WEEKLY *cleaning*

DAILY

- ○ wipe counters
- ○ make beds
- ○ wash dishes
- ○ one load of laundry
- ○ take out trash
- ○ clean kitchen floor in the evening

MONDAY (bathrooms)

- ○ clean toilets
- ○ clean sinks, mirrors & counters
- ○ clean showers & bathtubs
- ○ wash bath rugs & replace towels
- ○ sweep & mop floors

TUESDAY (living room)

- ○ straighten shelves & cabinets
- ○ vaccuum, sweep & mop
- ○ wash windows & blinds
- ○ organize toys & declutter

WEDNESDAY (kitchen)

- ○ clean stove / cooktop
- ○ clean counters & sink
- ○ wipe down fridge & freezer
- ○ clean inside microwave
- ○ sweep & mop floors

THURSDAY (bedrooms)

- ○ dust & vaccuum
- ○ change bed sheets
- ○ organize & declutter
- ○ sort dirty laundry
- ○ clean windows & blinds
- ○ straighten closets & drawers

FRIDAY (halls & stairs)

- ○ dust & vaccuum
- ○ straighten drawers, desks & shelves
- ○ wipe off washer & dryer
- ○ dust ceiling fans & light fixtures
- ○ straighten & declutter closets

WEEKEND (outdoors)

- ○ sweep porch & patio
- ○ clean & organize garage
- ○ mow lawn & clean out weed beds
- ○ clean out cars

MISC.

- ○
- ○
- ○
- ○
- ○

MONTHLY *cleaning*

BATHROOMS

- ○ clean mirrors & countertops
- ○ wash shower curtains
- ○ declutter under bathroom sinks
- ○ clean & organize medicine cabinets
- ○ clean shower head & faucets

KITCHEN

- ○ descale coffeepot
- ○ wipe off small appliances
- ○ clean fridge & freezer
- ○ deep clean stove burners
- ○ wipe kitchen cabinets & fridge doors
- ○ cycle clean washer & dishwasher
- ○ organize & clean pantry
- ○ wipe off cabinets
- ○ deep clean sink & faucet
- ○

LIVING AREAS

- ○ dust ceiling fans
- ○ vaccuum sofa
- ○ wipe off electronics
- ○ wash pillows & throw blankets
- ○ steam clean carpets & rugs
- ○ tidy bookshelves

MISC.

- ○ declutter and clean garage
- ○ organize storage / basement / attic
- ○ wash windows & switch plates
- ○ wipe window blinds / clean curtains
- ○ defrost / clean deep freezer
- ○ wash area rugs
- ○ clean out dryer vent
- ○ disinfect all trash cans
- ○ vaccuum all furniture
- ○ wash area rugs
- ○ dust walls & ceiling corners for cobwebs
- ○ wipe baseboards / chair rail / moldings
- ○ sweep out fireplace
- ○ wipe all doors & trims
- ○ dust light fixtures & lamp shades
- ○ throw away outdated files & papers
- ○ clean return air vents
- ○ clean window tracks
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- ○
- ○
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- ○
- ○
- ○
- ○

DAILY *cleaning*

BATHROOMS

- ○ wipe toilet seat
- ○ clean mirror & countertop
- ○ wipe off shower /bathtub
- ○ replace dirty towels
- ○
- ○
- ○

KITCHEN

- ○ sweep floors
- ○ wash dishes
- ○ clean sink
- ○ wipe down countertops & tables
- ○ take out trash
- ○
- ○
- ○

BEDROOMS

- ○ make beds
- ○ declutter
- ○ fold & put away clothes
- ○
- ○
- ○

LIVING AREAS

- ○ vaccuum / sweep if needed
- ○ declutter
- ○ fold throw blankets
- ○ straighten throw pillows
- ○ straighten up desks
- ○ throw away old papers & notes
- ○
- ○
- ○
- ○
- ○

MISC.

- ○ check mail & get packages
- ○ do one load of laundry
- ○ sweep porch
- ○
- ○
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- ○