

## Family Support Group Meeting Schedule

**IMPORTANT NOTE:** Please call the number listed for the group before attending, as schedules can vary (e.g. inclement weather).

Family Support Groups are always free and open to the community. Support groups provide families and caregivers with the emotional support and education they need to better understand Alzheimer's disease and dementia. Support groups are designed for families and friends. Attendance is not recommended for persons with dementia.



Our volunteer support group facilitators receive specialized training about Alzheimer's disease and group facilitation techniques, as well as ongoing support and evaluation.

Solicitation of support group facilitators and members to promote specific products and services is not permitted.

Visit [www.alznj.org/services/family-support-groups/](http://www.alznj.org/services/family-support-groups/) for the most current Family Support Group Schedule.

Atlantic **Bergen** Burlington Camden Cape May Cumberland **Essex** Gloucester Hudson **Hunterdon** Mercer  
Middlesex **Monmouth** **Morris** Ocean Passaic Salem **Somerset** **Sussex** Union Warren

### Bergen County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>ORADELL</b>				
Alzheimer's New Jersey 800 Kinderkamack Road, Suite 204N Oradell, NJ 07647	Elaine Winter	2 <sup>nd</sup> Monday	1:00pm	201.261.6009
<b>PARAMUS</b>				
Brookdale Assisted Living 186 Paramus Road Paramus, NJ 07652	Fred Meyer Vivian Green Korner	1 <sup>st</sup> Wednesday	7:00pm	201.797.3421 973.581.1800
The Kraft Center (Valley Hospital) 15 Essex Road Paramus, NJ 07652	Candy Kassover	2 <sup>nd</sup> Tuesday**	7:00pm	888.280.6055

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LOCATION	CONTACT	DAY	TIME	PHONE #
<b>ROCKLEIGH</b>				
Jewish Home at Rockleigh 10 Link Drive Rockleigh, NJ 07647	Shelley Steiner	1 <sup>st</sup> Wednesday	10:00am	888.280.6055
<b>TENAFLY</b>				
JCC on the Palisades 411 East Clinton Ave. Tenafly, NJ 07670	Judi Nahary Marlene Ceragno	2 <sup>nd</sup> Thursday 4 <sup>th</sup> Tuesday	10:30am 10:30am	201.569.7900 ext. 439
<b>WYCKOFF</b>				
Christian Health Care Center Building 1, Conference Room 301 Sicomac Avenue Wyckoff, NJ 07481	Daisy Guillen	1 <sup>st</sup> Tuesday	12:00pm	201.848.5830

**\*\*NOTE:** The Paramus group that meets at the **Kraft Center** will be moving to Tuesdays; the October meeting will be on the *third* Tuesday, **October 15**. Generally, the group will meet on the **2<sup>nd</sup> Tuesday** of the month at **7:00pm**.

  
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## Essex County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>LIVINGSTON</b>				
Jewish Family Service of MetroWest NJ 570 West Mount Pleasant Ave, Suite 106 Livingston, NJ 07039	Alyson Kaplan	Last Tuesday	1:00pm	973.765.9050
<b>WEST CALDWELL</b>				
Crane's Mill Continuing Care Retirement Community Towne Square Conference Room 459 Passaic Avenue West Caldwell, NJ 07006	Claire Akselrad	3 <sup>rd</sup> Tuesday	7:00pm	973.464.0595

  
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## Hunterdon County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>FLEMINGTON</b>				
Hunterdon Regional Community Health Meeting Room C 215 Route 31 Flemington, NJ 08822	Jen Kucsan Erinn Nakahara	2 <sup>nd</sup> Wednesday	7:00pm	908.788.6401 ext. 3002
<b>LEBANON</b>				
Lebanon Reformed Church Skunk House 18B Maple Street Lebanon, NJ 08833	Pam Molnar	3 <sup>rd</sup> Tuesday	1:30pm	908.268.1495

  
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## Mercer County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>HAMILTON</b>				
RWJ Fitness & Wellness Center 3100 Quakerbridge Road Hamilton, NJ 08619	Steve Guarino	3 <sup>rd</sup> Wednesday	6:00pm	609.396.6788
<b>HOPEWELL</b>				
Capital Health Medical Center – Hopewell (MCH Conference Room) One Capital Way Pennington, NJ 08534 <i>*Complimentary valet parking and refreshments are provided*</i>	Lori Rahn Lauren Wilson	2 <sup>nd</sup> Tuesday*	2:00pm	609.537.7157

**\*NOTE:** In **September 2019**, the **Hopewell** group will meet a week later than usual—**September 17**—at the usual time, but in a different room: the **First Floor NJ Pure Conference Room C**.

  
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## Middlesex County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>EDISON</b>				
JFK Adult Medical Day Program 3 Progress Street Edison, NJ 08820	Mary Buglio Michelle Charme	1 <sup>st</sup> Saturday	10:30am	908.912.1910
<i>Spouses Support Group</i> COPSA 100 Metroplex Drive Edison, NJ 08820	Mary Catherine Lundquist	1 <sup>st</sup> and 3 <sup>rd</sup> Monday	9:30am	800.424.2494
<b>HIGHLAND PARK</b>				
Parker Adult Day Center – Highland Park 443 River Road Highland Park, NJ 08904	Samara Elias Heather Roman	2 <sup>nd</sup> Tuesday 3 <sup>rd</sup> Wednesday	7:00pm 2:00pm	732.565.2434
<b>MONROE TOWNSHIP</b>				
Monroe Senior Center 12 Halsey Reed Road Monroe Township, NJ 08831	Saswati Chakraborty Cheryl Basse	4 <sup>th</sup> Wednesday	2:00pm	848.667.9104 609.860.8157
Parker Adult Day Center – Monroe 200 Overlook Drive Monroe Township, NJ 08831	Victoria Proto	2 <sup>nd</sup> Tuesday	10:00am	609.655.6853
Parker Adult Day Center – Monroe 200 Overlook Drive Monroe Township, NJ 08831	Victoria Proto	3 <sup>rd</sup> Wednesday	7:00pm	609.655.6853

  
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## Monmouth County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>FREEHOLD</b>				
<i>Younger-Onset (Diagnosed age 65 or younger)</i> CentraState Medical Center Tobias Ambulatory Campus, Conf. Room C 901 West Main Street Freehold, NJ 07728	Cathy Black Saswati Chakraborty	3 <sup>rd</sup> Saturday	10:00am	732.371.4383 848.667.9104
<b>MANALAPAN</b>				
The Chelsea at Manalapan 445 Rt. 9 South Manalapan, NJ 07726	Fred Whitehurst	1 <sup>st</sup> Tuesday	6:00pm Light Dinner	732.972.6200
<b>RED BANK</b>				
We Care Adult Care Union Square Plaza—552A Highway 35 South Red Bank, NJ 07701	Kelli Desmond	2 <sup>nd</sup> Tuesday	10:00am	732.741.7363
<b>SHREWSBURY</b>				
The Chelsea at Shrewsbury 515 Shrewsbury Avenue Shrewsbury, NJ 07702	Fred Whitehurst	3 <sup>rd</sup> Tuesday	6—7:30pm	732.747.7540
<b>WALL</b>				
Allaire Care 1979 Route 34 South Wall, NJ 07719	Jean Jurik	Last Thursday	6:00pm	732.974.7666

  
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## Morris County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>BOONTON</b>				
Friendship House at St. Clare's Boonton Campus Executive Dining Room 130 Powerville Road Boonton, NJ 07705	Mayelin Ravelo	3 <sup>rd</sup> Wednesday	2:45pm	973.451.4152
<b>DENVILLE</b>				
Saint Clare's Denville Hospital Urban Auditorium 25 Pocono Road Denville, NJ 07834	Siobhan Flynn-Higgins	3 <sup>rd</sup> Monday	10:00am	973.765.9050
<b>MORRISTOWN</b>				
<i>Male Caregivers Group</i> 111 Madison Ave (4 <sup>th</sup> Floor Conference Room) Morristown, NJ 07962	Peter Flemming	1 <sup>st</sup> Thursday	7:00pm	973.214.1572
<b>MORRISTOWN</b>				
<i>Younger-Onset (Diagnosed age 65 or younger)</i> Morristown Medical Center—Outpatient Medicine 435 South Street Morristown, NJ 07960	Suzanne Lyon Kerry Jordan	1 <sup>st</sup> Saturday	9:30am	973.580.0697
<b>POMPTON PLAINS</b>				
Atlantic Health Pavilion Second Floor Conference Room 242 West Parkway Pompton Plains, NJ 07444	Eileen Port JoAnn Karas	2 <sup>nd</sup> Wednesday	7:00pm	973.831.5367
<b>ROCKAWAY</b>				
Morristown Medical Center Health Pavilion (3 <sup>rd</sup> Floor Community Room) 333 Mt. Hope Avenue Rockaway, NJ 07866	Siobhan Flynn-Higgins	3 <sup>rd</sup> Thursday	1:00pm	973.765.9050

  
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## Ocean County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>BRICK</b>				
Active Day of Brick 2125 Route 88 Brick, NJ 08724	Jane Kirby Alessandra Venturine	2 <sup>nd</sup> Thursday	6:30pm	908.309.2583 732.899.1331
<b>JACKSON</b>				
Ocean County Library – Jackson Branch 2 Jackson Drive Jackson, NJ 08527	Linda Lafer	2 <sup>nd</sup> and 4 <sup>th</sup> Wednesdays*	10:00am	973.586.4300
<b>WEST CREEK</b>				
Meridian Fitness & Wellness Center 700 Route 9 South West Creek, NJ 08092	Debra Shar	1 <sup>st</sup> Monday	1:00pm	609.978.3574
<b>WHITING</b>				
The Pines at Whiting 509 Rt. 530 Whiting, NJ 08759	Jane Kirby	1 <sup>st</sup> Friday	1:30pm	908.309.2583

\*NOTE: The October meeting of the Jackson group is scheduled for the *third* Wednesday, **October 16**.

  
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## Passaic County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>CLIFTON</b>				
Daughters of Miriam 155 Hazel Street Clifton, NJ 07011	Michele Panico Caitlyn Winkler	3 <sup>rd</sup> Thursday	1:00pm	973.253.5328 973.253.5738
<b>WAYNE</b>				
Christian Health Care Center of Wayne 478 Valley Road Wayne, NJ 07470	Amanda Zunick	2 <sup>nd</sup> Wednesday	1:00pm	973.305.9155

  
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## Somerset County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>HILLSBOROUGH</b>				
Avalon Assisted Living at Hillsborough 393 Amwell Road Hillsborough, NJ 08844	Laura Paredes	1 <sup>st</sup> Monday	5:00pm	908.874.7200
RWJ Physician Enterprise Urgent Care 751 Route 206, Suite 100 (between Homestead Road and Raider Blvd.) Hillsborough, NJ 08844	Denise Goldstein	2 <sup>nd</sup> Tuesday	1:00pm	732.563.9056

  
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## Sussex County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>NEWTON</b>				
Newton Medical Center Romano Conf. & Education Center, Room 100 175 High Street Newton, NJ 07860	Barbara Van Nortwick	4 <sup>th</sup> Saturday	10:00am	973.579.8600

  
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## Union County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>ELIZABETH</b>				
Jewish Family Services Cafe Europa/Library Room 655 Westfield Avenue Elizabeth, NJ 07208	Alice Greenberg-Sheedy	1 <sup>st</sup> Friday	10:00am	908.352.8375
<b>SUMMIT</b>				
Overlook Medical Center 99 Beauvoir Avenue at Sylvan Rd. Summit, NJ 07902	Ellen Cohen Anna Bachtell	4 <sup>th</sup> Thursday	7:00pm	973.586.4300
<b>UNION</b>				
WISE Adult Day Services United Methodist Church 2095 B Berwyn Street Union, NJ 07083	Kerry Jordan Susan Butler	3 <sup>rd</sup> Wednesday	6:00pm	908.687.2995
<b>WESTFIELD</b>				
Presbyterian Church in Westfield 140 Mountain Avenue Westfield, NJ 07090	Alice Greenberg-Sheedy	3 <sup>rd</sup> Friday	10:00am	908.352.8375

  
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## Warren County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>WASHINGTON</b>				
Washington Public Library 20 West Carlton Avenue Washington, NJ 07882	Cherilyn Porkorny	3 <sup>rd</sup> Saturday	11:00am	973.568.5953

  
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