that feeding parsley to sheep will bring them into heat at any time of year!

Parsley: *Carum petroselinum*

Parsley is bound to Mercury and air. In ancient times, it was associated with death and funeral ceremonies. Today, magically speaking, Parsley is associated with lust, good luck, communicating with other planes, protection, purification, fertility, reincarnation, health, strength, vitality, divination, passion, meditation, rituals for the dead, and happiness.

Parsley is used in purification baths by placing a mesh bag under the tap water and running the bath water over it. Use a small amount of dried herb as an incense with incantations related to physical well-being and happiness, and in rituals for the dead, including communication.

Make a Tea of parsley and call the powers of earth, or wear it in a charm or sachet to increase strength, health, protection, and vitality, and to evoke lust and passion. Parsley on the plate is supposed to protect the food from contamination, and eating it is said to increase fertility and lust. A wreath of parsley worn on the head is supposed to delay inebriation.

Parsnip: Male sex magick

Passion Flower: Magickal uses include attracting friendship and prosperity and heightening libido. Carried to bring great popularity & attract new friends. Placed in house to calm trouble & arguments and bring peace. Used as a wash to diminish disagreements & stress. Placed beneath pillow to promote sleep. Bathe in an infusion of passion flower for 5 days to attract the opposite sex. AKA: Passion Vine, Granadilla, Maracoc, Maypops, Purple Passion Flower, and Grandilla

Patchouli: Used in spells, sachets, baths and mixtures for money & love. Put in the wallet or purse to draw money. Place in a charm or use in incense for fertility. Helps to ground you and bring your consciousness back to the physical level. Burn to bring business growth. A very powerful occult oil, one of the magnetic oils to be worn by men. It attracts women. Also wards off negativity and evil, gives peace of mind, and is very sensual. AKA: Patchouly, Pucha Pot

Pau d'Arco: Magickal use is for the ritual healing of severe diseases. AKA: Lapacho, Taheebo, Pau Darco

Peach: Fertility, love, and wisdom. Eating peaches induces love. Wear a peach pit to keep away evil. Carry peach wood for longevity. Use peach pits or dried fruit in amulets and sachets for fertility and love.

Pear: Lust and love Eating pears induces love. Use dried fruit in amulets and sachets for love and lust.

Pearl Moss: Sprinkle across the doorway of a home to allow only good spirits to enter.

Peas: Money and love

Peat Moss: Protection

Pecan: Associated with employment, success, job security, and career matters. To insure that you do not lose your job, shell a small amount of pecans. While eating them, slowly visualize yourself working and enjoying your job. Take the shells to work and place them where they won't be found or removed.

Pennyroyal: Magickal uses include peace and tranquility. Carried to avoid seasickness or for physical strength & endurance. Worn to bring success to business. Use to rid the home of negative thoughts against you. Carry when dealing with negative vibrations of any kind. Place on a candle before or during uncomfortable meetings. AKA: Tickweed, Squaw Mint, Stinking Balm, Thickweed, Mosquito Plant, Squaw Balm, Lurk in the Ditch, Run by the Ground

Peony: Protection from hexes and jinxes. Good luck, good fortune, prosperity, and business success. Hang in the home or car for protection. Used to attract faeries. Use in rituals to cure or reduce lunacy. A lucky scent for all who need customers, success in business, or good fortune. Warning: While the flowers & petals have the positive qualities listed, the seed is called 'Jumby Bean' and is known for promoting dissension and strife.

PEONY ROOT

Connected to the planet Saturn and the element of water, Comfrey is most often used to insure safe travel and to attract prosperity.

Traditional Uses:

- 1) Place in a white bag inscribed with a protection rune and wear or carry to insure safe travel. If possible, add a small piece of rowan to the bag.
- 2) Place in luggage to safeguard it during travel.
- 3) Place in a green bag inscribed with an abundance rune and carry to attract prosperity

Pepper, Black: Courage, banishing negative vibrations. Burn to rid home or office of bad vibrations. Carry to ward off petty jealousy against you or aid in providing courage to face difficult situations. Pain relief from toothache, brings down a fever. AKA: Piper

Peppermint: Use to increase the vibrations of a space or in spells and incense for healing & purification. Place in sleep pillow to ensure peaceful sleep and bring about prophetic dreams. Use to anoint furnishings and household objects. Burn in a new home to clear out sickness and negative energy. Use in magickal workings to provide the push needed to bring change to one's life. Carry with other herbs to boost love &

abundance wishes. Also used to relax and allow one to unwind AKA: Brandy Mint, Lammint

Periwinkle: Love within marriage, mental powers, and money. Carry to obtain grace, attract money, and protect against snakes and poison. Use in magickal workings to restore lost memory. Burn with love incense before having sex with your husband or wife. Note: Can be poisonous, use with caution. AKA: Sorcerer's Violet

Periwinkle:

Periwinkle is an important Wiccan herb. It is bound to Venus and water, and is believed to be quite powerful, enhancing the effects of any ritual, spell, or amulet. It is a protective herb, keeping evil at bay and eliminating negative energy.

Periwinkle is used often in love spells, and works by making one feel more attractive, thereby opening the door for a lover to enter. If changes are needed in life or if you wish for money or prosperity, put some dried herb into an amulet and carry it with you.

For parents who have lost children, planting Periwinkle on the child's grave will provide comfort and happy memories, along with an inward understanding that the child is embarking on a new and exciting journey. Give a Periwinkle plant or cutting as a gift as a symbol of friendship for someone you care about.

Persimmon: Changing sex, healing, and luck

Pettitgrain: Protection

Pikaki: Draws comfort, prosperity success, and well-being

Pimento: Love

Pimpernel: Protection and health

Pine: Promotes clean breaks, new beginnings, prosperity, success, strength, grounding, and growth; Also used for cleansing, purification, and repelling negativity. Great for house and business blessing.

Pineapple: Luck, money, and chastity. Add an infusion of pineapple to the bath to attract luck.

Pink Root: Healing AKA: Indian Pink, Maryland Pink, Wormgrass, Wormroot, Starbloom

Pink Rose Buds: Divine, emotional, and thinking love; start with these to build a long lasting relationship.

Pistachio: Breaking love spells

Plantain: Protection from evil spirits and snake bites, removing weariness, healing headaches; house & business blessing. Place a pinch of dried leaves in the flame of a candle or throw into an East wind for healing. Hang plantain leaves in the car for protection from evil and jealousy.

Plantain:

Though Plantain was considered by the ancient Saxons to be one of the nine sacred herbs, this appears to be more due to the medicinal qualities of the plant than its magickal energies. In Magickal lore, it is bound to Mars and Fire.

Today, Plantain is brewed as a tea for divination and vivid dreams, and it is considered a protection herb when placed in a charm around the neck of a child. For healing and purification, place fresh or dried Plantain leaves or roots in a mesh bag hung under the faucet for bathwater. Pinches of dried herb can be tossed into a fireplace or over the flame of a candle, or thrown into an easterly wind for healing wishes.

Burning Plantain leaves or roots enhances the magickal powers of other herbs.

Pleurisy Root: Healing AKA: Butterfly Weed, Wind Root, Canada Root, Silkweed, Orange Swallow Wort, Tuber Root, White Root, Flux Root, Asclepias

Plum: Healing, peace, and love

Plumeria: Promotes persuasiveness, eloquence, and success in dealing with people; Attracts the notice of others. AKA: Graveyard Flowers, Melita, and Temple Tree

Poke Root: Magickal uses include finding lost objects and breaking hexes and curses. Carry to increase courage. Add an infusion of poke root to bath water to break hexes. AKA: Phytolacca, Shang Lu

Pomegranate: Divination, wishes, wealth and fertility

Poppy: Fertility, prosperity, love and abundance. AKA: Opium Poppy, Mawseed

<p>Poppy: Poppies are bound to the Moon and Water. Their seeds are burned and used in spells for divinatory purposes including divinatory dreams, invisibility, and for sleep and consolation after a loss. Placed in sachets, amulets, or charms, Poppy seeds or flowers enhance fertility, luck, imagination, good fortune, peace, and prosperity. Placed in food, Poppy seeds promote love. In the mainstream world, Poppies are a powerful symbol of remembrance.</p>

Poppy Seeds: Pleasure, heightened awareness, love, luck, invisibility. A popular ingredient in food magick. Sleep on a pillow stuffed with poppy seeds to bring relief from insomnia. AKA: Opium Poppy, Mawseed

Potato: Image magick, money, luck, and healing

Prickly Ash Bark Magickal uses include safe travel, fertility, removing spells and breaking hexes. AKA: Toothache Tree, Yellow Wood, and Suterberry

Primrose: Promotes the disclosure of secrets, resolution of mysteries, and revelation of truth; Breaks down dishonesty and secrecy. Put an infusion in a child's bath water or the dried herb in their pillows to get them to behave. AKA: English Cowslip, Butter Rose, and Password

Pumpkin: Lunar magick

Pumpkin Seed: Health

Q and R

Quassia: Love. Mix with a snippet of hair from you and your lover (with his/her permission, of course!) with quassia chips, burn, and keep the ashes in a small bottle to preserve the love.

Quince Love, happiness, luck, and protection from evil. Carry quince seeds in a red flannel bag to protect against physical attacks and harm. Use quince seeds in charms and spells pertaining to love, protection, and happiness.

Radish: Protection and lust

Ragwort: Courage. Used in charms to ward off evil spirits. Associated with faeries. AKA: Fairie's Horse, Faerie's Horse, Fairy Horse, Faery Horse

Raspberry Leaf: Used for healing, protection, love. Raspberry leaves are carried (NOT EATEN) by pregnant women to reduce the pain involved in pregnancy & childbirth. Bathe in an infusion of raspberry to keep your current love relationship alive.

Red Clover Blossom: Magickal uses include fidelity, love, money, protection, and the blessing of domestic animals. Carry to aid in financial arrangements. Sprinkle around the home to remove negative spirits. AKA: Cleaver Grass, Marl Grass, Cow Grass, Trefoil, Purple Clover, and Wild Clover

Red Willow Bark: Magickal uses include meditation and clearing. A fabulous incense wood with a sweet and dry aroma.

Rhubarb: Fidelity and protection

Rice: Rain, fertility, money, and protection. Use in money spells and fertility charms.

ROSE: The love oil. Used in all love operations, added to baths, and to induce peace and harmony. Take a handful of rose buds; place them in a silver goblet. Pour one dram rose oil over them. Let soak for a week. After this, on a friday night, burn them over the charcoal to infuse your house with loving vibrations. This is an excellent "peace" incense, and can be done regularly to ensure domestic tranquility.

Rose Buds: Magickal uses include divine love, close friendships, domestic peace/happiness, and lasting relationships. Great for use in incense, potpourri or bath magick. Place around sprains and dark bruises to help them heal faster.

Rose Geranium: Averts negativity, especially in the form of gossip or false accusations. Oil of protection. Anoint window sills, doors of house. Wear on self. Also imparts courage to the wearer. An excellent oil to use to bless a new home or apartment. A few drops on a charcoal block will release its powerful vibrations throughout the entire house. Also used to anoint censers.

Rose Hips: Used in healing spells and mixtures, brings good luck, and calls in good spirits.

Rosemary: Carried and used in healing poppets for good health, used in love/lust spells, worn to improve memory, used in dream pillows to prevent nightmares, burned as incense for purification and removing negativity. Wear or carry while reading or completing tasks to improve memory of the material and aid clear thinking (great for students!). Use an infusion of rosemary to wash hands before any healing magick. Use in bath magick for purification. Associated with faeries. A very vitalizing oil, rosemary is used in healing rituals and also to promote prudence, common sense, and self assurance. It aids mental powers when rubbed onto the temples. It is also protective and is used much like Rose Geranium. Rub onto the

temples to ease pain of headache and in all healing rituals. Flower tea for the breath. Boil water with rosemary in it to make it safe to drink. Diuretic and liver aid, increases bile flow.

Rosemary (part II) handfuls of flowering tips into 2 cups of good brandy, soak 10 days, strain and seal. Mouthful twice daily. Oil of rosemary is a natural anti-oxidant, and stress reliever; sniff for headaches. Chop a double handful of twigs and put in a pint of olive oil for one week, and use as a muscle liniment. AKA: Elf Leaf, Sea Dew, Polar Plant, Guardrobe, Compass Weed, and Dew of the Sea, Mary's Cloak, Stella Maria, and Star of the Sea, Incensier

Rosemary:

Rosemary is bound to Sun and Fire. It's presence on the body is said to aid in memory and learning. Try putting a sprig in your pocket before an examination, meeting, or other situation where mental clarity is important.

Rosemary is also thought to be a protective herb. It can be made into a protection wreath, and can be placed above the door or under the bed for protection from evil. Try it in a dream pillow or put it in a pillowcase to protect and ward off bad dreams.

As a cleansing and purifying agent in magic, Rosemary is one of the more important herbs. It can be used in herbal baths - place it in cheesecloth or a coffee filter tied with string and place it under the running bath water. If time is a factor, use it to wash the hands instead of the ritual bath in advance of performing rituals. Rosemary was associated with love, friendship, and remembrance in Medieval times. It was used in weddings as a symbol of love, and was tossed into graves to signify that the deceased would be remembered. Try burning it as an incense for these purposes. Burning also is believed to help with healing, especially if burned with Juniper.

Lastly, and not surprisingly, the fragrance of Rosemary is said to be of benefit as far as emotional spirit, youthful outlook, and pleasant memories. Use it in potpourris and sachets for these purposes.

ROWAN

Considered sacred by the druids (celtic priests), twigs of this very magical tree are used for healing, protection, success and psychic power.

Traditional Uses:

- 1) Carry pieces of bark to aid in healing. May also be added to other healing herbs and worn or carried in blue pouch for healing purposes.
- 2) For protection, tie two twigs together with red yarn/thread to make a cross. Carry with you to protect yourself or hang in home (or place in window) to protect home.
- 3) Carry with you as good luck/success amulet or to increase your psychic powers.

Rowan: Protection, magickal power, success, anti-haunting. Use leaves and berries in amulets for healing and promoting psychic powers. Also good for use in luck spells and mixtures. Rowan wood is often used to make wands and divining rods. AKA: Mountain Ash, Delight of the Eye, Quickbane, Ran Tree, Rowanberry, Thor's Helper, Witch Bark, Wicken Tree, Wild Ash, Witchwood

RUE

Connected to the planet Mars and the element of fire, Rue is used to promote healing, to attract love and money and to strengthen willpower. It is also used for protection and to dispel negative energy.

Traditional Uses:

- 1) Powerful when burned as an incense--burn (on charcoal) to strengthen your willpower, to draw money, to dispel negativity and to promote healing.
- 2) Burn to attract the right lover and to clear your mind of illusions regarding a lover.
- 3) Sew into white pouch and hang in doorway for protection.
- 4) Wear around the neck in a white pouch to promote healing and prevent illness. Inscribe pouch healing symbol.

Rue: Magickal uses include healing, health, mental powers, freedom and protection against the evil eye. Use as an asperser to cast salt water for purification of the circle or removing negativity from the home. Hang the dried herb indoors to help yourself see and understand your mistakes. Burn to banish negativity or bad habits. Add to incenses and poppets to prevent illness or speed recovery. Add to baths to break hexes and curses that may have been placed against you. To break up negativity and curses, anoint a sprig of dried rue with this oil. Tie up in a red bag and carry for protection. Add nine drops of the oil to the bath every night for nine nights in succession during the waning moon to break a spell that has been cast against you. Salt may be added to the bath as well. AKA: Herb-of-Grace, Herb of Grace, Herbygrass, Garden Rue, Mother of Herbs, Rewe, and Goat's Rue

Rye: Love, fidelity, and self-control

S

Safflower: Mix with jinx incense to cause destruction to an enemy (not recommended!). Gay men rub this on the inside of their knees to attract exciting sexual encounters.

Saffron: Wear to aid in the development of clairvoyant powers Aphrodisiac, love, healing, happiness, wind raising, lust and strength. Burn, wear, or carry for healing and strengthening psychic awareness. Commonly used in love magick, healing spells, and to control the weather. Wash hands with water and saffron or keep saffron sachets in your home to bring happiness. AKA: Kum Kuma, Zaffran, Kesar, Autumn Crocus, Spanish Saffron, Dyer's Saffron, Thistle Saffron, Bastard Saffron, American Saffron, Parrot's Corn

SAGE

Sage has long been considered an herb of wisdom (hence the phrase, "sage advice"). Along with wisdom, sage is often used to promote health, abundance and protection.

Traditional Uses:

- 1) Steep in boiling water. Sprinkle throughout house to increase wisdom of occupants. Add to bath for clarity and wisdom as well.
- 2) Crush the leaves between your fingers while visualizing money coming into your life.
- 3) Sew into white pouch and wear to dispell negativity and promote health.
- 4) Sew into a purple pouch and carry to obtain wisdom about a particular matter.

Sage: Used for self purification and dealing with grief and loss. Carried to improve mental ability and bring wisdom. Used in healing sachets & incense. Promotes spiritual, mental, emotional & physical health and longevity. Removes negative energy. Place near a personal object of a person who is ailing when performing healing spells or rituals. Write a wish on a sage leaf and place it under your pillow for 3 nights -- if you dream of your wish, it will come true; if not, bury the leaf in the ground so that no bad will come to you. Chew a fresh leaf and put on insect bite to reduce sting and swelling. Sage tea for the throat. Two cups of sage tea a day for a week will dry up mother's milk (editor's note: lettuce leaves placed on the breasts will work too) For the itching of skin problems, steep a handful of freshly crushed leaves in a pint of boiled water for one hour, and bathe the area, then sprinkle with whole wheat flour. Sage tea prevents blood clots. AKA: Garden Sage, White Sage, Red Sage, and Sage

Sage:

Sage was associated with immortality and longevity by the ancients. It was also credited with increasing mental capacity. Eat the fresh leaves (in moderation) for both these purposes.

Today, Sage is believed to be a purifier and a healing herb. It can be made into a tea to promote healing, and can be burned to rid a room of negative energy.

Sage is bound to Jupiter and Air. It is believed that if you place some Sage (or burn it) near an object belonging to someone in need of healing, that healing will take place more quickly.

It is also said that the condition of the Sage plant itself in your garden is an indication of your prosperity.

ST. JOHN'S WORT

This druid sacred herb is considered to be one of the most protective herbs. Worn into battle by the Celts for invincibility, it is also used for health, love and strength.

Traditional Uses:

- 1) Wear around neck (sewn into or put into a pouch) to attract love.
- 2) Wear around neck as above for protection against fevers.
- 3) Sew into white pouch and hang anywhere (doorway, window, and car) for protective purposes.
- 4) Burn to banish negative energies.
- 5) Wear to make you strong and invincible in battles of all kinds.

St. John's Wort: Worn to prevent colds & fevers. Placed under pillow to induce prophetic, romantic dreams. Protects against all forms of black witchcraft. Place in a jar in a window or burn in a fireplace to protect from lightning, fire and evil spirits. Used for banishing, protection & blessing. Carry to strengthen courage and convictions or when confronting nasty situations. Burn to banish spirits and demons. Used in divination for the care of crystals. Note: Can be poisonous, use with caution. AKA: Goat Weed, Herba John, Kalimath Weed, and Tipton Weed

St. John's Wort:

St. John's Wort is bound to Sun and Fire. It has a long history in folklore, and for centuries it was thought that burning it would drive off evil spirits and demons. With the advent of Christianity, it was associated with St. John the Baptist, and was said to start blooming on his birthday, June 24. On the day of his beheading (in August), the plant was believed to bleed red oil from its leaf glands. It is to this day believed to be at its most potent when harvested in mid-summer, likely due to the timing of the birthday and death of St. John the Baptist. The genus name Hypericaceae means "above an icon" in Greek, and sprigs of the plant were used on images and statuary by the ancients to drive off evil spirits.

In modern magic, St. John's Wort is believed to be of benefit when carried on the person for courage, protection, detecting other magicians, and strengthening the will when confronted with bad situations. The leaves made into a necklace are believed to ward off sickness and tension, and to enhance endurance and will when doing battle.

For protection from lightning, fires, strong storms, and evil spirits place sprigs of St. John's Wort in a jar and place the jar on a windowsill. Similarly, hanging bunches of the plant over every window of the house is said to protect from evil spirits and black witchcraft.

Burning St. John's Wort as incense or in the fireplace thought to protect the home and repel unfriendly spirits, and burning is common in exorcism rituals.

Placing St. John's Wort under the pillow of a single woman at night is said to induce dreams of her future husband.

Lastly, one old Welsh custom was to hang a sprig for each family member on a rafter for the night. The degree of wilting of each sprig the next morning was said to foretell how soon each individual would die, thus giving clues on the state of the health of the individual.

Salt Petre: For women who do not want their partners to have outside relationships. Stops sexual tension. AKA: Salt Peter, Petre Salt, Saltpetre, and Saltpeter

SANDALWOOD--

This small, feminine tree, a native of India, is connected to the Moon and the element of water. It is used to promote spirituality, protection and purification, and manifesting one's desires (wishes).

Traditional Uses:

- 1) Combine with lavender or frankincense and burn on charcoal at the full moon to connect with spirits.
- 2) Wear (in white pouch) for protection and to increase spiritual awareness.
- 3) Burn in room to remove negativity.
- 4) To help you manifest your desire--

Write your wish on a slip of paper, add small amount of sandalwood, fold 3 times and burn while saying "Adonai, Elohim, Elohim, Adonai."

- 5) Burn to aid in meditation and in connecting with your spiritual self.

Sandalwood: Scatter sandalwood powder around the home to clear it of negativity. Burn during protection, healing, and exorcism spells. Use the wood for healing wands. Write your wish on a chip of sandalwood and burn it in the censer or cauldron while visualizing your wish to make it come true. Helps in healing by aligning the chakras for better energy flow. Good for meditation, healing, and manifestation. Facilitates concentration. Protective, very healing, this oil is used to anoint. It also aids one in seeing past incarnations. Try anointing the forehead to promote the Sight. AKA: Sandal, Santal, White Saunders, White

Sandalwood, Red Sandalwood, Yellow Sandalwood

Sanicle: Used for safety in travel. AKA: Sancile, American Sanicle, Black Snakeroot, Wood Sanicle, Pool Root, Butterwort, Alum Root

Sarsaparilla: Sexual vitality, health, love and money. Mix with sandalwood and cinnamon and sprinkle around home or business to draw money. Alleged to prolong life, hinder premature aging, excite passions, and improve virility when worn or carried. AKA: Black Creeper, Sariva, Kalisar, Dudhilata, Sugandhi, Red Sarsaparilla, Tu Fu Ling, and Dwipautra

SASSAFRAS

Connected to the planet Jupiter and the element of fire, it is most often used for healing and to attract money.

Traditional Uses:

- 1) Burn as incense to attract money. May also be placed in wallet or cash register for the same purpose.
- 2) Combine with other healing herbs (such as Angelica, Rue, Rosemary, Mint, etc.) and place in a blue pouch inscribed with a healing rune. Wear or carry with you.
- 3) Steep in boiling water, strain, and sprinkle infusion around your home to attract money to you.

Sassafras: Magickal uses include health, money and overcoming addictions. Placed in wallet or purse to attract money and make the money you have go farther. Used as a prosperity incense. Added to sachets for healing. AKA: Ague Tree, Cinnamon Wood, Saxifrax, and Saloip

Savory: (the herb of love) One quart boiled water, 3 ½ tbs fenugreek seed, and steep for 5 minutes. Remove fenugreek and add 2 handfuls of savory leaves, steep 50 minutes and drink 2 cups, as an aphrodisiac. Sensuality, sexuality, and passion; great for sex magick!

Savory:

Savory is bound to Venus and air. The Latin name for Savory is Satureja - a derivative of which means Satyr, which is a half-man and half-goat creature of legend. The plant supposedly belonged to the Satyrs, who loved sex, drink and loud parties. The god Pan was a satyr. There's not much else in mythology or modern magic about this herb that I can find, other than you can carry it, eat it, burn it, or wear it for intellect, creativity, and to maintain the good life.

Saw Palmetto Berries: Magickal uses include healing protection, exorcism, passion and spiritual openings. AKA: Dwarf Palm Tree, Cabbage Palm, Sabal, and Sabal Serrulata

Skullcap: Worn by women to keep their husbands faithful. Used in sleep pillows for relaxation & peace. Used to bind oaths and consecrate vows & commitments (handfasting, initiations, etc.). Used in bath magick to clam the aura of tensions and stress. Burned for relief of disharmony and disruptive situations. Place a pinch in a lover's shoes to keep them from being affected by charms of others. AKA: Skullcap, Scullcap, Hoodwort, Quaker Bonnet, Helmet Flower, European Skullcap, Greater Skullcap, American Skullcap, Blue Skullcap, Blue Pimpernel, Hooded Willow Herb, Side-Flowering Skullcap, Mad Dogweed, Mad Weed, Madweed, Helmet Flower, Hoodwort

Sea Salt: Uses include cleansing crystals, purification, grounding, protection magick and ritual. Used on the altar to represent the Earth. Used with water for aspersion, sea spells, consecration, and casting circles. Used with garlic and rosemary to banish evil.

Senna: Magickal uses include all matters of lust and love. Enhances tact & diplomacy. Bathe with your mate in an infusion of senna to ensure faithfulness. AKA: Senna Pod, Rajavriksha, Fan Xia Ye, American Senna, Locust Plant, Wild Senna, Fan Xie Ye

Sesame: Money, lust, and passion: Gives hope to one who is sick, discouraged or lonely.

Shallots: Add an infusion of shallots to the bath for luck.

Shave Grass: Magickal uses include snake charming & fertility. Place in the bedroom to increase fertility.
AKA: Scouring Rush, Equisetum, Pewterwort, Corncob Plant, Bottle Brush, Horsetail, Dutch Raisins, and Paddock Pipe

Sheep Sorrel: Carry to protect against heart disease. Place in sickrooms to aid in recuperation from illnesses and wounds.

Shepherd's Purse: Healing AKA: Mother's Heart, Shepard's Purse/Heart, Cocowort, Pickpocket, and Toywort, Pick Purse, St. James' Weed, St. James' Wort, St. Anthony's Fire, Pepper Grass, Case Wort, Permacety

Skunk Cabbage: Legal matters

Slippery Elm: Magickal uses include protection and halting gossip. Tie a knotted yellow thread around slippery elm and throw it into a fire to cease all gossip about you. AKA: Red Elm, Moose Elm, Sweet Elm, and Indian Elm

Snapdragon: Protection, exorcism, and purification

Snowdrop: Passing of sorrow

SOLOMON'S SEAL

Connected to the planet Saturn and the element of water, Solomon's Seal is used for protection and to remove negativity.

Traditional Uses:

- 1) Steep in boiling water and sprinkle cooled infusion around area to remove negativity.
- 2) Place in four corners of house for protection.
- 3) Burn as incense when wishing visual contact with spirits.

Solomon's Seal Root: Magickally used for protection and cleansing. Used in offertory incense. Used to bind magickal workings and keep sacred oaths & promises forever binding. Carry in an amulet or sachet for all-purpose protection. Use in protection magick to exorcise spirits and ward off negative influences and demons. Keep on altar to promote success in all rituals. Sprinkle an infusion of the root to drive away evil.
AKA: Lady's Seals, St. Mary's Seal, Sigillum Sanctae Mariae, Scean de Solomon

Sow Thistle: Increases strength & stamina, repels witches, and provides invisibility from enemies.

Spanish Moss: Protection, opening blockages, and dispelling negativity

Spearmint: Healing, love and protection while sleeping. Burn for healing magick, especially of respiratory conditions. Carry for healing. Use in ritual baths for strength and vitality. Write a wish on paper and wrap it in spearmint leaves; place in a red cloth and sew with red thread, then keep in a safe and secret place -- by the time the scent is gone, your wish should have come true. AKA: Garden Mint, Mackerel Mint, Our Lady's Mint, Green Mint, Spire Mint, Lamb Mint, Yerba Buena, Sage of Bethlehem, Fish Mint

Spiderwort: Love

SPIKENARD: Wear during rituals to the ancient deities of Egypt, also to anoint sacred objects, such as altars, tools, etc.

Spikenard Root: Wear in a sachet around the neck to bring luck & ward off illness. It is said that wetting a picture of a loved one in an infusion of spikenard will keep them close to you. AKA: Spignet, Life of Man, Pettymorell, Old Man's Root, Indian Root, Bitter Root, Nard, and Nardo

Squaw Vine: Magical uses include all matters of fertility & childbirth. Pregnant women can add an infusion of squaw vine to bath water once a week to protect the unborn child from jealousy. AKA: Squawvine

Squill Root: Used to draw money, place in a container with a dime, a quarter and a dollar and say a prayer for prosperity.

STAR ANISE

Star Anise, also known as Chinese Anise, is often used to enhance clairvoyance and as a natural pendulum. Traditional Uses:

- 1) To use as a pendulum, put a hole in center and attach a (approx. 8") string. Hold pendulum by top of string, with Star Anise dangling below. As you ask a question, hold your pendulum still. Pendulum should move by itself--front to back movement indicates yes and side to side indicates no.
- 2) Burn to increase psychic/clairvoyant powers.
- 3) Use as beads and string onto a necklace to increase psychic powers.

Star Anise: Burned as incense to increase psychic awareness & abilities. Placed on the altar to increase the power generated. Carried to bring luck. AKA: Chinese Anise

Straw: Image magick and luck

Straw Flower: Luck, longevity, and protection. Use in magick to get the effects to last. The flower of Samhain, signifying the transition from one type of life to another. Note: Poisonous, use with caution.

Strawberry: Attracts success, good fortune, and favorable circumstances. Served as a love food. Leaves are carried for luck. Pregnant women carry a packet of the leaves to ease the pain of pregnancy and childbirth.

Sugar: Love spells, sex magick

Sugar Cane: Love, lust, and sympathy

Sulfur Powder: Dispels or prevents a hex on you; destroys an enemy's power over you. AKA: Brimstone

Sunflower: Energy, protection, power, wisdom, and wishes.

Sweet Bugle: Crush and place under the mattress to attract love and marriage prospects.

Sweet Pea: Attracts friends and allies; Draws the loyalty and affection of others. One of the most beautiful of all scents, sweet pea oil is worn to attract strangers of all kinds, some of whom may become lovers or friends. Wear as personal oil.

Sweet Potato: Image magick

Sweetgrass: Peace, unity, and calling spirits

T

Tamarind: Love

Tangerine: Promotes energy, strength, and vitality. Awakens joy and dissolves negativity.

TANSY

Connected to the planet Venus and the element of water, Tansy is used to promote health and longevity.

Traditional Uses:

- 1) Sew into a blue cloth and inscribe with a healing rune or symbol. Carry or wear to promote healing.
- 2) Sew into a purple cloth and carry for longevity.
- 3) Place into your shoe to heal persistent illness.

Tansy: Health, invisibility, immortality, longevity; keeps evil out of the home. Place a small amount in the shoe or add an infusion of tansy to the bath to keep the law away.

Tarragon: Healing in abuse situations, compassion magick for others. Use for consecrating chalices.

Tarragon :

Tarragon's name is taken from the French esdragon, which means "little dragon" because of its serpentine root system, which will actually strangle the plant if it is not divided often enough. It is bound to Mars and Fire. It is known as a protective and calming herb and is used in kitchen magic to put guests at ease and make them feel welcome. It is used in the consecration of chalices, and can be carried in charms or sachets for compassion love, peace, nurturing, and good luck.

Tarragon can also be used as a banishing herb. Use as an incense as you write down the thing you want to banish on a white piece of paper and then burn the paper in a suitable container.

TEA: Caffeine relieves migraines. Tea drinkers suffer less hardening of the arteries than coffee drinkers. Black tea kills dental plaque.

Tea Leaves: Use in talismans for courage or strength. Use as a base for lust drinks. Burn leaves to ensure future riches.

Tea Tree: Eliminating confusion and increasing harmony

Thistle: Healing, protection. Use in sachet or amulet to aid in speedy recovery from surgery or illness. Hang in the home to ward off thieves and unwanted visitors.

Thyme: Attracts loyalty, affection, and the good opinion of others. Wear a sprig to ward off unbearable grief or provide strength and courage when needed. Burn or hang in the home for banishing, purification, and to attract good health for all occupants. Use in cleansing baths prior to working candle magick. Use in dream pillows to ward off nightmares and ensure restful sleep. Add a thyme infusion to the bath regularly to ensure a constant flow of money. Place in a jar and keep in the home or at work for good luck. an Antibiotic. A tsp in ½ cup of thyme in boiled water to make a gargle or mouthwash, to prevent bad breath, tooth decay, and cold sores. Drink for cold, flu, fever, and allergy symptoms. As a bath for nail fungus and athlete's foot, and also as a douche. Compress for bumps and bruises. Health liqueur – 6 sprigs of thyme in 1 ½ cups of brandy for 5 days, shaking daily. Take several times daily when you feel a cold coming on. Thyme is good for killing bacteria and for relaxing tense muscles. Relieves migraine headaches and stomach cramps. AKA: Garden Thyme, Common Thyme

Thyme:

Thyme is bound to Venus and Air. As with many herbs, it can be burned as a purifier, and inhaling the

burning scent is thought to enhance psychic powers and renew energy. Burn it in the home to banish evil and to purify the home or a specific room.

When carried on the person, Thyme is thought to inspire courage, attract good health, and protect from negativity, such as at funerals or other sad or unpleasant occasions. Carry a sprig in your pocket or make a sachet.

Thyme can also be added to the bath for purifying and mental clarity. Put a handful in cheesecloth and hang it from the faucet while the bath water is running. Fresh sprigs can be placed in a pillow to promote sleep and prevent nightmares.

Toadflax: Protection and hex breaking

Toadstool: Rain magick

Tobacco: Promotes peace, confidence, and personal strength. Also used for banishing. Mix with salt and burn with a black candle to win a court case.

Tomato: Love spells

TONKA BEAN

The fragrant Tonka Bean has long been considered a powerful way to attract love and abundance.

Caution: This bean is poisonous--keep out of reach of children and do not eat!

Traditional Uses:

- 1) To attract love, simply carry in pocket or wear in pouch.
- 2) To ward off negativity, beans may be strung on a necklace or bracelet and worn.
- 3) To attract abundance, carry or wear in pouch (preferably green).
- 4) To receive that which you desire, hold bean in your hand and visualize what you want. Afterwards, toss bean into running water.

Tonka Bean: Magickal uses include rituals and spells for love, wishes and courage. Worn to gain prosperity & courage. Carried to grant luck & protect from disease and/or to attract love. Promotes the accomplishment of goals. Keep on the altar when performing love magick to enhance intent. Carry in a red flannel bag to attract good fortune and financial success, especially when attending business negotiations or job interviews. A favorite hoodoo good luck charm to make wishes come true. AKA: Tonqua, Tonqua Bean, Tonquin Bean, Wish Beans, Coumaria Nut

TRILLIUM

Also known as "Beth Root," Trillium is connected to the planet Venus and the element of water. This powerful plant is used to attract luck and money as well as love to its wearer.

- 1) Carry in wallet or purse to attract money. Can also be sewn into a green pouch inscribed with a prosperity symbol to draw money to you.
- 2) Hold or carry in your pocket for luck.
- 3) To attract love, place in a red pouch inscribed a love symbol. Wear around neck, near the heart.
- 4) Roll between your palms to activate while thinking of the one you wish to attract to you.

True Unicorn Root: Hex-breaking, uncrossing, and protection against evil & malevolent magick.

Tuberose: Sensuality, serenity, and calming nerves. Brings peace to the mind and heart, enhances the capacity for emotional depth. Add to sachets designed to increase psychic ability. Use in love magick to awaken erotic feelings and attract romance. Wear or carry to attract inspiration. It is an excellent

aphrodisiac. Promotes peace and also aids in psychic powers. Men wear it to attract women. Very much a physical oil. AKA: Mistress of the Night

TUMERIC - Anti-oxidant. Powdered turmeric on any ulcerated skin condition or mix with enough lime juice to make a paste and put on herpes sores, mumps, chicken pox, etc. Dip a cloth in turmeric solution to wash away discharges from conjunctivitis and ophthalmia. As an anti-inflammatory, turmeric's properties are as good as 1 % hydrocortisone and phenylbutazone. Take ½ tsp in juice in the morning and evening to aid in removing fat around the liver. Turmeric, bay leaf, clove, and cinnamon all tripled insulin performance in metabolizing blood glucose in a test tube! Field tests proved to greatly enhance production of insulin by the pancreas. "Spice caps" from Great American Natural Products have a pinch of cinnamon, 2 cloves, ½ bay leaf, and 1 tsp of turmeric per capsule.

Turnip: Ending relationships

U and V

Uva Ursi: Magickal uses include increasing intuitive and psychic powers. Great in sachets for this purpose. American Indians used Uva Ursi in religious ceremonies. Note: Can be poisonous, use with caution. AKA: Bearberry, Bear's Grape, Foxberry, Crowberry, Hog Cranberry, Kinnikinnick, Mealberry, Arberry, Mountain Box, Mountain Cranberry, Sandberry, Uva Ursa, Universe Vine

Uva Ursi/Bearberry:

Uva Ursi was well-known to the Native Americans, who smoked the leaves either alone or mixed with other smoking herbs in their ceremonial pipes, believing that the smoke carried their wishes to the higher powers. They called the herb "Kinnikinnick," which roughly means "smoking mixture." Not surprising, then, that the leaves ingested in a [tea](#) are believed to increase psychic abilities and divination in modern magick. Powdered herb can be sprinkled around the alter area or into burning candles in divination rituals, and leaves can be made into sachets to help increase psychic powers. Dried leaves can be mixed with tobacco or other smokeable herbs and used for meditation and increased psychic abilities.

VALERIAN ROOT

Connected to the planet Venus and the element of water, Valerian Root is used to attract love and is also used for protection and to aid in sleep.

Traditional Uses:

- 1) To attract love, carry with you. May also be sewn into a red cloth which is inscribed with a love symbol and worn around the neck. Note--root is very strong smelling!
- 2) Sew into a white cloth inscribed with a protection rune and hang in the home for protection.
- 3) Place in a pillow for help in falling asleep

Valerian: Dream magick, reconciliation, love, and harmony. Placed in sachets for love & protection and used in sleep pillows. It is said that having Valerian Root nearby will settle an argument between a couples. Used to purify sacred space. Used as a substitution for graveyard dirt/dust in spells. Use in protection baths. Burn for reconciliation in ailing relationships, but only with the permission of all parties involved in the relationship. Wear to calm the emotions. AKA: Valerian Root, All-Heal, Garden Heliotrope, Graveyard Dust, Phu, Setwell, and Vandal Root

Valerian:

Valerian is bound to Venus and water. It has been a well-known herb for centuries in medicine as far as being a helpful a sleep aid and nerve calmer. It's not surprising, then, that it is also used magickally for sleep. It is also used for protection, purification, consecration, love, and harmony rituals and spells. For protection from evil and magick, use Valerian in sachets, amulets, or talismans and carry it with you. Sachets placed around the home help protect the home from lightening strikes. Placed in a dream pillow, it protects against nightmares, and taken as a [Tea](#), it promotes peaceful sleep. A few leaves placed in the shoes protect against colds and flu.

Valerian is a frequent ingredient in love and harmony spells and potions, including spells for sexual love. It has a relaxing effect when taken in a Tea, and as such can be used in massage or sex magick. Leaves or amulets in the immediate vicinity help restore harmony to quarreling couples. To find out if your love is reciprocated, bend a plant in the direction of their home. If the plant continues to grow in that direction, you are loved in return. Growing the plant on your property ensures harmony with your spouse.

Valerian stalks can be dried and soaked in tallow or oil, then used as a torch for spells and rituals. The torch can then be used to light sacred fires. Meditation in the light of a torch improves clarity for a given situation.

Valerian is a cleansing herb, and can be used to purify ritual spaces and consecrate incense burners. For self purification, use as a tea during the purification period.

Lastly, Valerian can be substituted for "graveyard dust" in black magick. Graveyard dust is used in conjuring ghosts to do your bidding. It enhances any curse or hex you place, and used alone as a hex, it can be cast upon your enemy's pathway or steps, or placed in a red bag and buried on your enemy's property to

bring evil upon them. To prevent unwanted visitors, sprinkle powdered herb on your front stoop and say their name. For eliminating troubles, write the trouble on parchment paper, then burn and mix the ashes with powdered herb, then bury.

VANILLA: A vitalizing oil, said to be sexually arousing in women. Use as an energy restorer. Sometimes used to gain extra power during magical ceremonies. Sexual stimulant. Soak a cotton ball with vanilla extract, squeeze it out, put it under the tongue and it will quickly calm hysteria.

Vanilla Bean: Magickal uses include love, lust, passion, and restoring lost energy. Carried to increase energy & strengthen mental abilities.

Venus Flytrap: Love and protection

VERTIVERT

Connected to the planet Venus and the element of earth, Vertivert is used to promote abundance, love, and physical attractiveness.

Traditional Uses:

- 1) Place in cash register to increase business or carry in wallet to promote abundance.
- 2) Add to bath water to increase physical attractiveness.
- 3) Sew into red pouch and carry to attract love.
- 4) Carry to attract good luck.

Vertivert: Draws money and prosperity, love, and attraction; Overcomes obstacles, breaks hexes, and repels negativity. Place a small amount in cash registers to increase business. Burn to overcome evil spirits. AKA: Khus-khus

VERVAIN

Known as the holy herb of the druids, Vervain was one of the three most sacred herbs. Because of its many uses, it was also known as the enchanter's herb. Considered a powerful cleanser and purifier, it is also used for love and abundance.

Traditional Uses:

- 1) Steep in water and use as a spray or on a washcloth to remove negativity and calm emotions.
- 2) Steep as above and wear on body to attract a lover.
- 3) Carry or wear around neck as a personal safety amulet.
- 4) Place or sew into a green pouch to increase abundance. Place a small amount in wallet for same purpose

Vervain: Assists in obtaining material objects. It also stimulates creativity. Aids those who desire success in the performing and creative arts. Protection, purification, money, youth, peace, healing, and sleep. Bury in the yard or keep in the home to encourage wealth, protect from lightning & storms, and bring peace. Put under the pillow to prevent nightmares. Use as an incense to end unrequited love. Use in prosperity spells. Carry to prevent depression and/or bring creativity. Use in cleansing baths and rituals before working magick. Use in amulets, sachets, dream pillows, and baths for all-purpose protection of home and people (especially children). AKA: Verveine, Verbena, Brittanica, Enchanter's Plant, Enchanter's Herb, Herba Sacra, Juno's Tears, Holy Wort, Lemon Verbena, Van-Van, Herb of Grace, Herb of the Cross, Pigeon's Grass, Pigeonwood, Simpler's Joy

Vetch: Fidelity

Vinegar: Banishing, binding, averting evil.

Violet: Calms the nerves, draws prophetic dreams and visions, stimulates creativity, and promotes peace & tranquility. Violet leaf provides protection from all evil. Violet crowns are said to cure headaches and bring

sleep. Carry or give to newly married couples or new baby & mother to bring luck to the bearer. Keep a spray of violets on the altar to enhance night magick. Wear the leaves in a green sachet to help heal wounds and prevent evil spirits from making the wounds worse. The oil is used in love operations and is sometimes sexually exciting. However, many people can't have stood the fragrance of the violet, for some curious reason. Once thought to be sacred to the Fairy Queen. Very healing, added to baths. AKA: Sweet Violet, Blue Violet, Wild Violet

Violets:

Violets are bound to Venus and water. The most well-known use magically seems to be that when mixed with Lavender in a sachet, it makes a strong love combination. Carrying Violet flowers on the person brings good luck, and putting the flowers in dream pillows enhances prophetic dreams and divination. Violets can also be used in spells for good luck, money, protection, faithfulness, lust, wishes, peace, and healing, particularly after a relationship break-up. Use the leaves to absorb evil spells and ill will. It is said that if you dream of Violets, your life is about to change for the better. Another belief is that if you harvest the first Violet in the spring, your wish will be granted.

W

Walnut: Access to divine energy, bringing the blessing of the Gods, wishes

Watercress: For lunar magick and sex magick.

Wheat: Inducing fertility and conception, attracting money

White Sage: Use as an incense, for smudging or for purification.

White Willow Bark: Brings blessings of the moon into one's life and guards against negativity & evil forces. Used in healing spells.

WILLOW

This druid sacred tree is also known as the "Tree of Enchantment." Associated with the element of water and the moon, this tree exudes feminine energy and is often used for love, protection, and healing.

Traditional Uses:

- 1) To attract love, carve on a Friday with 3 love runes and carry with you:
- 2) To protect yourself, carry with you or hang in home (or place in window) to protect home.
- 3) Carry pieces of bark to aid in healing. May also be added to other healing herbs and worn or carried in blue pouch for healing purposes.
- 4) To summon spirits, mix bark shavings with sandalwood and burn outside during the waning (between the full and new) moon.

Willow: Used for lunar magick, drawing or strengthening love, healing, and overcoming sadness. Willow is considered a sacred wishing tree. Wear a sprig of willow when facing the death of a loved one. Place on the altar for lunar magick and divination work. Keep a piece of willow in home or business to protect against evil. AKA: Osier, Pussy Willow, White Willow, Witches' Aspirin, Withy, and Tree of Enchantment, Saille, Salicyn Willow, and Saugh Tree

Wintergreen: Add an infusion to your children's bath to bring them good fortune and luck throughout their lives. Sprinkle an infusion of wintergreen around an area for purification.

Wisteria: Raises vibrations, promotes psychic opening, overcomes obstacles, and draws prosperity. The door between the world of men and the realm of the Gods, the passport to higher consciousness and existence, and to bring illumination. Wear only when in complete serenity.

Witch Hazel: Magickal uses include chastity and protection. Carry to ease grief over a lost love. Use in a sachet to reduce passions. Use in love spells and spells to ward off evil. AKA: Winter Bloom, Striped Alder, Spotted Alder, Hazelnut, Snapping Hazel and Tobacco Wood

Witches Burr: Ads great power to spells & rituals. Presence of witches burr is said to defeat any kind of evil force.

Witches Grass: Happiness, lust, love, and exorcism. Sprinkle around the home for seven consecutive days to overcome depression and dispense of petty spirits. Reverses hexes. AKA: Couch Grass, Rhizomes, Twitch Grass, Scotch Quelch, Quick Grass, and Dog Grass

Wood Aloe: Protection, consecration, success, and prosperity. AKA: Lignaloos, Lignam Aloes

WOOD BETONY

This druid sacred herb was highly regarded by the Celts for its ability to dispell nightmares, evil spirits, and depression. Considered to be highly protective, it was also used for purification purposes.

Traditional Uses:

- 1) To halt nightmares, sew herb into a small pillow and place under your regular pillow.
- 2) Scatter near doors and windows to form a protective barrier against negativity.
- 3) Burn in a Midsummer bonfire and jump through smoke to purify mind, body, and spirit.
- 4) Wear on the body for strength and for success when looking for a mate.

Wood Betony: Magickal uses include purification, protection, and the expulsion of evil spirits, nightmares, and despair. Excellent for magickal healing and protecting against dark fears of the emotions & imagination. A good addition to dream pillows. Carry in an amulet to draw love and strengthen the body. Burn to banish disharmony in a relationship. Pass through the smoke of burning wood betony at Midsummer to purify the body of ills and evils. Burn with any uncrossing incense to defeat witchcraft. AKA: Betony, Bishopwort, Stachys Betonica, and Lousewort

WOODRUFF

Also known as the Master of the Woods, this druid sacred herb was used to promote new beginnings, victory and protection. Was added to wine at the time of Beltane as a symbol of new beginnings.

Traditional Uses:

- 1) Carry or wear in pouch around neck when you wish to change the course of your life (especially in spring).
- 2) Burn to clear away the drabness of winter.
- 3) Carry or wear in green pouch to attract money and abundance.
- 4) Sew into leather pouch for protection against all negativity.
- 5) Carry or wear in pouch to achieve victory.

Woodruff: Victory, protection, and money. Place a pinch in your left shoe before a game and your team will be victorious.

WORMWOOD

Connected to the planet Mars and the element of fire, Wormwood is used to promote love, psychism, and protection.

Traditional Uses:

- 1) Burn as an incense and/or wear to promote psychic powers.
- 2) Sew into white pouch and hang in car for protection from accidents.
- 3) Sew into red pouch and carry to attract love.
- 4) Place under bed to attract love.

Wormwood: Used to remove anger, stop war, inhibit violent acts, and for protection from the evil eye. Carry in vehicle to protect from accidents on dangerous roads. Use as incense for clairvoyance, to summon spirits, or to enhance divinatory abilities. Can be sprinkled in the path of an enemy to bring them strife and misfortune (not recommended, remember the law of threes). Note: Can be poisonous, use with caution. AKA: Absinthium, Green Ginger, Absinthe, Old Woman, Crown for a King

X and Y

Xanthan Gum: Incense bonding agent

YARROW

A favorite among many, Yarrow is most often used for attracting love and friendship, psychism, and courage.

Traditional Uses:

- 1) Steep in boiling water. Drink to improve your psychic powers.
- 2) Hold in your hand to assuage fears and summon courage.
- 3) Sew into white pouch and wear for protection.
- 4) Sew into a pink pouch and wear near heart (around neck is best) to attract love and friendship.

Yarrow Flower: Uses include healing, handfasting & weddings, and divination. Draws love. Carry as a sachet or amulet to banish negativity, ward off fear, and promote courage, confidence, and psychic opening. Frequently used in marriage charms and love sachets. Said to keep a newly married couple happy for seven years by keeping their love alive and preventing upsetting influences from entering the relationship. Place in a yellow flannel bag with a piece of parchment on which you have written your fears, carry with you to overcome them. AKA: Bloodwort, Death Flower, Devil's Nettle, Lady's Mantle, Soldier's Woundwort, Thousandleaf, Millefoil, Carpenter's Weed, Knight's Milfoil, Sanguinary, Arrow Root, Thousand Seal

Yarrow:

Yarrow is bound to Air and Venus. As an Air herb, it is particularly useful in spells and rituals done aloud - so that the words can be carried on the air. Any herb under the influence of Venus makes for a potent love herb for spells and rituals, and Yarrow is no exception.

When drunk as a tea, Yarrow is said to increase psychic powers and powers of perception. When flowers or leaves are burned, if the smoke goes up, it's a good omen, but if it goes down, it's a bad omen.

Use Yarrow flowers in love sachets and charms. Place Yarrow flowers under your pillow before sleep and your lover will appear in your dreams. Hang flowers over your bridal bed to insure love that lasts at least 7 years. Use Yarrow in spells and rituals to draw the attention of long lost friends or lovers.

Yarrow is a well-known protection and purification herb. Carried in the hand it is believed to ward off fear. Try carrying in a silk or velvet bag when going to a job interview or making a speech to reduce anxiety. Carried in a pocket or purse, Yarrow reverses negativity and protects from hexes. Add to the bath to protect from evil or harm. Throw Yarrow flowers across the threshold to protect the house from evil. Tie to an infant's cradle for protection from harmful forces.

Yarrow carries the name Achillea because the Greek God Achilles in mythology is storied to have given the plant to his troops to stop bleeding in battle. Unfortunately, it didn't stop the bleeding when he hurt his own heel, and he died from his wounds. The modern terms "Achilles tendon" and "Achilles heel" originate from this myth.

Yarrow sticks (dried Yarrow stems) were used by the ancients for I Ching divination for centuries. Yarrow was considered a spiritual plant that was highly suitable for this purpose. Sadly in modern times, coins have largely replaced Yarrow Sticks for this type of divination..

Yellow Dock: Fertility, healing and money. Sprinkle an infusion of yellow dock around a place of business to attract customers. AKA: Curled Dock, Curly Dock, Sour Dock, Narrow Dock, Garden Patience, and Rumex

Yerba Mate: Fidelity, love and lust. Worn to attract the opposite sex. Spill an infusion of yerba mate on the ground to break off a relationship. AKA: Mate, Mate Leaf, and Green Mate

YERBA SANTA

This plant is used to promote spirituality, healing, psychism, and protection.

Traditional Uses:

- 1) Carry in purple pouch to promote psychic powers or spiritual strength.
- 2) Sew into white pouch and wear for protection.
- 3 Sew into blue pouch and wear around your neck to promote healing and for protection from illness.
- 4) Steep in boiling water, strain and add water to bath to increase attractiveness.

Yerba Santa: Beauty, healing, psychic powers and protection. Carry or use in bath magick to obtain beauty from within and make your body more desirable. Wear around the neck to ward off illness and prevent wounds. Use the leaves in healing or protection incenses. Use in bath water if you feel your sickness has been caused by a hex. AKA: Consumptive's Weed, Gum Plant, Gum Bush, Bear's Weed, Bear Weed, Mountain Balm, Tar Weed, Tarweed, Holy Herb, Sacred Herb

Yew: Raising the dead, protection against evil, immortality, and breaking hexes.

Ylang Ylang: Increases sexual attraction and persuasiveness. Also used for peace, love, and faery magick. Promotes calm, peaceful relaxation and relieves anxiety and depression. : Makes its wearer irresistible to the opposite sex. Also soothes the problems of married life. Can help in finding a job. If worn to interviews you will be much calmer and more impressive to the interviewer. AKA: Flower of Flowers

Yohimbe Bark: Love, lust, virility and fertility. Curing impotency. Cursing. Used in Pagan rituals of union.

Yucca: Transmutation, protection and purification. A cross of yucca fiber placed on the hearth protects the home from evil. Use an infusion of yucca to cleanse and purify the body before magick. Repeat this cleansing afterwards if performing spells to remove curses, hexes, or illness. Rub a slice of yucca root all over your body once a day for seven days to remove jinxes and hexes. AKA: Yucca Stalk, Yucca Root

T h e T r u t h I s O u t T h e r e !