

**Naval Reserve OHSU Pensacola DET H
 RUIC # 83580
 Naval Branch Clinic NAS Pensacola
 450 Turner St., Suite Blvd
 Pensacola, Florida 32508-5228**

**Plan of the Month
 07& 08 JAN 2017**

Command Mission Statement

To train and provide joint operations capable health services support to the Fleet, Fleet Marine Forces, Joint Forces, and their family members.

Command Vision Statement

We are an innovative and professional Health Services Team. Our expert support of the Joint Forces enhances readiness and promotes wellness. We are dedicated to providing the War-fighter and Joint Operations with agile and flexible health service support whenever and wherever globally needed.

The Plan of the Month contains official information. All Hands are responsible for knowledge of its contents.

OIC	CDR Edgar Gonzalez	edgaragonzalezmd@hotmail.com
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SEL	HMC Keith Etheridge	etheridge_keith@yahoo.com
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Unit LPO	SH1 Nina Gordon	ninawoods322@bellsouth.net
Health Prom. Coordinator	LTjg William Watkins	stone00001@aol.com
CFL/Clinic LPO	HM1 Tracy Holt	tracybulldog@hotmail.com
Clinic ALPO	HM1 Erica Watts	wattsfmf@yahoo.com
Career Counselor	HM2 Heather Mounce	hmounce@eagles.ewu.edu

Naval Hospital Pensacola

Quarter Deck: 850-505-6601

Operational Support Office (OSO): 850-505-6239/6265 Email: PCOLA-OSO@med.navy.mil

UNIFORM OF THE DAY

Primary: Navy Working Uniform (NWU) – **Sleeves down**

Alternate: Designated Seasonal Uniform

Drill Weekend Battle Rhythm

SATURDAY

TIME	EVENT	LOCATION	PARTICIPANTS
0700	Muster	NASP Branch Clinic 2 nd Deck	All Hands
0715 - 1100	Physicals	NASP Branch Clinic	All Hands
0930	Leadership Meeting	Branch Clinic Conference Room	OIC, AOIC, SEL, ADMIN, TRAINING, CLINICAL DIRECTOR
1100 - 1200	Chow	NASP Branch Clinic	All Hands
1200	Muster	NASP Branch Clinic 2 nd Deck	All Hands
1215 - 1445	Physicals	NASP Branch Clinic	All Hands
1500	PT	NASP Branch Clinic	All Hands
1600	Final Muster / Secure	NASP Branch Clinic 2 nd Deck	All Hands

SUNDAY

TIME	EVENT	LOCATION	PARTICIPANTS
0700	Muster	NOSC: Transgender Training 0800	All Hands
0930-1015	CPO365	Branch Clinic Conference Room	FCPOs / Junior Officers
1015 -1100	Advancement Training / CCC	Branch Clinic Conference Room	All Enlisted
0930 - 1100	Training/HMSB	NASP Branch Clinic/NHP	All Hands
1100-1200	Chow	Approved Dining Facility	All Hands
1200	Muster	NASP Branch Clinic 2 nd Deck	All Hands
1215 -1530	Training/HMSB	NASP Branch Clinic/NHP	All Hands
1530 - 1600	Sweepers	NASP Branch Clinic	All Hands
1600	Final Muster / Secure	NASP Branch Clinic	All Hands

OIC

Happy New Year 2017! I hope everyone had the opportunity to spend time with their loved ones these past few weeks. As we embark on this new year ahead of us make plans to accomplish great things in your civilian, military, and private lives. Don't settle for a new year's resolution but focus on improving your current situation on a daily basis.

This weekend we have mandatory Transgender Training at the NOSC so we will muster Sunday morning at the NOSC and then return to the clinic and/or hospital to complete our training evolutions. We will make more announcements Saturday as things can be fluid.

Again thanks for what each of you contributes to DET H and our Navy mission. Travel safely.

CDR Gonzalez

AOIC

I am humbled and honored to be the next AOIC of a Detachment composed of hardworking Sailors committed to excellence! A command is only as good as its own members and I am fortunate to be a part of it.

I would like to acknowledge our leadership for doing a tremendous job over the last few years. CAPT Mollere, CDR Gonzalez, and LT Jacobs have formulated an effective path to follow. Their knowledge and breadth of experience will be an invaluable resource during this transition. As AOIC, I serve to promote and encourage you as leaders to yourself and to others. A member's success would not have been possible without the guidance by a senior or junior mentor.

We have a lot to look forward to during FY 2017. Since we have made significant progress in our GMT last year, this opens opportunities to accomplish additional required training to avoid procrastination. Please ensure your BLS certificates are up to date as this will be one of the training priorities for those who need renewal.

Happy New Year and have a great 2017 ahead of you!

LCDR Jimenez

SEL

Shipmates, Welcome to the New Year! With it comes a new Skipper and new opportunities. The Training Dept is putting together excellent training for us in the near future and we are also planning a COMREL (Community Relations Activity) this Spring. Even more exciting is that HMC Hutchison is taking over as the LCPO and will be handling the day to day running activities of the Unit. Effective immediately, please contact her for all questions/concerns, and cc me as I am staying aboard as the SEL.

HMC Etheridge

LCPO

First, I would like to wish everyone a Happy New Year. It is an honor and a privilege to be your new LCPO; my door is always open. As Chief's, we seldom sleep because we are here for YOU. Please use your chain of command--that is always #1 and that is how great things happen. As individuals in the Navy, nothing is possible; but as a Team in the Navy, anything and everything is possible. We have a great team and a great Unit. 2017 has lots of challenges and opportunities for us. Let us attack them and always better ourselves.

My Contact info is:
Cell (850)960-7479

Email: debbie.hutchison@hotmail.com

HMC Hutchison

COMMAND CAREER COUNSELOR

The Navy Reserve offers many educational opportunities for HM's. Besides college benefits & commissioning programs, there are many "C" schools available. If you are interested in submitting a package, please contact HM2 Mounce.

Note: All "C" School Candidates must meet the following minimum requirements:

- NO PRT Failures!
- NO Members Approaching HYT or deploying!
- NO Members with over 12 years of service!
- MUST be able to obtain a SECRET clearance!

HM2 Mounce

TRAINING

Happy New Year and with that new endeavors from the training department. Most, if not all of our FY17 training should be up to date. We will continue to have new versions and stand downs as the year progresses. Please check your SWANK account to ensure nothing else is pending. One of our major plans for this DWE is to complete HMSB, so plan to be present. If there are any concerns, please contact the Training Department.

LT Baker

ADMIN Note

Hope everyone has had a great Christmas and New Year Holiday to bring in 2017.

- Enlisted- make sure you contact your LCPO or LPO for reschedules .
- Officers- please contact the AOIC or OIC for reschedules.
- For clinic computer access issues, please come see me for assistance.
- Please update your Recall Roster info every drill weekend as well as in NFASS.
- Please log into the required military sites to maintain access. A list of these can be found on NRH under CNRFC Announcements. Make sure you have access to Milsuite and check your Navy email on a frequent basis for correspondence and important information.
- Thank you everyone that updated their GTCC contact info to show their Navy email account last DWE. I believe there are only a couple left that have not completed this. I will reach out to you this DWE again for compliance.

LT Howell

CFL

Cycle 2 2016 PFA has come to a close. Please verify your scores in PRIMS. I also want to congratulate everyone for passing their PFA. The 100% pass rate reflects the hard work you are putting into staying physically fit. DWE PT will be conducted by PO3 Thomas. Bring your Navy PT gear to DWE.

HM1 Holt

BERTHING/MEALS/SUPPLY

BERTHING

Berthing folder must be filled out by 1000 SUN for turn in to NOSC. If you do not fill it out by this time you will be required to travel to the NOSC to provide signatures.

- Supply must receive advanced notice request at least 4 days prior to rescheduled drills. Emergencies will be handled on a case-by-case basis. Do not start your road trip until you have confirmed you have a reservation for berthing.
- If you fail to request berthing prior to drill weekend and are able to receive a reservation, you must request transfer to direct-bill in person at the Supply Department **before** you check out of the room. Berthing reimbursements are not authorized.

MESSING

- **Breakfast:** The Oaks Restaurant aboard NAS Pensacola is the approved breakfast dining facility for Enlisted Sailors receiving berthing. You must sign the roster at the restaurant desk.
- **Lunch:** The galley at Chevalier Hall is the approved dining facility for Enlisted Sailors. You must sign for a meal sticker in ADMIN Office and present the sticker at the dining facility.



Sailor's Creed

I am a United States Sailor.

I will support and defend the Constitution of the United States of America and I will obey the orders of those appointed over me.

I represent the fighting spirit of the Navy and those who have gone before me to defend freedom and democracy around the world.

I proudly serve my country's Navy combat team with Honor, Courage and Commitment.

I am committed to excellence and the fair treatment of all.

/s/

CDR E. Gonzalez
Officer in Charge