



The Watchmen Sentinel

The Official Newsletter For The Watchmen Of America

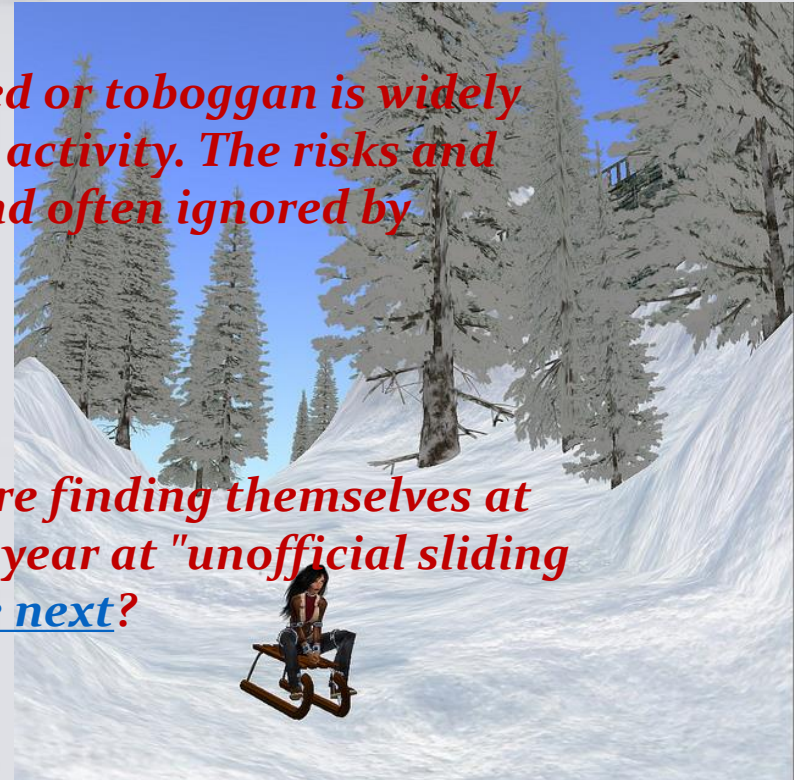
www.WatchmenOfAmerica.com

January 2015 ~ Volume 40

Sliding down a snow-covered hill on a sled or toboggan is widely considered a wholesome, family friendly activity. The risks and dangers have generally been accepted and often ignored by children and their parents.

That is until someone gets hurt.

Local governments and municipalities are finding themselves at higher risks of liability claims year after year at "unofficial sliding hills" in various cities. Could your city be next?



A PET FRIENDLY REMINDER FROM THE FOUR LEGGED SIDE OF THE FAMILY!!!

IDEAS FROM YOUR FURRY FRIENDS



When we start prepping for our family, it always seems we tend to forget about our “Other Family Members” our DOG (s) and or CATS.

Keep in mind that when you are prepping for your animals to consider the animals weight and size. If you have a “puppy” try to research how big you think he will get. This way your prepping for the present and future of your animal.

We all know a leash is a necessity. However, if you live in an area where you can start to train your animal to be around other people off the leash and come to you on command with no issues, this will not only help you in the long run and “free up” your hands, however it will make the dog more dependent to “stay” when you need him to.

Here is a list of things EVERY dog BOB should have. This one is for a 72 hour situation. Again we prep for the present and the future, so you can always in time pick up little pieces here and there so it is NOT a financial burden to anyone. Keep in mind most of this stuff you CAN pick up at your local Family Dollar Store/ General Dollar Store.. There is NO need to go to these high priced Pet Stores to stock up unless your furry friend is on a special diet. When the dog/cat food on sale.... pick up two or three extras and put them to the side. Now those who have cats.. I have trained mine in the house to walk around with a harness leash... sounds strange but my cats can move out as quick as the dog and even quieter LOL...

- | | | | | |
|--|---|--------------------------------|---|------|
| Water/food dish (collapse and water proof... Dollar Store sells them) | Eye Wash | Saline | Brush/comb | Toys |
| Photo of the dog (to be circulated in case they get separated from you) | Tick-Flea Meds & or Powder | Shampoo they sell for dogs now | | |
| Complete medical records (always ask your vet for a copy of your most recent visit and log of shots) | | | | |
| Leash/harness/collar | Medication, 5-day supply | Dog and or cat carrier | Paper towels/plastic bags/zip lock bags | |
| Blanket (yes they have fur.. but they get cold and so does the ground) Disinfectant solution | | | | |
| Styptic powder/cornstarch (great for bee stings) | 3-5 days supply of water Pet First Aid Book | | | |
| Vet wrap 2" and 4"/trauma pad | Gauze bandage rolls (2", 4", and 6") | Adhesive tape | | |
| Benadryl/triple antibiotic ointment 9 same as a human takes, just watch weight) | Cat litter box/litter (a reg card board box will do I a pinch) | | | |
| Tweezers/scissors/surgical soap | Thermometer/mineral oil | | | |

******Remember the Red Cross will NOT accept our pets; they only allow service animals to assist people at the Red Cross Centers.***** this is a direct quote from the Red Cross**

The plummeting prices have led transportation experts, business lobbyists and lawmakers to insist that the coming months -- as they negotiate an extension of the federal infrastructure funding bill -- are their best chance in years to increase the 18.4-cent per gallon gas tax that's used to pay for highways and mass transit.



Watch out this wont last long

Barack Obama has advocated funding transportation projects by instead closing other tax loopholes -- but his spokesman didn't close the door to a gas tax hike on Monday.

"We don't believe the best way to fund modernizing our infrastructure is to raise the gas tax," White House press secretary Josh Earnest told reporters. "But some people do and we're willing to consider those proposals."

The debate is just one bit of policy fallout of the dip in gas prices since September 2014.

OBAMACARE



The complicated process of signing up for Obamacare is now being matched by IRS instructions to help Americans figure out how much in healthcare taxes they owe Uncle Sam.

The agency has issued 21 pages of instructions, complete with links to at least three long forms and nine tip sheets.

It is geared to those who have Obamacare or who owe a fine, dubbed "shared responsibility payment," for refusing to get health insurance. The IRS warned that everybody must have health insurance or pay the tax.

"While the vast majority of tax filers — over three quarters — will just need to check a box on their tax return indicating they had health coverage in 2014, people who have coverage through the Marketplaces, or decided not to enroll in coverage, should be aware of some additional steps that will be a part of the tax filing process starting this year," said the Department of Health and Human Service, which runs the Affordable Care Act.



OBAMACARE

Go to the airport, get free x-ray and chest exam; mention Al Quaida and they'll throw in a colonoscopy!

2015 New Year Resolutions

THIS YEAR
I will make a genuine
and dedicated effort to

???

Lost 10 lbs
on a diet

Read a Book
a month

Start a
scrapbook

Take an
online class

Make 5 new
friends

Find 12 new
Watchmen
members

Take care of
5 'honey-do
items

Save more
money each
month

Learn a new
hobby

Clean out
the garage or
closet

Imagine what it must be like to be a police officer in a city where minorities are dominant. You are told you must enforce the laws, but at the same time you must not enforce immigration laws. You must stop young black men from robbing 7-11s, but let go young Latinos who drive without a valid license and are in the USA illegally. Is there any wonder New York City cops are under stress?

Blacks in U.S. cities know a pass is given to Latinos by progressive politicians. They know the plantation is being abandoned for the sake of the hacienda. Herman Maddox knows this, too.

He writes, “I will say publicly what many people are whispering privately in barbershops, soul food restaurants and church parking lots in South Los Angeles. If relations don't improve between African Americans and Latinos in Southern California, we are headed for a major racial conflict.”

Even the progressive Southern Poverty Center has noted that blacks and Latinos are not getting along. They won't say it, but it's obvious that one group is held to the law, while the other isn't, and the police are caught in the middle of this schizophrenic law enforcement.

“One after another, the reports have rolled in. From Florida to California, Nevada to New Jersey, even as far away as the state of Washington, the news is getting harder to ignore: There's trouble brewing between blacks and browns.”

Read more:

http://www.americanthinker.com/articles/2014/12/immigration_policies_and_the_war_on_police.html#ixzz3OTdfdTXK



New York City is losing about \$10 million per week on parking ticket revenue because of the NYPD work slowdown, according to budget watchdog estimates.

There were just 1,191 parking summonses handed out between Dec. 29 and Jan. 4 — down nearly 93 percent from the same period last year, when 16,008 of the dreaded orange envelopes were slapped on windshields.

Based on the weekly average ticket take of \$10.5 million in fiscal 2014, the Citizens Budget Commission estimated the reduction could have bled about \$10 million from city coffers.

And that doesn't include other revenue losses from similar reductions in moving violations and court summonses during the slowdown, which is now in its third week.

“While losing \$10-\$11 million in a week is real money, in the context of the city's \$77 billion annual budget it's a very small amount,” said Doug Turetsky, of the Independent Budget Office. “But if the losses continue over weeks and months, the effect on the budget becomes more substantial.”

Mayor de Blasio and Police Commissioner Bill Bratton have yet to confirm the work slowdown, saying they'll do so after a detailed analysis.

Ladies Page, Brought to you by NY

Hello Ladies:

I am here to help “assist” if I can, in some basic preps. Living in our own homes we tend to be very comfortable with our “daily” routine. Shower, blow dryers, make up, iron. Etc.... however, should the time come and TSHF... these “daily” routines will change dramatically. We will no longer be able to have our “daily” shower with our beauty products. Here are some simple items that should be in your prep boxes. This is what my personal kit contains. Now what I have done is gone to the local dollar store (god knows there is one in almost every place you are and certain items it is great) Most of my preps are “travel” size. You don’t want to be carrying to much heavy stuff. Especially if you are moving about with kids. (see kids sections for some great ideas)

1. Can of dry shampoo. Yes, they do make it. Most of the major chain pharmacy’s carry it. It is called PSSSST. It works great. The hospitals use it.

2. Feminine products. Please stock up on those. Tampons have many other uses as well.

3. Deodorant. I have several on hand just in case.

•Bar soap. Now, I know most of us use the “liquid bath soap” however, that will not be in supply when needed.

5. Baby wipes and plenty of them. I go to the dollar store and stock up on them You can use them to “wash up “ in a hurry, lack of toilet paper. They especially work well when you have your period and there is no access to “daily “ showers.

6. If you have long enough hair to put up.. Keep plenty of scrunches around. I have a box of hair ties, bandanas etc...

7. At least 4 plastic disposable razors. They are also used for many different things then just shaving.

8. Sunscreen, It can actually double as a moisturizer for those who really must have it.

9. I also have packed sports bras in my bag, few pair of undies.

•I also carry plenty of travel size naproxen (I buy Walmart Brand) . It doubles as an anti inflammatory and pain killer.

You can pack your preps with your own products and what you see fit for you as an individual. Just remember stock up with preps, but make sure what YOU need to carry is not bulky or to heavy....especially if you are on the move.



FBI and the U.S. Department of Homeland Security issued a bulletin on Friday, giving 18,000 law enforcement agencies around the country “perspective” on the attack at the offices of French satirical magazine Charlie Hebdo on Wednesday.

The bulletin says that the attack “demonstrated a greater degree of sophistication and advanced weapons handling than seen in previous coordinated small-arms attacks, such as the 2013 Westgate Mall attack.” Further, the agencies note that the gunmen “acted with confidence and exhibited skill in weapons handling.”



WARNING



Echoing previous concerns, the agencies also noted that Americans who join terrorist groups overseas “could gain combat skills, violent extremist connections, and possibly become further radicalized or persuaded to conduct organized or lone offender extremist-style attacks, potentially targeting the United States and its interests abroad.”

The bulletin says that no specific threat within the U.S. has been uncovered, repeating the information presented by President Obama’s homeland security adviser Lisa Monaco on Thursday.

The FBI and DHS say they are working with French counterparts and the intelligence community to learn more about the suspects involved in Wednesday’s attack. That information includes possible “connections to international terrorist groups and/or travel to known combat zones.”

The agencies say “major U.S. cities, aviation, and mass transit will remain attractive targets for [al Qaeda], its affiliates, and ideologically aligned groups,” though they believe that targets linked to the U.S government, military or media organizations “may become of particular interest.”



3 (10 ounce) packages frozen chopped broccoli

3 (14.5 ounce) cans chicken broth

6 tablespoons margarine

1 onion, chopped

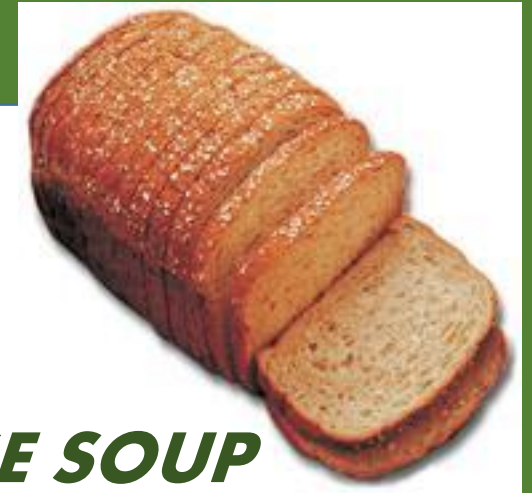
1/2 cup all-purpose flour

2 cups milk

1 1/2 pounds processed cheese food (eg. Velveeta), cubed

1 pinch ground white pepper

BROCCOLI CHEESE SOUP



Directions

1. In a large pot over medium heat, simmer the broccoli in the broth for 15 minutes. In a separate skillet over medium heat, melt the butter or margarine, add the onions and saute for 5 minutes, or to desired tenderness.

2. Add the flour to the onions and stir well, forming a pasty substance. Gradually add the milk and stir until thick. Add this mixture to the broccoli mixture in the pot and stir well. Then add the cheese, stirring until melted. Finally, add the pepper. (Note: Be careful not to let the soup boil, or the cheese will break down.)



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HOW MANY PREPPERS WILL BE DOING LAUNDRY OFF THE GRID? AND HOW?

So as I sit and think and ponder certain situations like the most convenient one.. doing laundry. I think hmmm what on earth what I do without my washer and dryer! So on that note I ask some question's of you all.

•**Why is fresh laundry so important?** It's interesting to note that dirt compromises the integrity of clothes in terms of warmth. Dirts and oils degrade clothing and can have a significant impact on survival in select situations, so it's important in uncertain times to remain as clean as possible.

•**Why might a prepper purposely wear dirty laundry?** There may be a time to air your dirty laundry! LOL. Indeed, a Prepper may find it necessary, at some point, to camouflage in society by appearing as dirty as the others are, so as not to attract unwanted attention. That's when wearing the dirty clothes may become an important.

•**How may you ask can this be done and with what items:**

Conventional wisdom in the prepper world is to do things as inexpensively as possible.

- five-gallon buckets
- On lid for the five gallon bucket
- liquid detergent (biodegradable soap)
- Toilet plunger
- Rope or clothes line
- Clothes pins and a clothes pin bag (they are in abundance at the dollar store, and can be used for other things besides laundry)
- Net bag (optional to hold and squeeze laundry)



Generously Submitted By



The New Year is upon us and with that comes the inevitable, hard-to-answer question: "What's your New Year's resolution?" Many will respond with something along the lines of "I'd like to give more time to my community" or "I'd like to do some volunteering."

If you are one of those who have placed this on their to-do list, you may want to consider linking up with your local [Community Emergency Response Team](#).



These teams are designed to get communities more involved in disaster response and recovery:

Residential and Community Checks, Emergency Operations Center Staffing, Public Information, Traffic and Crowd Management. Graphic to describe four aspects of what Community Emergency Response Teams do: Residential and Community Checks, Emergency Operations Center Staffing, Public Information, Traffic and Crowd Management.

Nearly half (49%) of these teams have volunteer managers. These volunteers work tirelessly to make sure that their communities have the resources they need to complete the team's goals and mission. These teams are typically sponsored by fire departments, police departments, or other local emergency management agencies that provide training to and manage volunteers.

These teams often do unique things to give back. One team based out of Shiawassee County, Michigan worked with their local Humane Society to ensure the animals (and their humans!) at a shelter had the supplies they need in cases of severe weather. The team's work helped ensure that the Humane Society volunteers were able to focus on the animals they care for.

TJ Clark of the Shiawassee County Emergency Management Division noted:

The [Community Emergency Response Team]'s role is more than making sure the shelters are prepared for pets; it's about getting the whole community back on its feet [and] functioning as safely and as quickly as possible.

You can read more about this exciting partnership and others pertaining to CERTs and animals.

There are over 2,380 CERT programs across the United States. Learn more about Community Emergency Response Teams and find your local team by searching for your ZIP Code. If there is not a team in your area and you're interested in creating one, get in touch with your State's Point of Contact. Giving your time to a Community Emergency Response Team in your area is a great way to complete your New Year's resolution and help make your community more prepared and resilient.

The broken windows theory is a criminological theory of the norm-setting and signaling effect of urban disorder and vandalism on additional crime and anti-social behavior. The theory states that maintaining and monitoring urban environments to prevent small crimes such as vandalism, public drinking and toll-jumping helps to create an atmosphere of order and lawfulness, thereby preventing more serious crimes from happening.



Consider a building with a few broken windows. If the windows are not repaired, the tendency is for vandals to break a few more windows. Eventually, they may even break into the building, and if it's unoccupied, perhaps become squatters or light fires inside.

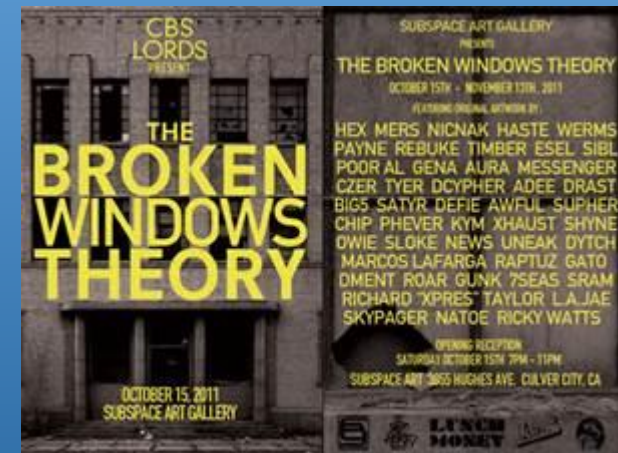
Or consider a pavement. Some litter accumulates. Soon, more litter accumulates. Eventually, people even start leaving bags of refuse from take-out restaurants there or even break into cars.

Broken Windows

What you need to know. [Click here](#) for a summary and background. You need to investigate the law in your city and state.



The theory has been used as a motivation for several reforms in criminal policy, including the controversial mass use of "stop, question, and frisk" by the New York City Police Department.

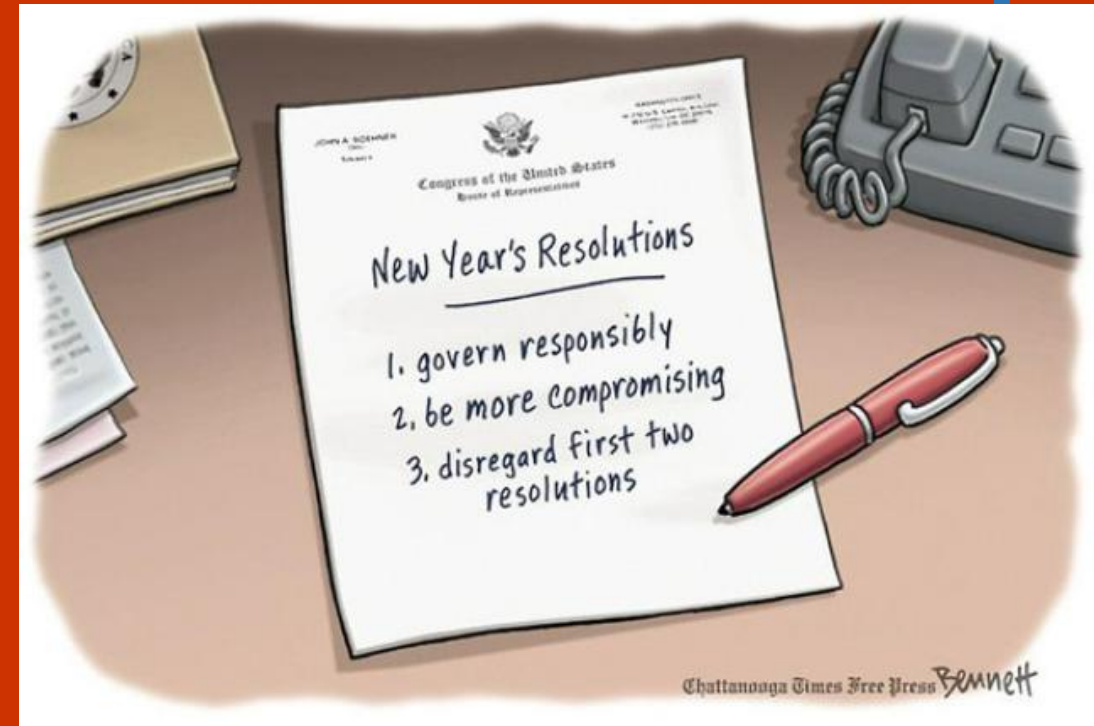


Here is a range of items found in the home that can be recycled.

- old newspaper, magazine and books
- junk mail
- waste paper
- paper packaging (that is not soiled by food), including cardboard boxes
- unwanted plastic bottles or containers
- unwanted glass bottles and containers
- unwanted clothes
- empty cans
- unwanted cell phones
- old computers and laptops

Read more:

<http://www.all-recycling-facts.com/recycling-at-home.html#ixzz3OSMNCBAz>



VINEGAR, WHAT IS IT GOOD FOR?



Remove bumper stickers

If those tattered old bumper stickers on your car make you feel more nauseated than nostalgic, it's time to break out the vinegar. Saturate the top and sides of the sticker with undiluted distilled vinegar and wait 10-15 minutes for the vinegar to soak through. Then use an expired credit card (or one of those promotional plastic cards that come in the mail) to scrape it off. Use more full-strength vinegar to get rid of any remaining gluey residue. Use the same technique to detach those cute decals your kids used to decorate the back windshield.

Keep car windows frost-free

If you park your car outdoors during the cold winter months, a smart and simple way to keep frost from forming on your windows is by wiping (or, better yet, spraying) the outsides of the windows with a solution of 3 parts white vinegar to 1 part water. Each coating may last up to several weeks — although, unfortunately, it won't do much in the way of warding off a heavy snowfall.

Read more: <http://www.rd.com/home/150-household-uses-for-vinegar/4/#ixzz3OSb250lu>

Start up intelligent and unusual conversations about weird trivia about the blustery winter month known as **January**

1. January is known as National Soup month in America.
2. The 1st Football Super Bowl Game was held at the LA Coliseum in January.
3. Most people know the month of January was named after the Roman God Janus.
4. Janus (Ianuarius) was the Roman God “of the doorway” or gatekeeper, many times represented as a 2 faced mask signifying beginnings and endings.

5. Originally the Georgian Calendar had 10 months, but was expanded to include January and February sometime around 700BC by the Roman ruler Pompilius, who gave it 30 days. It is said [Julius Caesar](#) gave it 31 days.

6. The Saxons called it “Wolfmonth” or “wolf-monath”, because in the cold deep snow nights during the month wolves would come out of the forests and into villages hunting for food.

7. The garnet is the official birth gemstone of the month.

8. The Latin root word that January comes from is ‘ianua’ – which means door.

9. It is legend that Charlemagne called the month “Wintarmanuth”.

10. The Czech’s call the month ‘leden’, which means ice month.

11. The Coptic branch of the Christian Church celebrates Christmas on January 7th.

12. Australia celebrates – Australia day on January 26th.

13. On January 7th, 1999, President Bill Clinton’s impeachment began.

14. January 4th is designated as National Short People Day and National Spaghetti Day, in America.

15. Did you know on January 4th, 1965—CBS bought the Fender Guitar Company?

16. In Minnesota on January 4th, 1999, former Professional Wrestler Jesse Ventura became Governor.

17. January 8th is National Bubble Bath Day.

18. In 1935 on January 8th [Elvis Presley](#) (“THE KING of ROCK N ROLL”) was born in Tupelo, Mississippi.

<http://socyberty.com/history/january-trivia-you-might-not-know/#ixzz3OSdRfKqx>

STAR TRIBUNE [Cartoon.com](#)
S&K



Japan and Russia never formally ended hostilities after WWII. Plans for them to sign an official peace treaty in 2000 failed because Japan wanted Russia to return four offshore islands it had taken after the war.

Before 1920, it was illegal for women in the United States to vote. When women's rights advocate Susan B. Anthony tried to vote in the 1872 election, she was arrested and fined \$100.

At least 270 electoral votes are required for a candidate to be declared president. If this number is not reached in the Electoral College, the House of Representatives elects the president.

During his second run for presidency, Teddy Roosevelt was shot by a would-be assassin while giving a speech in Milwaukee. He continued to deliver his speech with the bullet in his chest.

The term "dog days of summer" was coined by the ancient Greeks and Romans to describe the hottest days of summer that coincided with the rising of the Dog Star, Sirius.



McDonald's is one of the largest owners of real estate in the world and it earns the majority of its profits from collecting rent, not from selling food.

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Coming

Soon

10.

Can you imagine a country that bans facebook? Certainly not guys, as in why would a country ban facebook. Country Syria has banned facebook as it is against the promotion of their religion and war campaign.

9.

Facebook's founder Mark Zuckerberg is the world's youngest billionaire having worth of 12.5 billion dollars almost.

8.

Psychologists have introduced a disease called FAD (Facebook Addiction Disorder) and I guess everybody is suffering from that.

7.

Facebook doesn't accept strange sounding names like Leboe' or Allien, they can have their facebook accounts deleted without any explanation.

6.

This one is interesting, let us say facebook doesn't like Breastfeeding mothers, because if any mother uploads a picture of breastfeeding their babies, the account is deleted for sure!

5.

It is said that facebook users are 85% college students and around 70% of them log in everyday.

4.

More than 30 million users update their status at least once a day.

3.

among 13 people 1 has always a facebook account and more than 500 million people use facebook till today. And each user has almost 130 friends at an average.

2.

Around 333,333,333 photos are uploaded daily on facebook to share them with your family and friends.

1.

Now this one is really interesting! More than 60% men and women have used facebook to stalk their ex! Because you cannot be caught that you are following and you will not be suffering any humiliation.



Adidas Smart Ball

Smart Ball is a football with an integrated sensor that detects speed, spin, flight path and impact point. Kick data is transmitted wirelessly over Bluetooth Smart where it is displayed visually.



Snap

Indoor/Outdoor LED PAR lamp with integrated 720p HD IP Camera, microphone, and speaker. Supports cloud recording/playback, voice and motion activation, facial/activity recognition for home security, automation, and commercial applications.



Newest gadgets

Noke

Noke is the world's first bluetooth-enabled padlock. Protect your property and belongings without the hassle of keys or combinations. Share access with others via the Noke app with the tap of a button.



Multi-function Air light (Z-Air)

Z-Air is a ceiling fan with concealed blades, air purification, and LED lamp integrated together into a sleek and aesthetically pleasing dome. Simple and easy installation plus smart automation for hassle-free use and operation.



iCam HD Pro

iCam HD Pro is Amaryllo's newest entry to the home security market. It is an innovative home security camera featuring full HD video, object tracking, multi-viewing, and 360° of rotation giving the user complete control over their home anywhere.



The Eye Tribe Tracker

The Eye Tribe Tracker claims to represent a "major breakthrough in eye tracking". It is the world's smallest eye tracker, the first to use USB 3.0 and is priced below \$100.



The Watch is packed with sensors, including a heart-rate monitor embedded discretely on the underside of the watch face, and an accelerometer, gyroscope, altimeter and e-compass. The Watch also allows users to track their sleep cycle, distance covered, steps taken and calories burned. Users can access an activity overview to monitor their fitness goals.

To be born free is an accident. To live free is a privilege. To die free is a responsibility.

— Brig. General James Sehorn

James Sehorn was interned as a Prisoner of War in North Vietnam after he was shot down on December 14, 1967, and was held until his release on March 14, 1973. He retired as a U.S. Air Force Brigadier General.



On Tuesday January 29, Barack Obama will deliver the 2015 State of the Union Address. Keep something handy to write with as this is your moment to fact-check and to list facts omitted during the speech. There ARE some items in this speech that will surely bring on anger such as 'free' 2 years of college. What??? Then he will offer his plan to help more Americans own a home. We did that already and the result was the 2009 economic implosion. Then if you are in Tennessee, you may be happy as he is introducing a new manufacturing hub in Knoxville. Manufacturing what exactly? More solar panels? What will Barack Obama omit in his speech? Militant Islamist terrorism? The fact that Speaker of the House is suing him over Obamacare? He will likely ignore the VA scandal, the Benghazi scandal, the IRS scandal, the DACA Immigration scandal and \$18 trillion in national debt. It will be fun to see who are the Obama's special guests this year, likely they will not be any school administrators that have terminated Michelle's healthy school lunch program.



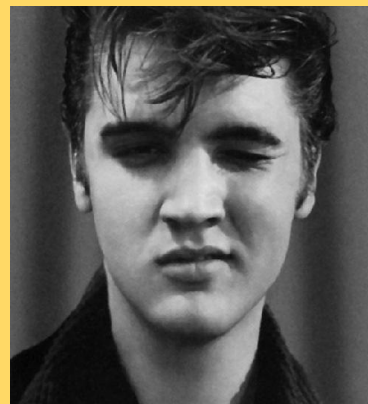
#1. According to rocker Alice Cooper, Elvis once invited him — along with Chubby Checker, Liza Minnelli and Linda Lovelace — to a small gathering at his Las Vegas hotel suite in the 1970s. Sometime during the evening, Presley retrieved a loaded .38 from his kitchen drawer and [told Cooper to point it at him](#), saying, "I'm gonna show you how to take this gun out of somebody's hand." Cooper jokingly says that he thought about shooting Presley (and forever being known as the guy who shot Elvis), but before Cooper knew what hit him, he was on the floor with Elvis' boot at his throat.

#2. Elvis' manager Colonel Tom Parker was always looking to make a buck off his client, whom he considered somewhat of a novelty act. Parker was known to [stand outside of Presley's earlier concert appearances](#) peddling "I Love Elvis" buttons for fans and "I Hate Elvis" buttons for detractors.

#3. According to Priscilla Presley, [Elvis "loathed" the plots](#) of the movie musicals he made after he came back from the army, longing instead to make films like those of James Dean or Marlon Brando.

#4. Ed Sullivan initially didn't want Elvis on his variety program. Presley generated a lot of controversy after appearing on "The Milton Berle Show" shortly before, and Sullivan didn't want that kind of backlash.

#5. In his younger years, Elvis was a huge fan of Captain Marvel Jr. It's widely believed that Presley [modeled his signature look after the superhero](#), including his hair, his sideburns, and his late-era caped jumpsuits.



10 fun facts you may not have known about the King:



#6. At one point in the early '60s, [Elvis owned a 40-pound chimpanzee named Scatter](#).

#7. Elvis kept a [grocery list of items](#) that were to be stocked at Graceland at all times. Among the consumables to be kept in his house were cigarettes, cigars, pickles, one case of Pepsi, banana pudding, Driscoll's, lean bacon, shredded coconut, six cans of biscuits, sauerkraut, and a gum called Feen-a-Mint, which boasted laxative properties.

#8. At a 2009 auction in Chicago, a lock of Elvis' hair from collector Gary Pepper's personal collection fetched [\\$18,300](#). The hair itself wasn't DNA tested, but the clippings were deemed authentic by a celebrity hair "expert."

#9. Elvis only made one commercial in his entire career, singing the jingle in an ad for [Southern Maid Donuts](#) in 1954. According to the company itself, the lyrics were as follows: "You can get them piping hot after 4 p.m., you can get them piping hot, Southern Maid Donuts hits the spot, you can get them piping hot after 4 p.m."

#10. It was widely believed that Elvis' first and only trip to the UK happened in 1960, when the plane carrying him home from his military tenure in Germany stopped to refuel at Glasgow Prestwick Airport in Scotland. When word got out that Elvis [may have spent a day in London](#) with British rocker Tommy Steele back in 1958 (a story confirmed by Steele in 2008), officials at Prestwick Airport refused to believe it — they had already commemorated Elvis' stop-over with a plaque, and had erected an Elvis-themed lounge in honor of the event. "As far as we are concerned, until it is proved otherwise, Prestwick Airport remains the only place in the United Kingdom that Elvis Presley ever set foot," said airport executive Mark Rodwell in 2008.

Elvis may have "left the building" back in 1977, but.....

March 26, 1985, 0930: My wife was at work, I was the only one at home...just back from working the Graveyard Shift, lazing around the house, and the doorbell rang.

I slipped some pants on...went to the kitchen window and saw a car parked across the street. Two men were standing next to it talking...and looking around. I didn't know them or their car. Something about them made me stay at the window and watch longer. Then suddenly, they quit talking, crossed the street, and headed for my house.

I'm a cop; it didn't take long to put this all together: they're burglars and they're going to hit my place. I went to our phone, called the station, identified myself, told the dispatcher what was going down, gave the descriptions, told them, 'I need units fast', hung up...and grabbed my .45.

Less than a minute had passed from the time the doorbell had rung; on-duty cops were on the way, I had taken up a position in the hallway, and next, I heard a "rap" at the back window, then two more, then the sound of breaking glass.

I'm here to tell you, my nerves were peaked. I had never planned out in my mind the actions I'd go through taking a crook down in my own home. On duty, I'd done it many times and, like any cop, played out all the different scenarios in my mind. That experience helped me (a lot) to concentrate but, still...this was my home. Everything felt like new ground to me. A hand reached through the broken window, opened it, and a man climbed in. He went directly to the sliding glass door, opened it and, his partner slipped in. Now I had two, obviously experienced crooks, in my house. I was amazed how fast they worked.

My thinking time was over. I made my move. I stepped around the corner of the hallway, pointed my .45 at them and shouted, 'On The Floor'.

The one who had come through the window hit the floor like a pancake. The second one ducked back out the sliding glass door and was gone. The one on the floor had a 12 inch screwdriver in his hand. A 12 inch stabber...wonderful!

'Drop The Screwdriver', I shouted. I crouched and inched toward him. He was still proned out. I grabbed the screwdriver shaft in my left hand. I didn't want to shoot him. Through the whole thing, I didn't want to shoot him. This was the lesson I'll never forget; Hesitation? I'll never repeat that mistake.

He had a death-grip on the screwdriver. I let go and stepped back. Again, I ordered him, 'Drop it'. He replied; 'I'm nervous. I can't'. I shouted and warned, 'I'm a cop, drop it or I'll shoot'. He said; 'I've got three friends outside.' Then, he slowly got up, and from a crouch, faced me.

He was damned experienced. He sensed I didn't want to shoot him. I backed up a few feet. What am I going to do? Should I shoot him? I was horribly torn between being a cop and knowing what I had to do to stay alive, and being off-duty, in my own home...like a citizen with a gun in a their home ...not wanting to shoot someone. All this racing through my mind.

I was now backed into a corner in my home; both of us crouched, facing each other, ready for the others next move...8 feet apart. That this was happening in my home and I was handling it this way was surreal. Next page →

Then he made his move: from his crouch, half-shouting & growling, he lunged at me. He covered the 8 feet and was nose-to-nose with me in far less than a “second”. I blocked his first “stab” at me. I still didn’t want to shoot him. I moved my gun back to my side...still leveled on him.

Training instincts were taking over for me...I could feel myself moving into autopilot.

He brought his arm back to stab again. I felt a sudden concentration come over me...a rush in my mind to action. I still remember the thought that raced through me: ‘You had one try at me, you don’t get two’.

I fired one round. The blast was loud, but a little muffled...because we were touching each other. He didn’t go down. What-the-hell’s-wrong? I fired again. He went down hard.

I backed up and checked the sliding glass door; I was worried about his partner returning. The instant I turned my attention from him, he jumped up, leaped the few feet to the kitchen door, slammed it open, and ran right through the screen door. I chased him, but after about a half block, I turned back because cops would arrive in seconds and our crook was hit and would turn up in hospital soon enough. I would like to have been there and heard the “story” he gave the ER Nurses.

Later, that day, officers found him at a hospital with one .45 wound in his belly. My first shot had ricocheted off his belt buckle; my second entered next to his belly button, and went through him exiting at his butt. And, he still took off like a rabbit.

It was a close call for me. If I had not been trained for that kind of assault, I think he would have taken me out. Even with my training, I was nervous, and tense as hell. I made the obvious and serious mistake; I hesitated, and that gave him the chance to kill me. I feel more for citizens now. If a citizen had been in the same position and made the same mistake, I think they would have bought it.

I had a plan, but it was flawed. I knew exactly what I would do against a crook in a home...any building...on duty; that’s part of a cops training. My problem that morning was being in my home, I hadn’t planned that one out. I knew what I wanted to do and what I wanted to happen. But, I hadn’t decided what I would not do and would not let happen...in my own home. I hadn’t told myself, ‘Don’t get close to him...don’t let him back you up...don’t give him the chance and time he needs to get to you.’ And, maybe most important, don’t give him the time to plan his attack against you. Keeping the pressure on him helps keep it off you.

As a cop, you know from experience and training when you will shoot. A citizen better have that decision made too. Next Page →





What Bob has changed: Looking back, I gave him the advantage and two opportunities to take me out. Never again. That morning changed me. My strategy is different now, I've got a new plan; it's the same plan now when I'm off duty that I live by on duty: I don't make it easy for someone to kill me. If I have to say to a man, 'Drop The Weapon'...it better happen fast.

What Bob would do the same: I called the police first, and I'm a cop. If you have any time at all before it goes down, get the 911 call made. It doesn't matter how well you're armed nor how many there may be of you, get a back-up force headed to your location.

For training: In any crime of violence, but especially in a home, if you're both armed, and if shooting erupts, the one who waited too long will likely not get a round off or does it with a bullet already in him. Police officers tend to shoot second. They're not told to, but that mindset goes hand-in-hand with their first desire; to control the situation with an arrest, not a death. No private citizen in America has the level of self-control a cop learns in training and then exhibits everyday. But, for citizens facing life or death decisions and waiting too long (usually hoping someone will show up and intervene or the crook will have a change of heart), the odds quickly pile up against them and they are frequently one of the DOA's when cops arrive. This may help too: the average distance of a real-life gunfight between cops & robbers in America is, 3-9 feet; the average distance of a shooting between citizens in their homes versus intruders is, 2-5 feet. For Officer Connaughey, it was inches.

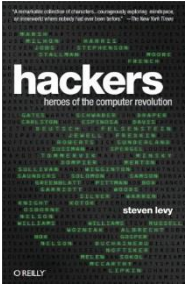
The intruder got five years.

From Bob: 'In those final seconds, with him so close I felt his breath...that's when I finally quit trying to figure things out. The Academy Trainers were right, when the thinking time is over, you either fall back on your training, or wish you had some training.'

END



A few steps you can take to make things a little more difficult for cyber criminals. Here are the top six from experts:



ARE YOU HACK SAVVY?



1. Don't use the same passwords. It's easy to fall into bad habits—and one of the worst ones people have is resorting to the same password on multiple sites. It might be easier to remember, but if it's compromised one place, it puts you at risk on a widespread basis.

"All passwords should be unique to that account," says Jay Foley, executive director of the [Identity Theft Resource Center](#). "That's a major block."

If you find yourself getting overwhelmed, consider creating an excel spreadsheet with your various accounts, usernames and passwords. Just be certain to password protect that file and ensure that your own computer's security is rock solid.

2. Don't use the same security questions. Just as people use the same passwords, they also tend to pick the same security questions—and thieves can use those to brute force their way into other accounts in your name, even when there's a flag on the account to watch for possible fraudulent activity.

"Those security questions are critical," says Avivah Litan, vice president and distinguished analyst at [Gartner](#). "When an account is flagged as high risk, the service provider will typically ask you the answer to your secret question. Typically, these questions are very similar across the board. Once the criminal gives it, he's in."

When possible, come up with your own question and answer. And try to avoid the same questions at different sites.

3. Beware your history. Online shopping is one of the fastest-growing segments of retail, but people often don't think about what happens after they complete a purchase.

"One of the biggest problems facing online shoppers is everywhere you've done business, you've left your personal information behind," says Foley.

That makes you vulnerable at multiple locations you may have long forgotten, but there are a couple of alternative options. Services like [ShopShield](#) allow shoppers to keep their address, credit card information and more at a single location, instead of multiple e-tailers.

And [FirstData](#) is experimenting with card readers that are designed to attach to consumer's computers, letting them swipe credit cards at home and not have to leave that data on file with an online retailer.

4. Share less. As social media grows, people have become a lot more open with personal information. You've probably heard not to announce on Facebook when you'll be out of town (it's an open invitation for thieves). But too many people don't realize they could be handing out their passwords without meaning to.

Here's how it happens: People often choose a favorite pet or their child's name as a password, to help them remember it (and thinking that a stranger wouldn't know that sort of thing). But on their Facebook page, they've got all that information available and may not block access to it adequately via the site's security settings.



5. Watch for red-flag questions. If you've had data stolen, that doesn't automatically mean you're at risk for identity theft, but you are a more likely target for a phishing campaign.

Even if your data has not been compromised yet, never click a link (or open an attachment) in an email from someone you don't know. The same advice goes when it appears to be from your bank or credit card company. Thieves are sophisticated enough to make very realistic looking emails and sites. Always type in the URL manually.

"Anything you read in an email is subject to verification," says Foley. "That's the rule by which I live."

6. Read the fine print. Living our lives online has made us a much more fast-paced society. So fast, in fact, that most people don't bother to read the policies they agree to at many sites. Most assume the language is basically the same everywhere and is meant to protect them, but often they're signing away their rights.

Major corporations, for instance, might include a clause noting that by accepting the terms of their agreement with one subsidiary, you give them the right to share that with all of its holdings, meaning all of a sudden, your data is at dozens, hundreds or even thousands of sites without your knowledge. Read privacy policies closely and see with whom the companies you do business with share their data.