

Personal Support Worker Sample Resume

Prepared by Centennial College, Cooperative Education and Employment Resources, 2010

PAT M. SMITH

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CAREER OBJECTIVE

As a Personal Support Worker, to help people live active and fulfilling lives by providing support to physically disabled adults with activities of daily living and while maintaining client independence

HIGHLIGHTS OF QUALIFICATIONS

- Graduate – Personal Support Worker Certificate – Centennial College
- Experience working in a long term care facility as well as individual clients' homes
- Demonstrated ability to work effectively with all levels of staff, transdisciplinary teams, patients and their families
- Dedicated to promoting client dignity, independence, comfort, mobility and safety
- Knowledge of specific conditions affecting physical abilities such as Multiple Sclerosis
- Demonstrated interpersonal, organizational and communication skills
- Proven track record in high quality customer service, excellent performance history and attendance record
- Excellent judgment and tact combined with strong problem-solving/analytical skills when addressing multicultural issues
- Computer knowledge: MS Office, Internet/email applications

EDUCATION/TRAINING

Personal Support Worker Certificate

Centennial College, Toronto, ON

Sept. 2009 - Apr. 2010

Relevant courses included:

Body Structure, Function & Common Conditions
Developmental Stages and Alterations in Health
Personal Support Communications

Alterations in Mental Health
Supporting Clients in Palliative Care
Personal & Professional Growth

CPR and First Aid – HCP Level

St. John's Ambulance, Toronto, ON

Apr. 2010

RELATED WORK EXPERIENCE

Personal Support Worker (Placement)

Comcare Health Services, Oakville, ON

Jan. – Mar. 2010

- Assisted clients with the tasks of daily living related to personal care
- Performed household management duties as assigned
- Reported unsafe conditions in the client's home
- Participated in the service plan and reported changes in client's condition
- Adapt and respond to client's requirements and wishes while working within the established service plan
- Prepared and submitted client reports according to established procedure

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RELATED WORK EXPERIENCE (cont'd)

Client Care Attendant (Placement)

Oct. – Nov. 2009

Scarborough Healthcare Centre, Scarborough, ON

- Assisted patients with the activities of daily living
- Responded to call bells and accessed appropriate person to meet patient needs
- Assisted patients with practising and actualizing newly acquired skills
- Porterred, lifted and transferred patients
- Notified clinical staff of changes in clinical conditions
- Functioned as a team member to support patients in achieving goals
- Demonstrated effective patient focused communication with patients/residents, families and team members

OTHER WORK EXPERIENCE

Lifeguard

Summers 2003 - 2008

Toronto Recreation Department, Toronto, ON

- Supervised and monitored the safety of swimmers on a busy community beach
- Wrote weekly health and safety reports
- Maintained composure and professionalism under pressure

VOLUNTEER EXPERIENCE

Office Clerk

Sept. 2005 - Present

Canadian Association for Community Living, Toronto, ON

HOBBIES & INTERESTS

- Gardening
- Reading
- Play piano

References Available Upon Request