



GLUTEN-FREE PRODUCTS SHOPPING LIST

The items on this shopping list, to the best of our knowledge, are made without gluten or any ingredients derived from gluten-containing grains, such as wheat, barley, rye, spelt or kamut.

It is possible that products labeled gluten-free may come into contact with gluten during manufacturing. There are currently no standards for gluten-free food labels, as the Food and Drug Administration (FDA) has yet to settle on an enforceable rule for the term *gluten-free*. Currently the FDA is considering 20 parts per million (ppm) as the allowable limit for a gluten-free label, which is a common standard in other countries. Many manufacturers are limiting products to 10 ppm in anticipation of an FDA ruling.

People who have celiac disease and individuals who are exquisitely sensitive may still have a reaction to foods with measurable, although tiny, amounts of gluten. In this case, it is helpful to find companies that only produce gluten-free products in a dedicated gluten-free facility or that are part of a certification program.



Look for products made in a dedicated gluten free facility or with this symbol designating that the item has been certified. For more information on Gluten-Free Certification Organization, visit their webpage at www.gfco.org.

We suggest that you read labels carefully, as ingredients may change without notice. For information regarding specific processing practices, please contact the manufacturer.

This list also indicates whether the gluten-free foods listed contain dairy, soy or egg in the ingredients. If soy lecithin is the source of soy in the product, (SL) will appear after the product description.

Other abbreviations include:

OG = Organic **GF** = Gluten-free **WF** = Wheat-free **DF** = dairy-free **SL** = soy lecithin

Visit our website at www.newseasonsmarket.com for a list of our regularly scheduled complimentary gluten-free products store tours. Please direct questions and comments regarding this list to glutenfree@newseasonsmarket.com.

Disclaimer: This is merely a guide and we are unable to be responsible for individual reactions to any product. Please read each label carefully to determine whether a food is appropriate for you. The information provided is not to be taken as medical advice. Consult your health care practitioner for all medical advice.

Updated September 2012

THIS SHOPPING LIST IS JUST A GUIDE. PLEASE ALWAYS READ LABELS AS INGREDIENTS ARE SUBJECT TO CHANGE.

D = Dedicated Gluten Free Facility

T = Tested < 20 ppm

✓✓ = Certified Gluten Free

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Description		D	T	DF	SF	EF
Baby Food						
Happy Baby	Happy Melt - Yogurt Snacks				✓	✓
Happy Bellies	OG Brown Rice Cereal			✓	✓	✓
Organic Pedia Smart	Pedia Smart - Chocolate					✓
Organic Pedia Smart	Pedia Smart - Vanilla					✓
Plum Organic Tots	Fiddlesticks - Apple Carrot				✓	
Plum Organic Tots	Fiddlesticks - Berry				✓	
Tasty Baby	Brown Rice Cereal				✓	✓
Baking Supplies - Biscuit Mix						
Bisquick	GF Bisquick					✓
Bob's Red Mill	WF / GF Biscuit Mix	✓	✓	✓	✓	✓
Baking Supplies - Bread Mix						
Bob's Red Mill	GF Bread Mix (SL)	✓	✓	✓		✓
Bob's Red Mill	GF Cinnamon Raisin Bread Mix	✓	✓	✓	✓	✓
Bob's Red Mill	GF Cornbread Mix	✓	✓	✓	✓	✓
Bob's Red Mill	GF Hearty Whole Grain Bread Mix (SL)	✓	✓	✓		✓
Gluten-free Pantry	French Bread and Pizza Mix	✓		✓	✓	✓
King Arthur	Bread Mix		✓✓	✓	✓	✓
Pamela's Products	GF Bread Mix	✓		✓	✓	✓
Simply Organic	OG Banana Bread Mix			✓	✓	✓
The Cravings Place	Cornbread Mix	✓		✓	✓	✓
The Cravings Place	Quick Bread / Muffin Mix	✓		✓	✓	✓
Baking Supplies - Brownie Mix						
Arrowhead Mills	GF Brownie Mix (SL)		✓	✓		✓
Betty Crocker	Brownie Mix			✓		✓
Bob's Red Mill	GF Brownie Mix	✓	✓	✓	✓	✓
Gluten-free Pantry	Chocolate Truffle Brownie Mix	✓		✓		✓
King Arthur	Brownie Mix		✓✓		✓	✓
Pamela's Products	Ultra Chocolate Brownie Mix (SL)	✓				✓
Simply Organic	OG Cocoa Brownie Mix			✓	✓	✓
The Cravings Place	Chocolate Brownie Mix (SL)	✓		✓		✓
Baking Supplies - Cake Mix						
Arrowhead Mills	GF Vanilla Cake Mix		✓		✓	✓
Betty Crocker	Devil's Food Cake Mix			✓		✓
Betty Crocker	Yellow Cake Mix			✓		✓
Bob's Red Mill	GF Chocolate Cake Mix	✓	✓	✓	✓	✓
Eena Kadeena	Snickerdoodle Cupcake Mix	✓		✓	✓	✓
King Arthur	Chocolate Cake Mix		✓✓	✓	✓	✓
Pamela's Products	Cake Mix - Chocolate	✓		✓	✓	✓

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Baking Supplies - Cake Mix						
Pamela's Products	Cake Mix - Classic Vanilla	✓		✓	✓	✓
Simply Organic	OG Carrot Cake Mix			✓	✓	✓
Simply Organic	OG Cocoa Cayenne Cupcake Mix			✓	✓	✓
The Cravings Place	Cinnamon Crumb Cake Mix	✓		✓	✓	✓
The Cravings Place	Dutch Chocolate Cake Mix	✓		✓	✓	✓
The Pure Pantry	Dark Chocolate Cake Mix		✓✓	✓	✓	✓
WOW Baking Co.	Chocolate Cake Mix		✓✓	✓	✓	✓
WOW Baking Co.	Yellow Cake Mix		✓✓	✓	✓	✓
Baking Supplies - Cookie Mix						
Arrowhead Mills	GF Chocolate Chip Cookie Mix (SL)		✓	✓		✓
Betty Crocker	GF Cookie Mix (SL)			✓		✓
Bob's Red Mill	GF Chocolate Chip Cookie Mix (SL)	✓	✓	✓		✓
Eena Kadeena	Mandel Cookie Mix	✓		✓	✓	✓
King Arthur	Cookie Mix		✓✓	✓	✓	✓
Pamela's Products	Chocolate Chunk Cookie Mix (SL)	✓		✓		✓
The Cravings Place	Chocolate Chunk Cookie Mix (SL)	✓		✓		✓
The Cravings Place	Create Your Cookie Mix	✓		✓	✓	✓
The Cravings Place	Peanut Butter Cookie Mix	✓		✓	✓	✓
The Pure Pantry	Chocolate Chip Cookie Mix		✓✓	✓	✓	✓
The Pure Pantry	Oatmeal Spice Cookie Mix		✓✓	✓	✓	✓
The Pure Pantry	Sugar Cookies		✓✓	✓	✓	✓
Baking Supplies - Flour						
Ancient Harvest	Whole Grain Quinoa Flour			✓	✓	✓
Arrowhead Mills	OG Blue Cornmeal		✓	✓	✓	✓
Arrowhead Mills	OG Yellow Corn Meal		✓	✓	✓	✓
Arrowhead Mills	WF / GF All-Purpose Baking Mix		✓	✓	✓	✓
Bob's Red Mill	Almond Meal / Flour	✓	✓	✓	✓	✓
Bob's Red Mill	Amaranth Flour	✓	✓	✓	✓	✓
Bob's Red Mill	Brown Rice Flour	✓	✓	✓	✓	✓
Bob's Red Mill	Coconut Flour	✓	✓	✓	✓	✓
Bob's Red Mill	Garbanzo / Fava Flour	✓	✓	✓	✓	✓
Bob's Red Mill	Garbanzo Bean Flour	✓	✓	✓	✓	✓
Bob's Red Mill	GF All Purpose Baking Flour	✓	✓	✓	✓	✓
Bob's Red Mill	GF Corn Flour	✓	✓	✓	✓	✓
Bob's Red Mill	GF Cornmeal	✓	✓	✓	✓	✓
Bob's Red Mill	Hazelnut Meal / Flour	✓	✓	✓	✓	✓
Bob's Red Mill	Millet Flour	✓	✓	✓	✓	✓
Bob's Red Mill	OG Brown Rice Flour	✓	✓	✓	✓	✓

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Baking Supplies - Flour						
Bob's Red Mill	OG Stone Ground White Rice Flour	✓	✓	✓	✓	✓
Bob's Red Mill	OG White Rice Flour	✓	✓	✓	✓	✓
Bob's Red Mill	Potato Flour	✓	✓	✓	✓	✓
Bob's Red Mill	Quinoa Flour	✓	✓	✓	✓	✓
Bob's Red Mill	Sweet Rice Flour	✓	✓	✓	✓	✓
Bob's Red Mill	Tapioca Flour	✓	✓	✓	✓	✓
Bob's Red Mill	White Rice Flour	✓	✓	✓	✓	✓
Bob's Red Mill	Whole Grain Oat Flour	✓	✓	✓	✓	✓
Coconut Secret	Raw Coconut Flour			✓	✓	✓
Gluten Free Mama	Mama's Almond Blend - All Purpose GF Flour			✓	✓	✓
Gluten Free Mama	Mama's Coconut Blend - All Purpose GF Flour			✓	✓	✓
King Arthur	All Purpose Flour		✓✓	✓	✓	✓
Let's Do Organic	Coconut Flour		✓	✓	✓	✓
Pamela's Products	Ultimate Baking & Pancake Mix	✓			✓	✓
The Pure Pantry	All Purpose Flour Blend		✓✓	✓	✓	✓
Baking Supplies - Miscellaneous						
Arm & Hammer	Arm & Hammer Baking Soda			✓	✓	✓
Arrowhead Mills	Pour' N Bake Pumpkin Pie Filling		✓		✓	✓
Bob's Red Mill	Cornstarch	✓	✓	✓	✓	✓
Bob's Red Mill	Flaxseed Meal	✓	✓	✓	✓	✓
Bob's Red Mill	Guar Gum	✓	✓	✓	✓	✓
Bob's Red Mill	Non-aluminum Double Acting Baking Powder	✓	✓	✓	✓	✓
Bob's Red Mill	Potato Starch	✓	✓	✓	✓	✓
Bob's Red Mill	Rice Bran	✓	✓	DF	✓	✓
Bob's Red Mill	Soy Lecithin Granules	✓	✓	✓		✓
Bob's Red Mill	TVP / Textured Vegetable Protein	✓	✓	✓		✓
Bob's Red Mill	Xanthan Gum	✓	✓	✓	✓	✓
Chocolate Dream	Semi-sweet Baking Chips (SL)		✓	✓		✓
Clabber Girl	Clabber Girl Baking Powder			✓	✓	✓
Dagoba	OG 73% Dark Chocolate Chocodrops			✓	✓	✓
Dagoba	OG Cocoa Powder			✓	✓	✓
Droste	Boy & Girl Dutch Cocoa			✓	✓	✓
Eagle Brand	Sweetened Condensed Milk				✓	✓
Eena Kadeena	Mock-Zah Ball Mix	✓		✓	✓	✓
Ener-G Foods	Bread Crumbs		✓✓	✓	✓	✓
Ener-G Foods	Egg Replacer		✓✓	✓	✓	✓
Enjoy Life Foods	Semi-sweet Chocolate Mega Chunks	✓	✓✓	✓	✓	✓
Enjoy Life Foods	Semi-sweet Mini Chocolate Chips	✓	✓✓	✓	✓	✓

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Baking Supplies - Miscellaneous						
Equal Exchange	OG Baking Cocoa			✓	✓	✓
Fleischmann's	Dry Yeast			✓	✓	✓
Fleischmann's	Yeast Packets			✓	✓	✓
Ghirardelli	Unsweetened Ground Cocoa			✓	✓	✓
Glutino	Bread Crumbs	✓	✓	✓	✓	✓
Hain	Baking Powder			✓	✓	✓
Let's Do Organic	Confetti Sprinkles		✓	✓	✓	✓
Let's Do Organic	OG Cornstarch		✓	✓	✓	✓
Let's Do Organic	OG Tapioca Starch		✓	✓	✓	✓
McCormick	Pure Peppermint Extract			✓	✓	✓
McCormick	Pure Vanilla Extract			✓	✓	✓
Nielsen-Massey	Pure Vanilla Bean Paste		✓✓	✓	✓	✓
Nielsen-Massey	Pure Vanilla Extract - Tahitian & Mexican		✓✓	✓	✓	✓
Organic Valley	OG Non-fat Dry Milk				✓	✓
Pamela's Products	Frosting Mix - Dark Chocolate	✓		✓	✓	✓
Pamela's Products	Frosting Mix - Vanilla	✓		✓	✓	✓
Red Star	Yeast Packets			✓	✓	✓
Rumford Company	Baking Powder			✓	✓	✓
Scharffen Berger	Cocoa Powder			✓	✓	✓
Scharffen Berger	Cocoa Powder - Sweetened			✓	✓	✓
Singing Dog	Vanilla Extract			✓	✓	✓
Tropical Source	Dairy-free Semi-sweet Chocolate Chips			✓		✓
Wonderslim	Cocoa Powder Fat / Caffeine-free			✓	✓	✓
Baking Supplies - Muffin Mix						
Gluten-free Pantry	Muffin & Scone Mix	✓		✓	✓	✓
King Arthur	Muffin Mix		✓✓	✓	✓	✓
Baking Supplies - Pancake Mix						
Arrowhead Mills	GF OG Wild Rice Pancake & Waffle Mix		✓			✓
Arrowhead Mills	GF Pancake Mix		✓	✓	✓	✓
Bob's Red Mill	GF Pancake Mix	✓	✓	✓	✓	✓
Eena Kadeena	"Chai" Our Pancake Mix	✓		✓	✓	✓
King Arthur	Pancake Mix		✓✓	✓	✓	✓
Kinnikinnick Foods	Pancake & Waffle Mix	✓		✓		
Pamela's Products	Ultimate Baking & Pancake Mix	✓			✓	✓
The Cravings Place	Pancake & Waffle Mix	✓		✓	✓	✓
The Pure Pantry	Pancake & Baking Mix		✓✓	✓	✓	✓
Baking Supplies - Pie Crust Mix						
Gluten Free Mama	Mama's Pie Crust Mix			✓	✓	✓

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Baking Supplies - Pie Crust Mix						
Gluten-free Pantry	Perfect Pie Crust Mix	✓		✓	✓	✓
Baking Supplies - Sweeteners						
Aunt Patty's	Fructose			✓	✓	✓
Aunt Patty's	Molasses			✓	✓	✓
Aunt Patty's	OG Agave Nectar - Light / Dark			✓	✓	✓
Aunt Patty's	OG Maple Sugar			✓	✓	✓
C & H	Bakers Ultra Fine Sugar			✓	✓	✓
C & H	Brown Sugar			✓	✓	✓
C & H	Granulated Sugar			✓	✓	✓
Coconut Secret	Raw Coconut Crystals			✓	✓	✓
Coconut Secret	Raw Coconut Nectar			✓	✓	✓
Lundberg	OG Sweet Dream Rice Syrup			✓	✓	✓
Madhava	Coconut Palm Sugar			✓	✓	✓
Maple Grove	Vermont Sugar-free Syrup			✓	✓	✓
NOW Foods	Stevia Packets			✓	✓	✓
Plantation	Blackstrap Molasses			✓	✓	✓
Sweet Tree	Coconut Palm Sugar			✓	✓	✓
Wholesome Sweeteners	OG Blue Agave - All Flavors			✓	✓	✓
Wisdom of the Ancients	Stevia - Flavored Liquid Extracts			✓	✓	✓
Bars						
Angell Crisp	Angell Crisp (SL)					✓
Bakery On Main	Cranberry Maple Nut (SL)	✓	✓✓	✓		✓
Bakery On Main	Extreme Trail Mix (SL)	✓	✓✓	✓		✓
Bakery On Main	Granola Bars - Chocolate Almond	✓	✓✓	✓		✓
Bakery On Main	Granola Bars - Peanut Butter and Jelly	✓	✓✓	✓		✓
Bakery On Main	Peanut Butter Chocolate Chip (SL)	✓	✓✓	✓		✓
Bio International	OG Food Bar - All Flavors			✓	✓	✓
Bobo's Oat Bars	GF Chocolate Almond			✓	✓	✓
Bobo's Oat Bars	GF Lemon Poppyseed			✓	✓	✓
Bobo's Oat Bars	GF Maple Pecan			✓	✓	✓
Bobo's Oat Bars	GF Peach			✓	✓	✓
Bumble Bar	Almond			✓	✓	✓
Bumble Bar	Cashew			✓	✓	✓
Bumble Bar	Chai with Almonds			✓		✓
Bumble Bar	Chocolate (SL)			✓		✓
Bumble Bar	Lushus Lemon			✓		✓
Bumble Bar	Mixed Nuts			✓	✓	✓
Clif	KIT's OG Fruit & Nut Bars - All Flavors			✓	✓	✓

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Bars						
Coconut Secret	Almond, Mint, Classic			✓✓	✓	✓
Coconut Secret	Macaroon			✓✓	✓	✓
CoGo	Almond Banana				✓	✓
CoGo	Double Chocolate (SL)				✓	✓
CoGo	Hemp Apricot				✓	✓
CoGo	Peanut Butter Chocolate Chip				✓	✓
CoGo	Superberry				✓	✓
Enjoy Life Foods	Boom Choco Boom - All Flavors	✓	✓✓	✓	✓	✓
Enjoy Life Foods	Caramel Apple	✓	✓✓	✓	✓	✓
Enjoy Life Foods	Cocoa Loco	✓	✓✓	✓	✓	✓
Enjoy Life Foods	Sunbutter Crunch	✓	✓✓	✓	✓	✓
Enjoy Life Foods	Very Berry	✓	✓✓	✓	✓	✓
Gluten-free Café	Chocolate Sesame Bar			✓✓	✓	✓
Gluten-free Café	Cinnamon Sesame Bar			✓✓	✓	✓
Gluten-free Café	Lemon Sesame Bar			✓✓	✓	✓
Glutino	Candy Bar - Chocolate Peanut Butter	✓	✓			✓
Glutino	Candy Bar - Dark Chocolate	✓	✓	✓		✓
Glutino	GF Breakfast Bars - All Flavors	✓	✓	✓	✓	✓
GoRaw	OG Bars - All Flavors				✓	✓
Just Fruit	Fruit Bars - All Flavors				✓	✓
Kind	Almond & Cashew				✓	✓
Kind	Almond Apricot (SL)				✓	✓
Kind	Almond Apricot Yogurt (SL)					✓
Kind	Almond Coconut (SL)				✓	✓
Kind	Almond, Walnut & Macadamia (SL)				✓	✓
Kind	Apple Cinnamon Pecan (SL)				✓	✓
Kind	Blueberry Pecan (SL)				✓	✓
Kind	Cashew Ginger (SL)				✓	✓
Kind	Cranberry & Almond (SL)				✓	✓
Kind	Dark Choc Cherry Cashew (SL)					✓
Kind	Dark Chocolate Cinnamon Pecan (SL)					✓
Kind	Dark Chocolate Nuts Sea Salt (SL)					✓
Kind	Fruit & Nut (SL)				✓	✓
Kind	Macadamia Nut & Apricot (SL)				✓	✓
Kind	Madagascar Vanilla Almond (SL)				✓	✓
Kind	Mango Macadamia				✓	✓
Kind	Nut Delight (SL)				✓	✓
Kind	Peanut Butter & Strawberry (SL)				✓	✓

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Bars						
Kind	Peanut Butter Dark Chocolate (SL)					✓
Kind	Pomegranate Blueberry Pistachio (SL)			✓		✓
Kind	Sesame Peanut Chocolate (SL)					✓
Kind	Walnut & Date (SL)			✓		✓
Larabar	All Flavors			✓	✓	✓
Larabar	Jocalat - All Flavors			✓	✓	✓
Larabar	Uber Bars - All Flavors			✓	✓	✓
Nature Valley	GF Almond Crunch Granola Bar			✓	✓	✓
Nature's Path	EnviroKidz Crispy Rice - Cheetah Berry	✓✓	✓			✓
Nature's Path	EnviroKidz Crispy Rice - Fruity Burst	✓✓	✓			✓
Nature's Path	EnviroKidz Crispy Rice - Koala Chocolate	✓✓				✓
Nature's Path	EnviroKidz Crispy Rice - Panda Peanut Butter	✓✓	✓			✓
Nature's Path	EnviroKidz Crispy Rice - Peanut Choco Drizzl	✓✓	✓			✓
NuGo Free	GF Carrot Cake		✓✓	✓	✓	✓
NuGo Free	GF Dark Chocolate Trail Mix		✓✓	✓	✓	✓
NuGo Free	GF Double Chocolate Crunch		✓✓	✓	✓	✓
NuGo Slim	Raspberry Truffle, Roasted Peanut, Brownie		✓✓			✓
Nutiva	OG Hempseed Nutrition Bar			✓	✓	✓
Pure	Pure Bars - All Flavors			✓	✓	✓
Raw Revolution	All Flavors			✓	✓	✓
Rebar	Original Rebar			✓	✓	✓
The Good Bean	Bars - All Flavors					✓
Think Thin	Brownie Crunch					✓
Think Thin	Chocolate Mudslide					✓
Think Thin	Chunky Peanut Butter					✓
Think Thin	Crunch - Mixed Nut Varieties			✓		✓
Think Thin	Crunch - White Chocolate/Chocolate Dipped					✓
Zing	Almond Blueberry		✓✓		✓	✓
Zing	Chocolate Coconut		✓✓	✓	✓	✓
Zing	Chocolate Hazelnut		✓✓	✓	✓	✓
Zing	Chocolate Peanut Butter		✓✓		✓	✓
Zing	Coconut Cashew Crisp		✓✓	✓	✓	✓
Zing	Oatmeal Chocolate Chip		✓✓		✓	✓
Zing	Peanut Butter Chocolate Chip		✓✓	✓	✓	✓
Beans						
Amy's	OG Black Bean Chili		✓	✓	✓	✓
Amy's	OG Chili with Vegetables		✓	✓	✓	✓
Amy's	OG Medium Chili		✓	✓		✓

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Beans						
Amy's	OG Spicy Chili		✓	✓		✓
Amy's	OG Vegetarian Baked Beans		✓	✓	✓	✓
Eden Foods	Baked Beans with Sorghum & Mustard			✓	✓	✓
Eden Foods	Canned Refried Black Beans			✓	✓	✓
Eden Foods	Canned Refried Pinto Beans			✓	✓	✓
Eden Foods	Canned Rice & Beans - Cajun Red Beans			✓	✓	✓
Eden Foods	Canned Rice & Beans - Caribbean Black Bea			✓	✓	✓
Eden Foods	Canned Rice & Beans - Garbanzo Beans			✓	✓	✓
Eden Foods	Canned Rice & Beans - Lentils			✓	✓	✓
Eden Foods	Canned Rice & Beans - Pinto Beans			✓	✓	✓
Eden Foods	OG Canned Beans - All Varieties			✓	✓	✓
The Better Bean	Refried Beans - All Flavors (refrigerated)			✓	✓	✓
The Better Bean	Three Sisters Chili (refrigerated)			✓	✓	✓
Beverages						
Adina	Herbal Elixir - All EXCEPT Honey Lemon Aloe			✓	✓	✓
Boylan's Soda	Cane Cola, Black Cherry, Root Beer, Crème			✓	✓	✓
Cascade Fresh	Cascaders - All Flavors				✓	✓
Dagoba	OG Authentic Hot Chocolate			✓	✓	✓
Dry Soda	Soda - All Flavors			✓	✓	✓
Froose	Juice Boxes - All Flavors			✓	✓	✓
Good Belly	"To Go" Probiotic Fruit Drink Mix - Blueberry			✓	✓	✓
Good Belly	"To Go" Probiotic Fruit Drink Mix - Mango			✓	✓	✓
Grainaissance	AMAZAKE Almond Shake			✓	✓	✓
Grainaissance	AMAZAKE Cool Coconut			✓	✓	✓
Grainaissance	AMAZAKE Gimme Green			✓	✓	✓
Grainaissance	AMAZAKE Go Hazelnuts			✓	✓	✓
Grainaissance	AMAZAKE Pecan Pie			✓	✓	✓
Green & Blacks	Hot Chocolate			✓		✓
Green & Blacks	Maya Gold - Hot Chocolate Drink (SL)			✓		✓
Harvest Bay	Coconut Water			✓	✓	✓
Helios	Kefir - All Flavors				✓	✓
Kool Aid	All Flavors - Check Label			✓	✓	✓
Nancy's	OG Kefir - All Flavors				✓	✓
O.N.E.	Coconut Water - All Flavors			✓	✓	✓
Oogave	Soda - All Flavors			✓	✓	✓
Pacific Foods	Iced Coffee - All Flavors				✓	✓
R.W. Knudsen	Spritzers, Canned			✓	✓	✓
Reed's	Ginger Brew - All Flavors			✓	✓	✓

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Beverages						
Reed's	Nausea Relief			✓	✓	✓
Santa Cruz	Sparkling Beverages, Canned - All Flavors			✓	✓	✓
So Delicious	Cultured Coconut Milk - All Flavors		✓✓	✓	✓	✓
Stonyfield	Super Smoothies - All Flavors		✓✓		✓	✓
Sun Sweet Naturals	C2O Coconut Water			✓	✓	✓
Trader Tiki's	Don's Mix			✓	✓	✓
Trader Tiki's	Orgeat Syrup			✓	✓	✓
Virgil's	Soda - All Flavors			✓	✓	✓
Virgil's	Zero Soda - All Flavors			✓	✓	✓
Wildwood	OG Probiotic Soymilk - All Flavors			✓		✓
Zico	Coconut Water - All Flavors			✓	✓	✓
Beverages - Alcoholic						
Ace	Hard Ciders			✓	✓	✓
Anheuser - Busch	Redbridge			✓	✓	✓
Bard's Tale Beer	Dragon's Gold			✓	✓	✓
Blackthorn	Hard Cider			✓	✓	✓
Blue Mountain	Hard Ciders			✓	✓	✓
Crispin	Hard Apple Cider			✓	✓	✓
Daura	Gluten Free Beer			✓	✓	✓
Finnegan	Hard Ciders			✓	✓	✓
Fox Barrel	Black Currant Cider			✓	✓	✓
Green's	Belgium Style Beers			✓	✓	✓
Harvester Brewing	Gluten Free Beers	✓		✓	✓	✓
J.K. Scrumpy's	OG Hard Cider			✓	✓	✓
Lakefront	New Grist			✓	✓	✓
New Planet	Off Grid Pale Ale			✓	✓	✓
Spire	Hard Cider			✓	✓	✓
St. Peter's	Sorghum Beer			✓	✓	✓
Strongbow	Hard Cider			✓	✓	✓
Tieton Cider Works	Hard Ciders			✓	✓	✓
Wandering Aengus Cider	Ciders			✓	✓	✓
Widmer	O'Mission		✓	✓	✓	✓
Woodchuck	Hard Apple & Pear Ciders			✓	✓	✓
Beverages - Tea						
Celestial Seasonings	Most Flavors - Check Label			✓	✓	✓
Crystal Light	Iced Tea - Natural Lemon			✓	✓	✓
Crystal Light	Iced Tea - Peach			✓	✓	✓
Guayaki	Yerba Mate Teas - All Flavors			✓	✓	✓

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Beverages - Tea						
Hansen's	Natural Tea Stix - All Flavors			✓	✓	✓
Honest T	Bottled Teas			✓	✓	✓
Honeydrop Teas	All Flavors			✓	✓	✓
Pacific Foods	Green Teas - All Flavors			✓	✓	✓
Pacific Foods	Yerba Mate - All Flavors			✓	✓	✓
Stash Tea	All Flavors			✓	✓	✓
Zhena's Gypsy Tea	OG Fair Trade Teas - All Flavors			✓	✓	✓
Bread						
Bavaria Mills	GF Dark Honey Almond Bread	✓		✓	✓	
Bavaria Mills	GF Egg-free Bread with Flax	✓		✓	✓	✓
Bavaria Mills	GF White Almond Bread	✓			✓	
Bavarian Breads	GF Bavarian Bread			✓	✓	✓
Ener-G Foods	Bread Crumbs		✓✓	✓	✓	✓
Ener-G Foods	Brown Rice Bread		✓✓	✓	✓	✓
Ener-G Foods	Light Brown Rice Loaf		✓✓	✓	✓	✓
Ener-G Foods	Light White Rice Loaf		✓✓	✓	✓	✓
Ener-G Foods	Tapioca Bread		✓✓	✓	✓	✓
Ener-G Foods	White Rice Bread		✓✓	✓	✓	✓
Ener-G Foods	Yeast-free Brown Rice Bread		✓✓	✓	✓	✓
Food for Life	Rice Breads - All Flavors			✓	✓	✓
Glutino	Cinnamon Raisin Bread	✓	✓	✓	✓	
Glutino	Fiber Bread	✓	✓	✓	✓	✓
Glutino	Flax Bread	✓	✓	✓	✓	
Glutino	GF Breadsticks - Pizza-flavored	✓	✓	✓	✓	✓
Glutino	GF Breadsticks - Sesame	✓	✓	✓	✓	✓
Glutino	Harvest Corn Bread	✓	✓	✓	✓	
Grainaissance	Mochi - All Flavors			✓	✓	✓
Kinnikinnick Foods	Italian White Rice Bread	✓		✓	✓	
Kinnikinnick Foods	Sunflower Flax Bread	✓		✓	✓	✓
Kinnikinnick Foods	White Sandwich Bread	✓		✓	✓	
New Cascadia Traditional	Artisan Specialty Breads (other allergens vary)	✓				
New Cascadia Traditional	Cinnamon Raisin Bread	✓		✓	✓	
New Cascadia Traditional	Honey Gold Bread	✓		✓	✓	
New Cascadia Traditional	Multi-grain Bread	✓		✓	✓	✓
New Cascadia Traditional	Seeded Bread	✓		✓	✓	✓
New Cascadia Traditional	Teff Bread	✓		✓	✓	✓
Rudi's	GF Multigrain Sandwich Bread		✓✓	✓	✓	
Rudi's	GF Sandwich Bread		✓✓	✓	✓	

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Bread						
Udi's	Cinnamon Raisin Bread		✓✓	✓	✓	
Udi's	Millet Chia Seed Bread		✓✓	✓	✓	
Udi's	Omega Flax Fiber Bread		✓✓	✓	✓	
Udi's	White Sandwich Bread		✓✓	✓	✓	
Udi's	Whole Grain Sandwich Bread		✓✓	✓	✓	
Bread - Bagels						
Glutino	Plain Bagels (SL)	✓	✓			
Kinnikinnick Foods	Cinnamon Raisin Bagel	✓		✓	✓	
Kinnikinnick Foods	Plain Bagels	✓		✓	✓	
Udi's	Bagels		✓✓	✓	✓	
Udi's	Cinnamon Bagels		✓✓	✓	✓	
Udi's	Whole Grain Bagels		✓✓	✓	✓	
Bread - English Muffins						
Food for Life	GF English Muffins - Brown Rice			✓	✓	✓
Food for Life	GF English Muffins - Multi Seed			✓	✓	✓
Kinnikinnick Foods	English Muffins	✓		✓	✓	
Bread - Hamburger Buns						
Ener-G Foods	Brown Rice Hamburger Buns		✓✓	✓	✓	✓
Ener-G Foods	Tapioca Hamburger Buns		✓✓	✓	✓	✓
Gluten Free Concepts	Jensen's Hamburger Buns	✓	✓✓			
Kinnikinnick Foods	Hamburger Buns	✓		✓	✓	
Rudi's	GF Hamburger Buns		✓✓	✓	✓	
Udi's	Classic Hamburger Buns		✓✓	✓	✓	
Bread - Hot Dog Buns						
Ener-G Foods	Tapioca Hot Dog Buns		✓✓	✓	✓	✓
Gluten Free Concepts	Jensen's Better Buns	✓	✓✓			
Kinnikinnick Foods	Hot Dog Buns	✓		✓	✓	
Rudi's	GF Hot Dog Buns		✓✓	✓	✓	
Udi's	GF Hot Dog Buns		✓✓	✓	✓	
Bread - Tortillas						
Cabo Loco	Corn Tortillas			✓	✓	✓
Food for Life	Brown Rice Tortillas			✓	✓	✓
French Meadows	Rice Tortillas		✓✓	✓	✓	✓
La Tortilla Factory	OG Sonoma IvoryTeff Wraps		✓✓	✓	✓	✓
La Tortilla Factory	Sonoma Corn Tortillas			✓	✓	✓
Rudi's	GF Tortilla		✓✓	✓	✓	✓
Butter Substitutes						
Earth Balance	Buttery Sticks			✓		✓

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Butter Substitutes						
Earth Balance	Natural Buttery Spread - Original			✓		✓
Earth Balance	Natural Buttery Spread - Soy Garden			✓		✓
Earth Balance	Natural Buttery Spread - Soy-free			✓	✓	✓
Earth Balance	Natural Buttery Spread with Olive Oil			✓		✓
Earth Balance	OG Original Whipped Buttery Spread			✓		✓
Earth Balance	Shortening			✓		✓
Purity Farms	Ghee (Clarified Butter) *casein free*				✓	✓
Candy						
Bissingers	Dark Chocolate Candies (SL)			✓		✓
Bissingers	Gummy Pandas			✓	✓	✓
Go Naturally	OG Hard Candies - All Flavors			✓	✓	✓
Justin's	Almond Butter Bar (SL)					
Justin's	Peanut Butter Bar (SL)					
Reed's	Ginger Candy - Chewy & Peanut Butter			✓	✓	✓
St. Claire's	All Candies			✓	✓	✓
SunButter	SunCups - All Flavors				✓	✓
Surf Sweets	All Varieties			✓	✓	✓
The Ginger People	Crystalized Ginger			✓	✓	✓
The Ginger People	GIN GINS Boost (SL)			✓		✓
The Ginger People	GIN GINS Ginger Chews			✓	✓	✓
Willamette Valley Confectioner	Brittles - All Flavors (check label for other aller					✓
Willamette Valley Confectioner	Oregon Bounty Bark (SL)			✓		✓
Xylichew	Gummy Mints			✓	✓	✓
Yummy Earth	OG Candy - All Varieties			✓	✓	✓
Cereal - Cold						
Arrowhead Mills	Maple Buckwheat Flakes			✓	✓	✓
Arrowhead Mills	OG Sweetened Rice Flakes			✓	✓	✓
Barbara's Bakery	Multigrain Puffins			✓		✓
Barbara's Bakery	Puffins Honey Rice Cereal			✓	✓	✓
Erewhon	Cocoa Crispy Brown Rice		✓✓	✓	✓	✓
Erewhon	Corn Flakes		✓✓	✓	✓	✓
Erewhon	Crispy Rice with Mixed Berries		✓✓	✓	✓	✓
Erewhon	OG GF Crisp Brown Rice		✓✓	✓	✓	✓
Erewhon	Rice Twice Cereal		✓✓	✓	✓	✓
Erewhon	Strawberry Crisp Cereal		✓✓	✓	✓	✓
General Mills	Corn Chex			✓	✓	✓
General Mills	Honey Nut Chex			✓	✓	✓
General Mills	Rice Chex			✓	✓	✓

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Cereal - Cold						
Glutino	Corn Rice Flakes	✓	✓	✓	✓	✓
Glutino	Corn Rice Flakes with Strawberries	✓	✓	✓	✓	✓
Glutino	Frosted Corn Flakes	✓	✓	✓	✓	✓
Glutino	GF Cereal Apple & Cinnamon	✓	✓	✓	✓	✓
Glutino	GF Cereal Honey Nut	✓	✓	✓	✓	✓
Kaia Foods	Buckwheat Granola - All Flavors		✓✓	✓	✓	✓
Nature's Path	EnviroKidz Amazon Frosted Flakes		✓✓	✓	✓	✓
Nature's Path	EnviroKidz Gorilla Munch		✓✓	✓	✓	✓
Nature's Path	EnviroKidz Koala Krisp		✓✓	✓	✓	✓
Nature's Path	EnviroKidz Leapin Lemurs		✓✓	✓		✓
Nature's Path	EnviroKidz Peanut Butter Panda Puffs		✓✓	✓		✓
Nature's Path	GF Whole O's		✓✓	✓	✓	✓
Nature's Path	OG Corn Flakes Fruit Juice-Sweetened		✓✓	✓	✓	✓
Nature's Path	OG Honey'd Corn Flakes		✓✓	✓	✓	✓
Nature's Path	OG Mesa Sunrise Multigrain Cereal		✓✓	✓	✓	✓
Nature's Path	Whole Grain Crispy Rice		✓✓	✓	✓	✓
Natures' Path	Qi'a - All Flavors		✓✓	✓	✓	✓
Perky's	Crunchy Rice, Crunchy Flax	✓	✓✓	✓	✓	✓
Cereal - Granola						
Bakery On Main	Granola - All Flavors	✓	✓✓	✓	✓	✓
Enjoy Life Foods	Granola - All Flavors	✓	✓✓	✓	✓	✓
Kind	Granola - All Flavors			✓	✓	✓
New Cascadia Traditional	Granola	✓		✓	✓	✓
Udi's	Granola - All Flavors		✓✓	✓	✓	✓
Cereal - Hot						
Ancient Harvest	OG Quinoa Flakes			✓	✓	✓
Arrowhead Mills	Rice & Shine Hot Cereal		✓	✓	✓	✓
Arrowhead Mills	White Corn Grits		✓	✓	✓	✓
Arrowhead Mills	Yellow Corn Grits		✓	✓	✓	✓
Bob's Red Mill	Certified GF Rolled Oats	✓	✓	✓	✓	✓
Bob's Red Mill	Certified GF Steel Cut Oats	✓	✓	✓	✓	✓
Bob's Red Mill	GF Corn Grits	✓	✓	✓	✓	✓
Bob's Red Mill	GF Mighty Tasty Hot Cereal	✓	✓	✓	✓	✓
Bob's Red Mill	OG Brown Rice Farina	✓	✓	✓	✓	✓
Bob's Red Mill	OG Creamy Buckwheat	✓	✓	✓	✓	✓
Bob's Red Mill	OG Toasted Buckwheat (Kasha)	✓	✓	✓	✓	✓
Bob's Red Mill	Raw Buckwheat Groats	✓	✓	✓	✓	✓
Cream Of Rice	Cream Of Rice			✓	✓	✓

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Cereal - Hot						
Eden Foods	Buckwheat - Hulled Whole Grain			✓	✓	✓
Glutenfreeda	GF Instant Oatmeal - All Flavors	✓		✓	✓	✓
Pocono	Cream Of Buckwheat			✓	✓	✓
Ruth's	Chia Goodness - All Flavors			✓	✓	✓
Cheese						
Belgioso	Blue Cheese				✓	✓
Belgioso	Crumbly or Creamy Gorgonzola				✓	✓
Maytag	Blue Cheese				✓	✓
Point Reyes	Blue Cheese				✓	✓
Tillamook	All Flavors				✓	✓
Cheese Spread						
Rising Sun Farms	Chocolate Mocha Cheese Torta				✓	✓
Rising Sun Farms	Marionberry Cheese Torta				✓	✓
Chips						
Beanitos	Black Bean Chips		✓✓	✓	✓	✓
Beanitos	Pinto Bean & Flax Chips		✓✓	✓	✓	✓
Blue Diamond	Nut Chips - Nacho, Sour Cream & Chive		✓			✓
Blue Diamond	Nut Chips - Sea Salt		✓	✓	✓	✓
Dirty Chips	Cracked Pepper			✓		✓
Dirty Chips	Jalapeno Heat			✓	✓	✓
Dirty Chips	Mesquite BBQ			✓	✓	✓
Dirty Chips	Salt & Vinegar				✓	✓
Dirty Chips	Sea Salt			✓	✓	✓
Dirty Chips	Sweet Potato			✓	✓	✓
Flamous Organics	Falafel Chips		✓✓	✓	✓	✓
Food Should Taste Good	Buffalo		✓✓	✓	✓	✓
Food Should Taste Good	Chocolate		✓✓	✓	✓	✓
Food Should Taste Good	Cinnamon		✓✓	✓	✓	✓
Food Should Taste Good	Lime		✓✓	✓	✓	✓
Food Should Taste Good	Multigrain		✓✓	✓		✓
Food Should Taste Good	Olive		✓✓	✓	✓	✓
Food Should Taste Good	Potato & Chive		✓✓	✓	✓	✓
Food Should Taste Good	Sweet Potato		✓✓	✓	✓	✓
Food Should Taste Good	Sweet Potato Chips - All Flavors		✓✓	✓	✓	✓
Garden Of Eatin	Blue Corn Chips			✓	✓	✓
Garden Of Eatin	Pico de Gallo			✓	✓	✓
Garden Of Eatin	Red Hot Blues			✓	✓	✓
Garden Of Eatin	Sesame Blues			✓	✓	✓

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Chips						
Garden Of Eatin	Sprouted Blue Corn Chips			✓	✓	✓
Garden Of Eatin	Sweet Potato Corn Chips				✓	✓
Garden Of Eatin	Yellow Corn Chips			✓	✓	✓
Inka Crops	Inka Chips - Mix			✓	✓	✓
Inka Crops	Inka Chips - Sweet Potato Chips			✓	✓	✓
Juanita's	Corn Chips			✓		✓
Kettle Brand	Baked Potato - Aged White Cheddar				✓	✓
Kettle Brand	Baked Potato - Hickory Honey Barbeque			✓	✓	✓
Kettle Brand	Baked Potato - Lightly Salted			✓	✓	✓
Kettle Brand	Baked Potato - Salt & Pepper			✓	✓	✓
Kettle Brand	Baked Potato - Sea Salt & Vinegar			✓	✓	✓
Kettle Brand	Potato - Backyard Barbeque			✓	✓	✓
Kettle Brand	Potato - Death Valley Chipotle			✓	✓	✓
Kettle Brand	Potato - Honey Dijon			✓	✓	✓
Kettle Brand	Potato - Jalapeno			✓	✓	✓
Kettle Brand	Potato - Krinkle Cut Buffalo Bleu				✓	✓
Kettle Brand	Potato - New York Cheddar with Herbs				✓	✓
Kettle Brand	Potato - Sea Salt & Vinegar			✓	✓	✓
Kettle Brand	Potato - Sour Cream Onion & Chive				✓	✓
Kettle Brand	Potato - Sweet Onion				✓	✓
Kettle Brand	Potato - Yogurt & Green Onion				✓	✓
La Rosa	Quinoa Tortilla Chips			✓		✓
Late July	Dude Ranch		✓✓		✓	✓
Late July	Mild Green Mojo		✓✓		✓	✓
Late July	Sea Salt by the Sea Shore		✓✓	✓	✓	✓
Late July	Sweet Potato		✓✓	✓	✓	✓
Lundberg	Rice Chips - Fiesta Lime				✓	✓
Lundberg	Rice Chips - Honey Dijon			✓	✓	✓
Lundberg	Rice Chips - Nacho Cheese				✓	✓
Lundberg	Rice Chips - Original Sea Salt			✓	✓	✓
Lundberg	Rice Chips - Pico do Gallo			✓	✓	✓
Lundberg	Rice Chips - Santa Fe BBQ			✓	✓	✓
Lundberg	Rice Chips - Sesame Seaweed				✓	✓
Lundberg	Rice Chips - Wasabi			✓	✓	✓
Mediterranean Snack Food	Baked Lentil Chips - Cucumber Dill				✓	✓
Mediterranean Snack Food	Baked Lentil Chips - Sea Salt & Cracked Pep			✓	✓	✓
Mexi-Snax	Tortilla Chips - All Flavors			✓	✓	✓
Que Pasa	Corn Chips			✓	✓	✓

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Chips						
Simply Sprouted Way Better S	Chips - All Flavors			✓	✓	✓
Terra Chips	All Flavors			✓	✓	✓
Chocolate						
Ah!Laska	Chocolate Syrup			✓	✓	✓
Alter Eco Fair Trade	OG Chocolate Bars - All Flavors			✓	✓	✓
Chocolate Dream	Chocolate Bars - All Flavors		✓	✓		✓
Dagoba	OG Conacado Dark Chocolate			✓	✓	✓
Dagoba	OG Dark Chocolate Bars - All Varieties (SL)			✓		✓
Endangered Species	Dark Chocolate Bars (SL)		✓✓			✓
Endangered Species	Dark Chocolate Bites - Bug Bites (SL)		✓✓			✓
Holy Kakow	Holy Kakow Chocolate Syrup			✓	✓	✓
Stirs The SOUL	OG Raw Chocolates - All Flavors			✓	✓	✓
Wax Orchards	Chocolate Sauce - All Flavors			✓	✓	✓
Condiments - BBQ Sauce						
Annie's Naturals	OG Original BBQ Sauce			✓		✓
Annie's Naturals	OG Smoky Maple BBQ Sauce			✓		✓
Annie's Naturals	OG Sweet & Spicy BBQ Sauce			✓	✓	✓
Ghetto Gourmet	BBQ Moppin Sauce			✓	✓	✓
Mr. Brown's BBQ	Lemon Honey Pepper Sauce			✓	✓	✓
Mr. Brown's BBQ	Original BBQ Sauce			✓	✓	✓
Organicville	OG BBQ Sauce - Hot & Spicy		✓✓	✓		✓
Organicville	OG BBQ Sauce - Original		✓✓	✓	✓	✓
Paradigm	Hawaiian Style BBQ Sauce			✓	✓	✓
Paradigm	North Carolina Mop Sauce			✓	✓	✓
Paradigm	South Carolina Mustard BBQ Sauce			✓	✓	✓
Rufus Teague	BBQ Sauce			✓		✓
Sweet Baby Ray's	Original BBQ Sauce			✓	✓	✓
Sweet Eleven's	BBQ Sauce			✓	✓	✓
Sweet Fire	BBQ Sauce			✓	✓	✓
Walden Farms	BBQ Sauce - All Varieties			✓	✓	✓
Condiments - Hot Sauce						
Brother Bru Bru's	African Hot Pepper Sauce			✓	✓	✓
Dave's Gourmet	Hurtin' Habanero Hot Sauce			✓	✓	✓
Dave's Gourmet	Insanity Sauce			✓	✓	✓
Edward & Sons	The Wizard Hot Sauce		✓	✓	✓	✓
Melinda's	Hot Sauce			✓	✓	✓
Organicville	OG Chili Sauce		✓✓	✓	✓	✓
Pickapeppa	Hot Sauce - All Varieties			✓	✓	✓

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Condiments - Hot Sauce						
Thai and True	Sarachee Hot Sauce			✓	✓	✓
Trappey's	Lousiana Brand Hot Sauce			✓	✓	✓
Condiments - Ketchup						
Dulcet Cuisine	Mild Indian Curry Ketchup			✓	✓	✓
Dulcet Cuisine	Peppery Moroccan Ketchup			✓	✓	✓
Dulcet Cuisine	Sweet Orange Chile Ketchup			✓	✓	✓
Heinz	Ketchup			✓	✓	✓
Organicville	OG Ketchup		✓✓	✓	✓	✓
Portland Ketchup	OG Ketchup			✓	✓	✓
Walden Farms	Ketchup			✓	✓	✓
Condiments - Mayonnaise						
Best Foods	Mayonnaise			✓		
Follow Your Heart	Vegenaise - Expeller-Pressed			✓		✓
Follow Your Heart	Vegenaise - Grapeseed Oil			✓		✓
Follow Your Heart	Vegenaise - Original			✓		✓
Miso Mayo	Miso Mayonnaise - All Flavors			✓		✓
Spectrum Naturals	Canola Mayonnaise			✓	✓	
Spectrum Naturals	Mayonnaise - All Varieties			✓		
Condiments - Miscellaneous						
A1	Steak Sauce			✓	✓	✓
Beaver Brand	Cream Horseradish		✓✓	✓		
Beaver Brand	Deli Horseradish		✓✓	✓		
Bragg's	Liquid Aminos			✓		✓
Bubbies	Kosher Dill Relish			✓	✓	✓
Bubbies	Prepared Horseradish			✓	✓	✓
Busha Browne	Spicy Fruit Chutney			✓	✓	✓
Café Yumm	Yumm Sauce - All Flavors			✓		✓
Captain Toadies	Cosmic Cocktail Sauce Hot					✓
Captain Toadies	Hardy Horseradish				✓	
Captain Toadies	Tasty Cocktail Sauce				✓	✓
Captain Toadies	Tasty Tartar Sauce				✓	
Captain Toadies	Tasty Tartar Sauce with Dill				✓	
Coconut Secret	Coconut Aminos			✓	✓	✓
Coconut Secret	Raw Coconut Vinegar			✓	✓	✓
Cornet Bay	OG Sesame Ginger Marinade			✓		✓
Ethnic Deli	Black Olive Spread			✓		✓
Honey Ridge Farms	Cranberry Chutney			✓	✓	✓
Honey Ridge Farms	Ginger Lime Honey Glaze			✓		✓

Description		D	T	DF	SF	EF
Condiments - Miscellaneous						
Honey Ridge Farms	Orange Chili			✓	✓	✓
Honey Ridge Farms	Sweet Chili			✓	✓	✓
Inglehoffer	Horseradish		✓✓	✓		
King's	Kimchi - Regular & Spicy			✓	✓	✓
Lea & Perrin's	Worchestershire Sauce			✓	✓	✓
Meditalia	Black Olive Tapenade			✓		✓
Meditalia	Green Olive Tapenade			✓		✓
Meditalia	Roasted Eggplant Tapenade			✓		✓
Meditalia	Sundried Tomato Tapenade			✓		✓
Moores	Buffalo Wing Sauce			✓		✓
Moores	Honey BBQ Wing Sauce			✓	✓	✓
Moores	Marinade			✓		✓
Mr. Mobley's	WF/GF Tahini Sauce			✓		✓
Napoleon	Artichoke Tapenade			✓	✓	✓
Napoleon	Asparagus Tapenade				✓	✓
Napoleon	Fire Roasted Peppers			✓	✓	✓
Napoleon	Sweet Pepper Tapenade			✓	✓	✓
Native Forest	OG Hot Mango Chutney		✓	✓	✓	✓
Native Forest	OG Pineapple Chutney		✓	✓	✓	✓
Oregon Growers & Shippers	Apple Fennel Chutney			✓	✓	✓
Rufus Teague	Marinades			✓	✓	✓
Soul De Cuba Café	Mojo Sauces - All Varieties			✓		✓
Sweet Creek	Dill Relish			✓	✓	✓
Sweet Creek	Pickled Vegetables			✓	✓	✓
Sweet Creek	Sweet Relish			✓	✓	✓
Sweetwater Spice Co.	BBQ Bath			✓	✓	✓
Sweetwater Spice Co.	Fajita Bath			✓	✓	✓
Thai and True	Curry Pastes - All Flavors			✓	✓	✓
Thai and True	Peanut Sauce			✓	✓	✓
The Ginger People	Ginger Chili Sauce			✓	✓	✓
The Ginger People	Ginger Lemongrass Sauce			✓	✓	✓
Tillen Farms	Pickled Vegetables			✓	✓	✓
Condiments - Mustard						
Annie's Naturals	OG Mustard - All Flavors			✓	✓	✓
Dulcet Cuisine	Lemon Mustard & Dill Sauce			✓	✓	✓
Dulcet Cuisine	Mustard - All Varieties			✓	✓	✓
Eden Foods	OG Mustard - All Flavors			✓	✓	✓
Organicville	Mustard - All Flavors		✓✓	✓	✓	✓

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Condiments - Mustard						
Woodstock	Mustards	✓		✓	✓	✓
Condiments - Sauerkraut						
Andre Laurent	French Style Sauerkraut			✓	✓	✓
Andre Laurent	Ready to Serve Sauerkraut			✓	✓	✓
Bubbies	Sauerkraut			✓	✓	✓
It's Alive	Sauerkraut - All Flavors			✓	✓	✓
Olykraut	Sauerkraut - All Flavors			✓	✓	✓
Rejuvenative Foods	Raw Sauerkraut			✓	✓	✓
Cookies						
Amy's	GF Shortbread - All Flavors (SL)		✓			✓
Annie's Naturals	GF Bunny Cookies Cocoa & Vanilla			✓		✓
Annie's Naturals	GF Ginger Snap Bunny Cookies					✓
Annie's Naturals	GF Snickerdoodle Bunny Cookies			✓		✓
Eat Pastry	GF Vegan Chocolate Chip Cookie Dough			✓		✓
Enjoy Life Foods	Cookies - All Varieties	✓	✓✓	✓	✓	✓
Glutino	GF Chocolate Dream Bites	✓	✓	✓		
Glutino	GF Vanilla Dream Bites	✓	✓	✓		
Glutino	GF Wafer Cookies - Chocolate	✓	✓			✓
Glutino	GF Wafer Cookies - Lemon	✓	✓	✓		✓
Glutino	GF Wafer Cookies - Vanilla	✓	✓			✓
GoRaw	Cookies - All Varieties			✓	✓	✓
Immaculate Baking Co.	GF Chocolate Chunk - Ready to Bake (SL)		✓✓	✓		
Jennies	Macaroons - All Flavors			✓	✓	
Kinnikinnick Foods	Kinnikritters Animal Cookies (SL)	✓		✓		✓
Kinnikinnick Foods	Kinnikritters Graham Crackers (SL)	✓		✓		✓
Kinnikinnick Foods	KinniToos Chocolate Sandwich Crème (SL)	✓		✓		✓
Kinnikinnick Foods	KinniToos Fudge Sandwich Crème (SL)	✓		✓		
Kinnikinnick Foods	KinniToos Vanilla Sandwich Crème (SL)	✓		✓		✓
Kinnikinnick Foods	Montana's Chocolate Chip Cookies (SL)	✓		✓		
Let's Do Organic	GF Ice Cream Cones		✓	✓	✓	✓
Lucy's	Cookies - All Flavors		✓✓	✓		✓
Mary's Gone Crackers	"N'Oatmeal" Raisin		✓✓	✓	✓	✓
Mary's Gone Crackers	Chocolate Chip Cookies		✓✓	✓		✓
Mary's Gone Crackers	Ginger Snaps		✓✓	✓	✓	✓
Mi-Del	Cinnamon Snaps		✓	✓		✓
Mi-Del	GF / DF Royal Vanilla Sandwich Cookies		✓	✓		
Mi-Del	GF Arrowroot Animals		✓			
Mi-Del	GF Gingersnaps		✓	✓		

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Cookies						
Mi-Del	GF Mini Chocolate Chip		✓			
Mi-Del	GF Mini Pecan Cookies		✓			
Mi-Del	GF S'mores		✓			✓
Nana's	Cookie Bites - Fudge		✓✓	✓	✓	✓
Nana's	Cookie Bites - Ginger Spice		✓✓	✓	✓	✓
Nana's	Cookie Bites - Lemon Dreams		✓✓	✓	✓	✓
Nana's	GF Berry Vanilla Cookie Bars		✓✓	✓	✓	✓
Nana's	GF Chocolate		✓✓	✓	✓	✓
Nana's	GF Chocolate Crunch		✓✓	✓	✓	✓
Nana's	GF Chocolate Munch Cookie Bars		✓✓	✓	✓	✓
Nana's	GF Ginger		✓✓	✓	✓	✓
Nana's	GF Lemon		✓✓	✓	✓	✓
Nana's	GF Nana Banana Cookie Bars		✓✓	✓	✓	✓
Nature's Path	EnviroKidz Vanilla Animal Cookie		✓✓	✓		✓
Pamela's Products	Extreme Chocolate Mini Cookies	✓		✓	✓	
Pamela's Products	WF / GF Biscotti - Almond Anise	✓			✓	
Pamela's Products	WF / GF Biscotti - Chocolate Walnut	✓			✓	
Pamela's Products	WF / GF Biscotti - Lemon Almond	✓			✓	
Pamela's Products	WF / GF Butter Shortbread	✓			✓	✓
Pamela's Products	WF / GF Chocolate Chip Mini Cookies	✓		✓		
Pamela's Products	WF / GF Chocolate Chip Walnut (SL)	✓		✓		
Pamela's Products	WF / GF Chunky Chocolate Chip (SL)	✓		✓		
Pamela's Products	WF / GF Ginger Cookies with Sliced Almond	✓		✓	✓	✓
Pamela's Products	WF / GF Ginger Mini Snapz	✓		✓	✓	
Pamela's Products	WF / GF Lemon Shortbread	✓				✓
Pamela's Products	WF / GF Peanut Butter Cookies	✓		✓	✓	
Pamela's Products	WF / GF Pecan Shortbread	✓			✓	✓
Pamela's Products	WF / GF Shortbread Swirl	✓			✓	✓
WOW Baking Co.	Ginger Molasses		✓✓		✓	
WOW Baking Co.	Lemon Burst		✓✓		✓	
Crackers						
Back to Nature	GF Multi-Seed		✓✓	✓	✓	✓
Back to Nature	Rice Thin - Sesame Seed		✓✓	✓	✓	✓
Back to Nature	Rice Thin - White Cheddar		✓✓		✓	✓
Blue Diamond	Nut Thins - Almond		✓		✓	✓
Blue Diamond	Nut Thins - BBQ		✓	✓	✓	✓
Blue Diamond	Nut Thins - Cheddar Cheese		✓			✓
Blue Diamond	Nut Thins - Country Ranch (SL)		✓			✓

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Crackers						
Blue Diamond	Nut Thins - Hazelnut		✓		✓	✓
Blue Diamond	Nut Thins - Hint of Sea Salt		✓		✓	✓
Blue Diamond	Nut Thins - Pecan		✓		✓	✓
Blue Diamond	Nut Thins - Smokehouse		✓	✓		✓
Crunchmaster	Multit-Seed - Original		✓✓	✓		✓
Crunchmaster	Multi-Grain Crackers - Sea Salt		✓✓	✓	✓	✓
Crunchmaster	Multi-Seed - Roasted Garlic		✓✓			✓
Crunchmaster	Multi-Seed - Rosemary & Olive Oil		✓✓			✓
Crunchmaster	Multi-Seed - Sweet Onion		✓✓			✓
Edward & Sons	Brown Rice Snaps - Cheddar		✓		✓	✓
Edward & Sons	Brown Rice Snaps - Onion Garlic		✓	✓	✓	✓
Edward & Sons	Brown Rice Snaps - Unsalted		✓	✓	✓	✓
Edward & Sons	Exotic Rice Toast - All Varieties		✓	✓		✓
Edward & Sons	Tamari Seaweed Rice Snaps		✓	✓		✓
Edward & Sons	Tamari Sesame Rice Snaps		✓	✓		✓
Edward & Sons	Toasted Onion Rice Snaps		✓	✓	✓	✓
Edward & Sons	Unsalted Sesame Rice Snaps		✓	✓	✓	✓
Edward & Sons	Vegetable Rice Snaps		✓	✓	✓	✓
Flackers	Flax Seed Crackers - All Flavors			✓		✓
Glutino	Cheddar Crackers	✓	✓		✓	
Glutino	GF Table Crackers	✓	✓	✓		
Glutino	Multigrain Crackers	✓	✓	✓	✓	
Glutino	Original Crackers	✓	✓	✓	✓	
Glutino	Vegetable Crackers	✓	✓	✓	✓	
It's Alive	Sprouted Crackers - All Flavors			✓	✓	✓
Jovan's	Savory Artisan Crackers - All Varieties			✓	✓	✓
Kinnikinnick Foods	Kinnikritters Graham Crackers (SL)	✓		✓		✓
Koyo	OG Garlic Brown Rice Chips / Crackers			✓	✓	✓
Koyo	OG Original Brown Rice Chips / Crackers			✓	✓	✓
Koyo	OG Sweet Chili Brown Rice Chips / Cracker			✓		✓
Koyo	OG Tamari Brown Rice Chips / Crackers			✓		✓
Livin' Spoonful	Sprouted Crackers - All Flavors			✓	✓	✓
Mary's Gone Crackers	Crackers - All Varieties		✓✓	✓		✓
Mediterranean Snack Food	Lentil Crackers - All Flavors				✓	✓
Oregon Cracker Co.	Garden Vegetable			✓	✓	✓
Oregon Cracker Co.	Graham Crackers			✓	✓	✓
Oregon Cracker Co.	Harvest Bounty			✓	✓	✓
Oregon Cracker Co.	Sharp Cheddar				✓	✓

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Crackers						
Roland Rice Crackers	Hot Wasabi			✓		✓
Roland Rice Crackers	Original			✓		✓
Roland Rice Crackers	Seaweed			✓		✓
San-J	Brown Rice Crackers - Tamari		✓✓	✓		✓
San-J	Rice Crackers - Black Sesame		✓✓	✓		✓
San-J	Rice Crackers - Sesame		✓✓	✓		✓
Sesmark	Rice Thins - Brown Rice		✓	✓	✓	✓
Sesmark	Rice Thins - Cheddar (SL)		✓			✓
Sesmark	Rice Thins - Sesame		✓	✓		✓
Sesmark	Rice Thins - Teriyaki		✓	✓		✓
Dips						
Café Yumm	Yumm Sauce - All Flavors			✓		✓
Desert Pepper	Black Bean Dip			✓	✓	✓
Eat Well	Edamame Spread			✓	✓	✓
Eat Well	Tuscan White Bean Hummus			✓	✓	✓
Eat Well	Yellow Lentil Hummus			✓	✓	✓
Emerald Valley	OG Black Bean Dip				✓	✓
Emerald Valley	OG Hummus			✓	✓	✓
Emerald Valley	OG Olive & Roasted Garlic Hummus			✓	✓	✓
Emerald Valley	OG Roasted Red Pepper Hummus				✓	✓
Emerald Valley	OG Spinach Feta Hummus				✓	✓
Emerald Valley	OG Three Bean Dip Mild				✓	✓
King Harvest	Hummus - All Varieties			✓	✓	✓
Organic Valley	Edamame Spread			✓		✓
Organic Valley	Ginger Wasabi Edamame Spread			✓		✓
Wholly Guacamole	OG & Classic Guacamole & Salsa			✓	✓	✓
Frozen Breakfast Foods						
Amy's	GF Tofu Scramble Wrap			✓	✓	✓
Amy's	Hot Rice Cereal			✓	✓	✓
Amy's	OG Mexican Tofu Scramble			✓		✓
Amy's	OG Tofu Scramble with Hash Browns & Veg			✓	✓	✓
Applegate Farms	Breakfast Sausage - All Varieties			✓		✓
Beeler's	Sausage - All Varieties			✓	✓	✓
Cedarlane	Green Chili & Cheese Egg White Omelette				✓	
Cedarlane	Spinach & Mushroom Egg White Omelette				✓	
Cedarlane	Turkey Bacon & Veggie Egg White Omelette				✓	
Julians	Pancakes - All Flavors					
Kinnikinnick Foods	Cinnamon Buns	✓		✓	✓	

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Frozen Breakfast Foods						
Kinnikinnick Foods	Cinnamon Sugar Donuts	✓		✓	✓	
Kinnikinnick Foods	Donuts	✓		✓	✓	
Kinnikinnick Foods	Vanilla Glazed Donuts	✓		✓	✓	
Nature's Path	GF Buckwheat Wildberry Waffles		✓✓	✓		✓
Nature's Path	GF Homestyle Waffles		✓✓	✓		✓
Nature's Path	GF Mesa Sunrise Toaster Waffles		✓✓	✓		✓
Shelton's	Turkey Breakfast Sausage			✓	✓	✓
Sunshine Burgers	Breakfast Patties			✓	✓	✓
Van's International	WF / GF Apple Cinnamon Waffles			✓		✓
Van's International	WF / GF Blueberry Waffles			✓		✓
Van's International	WF / GF Buckwheat Waffles			✓		✓
Van's International	WF / GF Flax Waffles			✓		✓
Van's International	WF / GF French Toast Sticks			✓		✓
Van's International	WF / GF Homestyle Waffles			✓		✓
Van's International	WF / GF Mini Waffles			✓		✓
Van's International	WF / GF Pancakes			✓		✓
Frozen Burritos						
Amy's	GF / DF Burrito		✓	✓	✓	✓
Amy's	GF Burrito		✓		✓	✓
Amy's	GF Indian Aloo Mattar Wrap		✓	✓		✓
Amy's	GF Teriyaki Wrap		✓	✓		✓
Glutenfreeda	GF Bean & Cheese Burrito	✓				
Glutenfreeda	GF Breakfast Burrito	✓				
Glutenfreeda	GF Chicken & Cheese Burrito	✓				
Glutenfreeda	GF Vegetarian & Dairy-free Burrito	✓		✓		
Glutenfreeda	Pizza Wraps - All Flavors	✓			✓	✓
Frozen Desserts						
Amy's	Chocolate Cake		✓	✓		✓
Bavaria Mills	Pie Crust	✓		✓	✓	
Bridge City Baking	Apple Pie	✓			✓	
Bridge City Baking	Decaf Cappuccino Cheesecake	✓			✓	
Bridge City Baking	Marionberry Pie	✓			✓	✓
Bridge City Baking	Pumpkin Mousse	✓			✓	
French Meadows	Chocolate Chip Cookies		✓✓	✓	✓	
French Meadows	Fudge Brownies		✓✓	✓		
Pamela's Products	Agave Sweetened Cheesecake	✓			✓	
Pamela's Products	Chocolate Fudge Cake (SL)	✓				
Pamela's Products	New York Cheesecake	✓			✓	

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Frozen Desserts						
Pamela's Products	Pamela's Coffee Cake	✓			✓	
Pamela's Products	White Choc Raspberry Cheesecake (SL)	✓				
Tru Whip	Whipped Topping					✓
Frozen Desserts - Ice Cream						
Ben & Jerry's	Cherry Garcia (SL)					
Ben & Jerry's	Cherry Garcia Yogurt (SL)					
Ben & Jerry's	Chunky Monkey Ice Cream (SL)					
Ben & Jerry's	Karamel Sutra Ice Cream (SL)					
Ben & Jerry's	New York Super Fudge Chunk (SL)					
Ben & Jerry's	Phish Food (SL)					
Ben & Jerry's	Pistachio Pistachio Ice Cream				✓	
Ciao Bella	Gelato - Tahitian Vanilla				✓	✓
Double Rainbow	Coffee Blast				✓	
Double Rainbow	Dulce De Leche					
Double Rainbow	French Vanilla				✓	
Double Rainbow	It's A Goody					
Double Rainbow	Mint Chocolate Chip					
Double Rainbow	Ultra Chocolate				✓	
Haagen-Dazs	Banana Split					
Haagen-Dazs	Butter Pecan				✓	
Haagen-Dazs	Cherry Vanilla				✓	
Haagen-Dazs	Coffee				✓	
Haagen-Dazs	Coffee 5 Ice Cream				✓	
Haagen-Dazs	Dulce De Leche (SL)					
Haagen-Dazs	Light - Coffee				✓	
Haagen-Dazs	Light - Pineapple Coconut				✓	
Haagen-Dazs	Light - Vanilla				✓	
Haagen-Dazs	Mint Chip (SL)					
Haagen-Dazs	Reserve - Hawaiian Lehua Honey & Sweet Cr					
Haagen-Dazs	Strawberry				✓	
Haagen-Dazs	Vanilla				✓	
Haagen-Dazs	Vanilla Bean 5 Ice Cream				✓	
Julie's	GF Lemom Yogurt Sandwiches (SL)					
Julie's	GF Vanilla Ice Cream Sandwiches (SL)					
Talenti	Gelato - Caribbean Coconut				✓	✓
Talenti	Gelato - Double Dark Chocolate				✓	
Talenti	Gelato - Sicilian Pistachio				✓	✓
Talenti	Gelato - Tahitian Vanilla Bean				✓	✓

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Frozen Desserts - Ice Cream						
Talenti	Gelato - Toasted Almond				✓	✓
Frozen Desserts - Non-Dairy Ice Cream						
Ciao Bella	Sorbet - All Flavors			✓	✓	✓
Ciao Bella	Sorbet Bars - Blood Orange			✓	✓	✓
Haagen-Dazs	Sorbet - Chocolate			✓	✓	
Haagen-Dazs	Sorbet - Mango			✓	✓	✓
Haagen-Dazs	Sorbet - Orchard Peach			✓	✓	✓
Haagen-Dazs	Sorbet - Raspberry			✓	✓	✓
Haagen-Dazs	Sorbet - Strawberry			✓	✓	✓
Haagen-Dazs	Sorbet - Zesty Lemon			✓	✓	✓
Imagine Foods	Almond Dream - Cappuccino Swirl (SL)			✓		✓
Imagine Foods	Almond Dream - Chocolate (SL)			✓		✓
Imagine Foods	Almond Dream - Praline Crunch (SL)			✓		✓
Imagine Foods	Almond Dream - Vanilla (SL)			✓		✓
Imagine Foods	Almond Dream Bites (SL)			✓		✓
Imagine Foods	Rice Dream - Cocoa Marble Fudge			✓	✓	✓
Imagine Foods	Rice Dream - OG Cocoa Marble Fudge (SL)			✓		✓
Imagine Foods	Rice Dream - OG Vanilla (SL)			✓		✓
Imagine Foods	Rice Dream - Orange Vanilla (SL)			✓		✓
Imagine Foods	Rice Dream - Vanilla			✓	✓	✓
Imagine Foods	Rice Dream Bites (SL)			✓		✓
It's Soy Delicious	Almond Pecan			✓		✓
It's Soy Delicious	Awesome Chocolate			✓		✓
It's Soy Delicious	Carob Peppermint			✓		✓
It's Soy Delicious	Chocolate Almond			✓		✓
It's Soy Delicious	Chocolate Peanut Butter			✓		✓
It's Soy Delicious	Espresso			✓		✓
It's Soy Delicious	Raspberry			✓		✓
It's Soy Delicious	Vanilla			✓		✓
It's Soy Delicious	Vanilla Fudge			✓		✓
Jolly Llama	Squeeze Ups - All Flavors			✓	✓	✓
Living Harvest	Tempt Frozen Desserts - All Varieties			✓	✓	✓
Luna & Larry's	OG Coconut Bliss - All Flavors			✓	✓	✓
Luna & Larry's	OG Coconut Bliss Bar - All Flavors			✓	✓	✓
Purely Decadent	Coconut Milk Cherry Nirvana		✓✓	✓		✓
Purely Decadent	Coconut Milk Chocolate Obsession		✓✓	✓		✓
Purely Decadent	Coconut Milk Cookie Dough		✓✓	✓		✓
Purely Decadent	Coconut Milk Mint Chocolate Chip		✓✓	✓		✓

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Frozen Desserts - Non-Dairy Ice Cream						
Purely Decadent	Coconut Milk Peanut Butter Zigzag			✓✓	✓	✓
Purely Decadent	Coconut Milk Praline Pecan			✓✓	✓	✓
Purely Decadent	Coconut Milk Rocky Road			✓✓	✓	✓
Purely Decadent	Coconut Milk Vanilla Swiss Almond			✓✓	✓	✓
So Delicious	Butter Pecan			✓✓	✓	✓
So Delicious	Chocolate Peanut Butter			✓✓	✓	✓
So Delicious	Chocolate Velvet			✓✓	✓	✓
So Delicious	Coconut Water Sorbet - All Flavors			✓✓	✓	✓
So Delicious	Creamy Fudge Bar			✓✓	✓	✓
So Delicious	Creamy Raspberry or Orange			✓✓	✓	✓
So Delicious	Creamy Vanilla			✓✓	✓	✓
So Delicious	Mint Marble Fudge			✓✓	✓	✓
So Delicious	Mocha Fudge			✓✓	✓	✓
Talenti	Sorbetto - Lisbon Lemon				✓	✓
Talenti	Sorbetto - Roman Raspberry				✓	✓
Tofutti	Totally Fudge Pops				✓	✓
Frozen Entrees						
Amy's	Baked Ziti Bowl			✓	✓	✓
Amy's	Black Bean & Vegetable Enchiladas			✓	✓	✓
Amy's	Black Bean Enchilada Meal			✓	✓	✓
Amy's	Brown Rice & Black-Eyed Pea Bowl			✓	✓	✓
Amy's	Brown Rice & Vegetable Bowl			✓	✓	✓
Amy's	Cheese Enchilada Whole Meal			✓		✓
Amy's	Cheese Enchiladas			✓		✓
Amy's	GF / DF Mac & Cheese			✓	✓	✓
Amy's	GF / DF Vegetable Lasagna			✓	✓	✓
Amy's	GF, DF, SF Mac & Cheese			✓	✓	✓
Amy's	GF/DF Vegetable Lasagna			✓	✓	✓
Amy's	Indian Matar Paneer Meal			✓		✓
Amy's	Indian Palak Paneer Meal			✓		✓
Amy's	Light & Lean - Black Bean & Cheese Enchilad			✓		✓
Amy's	Light & Lean - Roasted Polenta with Swiss C			✓		✓
Amy's	Light & Lean - Soft Taco Fiesta			✓		✓
Amy's	Light & Lean - Sweet & Sour Asian Noodles			✓	✓	✓
Amy's	Mexican Casserole Bowl			✓		✓
Amy's	Mexican Tamale Pie			✓	✓	✓
Amy's	Rice Macaroni & Cheese			✓		✓
Amy's	Santa Fe Enchilada Bowl			✓		✓

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Frozen Entrees						
Amy's	Shepherd's Pie		✓	✓		✓
Amy's	Tamale Roasted Vegetable		✓	✓	✓	✓
Amy's	Tamale Verde Black Bean		✓	✓	✓	✓
Amy's	Tamale Verde Cheese		✓		✓	✓
Amy's	Teriyaki Bowl		✓	✓		✓
Amy's	Tortilla Casserole & Black Beans		✓			✓
Blake's	Shepherd's Pie				✓	✓
Cedarlane	Black Bean & Tofu Enchilada Meal			✓		✓
Conte's	Cheese Ravioli		✓✓		✓	
Conte's	GF Cheese Stuffed Shells		✓✓		✓	
Conte's	GF Gnocchi		✓✓	✓	✓	
Conte's	GF Spinach & Cheese Ravioli		✓✓		✓	
Feel Good Foods	Chicken Dumplings		✓✓	✓		
Feel Good Foods	Shrimp Egg Rolls (SL)		✓✓	✓		
Feel Good Foods	Vegetable Dumplings		✓✓	✓		
Feel Good Foods	Vegetable Egg Rolls (SL)		✓✓	✓		
Gluten-free Café	Asian Noodles		✓✓	✓		✓
Gluten-free Café	Fettuccini Alfredo		✓✓		✓	✓
Gluten-free Café	Lemon Basil Chicken		✓✓		✓	✓
Gluten-free Café	Pasta Primavera		✓✓		✓	✓
Glutino	Chicken Penne Alfredo	✓	✓		✓	✓
Glutino	GF Macaroni & Cheese	✓	✓			✓
Helen's Kitchen	Garden Tofu Steaks			✓		✓
Helen's Kitchen	Thai Yellow Curry			✓		✓
Kettle Cuisine	Angus Beef Steak Chili with Beans		✓✓	✓	✓	✓
Kettle Cuisine	Chicken Chili with White Beans		✓✓		✓	✓
Kettle Cuisine	Chicken Noodle Soup with Rice Noodles		✓✓	✓	✓	✓
Kettle Cuisine	Grilled Chicken & Corn Chowder		✓✓			✓
Kettle Cuisine	New England Clam Chowder		✓✓			✓
Saffron Road	Chicken Tikka Masala		✓✓		✓	✓
Saffron Road	Lamb Koftis		✓✓	✓	✓	✓
Saffron Road	Lamb Saag		✓✓		✓	✓
Saffron Road	Lamb Vindaloo		✓✓		✓	✓
Saffron Road	Lemongrass Basil Chicken		✓✓	✓		✓
Sukhi's	Chicken Biryani				✓	✓
Sukhi's	Vegetable Biryani			✓		✓
Tandoor Chef	Channa Masala			✓	✓	✓
Tandoor Chef	Chicken Tikka Masala				✓	✓

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Frozen Entrees						
Tandoor Chef	Vegetable Pad Thai			✓		✓
Frozen Meat / Fish						
Applegate Farms	GF Chicken Nuggets and Tenders			✓✓	✓	✓
Applegate Farms	OG Beef Burgers				✓	✓
Applegate Farms	OG Turkey Burgers				✓	✓
Blue Horizon Wild	Alaskan Salmon Blue Cheese Surf Burger					✓
Blue Horizon Wild	Alaskan Salmon Surf Burger				✓	✓
Blue Horizon Wild	Albacore Tuna Bites				✓	✓
Blue Horizon Wild	Crab Cake Bites				✓	
Blue Horizon Wild	Fish & Chip Bites				✓	✓
Blue Horizon Wild	GF Fish Sticks				✓	
Blue Horizon Wild	Pacific Tuna w/ Teriyaki Surf Burger				✓	✓
Blue Horizon Wild	Salmon Cake Bites				✓	
Diestel	Turkey Burgers				✓	✓
Dr. Praeger's	Potato Crusted Fish Fillets				✓	✓
Dr. Praeger's	Potato Crusted Fish Sticks				✓	✓
Henry & Lisa's Natural Seafoo	Battered Wild Alaskan Salmon				✓	✓
Henry & Lisa's Natural Seafoo	Wild Alaskan GF Fish Nuggets				✓	✓
Henry & Lisa's Natural Seafoo	Wild Alaskan Salmon Burgers				✓	✓
Ian's Natural Foods	Allergen-free Chicken Nuggets			✓	✓	✓
Ian's Natural Foods	Allergen-free Fish Sticks			✓	✓	✓
Organic Prairie	Brown & Serve Pork Links				✓	✓
Saffron Road	GF Chicken Nuggets and Tenders				✓	✓
Saffron Road	GF Tandoori Seasoned Chicken Tenders				✓	✓
Shelton's	Turkey Burgers				✓	✓
Shelton's	Turkey Italian Sausage				✓	✓
Shelton's	Turkey Sausage Patties				✓	✓
Frozen Meatless Burgers						
Amy's	Bistro Burger			✓	✓	✓
Chez Gourmet from Marie	Oregon Harvest Veggi Patti				✓	✓
Chez Gourmet from Marie	Spicy Anasazi Bean Veggi Patti				✓	✓
Dr. Praeger's	GF California Veggie Burger				✓	✓
Hilary's Eat Well	Veggie Burgers - All Flavors		✓✓		✓	✓
Sorta Sausage	The Original Hemp Burger				✓	✓
Sunshine Burgers	Sunshine Burgers - All Varieties				✓	✓
Frozen Pizza						
Amy's	Margherita Pizza			✓		✓
Amy's	Roasted Vegetable No Cheese			✓	✓	✓

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Frozen Pizza						
Bella Monica	Pizza - All Flavors					
Compleat	Wheat / Gluten Free Pizza Crust Dough			✓	✓	✓
Conte's	Margherita Pizza		✓✓			
Conte's	Mushroom Florentine		✓✓			
Glutino	Chicken with BBQ Sauce	✓	✓			
Glutino	GF Pizza - Duo Cheese	✓	✓		✓	
Glutino	Uncured Pepperoni	✓	✓		✓	
Nature's Highlight	Brown Rice Crust Pizza Shell			✓	✓	✓
Udi's	Pizza - All Varieties		✓✓		✓	
Frozen Potatoes						
Chez Gourmet from Marie	Oregon Harvest Veggie Tots			✓	✓	✓
Dr. Praeger's	Sweet Potato Cakes			✓	✓	
Ian's Natural Foods	Alpha Tots		✓	✓	✓	✓
Ian's Natural Foods	Sweet Potato Fries		✓	✓		✓
Ore-Ida	Crispers			✓		✓
Ore-Ida	Golden Crinkles			✓		✓
Ore-Ida	Golden Fries			✓		✓
Ore-Ida	Golden Twirls			✓		✓
Ore-Ida	Tator Tots			✓		✓
Frozen Specialty Breads						
Amy's	Sandwich Rounds		✓	✓	✓	✓
Bavaria Mills	Dinner Rolls	✓		✓	✓	
Bridge City Baking	Biscuits - Basil Parmesan	✓				
Bridge City Baking	Biscuits - Classic	✓				
Bridge City Baking	Biscuits - Jalapeno Cheddar	✓				
Kim & Scott's	GF Bavarian Soft Pretzel			✓	✓	
Paobread	Onion & Garlic				✓	
Paobread	Roasted Green Chiles				✓	
Grains						
Alter Eco Fair Trade	Quinoa - All Varieties			✓	✓	✓
Alter Eco Fair Trade	Rice - Purple Jasmine			✓	✓	✓
Alter Eco Fair Trade	Rice - Ruby Red Jasmine			✓	✓	✓
Alter Eco Fair Trade	Rice - White Jasmine			✓	✓	✓
Ancient Harvest	OG Ancient Quinoa			✓	✓	✓
Bob's Red Mill	Amaranth	✓	✓	✓	✓	✓
Bob's Red Mill	Quinoa	✓	✓	✓	✓	✓
Bob's Red Mill	Teff	✓	✓	✓	✓	✓
Eden Foods	Whole Grain Wild Rice			✓	✓	✓

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Grains						
Fantastic	Arborio Rice			✓	✓	✓
Fantastic	Jasmine Rice			✓	✓	✓
Fantastic	White Basmati Rice			✓	✓	✓
Lundberg	Rice - All Varieties			✓	✓	✓
Lundberg	Rice - All Varieties			✓	✓	✓
Tru Roots	Germinated Brown Rice			✓	✓	✓
Tru Roots	Sprouted Green Lentils			✓	✓	✓
Tru Roots	Sprouted Mung Beans			✓	✓	✓
Tru Roots	Sprouted Quinoa			✓	✓	✓
Gravy						
Imagine Foods	Roasted Turkey (SL)			✓		✓
Imagine Foods	Savory Beef			✓	✓	✓
Imagine Foods	Vegetarian Wild Mushroom			✓		✓
Mayacamas	Brown Gravy Mix					✓
Mayacamas	Chicken Gravy Mix					✓
Mayacamas	Savory Herb Gravy Mix					✓
Road's End Organics	OG GF Golden Gravy Mix		✓	✓		✓
Road's End Organics	OG GF Savory Herb Gravy Mix		✓	✓		✓
Road's End Organics	OG GF Shiitake Mushroom Gravy Mix		✓	✓		✓
International Foods - Asian						
A Taste of Thai	Coconut Ginger Noodles			✓		✓
A Taste of Thai	Coconut Ginger Rice			✓		✓
A Taste of Thai	Coconut Ginger Soup Base			✓		✓
A Taste of Thai	Garlic Basil Coconut Rice			✓		✓
A Taste of Thai	Garlic Chili Pepper Sauce			✓	✓	✓
A Taste of Thai	Pad Thai Sauce Mix			✓		✓
A Taste of Thai	Peanut Noodles			✓		✓
A Taste of Thai	Peanut Salad Dressing Mix			✓		✓
A Taste of Thai	Peanut Sauce			✓		✓
A Taste of Thai	Quick Meal - Coconut Ginger Noodles			✓		✓
A Taste of Thai	Quick Meal - Pad Thai Noodles			✓		✓
A Taste of Thai	Quick Meal - Red Curry Noodles			✓		✓
A Taste of Thai	Red Curry Paste			✓	✓	✓
A Taste of Thai	Rice Noodles			✓	✓	✓
A Taste of Thai	Spicy Peanut Bake			✓		✓
A Taste of Thai	Sweet Red Chili Sauce			✓	✓	✓
Annie Chun's	Maifun - Brown Rice Noodles			✓	✓	✓
Annie Chun's	Maifun - Rice Noodles			✓	✓	✓

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International Foods - Asian						
Annie Chun's	Original Rice Noodles			✓	✓	✓
Annie Chun's	Pad Thai - Brown Rice Noodles			✓	✓	✓
Annie Chun's	Pad Thai - Rice Noodles			✓	✓	✓
Annie Chun's	Rice Express - All Varieties			✓	✓	✓
Annie Chun's	Roasted Seaweed Snacks - Wasabi			✓	✓	✓
Eden Foods	100% Buckwheat Soba Noodles			✓	✓	✓
Eden Foods	Agar Agar Flakes			✓	✓	✓
Eden Foods	Dulse Flakes			✓	✓	✓
Eden Foods	Hot Pepper Sesame Oil			✓	✓	✓
Eden Foods	Kombu			✓	✓	✓
Eden Foods	Mirin			✓	✓	✓
Eden Foods	Nori			✓	✓	✓
Eden Foods	OG Brown Rice Vinegar			✓	✓	✓
Eden Foods	OG Kuzu Root Starch			DF	✓	✓
Eden Foods	Toasted Sesame Oil			✓	✓	✓
Eden Foods	Ume Plum Vinegar			✓	✓	✓
Eden Foods	Umeboshi Paste			✓	✓	✓
Eden Foods	Umeboshi Pickled Ume Plum			✓		✓
Eden Foods	Wasabi Powder			✓	✓	✓
Keli's	Hawaiian Teriyaki Baste & Glaze			✓		✓
Keli's	Polynesian Sweet-N-Sour			✓	✓	✓
Keli's	Sweet & Sour Sauce			✓		✓
Keli's	Teriyaki Sauce, Original & Spicy			✓		✓
Kikkoman	Gluten-Free Soy Sauce			✓		✓
Nakano	Seasoned Rice Vinegars - All Flavors			✓	✓	✓
Native Forest	Unsweetened Coconut Milk - Classic / Light		✓	✓	✓	✓
Ohsawa	OG GF Tamari Soy Sauce			✓		✓
Organicville	Island Teriyaki		✓✓	✓		✓
Organicville	OG Island Teriyaki		✓✓	✓		✓
Organicville	OG Sesame Teriyaki		✓✓	✓		✓
Organicville	Sesame Teriyaki		✓✓	✓		✓
Origami Catering	Cucumber & Avocado Sushi Roll			✓		✓
Origami Catering	Oregon Sushi Roll			✓		✓
Origami Catering	Philadelphia Sushi Roll					✓
Origami Catering	Seaweed Salad			✓		✓
Origami Catering	Shiitake Sushi Roll			✓		✓
Origami Catering	Shrimp Salad Roll			✓		✓
Origami Catering	Sweet Potato Noodles & Mushrooms			✓		✓

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International Foods - Asian						
Origami Catering	Tofu Salad Roll			✓		✓
Origami Catering	Vegetarian Bento			✓		✓
Premier Japan	OG WF Hoisin Sauce			✓		✓
Premier Japan	OG WF Teriyaki Sauce			✓		✓
Rub with Love	Chinese 12 Spice			✓	✓	✓
Rub with Love	Spicy Tokyo Rub			✓	✓	✓
San-J	GF Asian BBQ & Grilling Sauce		✓✓	✓		✓
San-J	GF Sweet & Tangy Polynesian Sauce		✓✓	✓		✓
San-J	GF Szechuan Hot & Spicy Sauce		✓✓	✓		✓
San-J	GF Teriyaki Stir-Fry & Marinade		✓✓	✓		✓
San-J	GF Thai Peanut Mildly Spicy Marinade		✓✓	✓		✓
San-J	GF Thai Peanut Sauce		✓✓	✓		✓
San-J	OG GF Tamari Sauce		✓✓	✓		✓
San-J	OG GF Tamari Sauce - Travel Packs		✓✓	✓		✓
San-J	OG GF Tamari Sauce Low-sodium		✓✓	✓		✓
San-J	Orange Sauce		✓✓	✓		✓
Sea Snax	Seaweed Salad Mix			✓	✓	✓
Sun Luck	Chinese Five Spice			✓	✓	✓
Sun Luck	Hoisin Sauce			✓		✓
Sun Luck	Plum Sauce			✓		✓
Sun Luck	Sweet & Sour Sauce			✓	✓	✓
Tasty Bite	Simmer Sauce - Pad Thai			✓	✓	✓
Thai and True	Curry Pastes - All Flavors			✓	✓	✓
Thai and True	Hot Chili Oil			✓	✓	✓
Thai and True	Peanut Sauce			✓	✓	✓
Thai Kitchen	Bangkok Curry Noodles					✓
Thai Kitchen	Coconut Ginger Soup			✓	✓	✓
Thai Kitchen	Coconut Milk - Classic / Lite			✓	✓	✓
Thai Kitchen	Fish Sauce			✓	✓	✓
Thai Kitchen	Ginger Sweet Chili Rice Noodles & Sauce			✓		✓
Thai Kitchen	Green Chili Garlic Rice Mix					✓
Thai Kitchen	Green Curry Paste			✓	✓	✓
Thai Kitchen	Lemongrass & Ginger Jasmine Rice Mix					✓
Thai Kitchen	Mushroom Medley Rice Noodle Bowl			✓		✓
Thai Kitchen	OG Coconut Milk - Classic / Lite			✓	✓	✓
Thai Kitchen	Original Pad Thai Rice Noodles & Sauce			✓		✓
Thai Kitchen	Original Recipe Pad Thai Sauce			✓		✓
Thai Kitchen	Peanut Satay Sauce			✓		✓

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International Foods - Asian						
Thai Kitchen	Plum Sauce			✓	✓	✓
Thai Kitchen	Red Curry Paste			✓	✓	✓
Thai Kitchen	Rice Noodle Cart - Pad Thai			✓		✓
Thai Kitchen	Rice Noodle Cart - Spicy Thai Basil					✓
Thai Kitchen	Rice Noodle Cart - Sweet Citrus Ginger					✓
Thai Kitchen	Rice Noodle Cart - Tangy Lemongrass			✓		✓
Thai Kitchen	Rice Noodle Cart - Thai Peanut				✓	✓
Thai Kitchen	Roasted Garlic & Chili Rice Mix			✓		✓
Thai Kitchen	Roasted Garlic Rice Noodle Bowl			✓		✓
Thai Kitchen	Roasted Red Chili Paste			✓		✓
Thai Kitchen	Spring Onion Rice Noodle Bowl			✓		✓
Thai Kitchen	Stir-Fry Noodles			✓	✓	✓
Thai Kitchen	Sweet Chili & Onion Rice Mix					✓
Thai Kitchen	Sweet Red Chili Sauce			✓	✓	✓
Thai Kitchen	Thai Basil & Chili Rice Noodles & Sauce			✓	✓	✓
Thai Kitchen	Thai Ginger Rice Noodle Bowl					✓
Thai Kitchen	Thai Peanut Stir Fry Noodle Meal Kit			✓		✓
Thai Kitchen	Thai Yellow Curry Jasmine Rice Mix					✓
Thai Kitchen	Thin Rice Noodles			✓	✓	✓
Thai Kitchen	Tom Yum Hot & Sour Soup Mix			✓		✓
Thai Kitchen	Wide Style Noodles			✓	✓	✓
Tiger Tiger	Salad Dressing - All Flavors			✓	✓	✓
International Foods - Indian						
A Taste of India	Masala Rice & Lentils			✓		✓
A Taste of India	Spiced Rice with Raisins					✓
Jyoti Natural Foods	Dal Makhani Spice Two-Bean Soup				✓	✓
Jyoti Natural Foods	Delhi Saag Spinach Greens			✓		✓
Jyoti Natural Foods	Jaipur Kahri Potato Dumplings					✓
Jyoti Natural Foods	Madras Sambar			✓		✓
Jyoti Natural Foods	Matar-Paneer					✓
Jyoti Natural Foods	Punjabi Chhole			✓		✓
Sharwood's	Indian Puppodums - All Varieties			✓	✓	✓
Stonehouse 27	Cooking Sauce - Cashews & Cream				✓	✓
Stonehouse 27	Cooking Sauce - Cilantro & Coconut			✓	✓	✓
Stonehouse 27	Cooking Sauce - Dates & Tamarind			✓	✓	✓
Stonehouse 27	Cooking Sauce - Tamarind & Garlic			✓	✓	✓
Tasty Bite	Agra Peas & Greens				✓	✓
Tasty Bite	Beans Masala & Basmati Rice				✓	✓

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International Foods - Indian						
Tasty Bite	Bengal Lentils Entrée			✓	✓	✓
Tasty Bite	Bombay Potatoes			✓	✓	✓
Tasty Bite	Cooking Sauce - Good Korma			✓	✓	✓
Tasty Bite	Cooking Sauce - Rogan Josh			✓	✓	✓
Tasty Bite	Cooking Sauce - Satay Partay			✓	✓	✓
Tasty Bite	Cooking Sauce - Tikka Masala				✓	✓
Tasty Bite	Ginger Lentil Rice			✓	✓	✓
Tasty Bite	Jaipur Vegetables				✓	✓
Tasty Bite	Jodhpur Lentils				✓	✓
Tasty Bite	Kashmir Spinach				✓	✓
Tasty Bite	Kerala Vegetables			✓	✓	✓
Tasty Bite	Madras Lentils				✓	✓
Tasty Bite	Massaman Vegetables			✓	✓	✓
Tasty Bite	Meal Inspirations - Chunky Chickpeas			✓	✓	✓
Tasty Bite	Meal Inspirations - Lentil Magic			✓	✓	✓
Tasty Bite	Meal Inspirations - Snappy Soya			✓		✓
Tasty Bite	Meal Inspirations - Zesty Lentils & Peas			✓	✓	✓
Tasty Bite	Paneer Makhani				✓	✓
Tasty Bite	Peas Paneer				✓	✓
Tasty Bite	Punjab Eggplant			✓	✓	✓
Tasty Bite	Satay Vegetables			✓	✓	✓
Tasty Bite	Simmer Sauce - Good Korma			✓	✓	✓
Tasty Bite	Simmer Sauce - Rogan Josh			✓	✓	✓
Tasty Bite	Simmer Sauce - Satay Partay			✓	✓	✓
Tasty Bite	Simmer Sauce - Tikka Masala				✓	✓
Tasty Bite	Spinach Dal & Basmati Rice			✓	✓	✓
Tasty Bite	Sprouts Curry & Basmati Rice				✓	✓
Tasty Bite	Tandoori Rice				✓	✓
Tasty Bite	Tehari Herb Rice				✓	✓
Tiger Tiger	Chana Masala			✓	✓	✓
Tiger Tiger	Mutter Paneer				✓	✓
Tiger Tiger	Simmer Sauce - Peshwari Chicken Tikka				✓	✓
Tiger Tiger	Simmer Sauce - Punjabi Butter Chicken				✓	✓
Tiger Tiger	Tadka Dal			✓	✓	✓
Jam						
Crofter's	Jams			✓	✓	✓
Oregon Growers & Shippers	Fruit Spreads			✓	✓	✓
Sweet Creek	OG Jams			✓	✓	✓

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Meat - Bacon						
Applegate Farms	Sunday Bacon			✓	✓	✓
Applegate Farms	Turkey Bacon			✓	✓	✓
Beeler's	Bacon - All Flavors			✓	✓	✓
Niman Ranch	Applewood Smoked Uncured Bacon			✓	✓	✓
Meat - Hot Dogs						
Applegate Farms	Hot Dogs - All Flavors			✓	✓	✓
Beeler's	All Natural Wieners			✓	✓	✓
Diestel	Turkey Franks Jumbo Dogs			✓	✓	✓
Shelton's	Franks - All Flavors			✓	✓	✓
Meat - Lunchmeat						
Applegate Farms	Black Forest Ham			✓	✓	✓
Applegate Farms	Genoa Salami			✓	✓	✓
Applegate Farms	Prosciutto			✓	✓	✓
Applegate Farms	Roast Turkey			✓	✓	✓
Applegate Farms	Smoked Turkey			✓	✓	✓
Applegate Farms	Soppressata			✓	✓	✓
Beeler's	Natural Quarter Boneless Ham			✓	✓	✓
Columbus	Cooked Corned Beef			✓	✓	✓
Columbus	Dry Coppa			✓	✓	✓
Columbus	Headcheese			✓	✓	✓
Columbus	Italian Dry Salame				✓	✓
Columbus	Mortadella				✓	✓
Columbus	Pastrami			✓	✓	✓
Columbus	Peppered Salame				✓	✓
Columbus	Pepperoni			✓	✓	✓
Columbus	Prosciutto			✓	✓	✓
Columbus	Sopressata			✓	✓	✓
Columbus	Uncured Peppered Salame			✓	✓	✓
Columbus	Uncured Sopressata			✓	✓	✓
Diestel	Turkey Breast - All Flavors			✓	✓	✓
Niman Ranch	Cured Ham Steak			✓	✓	✓
Niman Ranch	Pulled Pork			✓		✓
Meat - Sausage						
Aidells	Cajun Style Andouille Sausage			✓	✓	✓
Aidells	Chicken Apple Sausage			✓	✓	✓
Aidells	Habanero & Green Chile Chicken Sausage			✓	✓	✓
Aidells	Mango Sausage			✓	✓	✓
Aidells	Maple & Smoked Bacon Sausage			✓	✓	✓

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Meat - Sausage						
Aidells	Portobello Mushroom Chicken Sausage			✓	✓	✓
Aidells	Spinach Feta Sausage				✓	✓
Applegate Farms	Pork Breakfast Sausage			✓	✓	✓
Fra'Mani	Classic Italian Sausage			✓	✓	✓
Fra'Mani	Spicy Italian Sausage			✓	✓	✓
Mulay's	Pork Sausage - All Flavors			✓	✓	✓
Niman Ranch	Bratwurst			✓	✓	
Niman Ranch	Chorizo			✓	✓	✓
Niman Ranch	Sweet Italian Sausage			✓	✓	✓
Palacios	Spanish Chorizo			✓	✓	✓
Meat Alternatives						
Bob's Red Mill	TVP	✓	✓	✓		✓
Wildwood	Meatballs			✓		✓
Wildwood	Original Tofu-Veggie Burger			✓		✓
Wildwood	Taco Crumbles			✓		✓
Milk Alternatives						
Blue Diamond	Almond Breeze - All Varieties (SL)			✓		✓
Blue Diamond	Almond Coconut - All Varieties (SL)			✓		✓
Eden Foods	OG Unsweetened Soy Milk			✓		✓
Imagine Foods	Almond Dream - All Varieties			✓	✓	✓
Imagine Foods	Horchata			✓	✓	✓
Imagine Foods	Rice Dream - All Varieties			✓	✓	✓
Imagine Foods	Soy Dream - All Varieties			✓		✓
Living Harvest	Hemp Milks - All Flavors			✓	✓	✓
Pacific Foods	Almond Milk - All Varieties			✓	✓	✓
Pacific Foods	Rice Drink - All Varieties			✓	✓	✓
Pacific Foods	Soy Milk - All Varieties			✓		✓
Ryza	Original Brown Rice Milk			✓	✓	✓
Ryza	Vanilla Brown Rice Milk			✓	✓	✓
So Delicious	Almond Plus - All Varieties		✓✓	✓	✓	✓
So Delicious	Coconut Milk - All Varieties		✓✓	✓	✓	✓
So Delicious	Coconut Milk Creamer - All Flavors		✓✓	✓	✓	✓
White Wave	Silk Soy Creamer - All Flavors			✓		✓
White Wave	Silk Soy Milk - All Varieties			✓		✓
Wildwood	OG Soy Milk - All Flavors			✓		✓
Non-Dairy Cheese						
Daiya	Cheese Shreds - All Flavors			✓	✓	✓
Daiya	Cheese Wedges - All Flavors			✓	✓	✓

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Non-Dairy Cheese						
Eat in the Raw	Parma - Vegan Parmesan			✓	✓	✓
Follow Your Heart	Vegan Gourmet Cheese - All Flavors			✓		✓
Galaxy Nutritional Foods	Rice - Pepper Jack			✓	✓	✓
Galaxy Nutritional Foods	Rice - American			✓	✓	✓
Galaxy Nutritional Foods	Rice - Cheddar			✓	✓	✓
Galaxy Nutritional Foods	Rice Shreds - Cheddar				✓	✓
Galaxy Nutritional Foods	Rice Shreds - Mozzarella				✓	✓
Galaxy Nutritional Foods	Vegan Topping - Parmesan			✓		✓
Galaxy Nutritional Foods	Veggy Topping - Parmesan					✓
Lisanatti	Almond Cheese - All Varieties				✓	✓
Lisanatti	Rice Cheeze - All Varieties				✓	✓
Lisanatti	Soy-Sation - All Varieties					✓
Tofutti	Non-Dairy Sour Cream Supreme			✓		✓
Tofutti	Sour Cream Alternative Non-Hydrogenated			✓		✓
Nut / Seed Butter						
Artisana	OG Raw Nut & Seed Butters - All Varieties			✓	✓	✓
Earth Balance	Creamy Almond Butter			✓	✓	✓
Earth Balance	Creamy Peanut Butter with Flaxseed			✓	✓	✓
Earth Balance	Crunchy Peanut Butter with Flaxseed			✓	✓	✓
Eden Foods	Apple Butter			✓	✓	✓
Eden Foods	Cherry Butter			✓	✓	✓
I.M. Healthy	Soy Nut Butter - All Varieties			✓		✓
Justin's	Nut Butter Squeeze Packs - All Flavors			✓	✓	✓
Justin's	Nut Butters - All Flavors			✓	✓	✓
Maranatha	Nut / Seed Butters - All Varieties			✓	✓	✓
Nutritious	Nut & Seed Butters - All Flavors			✓		✓
Peanut Butter & Co	Cinnamon Raisin Swirl			✓	✓	✓
Peanut Butter & Co	Dark Chocolate Dreams (SL)			✓		✓
Peanut Butter & Co	The Bee's Knees			✓	✓	✓
Peanut Butter & Co	White Chocolate Wonderful (SL)			✓		✓
Smart Balance	Omega Peanut Butters			✓	✓	✓
SunButter	SunButter Sunflower Seed Spread			✓	✓	✓
Wilderness Poets	Hempspread - All Flavors			✓	✓	✓
Wonder Natural Foods	Original & Chocolate Better'n Peanut Butter			✓	✓	✓
Pasta						
Ancient Harvest	Quinoa & Corn Pasta - All Varieties			✓	✓	✓
Bionature	GF Pastas			✓		✓
DeBoles	GF Multi Grain Pastas			✓	✓	✓

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Pasta						
DeBoles	Rice Pasta - All Varieties			✓	✓	✓
Field Day	Brown Rice Pasta			✓	✓	✓
Lundberg	Rice Pasta - All Varieties			✓	✓	✓
Miracle Noodle	All Varieties			✓	✓	✓
Mrs. Leeper's	OG Corn Pasta - All Varieties			✓	✓	✓
Mrs. Leeper's	OG Rice Pasta - All Varieties			✓	✓	✓
Tinkyada	Rice Pasta - All Varieties			✓	✓	✓
Pasta - Refrigerated						
House Foods	Shirataki Tofu Noodles - Fettuccini			✓		✓
House Foods	Shirataki Tofu Noodles - Spaghetti			✓		✓
Sea Tangle	Fresh Kelp Noodles			✓	✓	✓
Pasta Sauce						
Classico	Mushrooms & Ripe Olives Pasta Sauce			✓		✓
Classico	Roasted Garlic Pasta Sauce			✓		✓
Classico	Spicy Red Pepper Pasta Sauce			✓		✓
Classico	Tomato Basil Pasta Sauce			✓		✓
Eden Foods	OG Pizza Sauce			✓	✓	✓
Ethnic Deli	Pesto Sauce			✓		✓
Mezzetta	Homemade Style Marinara			✓	✓	✓
Mezzetta	Porcini & Portabella Mushroom			✓	✓	✓
Mezzetta	Puttanesca Pasta Sauce			✓	✓	✓
Mezzetta	Roasted Garlic Pasta Sauce			✓	✓	✓
Mezzetta	Tomato Basil Pasta Sauce			✓	✓	✓
Monte Bene	Pasta Sauce - All Flavors			✓	✓	✓
Muir Glen	OG Cabernet Marinara Sauce			✓	✓	✓
Muir Glen	OG Chunky Style Pasta Sauce			✓	✓	✓
Muir Glen	OG Garden Vegetable Pasta Sauce			✓	✓	✓
Muir Glen	OG Portabello Mushroom Sauce			✓	✓	✓
Muir Glen	OG Sundried Tomato Pasta Sauce			✓	✓	✓
Muir Glen	OG Tomato Basil Pasta Sauce			✓	✓	✓
Napoleon	Pesto Sauce - All Varieties				✓	✓
Organicville	Pasta Sauces - All Flavors		✓✓	✓	✓	✓
Prego	Regular Spaghetti Sauce			✓	✓	✓
Rising Moon	Garlic & Basil Pasta Sauce			✓	✓	✓
Rising Moon	Garlic & Chanterelle Sauce			✓	✓	✓
Rising Moon	Garlic & Merlot Pasta Sauce			✓	✓	✓
Rising Sun Farms	Garlic Galore Pesto (refrigerated)	✓		✓	✓	✓
Seeds of Change	OG Mushroom Onion Pasta Sauce			✓	✓	✓

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Pasta Sauce						
Seeds of Change	OG Traditional Pasta Sauce			✓	✓	✓
Pasta Sauce Mixes						
Mayacamas	Alfredo Sauce Mix				✓	✓
Mayacamas	Pesto Pasta Sauce Mix				✓	✓
Pastries						
Bavaria Mills	Banana Bread	✓				✓
Bavaria Mills	Carrot Cake	✓				✓
Bavaria Mills	Vanilla Pound Cake	✓				✓
Bavaria Mills	Zucchini Bread	✓		✓	✓	
Eena Kadeena	Sponge Cake	✓		✓	✓	
Gluten-free GEM	Various (check label for other allergens)	✓				
Gluten-free GEM	Various (check label for other allergens)	✓				
Hail Merry	Macaroons - Blonde and Chocolate		✓✓	✓	✓	✓
Hail Merry	Miracle Tarts - All Flavors		✓✓	✓	✓	✓
Laughing Giraffe	Raw Macaroons - All Flavors		✓✓	✓	✓	✓
New Cascadia Traditional	Various (check label for other allergens)	✓				
Petunia's	Chocolate Banana Peanut Whoopie Pie	✓		✓		✓
Petunia's	Lemon Bar Cheesecake	✓		✓		✓
Petunia's	Mexican Hot Chocolate Sandwich Cookies	✓		✓		✓
Petunia's	Millionaire Bar	✓		✓	✓	✓
Petunia's	Peanut Butter Crisp Bar	✓		✓		✓
Petunia's	Various (check label for other allergens)			✓		✓
Piece of Cake	GF Cake (check label for other allergens)					
Sweet Pea Baking Co	GF Brownie			✓	✓	✓
Udi's	Cinnamon Rolls		✓✓	✓	✓	
WOW Baking Co.	Chocolate Brownie (SL)		✓✓			
Pastries - Cookies						
Black Sheep Bakery	GF Golden Macaroon			✓	✓	✓
Blue Moon	Almond & Oat Jammer			✓	✓	✓
Eena Kadeena	Chocolate Chew Cookies	✓		✓	✓	
Eena Kadeena	Chocolate Chew Cookies	✓		✓	✓	
Gluten-free GEM	All Cookies (check label for other allergens)	✓				
Jude's	Chocolate Chip Cookies			✓		
No Bake Cookie Co.	No Bake Cookies - All Flavors				✓	✓
Sift Bakery	All Flavors	✓		✓	✓	✓
Sweet Pea Baking Co	GF Chocolate Chip			✓		✓
Sweet Pea Baking Co	GF Double Chocolate			✓		✓
WOW Baking Co.	Chocolate Chip (SL)		✓✓			

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Pastries - Cookies						
WOW Baking Co.	Ginger Molasses			✓✓		
WOW Baking Co.	Oregon Oatmeal			✓✓		
WOW Baking Co.	Peanut Butter			✓✓		
WOW Baking Co.	Snickerdoodle			✓✓		
Pastries - Cupcakes						
Bliss	Cupcakes (check label for other allergens)					
Eena Kadeena	Mini Cupcakes - All Flavors	✓		✓	✓	
Eena Kadeena	Mini Cupcakes - All Flavors	✓		✓	✓	
New Cascadia Traditional	Cupcakes (check label for other allergens)	✓				
Petunia's	Alaska Baked Cupcakes	✓		✓		✓
Pastries - Muffins						
Bavaria Mills	Apple Cinnamon Muffins	✓		✓	✓	
Bavaria Mills	Blueberry Muffins	✓				✓
Bavaria Mills	German Chocolate Muffins	✓		✓	✓	
Bavaria Mills	Lemon Chia Seed Muffins	✓		✓	✓	
Flax 4 Life	Flax Muffins - All Flavors (SL)		✓✓	✓		
Gluten-free GEM	Muffins (check label for other allergens)	✓				
Kinnikinnick Foods	Blueberry Muffins	✓		✓	✓	
Kinnikinnick Foods	Chocolate Chip Muffins (SL)	✓		✓		✓
Udi's	Muffin Tops - All Flavors		✓✓	✓	✓	
Udi's	Muffins - All Flavors		✓✓	✓	✓	
Pickles						
Bubbies	Bread & Butter Pickles			✓	✓	✓
Bubbies	Pickled Green Tomatoes			✓	✓	✓
Bubbies	Pure Kosher Dills			✓	✓	✓
Sweet Creek	OG Bread & Butter Pickles			✓	✓	✓
Sweet Creek	OG Pickled Beets			✓	✓	✓
Sweet Creek	OG Sliced Dills			✓	✓	✓
Pizza / Pizza Crust						
Amy's	Non-Dairy Cheese Rice Crust Pizza			✓	✓	✓
Amy's	Rice Crust Cheese Pizza			✓		✓
Amy's	Rice Crust Soy Cheese Pizza			✓	✓	✓
Amy's	Roasted Veggie No Cheese Rice Crust Pizza			✓	✓	✓
Amy's	Spinach Rice Crust Pizza			✓	✓	✓
Arrowhead Mills	GF Pizza Crust Mix			✓	✓	✓
Arrowhead Mills	Pizza Crust Mix			✓	✓	✓
Bavaria Mills	GF Pizza Crust	✓		✓	✓	
Bob's Red Mill	GF Pizza Crust Mix	✓		✓	✓	✓

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Pizza / Pizza Crust						
Bob's Red Mill	GF Pizza Crust Mix	✓	✓	✓	✓	✓
Gluten Free Mama	Mama's Pizza Crust Mix			✓	✓	✓
King Arthur	Pizza Crust Mix		✓✓	✓	✓	✓
King Arthur	Pizza Crust Mix		✓✓	✓	✓	✓
Kinnikinnick Foods	Pizza Crust	✓		✓	✓	
Rudi's	Pizza Crust		✓✓	✓	✓	
Rustic Crust	WF / GF Napoli Herb		✓✓	✓		
Udi's	Pizza Crust		✓✓	✓	✓	
Potatoes						
Crystal Farms	Shredded Hashbrowns			✓	✓	✓
Crystal Farms	Southwest Style Shredded Hashbrowns			✓	✓	✓
Prepared Foods						
Ancient Harvest	Quinoa Mac & Cheese				✓	✓
Annie's Naturals	Creamy Deluxe - GF Rice Pasta & Cheese				✓	✓
Annie's Naturals	Rice Pasta & Cheddar				✓	✓
Barbara's Bakery	Instant Mashed Potatoes			✓	✓	✓
DeBoles	Rice Pasta & Cheese				✓	✓
Edward & Sons	DF Chreesy Mashed Potatoes		✓	✓	✓	✓
Edward & Sons	OG Mashed Potatoes - Homestyle		✓	✓	✓	✓
Edward & Sons	OG Mashed Potatoes - Roasted Garlic		✓	✓	✓	✓
Fantastic	Hummus Dip Mix			✓	✓	✓
Fantastic	Instant Black Beans			✓	✓	✓
Fantastic	Instant Refried Beans			✓	✓	✓
Fantastic	Original Hummus			✓	✓	✓
Food Merchants	Polenta - All Flavors			✓	✓	✓
Lundberg	Brown Rice Couscous - Mediterranean Curry			✓	✓	✓
Lundberg	Brown Rice Couscous - Plain Original			✓	✓	✓
Lundberg	Brown Rice Couscous - Roasted Garlic & Oli				✓	✓
Lundberg	Brown Rice Couscous - Savory Herb			✓	✓	✓
Lundberg	Pilaf - OG Ginger Miso			✓		✓
Lundberg	Pilaf - OG Moroccan			✓	✓	✓
Lundberg	Pilaf - OG Thai Coconut Ginger				✓	✓
Lundberg	Pilaf - OG Zesty Southwestern			✓	✓	✓
Lundberg	Risotto - Butternut Squash				✓	✓
Lundberg	Risotto - Creamy Parmesan				✓	✓
Lundberg	Risotto - Italian Herb				✓	✓
Lundberg	Risotto - OG Alfredo				✓	✓
Lundberg	Risotto - OG Florentine			✓	✓	✓

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Prepared Foods						
Lundberg	Risotto - OG Porcini Mushroom				✓	✓
Lundberg	Risotto - OG Tuscan			✓	✓	✓
Mrs. Leeper's	Creamy Tuna with Corn Pasta					✓
Road's End Organics	OG Mac & Chreese - Alfredo Style		✓	✓	✓	✓
Road's End Organics	OG Penne & Chreese - Cheddar Style		✓	✓	✓	✓
St. Dalfour	Gourmet On The Go - Three Beans with Swe			✓	✓	✓
St. Dalfour	Gourmet On The Go - Wild Alaskan Salmon			✓	✓	✓
Tasty Bite	Cooked Basmati Rice			✓	✓	✓
Tasty Bite	Cooked Brown Rice			✓	✓	✓
Tasty Bite	Cooked Jasmine Rice			✓	✓	✓
Tasty Bite	Meal Inspirations - Chunky Chickpeas			✓	✓	✓
Tasty Bite	Meal Inspirations - Lentil Magic			✓	✓	✓
Tasty Bite	Meal Inspirations - Snappy Soya			✓		✓
Tasty Bite	Meal Inspirations - Zesty Lentils & Peas			✓	✓	✓
Tasty Bite	Pilaf - Mexican Fiesta			✓	✓	✓
Tasty Bite	Pilaf - Pesto				✓	✓
Tasty Bite	Pilaf - Tandoori				✓	✓
Protein Powders						
Bio-Chem	100% Whey Protein Powders (SL)	✓				✓
Living Harvest	Hemp Protein Original, Vanilla Spice & Choco				✓	✓
Manitoba Harvest	Hemp Protein Powder				✓	✓
NutriBiotic	Rice Protein Powder - All Flavors				✓	✓
Pudding						
Edward & Sons	OG Tapioca - Granulated			✓	✓	✓
Kozy Shack	Chocolate Pudding				✓	✓
Kozy Shack	Cinnamon Raisin Rice Pudding				✓	
Kozy Shack	European Style Rice Pudding				✓	
Kozy Shack	Rice Pudding				✓	
Kozy Shack	Tapioca Pudding				✓	
Kozy Shack	Vanilla Pudding				✓	
Zen Soy	Chocolate Pudding with Almond Milk			✓	✓	✓
Zen Soy	OG Chocolate Soy Pudding 4-pack			✓		✓
Zen Soy	OG Vanilla Soy Pudding 4-pack			✓		✓
Rice Cakes						
Lundberg	Brown Rice Cakes - Salted / Unsalted			✓	✓	✓
Lundberg	Mochi Sweet Rice Cakes			✓	✓	✓
Lundberg	OG Cinnamon Toast Rice Cakes					✓
Lundberg	OG Koku Seaweed Rice Cakes			✓		✓

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Rice Cakes						
Lundberg	Rice Cakes with Tamari & Seaweed			✓		✓
Lundberg	Sesame Tamari Rice Cakes			✓		✓
Lundberg	Wild Rice Cakes			✓	✓	✓
Real Foods	Cracked Pepper & Lemon Corn Thins			✓	✓	✓
Real Foods	Multigrain Corn Thins			✓	✓	✓
Real Foods	Original Corn Thins			✓	✓	✓
Real Foods	Sesame Corn Thins			✓	✓	✓
Real Foods	Soy & Flax Corn Thins			✓		✓
Real Foods	Whole Grain Rice Thins			✓	✓	✓
Salad Dressing						
Annie's Naturals	Balsamic Vinaigrette			✓	✓	✓
Annie's Naturals	Cowgirl Ranch Dressing				✓	
Annie's Naturals	Honey Mustard Vinaigrette - Low-fat			✓	✓	✓
Annie's Naturals	Lemon & Chive Dressing			✓	✓	✓
Annie's Naturals	OG Buttermilk Dressing					
Annie's Naturals	OG Caesar Dressing				✓	✓
Annie's Naturals	OG French Dressing			✓	✓	✓
Annie's Naturals	OG Green Garlic Dressing			✓	✓	✓
Annie's Naturals	OG Green Goddess					
Annie's Naturals	OG Papaya Poppyseed Dressing			✓		✓
Annie's Naturals	OG Sesame Ginger with Chamomile			✓		✓
Annie's Naturals	Raspberry Vinaigrette - Low-fat			✓	✓	✓
Annie's Naturals	Red Wine & Olive Oil			✓		✓
Annie's Naturals	Roasted Red Pepper Vinaigrette			✓	✓	✓
Annie's Naturals	Tuscany Italian Vinaigrette			✓	✓	✓
Bragg's	Bragberry Fat-free Dressing & Marinade			✓	✓	✓
Bragg's	Ginger/Sesame Dressing & Marinade			✓		✓
Bragg's	Healthy Vinaigrette			✓		✓
Bragg's	OG Hawaiian Fat-free Dressing & Marinade			✓	✓	✓
Drew's	Buttermilk Ranch				✓	
Drew's	Garlic Italian Dressing / Marinade			✓	✓	✓
Drew's	Honey Dijon			✓	✓	✓
Drew's	Kalamata Olive & Caper Dressing			✓	✓	✓
Drew's	Roasted Garlic & Peppercorn Dressing			✓	✓	✓
Drew's	Rosemary Balsamic Dressing			✓	✓	✓
Drew's	Smoked Tomato Dressing			✓	✓	✓
Dulcet Cuisine	Essential Balsamic Sauce & Dressing			✓	✓	✓
Dulcet Cuisine	Mild Italian Curry Sauce			✓	✓	✓

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Salad Dressing						
Follow Your Heart	Low-fat Ranch					✓
Follow Your Heart	OG Balsamic Vinaigrette			✓		✓
Follow Your Heart	OG Creamy Miso Ginger			✓		✓
Follow Your Heart	OG Creamy Ranch					✓
Follow Your Heart	OG Italian Vinaigrette			✓		✓
Litehouse	1000 Island			✓	✓	
Litehouse	Blue Cheese				✓	
Litehouse	Caesar Caesar				✓	
Litehouse	Coleslaw				✓	
Litehouse	Honey Mustard			✓	✓	
Litehouse	Ranch				✓	
Newman's Own	Balsamic Vinaigrette			✓		✓
Organicville	Salad Dressings - All Flavors		✓✓	✓		✓
Spectrum Naturals	Golden Balsamic Vinaigrette			✓		✓
Walden Farms	Salad Dressings - All Flavors			✓	✓	✓
Wholesome Creations	Green Tea/Ginger			✓		✓
Wholesome Creations	Lemon Paradise			✓	✓	✓
Wholesome Creations	Mediterranean			✓	✓	✓
Wholesome Creations	Pomegranate Cranberry			✓	✓	✓
Wishbone	Chunky Blue Cheese Dressing					
Wishbone	Italian Dressing					✓
Wishbone	Ranch Dressing					✓
Salsa						
Amy's	Salsa - All Varieties			✓	✓	✓
Desert Pepper	Salsa - All Varieties			✓	✓	✓
Drew's	Salsa - All Varieties			✓	✓	✓
Emerald Valley	Fresh Salsa - All Varieties			✓	✓	✓
Green Mountain Gringo	Salsas - All Varieties			✓	✓	✓
Organicville	OG Salsas - All Varieties		✓✓	✓	✓	✓
Sauce / Sauce Packets						
Café Yumm	Yumm Sauce - All Flavors			✓		✓
Mayacamas	Demi-Glace			✓		✓
Mayacamas	Hollandaise Sauce				✓	
Road's End Organics	OG Alfredo Sauce Mix			✓	✓	✓
Road's End Organics	OG Cheddar Style Chreese Sauce Mix			✓	✓	✓
Sweet Creek	Enchilada Red Sauce - Medium			✓	✓	✓
Sweet Creek	Enchilada Red Sauce - Mild			✓	✓	✓
Seasonings						

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Seasonings						
A. Vogel	Herbamare OG Herb Seasoning Salt			✓	✓	✓
A. Vogel	Trocomare OG Herb Seasoning Salt			✓	✓	✓
Carroll Shelby's	Chili Kit			✓	✓	✓
Dulcet Cuisine	Madras Curry Cooking Spice Rub			✓	✓	✓
Rub with Love	Meat Rubs - All Flavors			✓	✓	✓
Sacred Organics	Seasoning Powders - All Varieties			✓	✓	✓
Six Guns	Chili Kit			✓	✓	✓
Wick Fowler's	2 Alarm Chili Kit			✓	✓	✓
Snacks						
Barbara's Bakery	Cheese Puffs - All Flavors				✓	✓
Betty Lou's	Nut Butter Balls - Almond		✓✓	✓	✓	✓
Betty Lou's	Nut Butter Balls - Chocolate Walnut		✓✓	✓	✓	✓
Betty Lou's	Nut Butter Balls - Coconut		✓✓		✓	✓
Betty Lou's	Nut Butter Balls - Peanut Butter (SL)		✓✓			✓
Betty Lou's	Nut Butter Balls - Spirulina		✓✓	✓	✓	✓
Domingo's	Chicharrones - Chili Lime			✓	✓	✓
Domingo's	Chicharrones - Traditional			✓	✓	✓
Edward & Sons	Rice Snax - All Flavors		✓	✓	✓	✓
Half Pops	All Flavors		✓✓		✓	✓
Inka Crops	Inka Chips - Plantain Chips			✓	✓	✓
Inka Crops	Inka Chips - Plantain Chips Chile Picante			✓	✓	✓
Inka Crops	Inka Chips - Sweet Plantain Chips			✓	✓	✓
Inka Crops	Original Inka Corn			✓	✓	✓
Kaia Foods	Kale Chips - Barbecue		✓✓	✓		✓
Kaia Foods	Kale Chips - Cheesy		✓✓	✓		✓
Kaia Foods	Kale Chips - Chill Lime		✓✓	✓	✓	✓
Kaia Foods	Kale Chips - Sea Salt & Vinegar		✓✓	✓	✓	✓
Lay's	Simply Natural Chips			✓	✓	✓
Lundberg	Rice Cakes - Buttery Caramel			✓	✓	✓
Lundberg	Rice Cakes - Caramel					✓
Lundberg	Rice Cakes - Cinnamon Toast					✓
Lundberg	Rice Cakes - Flax w/ Tamari			✓		✓
Lundberg	Rice Cakes - Koku Seaweed			✓		✓
Lundberg	Rice Cakes - Mochi			✓	✓	✓
Lundberg	Rice Cakes - Sesame Tamari			✓		✓
Lundberg	Rice Cakes - Tamari with Seaweed			✓		✓
Lundberg	Rice Cakes - Wild Rice			✓	✓	✓
Majans	Bhuja - Cracker Mix			✓		✓

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Snacks						
Majans	Bhuja - Crunchy Seasoned Peas			✓	✓	✓
Majans	Bhuja - Original Mix			✓	✓	✓
Mary's Gone Crackers	Sticks & Twigs - All Flavors		✓✓	✓		✓
Mediterranean Snack Food	Plentils - All Flavors			✓	✓	✓
Michael Season's	Cheese Curls - Lite, Cheese Fluffs - Lite				✓	✓
Native American Natural Food	Tanka Bites - Original				✓	✓
Native American Natural Food	Tanka Bites - Spicy				✓	✓
Newman's Own	Soy Crisp - Barbeque			✓		✓
Newman's Own	Soy Crisp - Cinnamon Sugar			✓		✓
Newman's Own	Soy Crisp - Lightly Salted			✓		✓
Pirate's Brand	Pirate's Booty				✓	✓
Pirate's Brand	Pirate's Booty - Aged Cheddar				✓	✓
Pirate's Brand	Pirate's Booty - BBQ			✓	✓	✓
Pirate's Brand	Pirate's Booty - Sour Cream & Onion				✓	✓
Pirate's Brand	Pirate's Booty - White Cheddar				✓	✓
Pirate's Brand	Smart Puffs				✓	✓
Pirate's Brand	Tings			✓	✓	✓
Pirate's Brand	Veggie Booty Snacks			✓		✓
Popchips	Barbeque		✓✓		✓	✓
Popchips	Cheddar		✓✓		✓	✓
Popchips	Jalapeno		✓✓	✓	✓	✓
Popchips	Original		✓✓	✓	✓	✓
Popchips	Parmesan Garlic		✓✓		✓	✓
Popchips	Salt & Pepper		✓✓	✓	✓	✓
Popchips	Sea Salt & Vinegar		✓✓	✓	✓	✓
Popchips	Sour Cream & Onion		✓✓		✓	✓
Popcorn Indiana	Aged White Cheddar Kettle Corn				✓	✓
Popcorn Indiana	Bacon Ranch Popcorn				✓	✓
Popcorn Indiana	Chipins - Hot Buffalo Wing				✓	✓
Popcorn Indiana	Chipins - Jalapeno Ranch				✓	✓
Popcorn Indiana	Chipins - Sea Salt			✓	✓	✓
Popcorn Indiana	Chipins - White Cheddar				✓	✓
Popcorn Indiana	Kettle Corn			✓	✓	✓
Popcorn Indiana	Movie Theater Popcorn				✓	✓
Popcorn Indiana	Smoked Cheddar Kettle Corn				✓	✓
Rhythm Superfoods	Kale Chips - All Flavors			✓	✓	✓
Sahale Snacks	Almonds w/ Cranberry, Honey & Sea Salt		✓✓	✓	✓	✓
Sahale Snacks	BBQ Almonds w/ Chipotle & Ranch		✓✓		✓	✓

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Snacks						
Sahale Snacks	Cashews w/ Pomegranate & Vanilla		✓✓	✓	✓	✓
Sahale Snacks	Sing Buri Cashews		✓✓	✓	✓	✓
Sahale Snacks	Soledad Almonds		✓✓	✓	✓	✓
Sahale Snacks	Southwest Cashews		✓✓			✓
Sahale Snacks	Tuscan Almonds		✓✓			✓
Sahale Snacks	Valdosta Pecans		✓✓	✓	✓	✓
Sea Snax	Seaweed Snacks - All Flavors			✓	✓	✓
Sea's Gift	Roasted Seaweed Snack			✓	✓	✓
Sea's Gift	Sweet Seaweed Snack			✓	✓	✓
Stonewall's Jerquee	BBQ "Beef"			✓		✓
Stonewall's Jerquee	Original Mild			✓		✓
Stonewall's Jerquee	Original Wild			✓		✓
Stonewall's Jerquee	Peppy "Pepperoni"			✓		✓
Stonewall's Jerquee	Teriyaki "Beef"			✓		✓
The Good Bean	Chickpea Snacks - All Varieties			✓	✓	✓
The Kale Co.	Kale Chips - All Varieties			✓	✓	✓
Snacks - Fruit Snacks						
Annie's Naturals	OG Bunny Fruit Snacks			✓	✓	✓
Annie's Naturals	OG Orchard Fruit Bites - All Flavors			✓	✓	✓
Bare Fruit	OG Apple Chips - All Flavors			✓	✓	✓
Bare Fruit	OG Dried Fruit - All Flavors			✓	✓	✓
Betty Lou's	Fruit Bars - All Flavors		✓✓	✓	✓	✓
Clif Kidz	Real Fruit Rope OG Twisted Fruit - All Flavors			✓	✓	✓
Crunchies	Freeze Dried Fruit Snacks			✓	✓	✓
Froose	Gummy Snacks - All Flavors			✓	✓	✓
Kaia Foods	Fruit Leather - All Flavors		✓✓	✓	✓	✓
Made in Nature	Dried Fruits	✓		✓	✓	✓
Majans	Bhuja - Fruit Mix			✓	✓	✓
Santa Cruz	Apple Sauce - All Flavors			✓	✓	✓
Sharkie's	Fruit Chews			✓	✓	✓
Sharkie's	Smart Twists			✓	✓	✓
Stretch Island	Fruit Leather - All Flavors			✓	✓	✓
Snacks - Nuts / Seeds						
Eden Foods	OG Pistachios			✓	✓	✓
Eden Foods	OG Pumpkin Seeds, Roasted & Salted			✓	✓	✓
Eden Foods	OG Tamari Roasted Almonds			✓		✓
Eden Foods	OG Tamari Roasted Pumpkin Seeds			✓		✓
GoRaw	Pumpkin Super Chips			✓	✓	✓

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Snacks - Nuts / Seeds						
GoRaw	Simple Flax Snax			✓	✓	✓
GoRaw	Simple Seed Mix			✓	✓	✓
GoRaw	Spicy Flax Snax			✓	✓	✓
GoRaw	Spicy Seed Mix			✓	✓	✓
GoRaw	Spirulina Super Chips			✓	✓	✓
GoRaw	Sprouted Pumpkin Seeds			✓	✓	✓
GoRaw	Sprouted Sunflower Seeds			✓	✓	✓
GoRaw	Sunflower Flax Snax			✓		✓
Harvest Roast	Pumpkin Seeds - All Flavors			✓	✓	✓
Majans	Bhuja - Nut Mix			✓	✓	✓
Majans	Bhuja - Seasoned Peanuts			✓	✓	✓
Pumpkorn	OG Adobo Chile			✓	✓	✓
Pumpkorn	OG Dark Cocoa			✓	✓	✓
Pumpkorn	OG Honey & Flax			✓	✓	✓
Pumpkorn	OG Original			✓		✓
Pumpkorn	OG Sea Salt			✓	✓	✓
Yumnuts	Almonds - All Flavors			✓	✓	✓
Yumnuts	Cashews - Cajun			✓	✓	✓
Yumnuts	Cashews - Chili Lime			✓	✓	✓
Yumnuts	Cashews - Chocolate (SL)					✓
Yumnuts	Cashews - Honey			✓	✓	✓
Yumnuts	Cashews - Sea Salt			✓	✓	✓
Yumnuts	Cashews - Toasted Coconut			✓	✓	✓
Snacks - Pretzels						
Ener-G Foods	WF / GF Pretzels		✓✓	✓		✓
Ener-G Foods	WF / GF Sesame Pretzel Rings		✓✓	✓		✓
Ener-G Foods	Wylde Pretzels		✓✓	✓	✓	✓
Glutino	Chocolate Pretzels (SL)	✓	✓			✓
Glutino	GF Pretzel Sticks	✓	✓	✓		✓
Glutino	GF Pretzels	✓	✓	✓		✓
Glutino	Sesame Pretzel Rings (SL)	✓	✓	✓		✓
Glutino	Yogurt Pretzels (SL)	✓	✓			✓
Snyder's of Hanover	GF Pretzel Sticks (SL)		✓✓	✓		✓
Snyder's of Hanover	Mini Pretzels		✓✓	✓		✓
Soup						
Amy's	OG Black Bean / Veggie Soup			✓	✓	✓
Amy's	OG Black Bean Chili			✓	✓	✓
Amy's	OG Chili with Vegetables			✓	✓	✓

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Soup						
Amy's	OG Chunky Tomato Bisque - Regular & Low-		✓		✓	✓
Amy's	OG Chunky Vegetable Soup		✓	✓	✓	✓
Amy's	OG Cream of Tomato Soup - Regular & Low-		✓		✓	✓
Amy's	OG Curried Lentil		✓	✓	✓	✓
Amy's	OG Fire Roasted Southwestern Vegetable S		✓	✓	✓	✓
Amy's	OG Lentil Soup - Regular & Low-salt		✓	✓	✓	✓
Amy's	OG Lentil Vegetable Soup - Regular & Low-s		✓	✓	✓	✓
Amy's	OG Medium Chili		✓	✓		✓
Amy's	OG Potato Leek Soup		✓		✓	✓
Amy's	OG Spicy Chili		✓	✓		✓
Amy's	OG Split Pea Soup		✓	✓	✓	✓
Amy's	OG Summer Corn & Vegetable		✓		✓	✓
Amy's	OG Thai Coconut Soup		✓	✓		✓
Bob's Red Mill	13 Bean Soup Mix	✓	✓	✓	✓	✓
Celifibr	Vegetable Beef Soup Cube			✓	✓	✓
Celifibr	Vegetable Chicken Soup Cube			✓	✓	✓
Celifibr	Vegetable Medley Soup Cube			✓	✓	✓
Dr. McDougall's	Black Bean & Lime Soup Cup			✓	✓	✓
Dr. McDougall's	Lentil, Regular and Low Sodium			✓	✓	✓
Dr. McDougall's	Pad Thai Soup Cup			✓		✓
Dr. McDougall's	Tamale Soup Cup			✓	✓	✓
Dr. McDougall's	Tortilla Soup Cup			✓	✓	✓
Eden Foods	Black Bean & Quinoa Chili			✓	✓	✓
Edward & Sons	Bouillon Cubes - Garden Veggie		✓	✓	✓	✓
Edward & Sons	Bouillon Cubes - Low-sodium Veggie		✓	✓	✓	✓
Edward & Sons	Bouillon Cubes - Not-Beef		✓	✓	✓	✓
Edward & Sons	Bouillon Cubes - Not-Chick'n		✓	✓	✓	✓
Edward & Sons	Miso-Cup Japanese Restaurant Style		✓	✓		✓
Edward & Sons	OG Miso with Tofu		✓	✓		✓
Edward & Sons	Original Golden Miso		✓	✓		✓
Edward & Sons	Seaweed Miso		✓	✓		✓
Gluten-free Café	Black Bean Soup		✓✓	✓	✓	✓
Gluten-free Café	Chicken Noodle		✓✓	✓	✓	✓
Gluten-free Café	Cream of Mushroom Soup		✓✓			✓
Harvest Sun	OG Chicken Bouillon			✓	✓	✓
Harvest Sun	OG Herbal Bouillon			✓	✓	✓
Harvest Sun	OG Onion Bouillon			✓	✓	✓
Harvest Sun	OG Vegetable Bouillon			✓	✓	✓

Description		D	T	DF	SF	EF
Soup						
Imagine Foods	Creamy Portobello Mushroom Soup			✓		✓
Imagine Foods	OG Beef Broth			✓	✓	✓
Imagine Foods	OG Creamy Acorn Squash & Mango			✓	✓	✓
Imagine Foods	OG Creamy Broccoli Soup			✓		✓
Imagine Foods	OG Creamy Butternut Squash Soup			✓	✓	✓
Imagine Foods	OG Creamy Carrot Almond			✓	✓	✓
Imagine Foods	OG Creamy Celery			✓		✓
Imagine Foods	OG Creamy Corn & Lemongrass			✓	✓	✓
Imagine Foods	OG Creamy Garden Tomato - Light in Sodi			✓	✓	✓
Imagine Foods	OG Creamy Potato Leek Soup			✓	✓	✓
Imagine Foods	OG Creamy Red Bliss Potato - Light in Sodi			✓	✓	✓
Imagine Foods	OG Creamy Sweet Pea			✓		✓
Imagine Foods	OG Creamy Sweet Potato, Regular and Low			✓	✓	✓
Imagine Foods	OG Creamy Tomato Soup			✓	✓	✓
Imagine Foods	OG Free-range Chicken Broth			✓	✓	✓
Imagine Foods	OG No-Chicken Broth			✓	✓	✓
Imagine Foods	OG Tomato Basil			✓		✓
Imagine Foods	OG Vegetable Broth			✓	✓	✓
Pacific Foods	Buttery Sweet Corn Soup				✓	✓
Pacific Foods	Cashew Carrot Ginger			✓	✓	✓
Pacific Foods	Chipotle Sweet Potato				✓	✓
Pacific Foods	Condensed Soups - Cream of Celery				✓	✓
Pacific Foods	Condensed Soups - Cream of Chicken				✓	✓
Pacific Foods	Condensed Soups - Cream of Mushroom				✓	✓
Pacific Foods	Creamy Butternut Squash Soup			✓		✓
Pacific Foods	Creamy Roasted Carrot Soup				✓	✓
Pacific Foods	Creamy Roasted Red Pepper & Tomato Soup				✓	✓
Pacific Foods	Curried Red Lentil			✓	✓	✓
Pacific Foods	Natural Beef Broth			✓	✓	✓
Pacific Foods	OG Chicken Broth			✓	✓	✓
Pacific Foods	OG Creamy Tomato Soup				✓	✓
Pacific Foods	OG French Onion				✓	✓
Pacific Foods	OG Mushroom Broth			✓	✓	✓
Pacific Foods	OG Savory Chicken & Wild Rice			✓	✓	✓
Pacific Foods	OG Savory White Bean with Bacon				✓	✓
Pacific Foods	OG Simple Stocks			✓	✓	✓
Pacific Foods	OG Spicy Black Bean with Chicken Sausage			✓	✓	✓
Pacific Foods	OG Spicy Chicken Fajita			✓	✓	✓

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Soup						
Pacific Foods	OG Split Pea with Ham & Swiss Cheese				✓	✓
Pacific Foods	OG Vegetable Broth			✓	✓	✓
Pacific Foods	Rosemary Potato Chowder				✓	✓
Pacific Foods	Soup Starters - Beef Pho			✓	✓	✓
Pacific Foods	Soup Starters - Chicken Pho			✓	✓	✓
Pacific Foods	Soup Starters - Vegetarian Pho			✓	✓	✓
Pacific Foods	Spicy Black Bean Soup			✓	✓	✓
Pacific Foods	Thai Sweet Potato			✓	✓	✓
Pacific Foods	Tuscan White Bean Soup				✓	✓
Saffron Road	Broths			✓	✓	✓
Savory Choice	Broth Concentrates			✓	✓	✓
Stock Options	Broths (Frozen) - All Flavors			✓	✓	✓
Vogue Cuisine	Instant Chicken Flavored Base			✓		✓
Vogue Cuisine	Instant Vege Base			✓		✓
Tofu / Tempeh						
Nasoya Foods	Extra Firm Tofu			✓		✓
Nasoya Foods	Firm Tofu			✓		✓
Nasoya Foods	OG Silken Tofu			✓		✓
Nasoya Foods	Silken Creations - Dark Chocolate			✓		✓
Nasoya Foods	Silken Creations - Vanilla			✓		✓
Nasoya Foods	Soft Tofu			✓		✓
Papa G's	BBQ Tofu			✓		✓
Papa G's	Original Recipe Tofu			✓		✓
Papa G's	Savory Sesame Tofu			✓		✓
West Soy	Tofu - All Varieties			✓		✓
Yogurt						
Brown Cow	All Flavors				✓	✓
Cascade Fresh	All Flavors				✓	✓
Green Valley	Lactose-free Yogurts - All Flavors				✓	✓
Nancy's	All Flavors				✓	✓
Nancy's	OG Soy Yogurt - All Flavors			✓		✓
Redwood Hill Farms	Goat Yogurt - All Flavors				✓	✓
Ricera	OG Rice Yogurt - All Flavors			✓	✓	✓
So Delicious	Coconut Milk Yogurt - All Flavors		✓✓	✓	✓	✓
So Delicious	Coconut Yogurt - Greek Style		✓✓	✓	✓	✓
Stonyfield	Oikos Greek Yogurt		✓✓		✓	✓
Stonyfield	Yo Kids		✓✓		✓	✓
Tillamook	All Flavors				✓	✓

Description		D	T	DF	SF	EF
Yogurt						
White Wave	Silk Soy Yogurt - All Flavors			✓		✓
Wholesoy	Soy Yogurt - All Flavors			✓		✓

RESOURCE GUIDE

RESTAURANTS PROVIDING GLUTEN-FREE OPTIONS

Although many restaurants now provide gluten-free menu options, we suggest researching the constantly changing choices in this area. If you find a reliable restaurant, we would like to know. Please email us at glutenfree@newseasonsmarket.com with suggestions or questions.

If you have celiac disease, gluten intolerance, or other food sensitivities dining outside the home is challenging. Here are a few tips for making the experience more enjoyable:

- 1) Sneak a snack. If you are starving when you get to the restaurant or have to wait longer than anticipated, you are more likely to make a poor dietary choice. Have a nourishing gluten-free snack on hand if needed.
- 2) Go where the wait staff is knowledgeable and helpful and where the chefs are creative.
- 3) Check current restaurant information (see resources listed below) to determine if the dining experience has been enjoyable for other folks with dietary restrictions.
- 4) Eat with joy!

The following list provides online resources to help you find the restaurant that will best suit your needs:

PORTLAND RESOURCES

www.glutenfreeportland.org/restaurant-list/

Gluten-free restaurant reviews and information for the Portland metro area.

<http://glutenfreepdx.wordpress.com/>

Gluten-free dining guide (blog) for Portland, Oregon.

www.glutenfreeportland.org

Provides gluten-free diet reviews and information for Portland, Oregon, as well as maps, contacts and addresses.

GENERAL RESOURCES

www.triumphdining.com

This website is a source for a *Gluten-free Restaurant Guide* as well as a *Gluten-free Restaurant Card*.

www.celiachandbook.com

This site provides a statewide restaurant guide as well as contacts.

VANCOUVER AND WASHINGTON STATE

www.findmeglutenfree.com/us/wa/vancouver

This site provides restaurant, bakery and grocery store information, as well as restaurant coupons.

<http://celiacrestaurantguide.com/gf-menus/city/wa/>

This guide helps you to find restaurants that serve gluten-free meals in Washington State.

<http://glutenfreeworks.com/blog/2009/12/22/gig-vancouver-washington-branch/>

This site provides gluten-free resources and much more.