

Where to go for
Medical Care
When You Have
No Insurance
In Monmouth County

Free Health Care/Clinic for Uninsured
For Monmouth County residents

Our Lady of Providence Clinic 732-776-7164
1228 5th Avenue, Neptune, NJ
Tuesday & Thursday evenings

Parker Family Health Center 732-212-0777
211 Shrewsbury Avenue, Red Bank, NJ
Call for intake appointment Thurs 1-4 & Fri 9-12
Proof of Monmouth County residency & proof of income required
Evening appointments available

Paul M. McGuire Family Health Center 732-409-0133
25 Broad Street, Boro Plaza, Freehold, NJ
Tuesday & Thursday, 6-9 p.m.

Primary Care/Community Health Centers

Accepts Insurance including Medicaid/Medicare & offers a sliding scale based on income to Monmouth County residents

Community Health Center of Asbury Park 732-774-6333
1101 Main Street, Asbury Park, NJ
M,T & Th, 8-6; W & F, 8:30-5, Sat, 9-2; Prenatal Tu, 9-3

Keansburg Primary Care Center 732-787-1250
100 Main Street, Keansburg, NJ
Monday & Wednesday, 8:30 - 4:30

Keyport Primary Care Center 732-888-4149
35 Broad Street, Keyport, NJ
M, W, Th, F, 8:30-4:30; Tu, 9-7; Prenatal W, 8:30-4:30

Monmouth Family Health Center 732-923-7100
270 Broadway, Long Branch, NJ
Monday - Friday 8:30 - 4:30

Red Bank Primary Care Center 732-219-6620
176 Riverside Avenue, Red Bank, NJ
Tu & F, 8:30-4:30; W, 10-6; Prenatal Th, 1-5

Other Health-Related Services

VNA of Central Jersey 1-800-862-3330
Many services for mothers, children, families and seniors including free nutrition programs. Call for information

Monmouth County Health Department 732-431-7456
3435 Highway 9, Freehold, NJ
Free immunizations & physicals for children from birth to 18; Sexually transmitted disease walk-in clinic, Tues & Thurs 4-7; free Pap Smears/breast exams and more

Planned Parenthood of Central NJ 1-800-230-PLAN
Reproductive Health Centers in Freehold, Hazlet & Shrewsbury. Call for an appointment or information

Low-Cost/Walk-In Clinics

ExpressCare 1-877-679-7737
ShopRite of Neptune, 2200 Highway 66
Monday - Friday 9-9, Saturday & Sunday 9-5

CVS Minute Clinics 1-866-389-2727
4 Ryan Road, Marlboro, NJ
253 Gordon's Corner Road, Manalapan, NJ
Monday-Friday 8-8, Saturday & Sunday 10-4

Children's Mental Health Services

Without regard to income or immigration status

Division of Child Behavioral Health Services
System of Care for Children 1-800-877-652-7624
Statewide, 24-hour toll-free referral line for parents

Information & Referral

Free help line for all supports & services	211
Free Mental Health Information & Referral	1-866-202-HELP
Discounted & free prescriptions (RX 4 NJ)	1-800-793-6765
Free help to quit smoking	1-800-793-6765
NJ Poison information	1-800-222-1222
Domestic Violence Hotline	1-800-572-SAFE
Child Abuse Hotline	1-877-652-2873

Hours and days of services can change. Call before you go. Check the MonmouthResourceNet for the most recent updates:

www.monmouthresourcenet.org

A Community Service provided by Mobilizing for Action through Planning and Partnerships of Monmouth County