

Physical and Occupational Therapy Tip Sheet for ICD-10

Diagnosis	Documentation Requirements		
Bursitis or Tendinitis	Document specific site: (e.g. hand, knee, prepatellar, hip, shoulder, etc.)	Document laterality: - Right - Left - Bilateral	
Carpal Tunnel Syndrome	Document laterality: - Right - Left - Bilateral		
Cervicalgia	Document the underlying cause if known	Differentiate between: - Radiculitis - Radiculopathy	
Disorder of Bursae	Document specific site & Document laterality: - Right - Left - Bilateral	Document type: - Bicipital - Tendinitis - Calcific tendinitis - Impingement - Bursitis Indicate the activity causing the disorder	Document the reason for trauma: - Use - Overuse - Pressure - Post-procedural complication Severity of tear: - Incomplete - Complete
Disturbance of Skin Sensation	Document site: - Upper leg - Lower leg - Right arm - Left arm	Document underlying cause when known	List specific sensory disturbances: -Hypoesthesia -Paresthesia -Hyperesthesia
Drug Underdosing	Document: - Intentional versus - Unintentional	Document reason for underdosing: - Financial hardship or - Age related dementia	
Enthesopathy	Document specific site	Document laterality: -Right -Left -Bilateral	
Injuries	Document cause: - Motor vehicle accident - Fall down stairs, etc Document activity: - Getting out of bed - Skateboarding, etc	Document intention: - Accident - Assault - Self-inflicted - Undetermined	Document location: - Kitchen of residential home - Public park - Apartment bathroom, etc Document work status at time of injury: - Military - Civilian - Hobby, recreational, etc
Joint Pain	Document the specific site: - Ankle - Knee - Hip - Elbow - Shoulder - Wrist	Document laterality - Right - Left - Bilateral	Indicate the presence or absence of hip dysplasia
Lateral Epicondylitis	Document laterality - Right - Left - Bilateral		

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Limb pain	Document specific site and tissue involved (bone, joint, muscle): - Upper arm - Lower leg - Forearm - Thigh - Hand/Finger - Foot/Toe	Document laterality - Right - Left - Bilateral	
Lumbago	Identify the underlying cause of the pain Differentiate between radiculitis and radiculopathy	Detail when lumbago is accompanied by sciatica	Document laterality if sciatica is present: - Right - Left
Neuritis & Radiculitis	Document the specific site	Differentiate between radiculitis and radiculopathy	Identify the underlying cause of the neuritis & Radiculitis if known
Sciatica	Document laterality: - Right - Left - Bilateral	Document underlying cause if known	
Sprain (Subluxation and/or Dislocation of Joints and/or Ligaments)	Differentiate a sprain from a strain, and a subluxation from a dislocation Document: - Initial encounter - Subsequent encounter - Sequela	Specify joint and/or ligament (e.g. coracohumeral, rotator cuff capsule, superior glenoid labrum, acromioclavicular joint, sternoclavicular joint)	Document laterality: - Right - Left - Bilateral
Strain (Injury of Muscle, fascia and/or Tendon)	Differentiate a sprain from a strain Document: - Initial encounter - Subsequent encounter - Sequela	Specify site (e.g. muscle/tendon of rotator cuff, muscle/fascia and tendon of long head of biceps, muscle/fascia/tendon of triceps)	Document laterality: - Right - Left - Bilateral
Tobacco Use Disorder	Document type: - Cigarettes - Chewing tobacco - Other Delineate between: - Tobacco use/abuse - Tobacco dependence	Document state of dependence: - In remission - With withdrawal - Without withdrawal	Document if used during pregnancy, childbirth, puerperium Describe history, including product and time
Procedures	Documentation Requirements		
Occupational Therapy	Document the type of therapy: - Bathing - Dressing - Feeding - Grooming - Home management - Psychosocial skills - Vocational activities - Functional community or work skills - Wound management	Document the equipment used: - Assistive - Adaptive - Supportive or protective - Orthosis - Prosthesis - Other equipment - None	

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Procedures	Documentation Requirements		
Physical Therapy	Document type of therapy done: - Bed mobility - Coordination - Gait training - Manual therapy techniques - Motor function - Muscle performance - Range or motion - Therapeutic exercise - Transfer training or wheelchair mobility	Document body system: - Integumentary system, - Musculoskeletal - Neurological	Note what kind of equipment is being used: - assistive - orthosis - prosthesis - other equipment

Rehab. & Orthopedic Aftercare Tip Sheet for ICD-10

Diagnosis Documentation Requirements

Acute Myocardial Infarction (AMI)	Document type: - STEMI - Non-STEMI Document initial occurrence date of MI, subsequent MIs are defined as occurring within 28 days of 'first' MI	Document location: - Anterior wall (Left main, LAD, other) - Inferior wall (Right coronary artery, other) - Other sites	Document any tobacco use, abuse, dependence, or exposure Delineate acute coronary syndrome and acute ischemic heart disease from true MI
Burns	Document: -Anatomical site -Degree, if external burn	Distinguish between: -Thermal burns (caused by heat) -Corrosive burns (caused by chemicals)	
Chronic Obstructive Pulmonary Disease (COPD)	Document: - Chronic -Acute exacerbation	Document: - With acute lower respiratory tract infection	Document: - With Asthma (and type of asthma) Document any tobacco use, abuse, dependence or exposure
Cerebral Infarction	Document etiology as: -Thrombosis or -Embolism	Document artery site and laterality when appropriate, such as: -Precerebral -Vertebral, basilar, carotid, or other -Cerebral -Middle, anterior, or posterior -Cerebellar arteries	
Congestive Heart Failure (CHF)	Document acuity: - Acute - Chronic - Acute on chronic Specify if rheumatic heart failure	Document type: - Systolic (include ejection fraction) - Diastolic - Combined	List any casual relationships: - Hypertension - Chronic kidney disease - Obstetric surgery/procedures - Surgery
Coronary Artery Disease (CAD)	Document: - With or without angina - Type of angina (stable, unstable, spasm, etc.) Specify when the cause is a lipid rich plaque or calcified coronary lesion (note also if chronic total occlusion)	Document site (vessels): - Native arteries - Bypass graft (autologous artery or vein, no autologous vessel)	Document site (vessels) of transplanted heart: - Native arteries - Bypass graft Document any tobacco use, abuse, dependence, or exposure
Dominant or Nondominant Side	For monoplegia, hemiplegia, and other paralytic syndromes, document side affected as: -Dominant or nondominant	When you don't specify side affected as dominant or nondominant: -Right side defaults to dominant -Left side defaults to nondominant	

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Intracerebral Hemorrhage	Document: - Traumatic - Non-traumatic Document Site: -Subarachnoid, Subdural, Intracerebral Document laterality: - Right - Left	Subarachnoid-Document site - Carotid siphon or bifurcation - Middle cerebral, anterior or posterior communicating, basilar, vertebral or other artery Subdural - Document Type: - Acute - Subacute - Chronic	Intracerebral – Document site: - Hemisphere, brain stem, cerebellum, intraventricular Document: any related brain compression
Nontraumatic Subdural Hemorrhage	Document type: - Acute - Subacute - Chronic		
Osteoarthritis (DJD)	Identify the joint affected: (e.g., knee, hip, first carpometacarpal, etc.)	Specify type: - Polyosteoarthritis primary - Secondary - Post-traumatic	
Obesity	Document etiology: - Due to excess calories or nutritional - Due to drugs - Other, for example, due to thyroid or pituitary disorder	If morbidly obese, also document if with alveolar hypoventilation	Document BMI
Pathological Fracture	Specify whether etiology is: - Age related or disuse osteopenia - Neoplastic or - Some other disease		
Pressure Ulcers	Must document diagnosis of pressure ulcer	Document site and stage	Note: Stage of pressure ulcer can be taken from nursing notes
Respiratory Failure	Document acuity: - Acute - Chronic - Acute and chronic	Document: - With hypoxia and/or hypercapnea Document any tobacco use, abuse, dependence or exposure	Differentiate between: - Respiratory Distress Syndrome - Respiratory Arrest - Post procedural Respiratory Failure
Rheumatoid Arthritis	Document type: - RA with rheumatoid factor - RA without rheumatoid factor - Rheumatoid bursitis - Rheumatoid nodule - Juvenile arthritis	Document site and laterality	
Sequelae of Cerebrovascular Disease	Use ‘due to’ or “secondary to” to link cause and effect. When present, document sequelae: - Cognitive - Monoplegia - Speech: - Hemiplegia - Aphasia - Dysphasia - Dysarthria - Fluency disorder		

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Spinal Column Site	Document site: - Occipito-atlanto-axial - Cervical or cervical-thoracic - Thoracic or thoracolumbar - Lumbar or lumbosacral - Sacral or sacrococcygeal	For spinal cord injury, document site as: - Cervical = identify each vertebral segment - Thoracic = identify as T1, T2-T6, T7-T10, or T11-T12 - Lumbar = identify each vertebral segment - Sacral = no additional specificity needed	
Tobacco Use Disorder	Document type: - Cigarettes - Chewing tobacco - Other Delineate between: - Tobacco use/abuse - Tobacco dependence	Document state of dependence: - In remission - With withdrawal - Without withdrawal	Document if used during pregnancy, childbirth, puerperium Describe history, including product and time
Traumatic Brain Hemorrhage	Document site: - Left or Right - Cerebrum - Cerebellum - Brainstem - Epidural - Subdural - Subarachnoid	Document if with loss of consciousness and for how long in minutes	
Traumatic Fractures	Document: - Open versus closed - Displaced versus nondisplaced - Name of specific bone and specific site on bone - Orientation of fractures, such as transverse, oblique, spiral - Laterality	For open fractures of the forearm, femur, and lower leg, document type as: - Type I, II, IIIA, IIIB, or IIIC according to Gustilo classification	For physeal fractures, Document: - Type I, II, III, or IV according to the Salter Harris classification For sacral fractures, document: - Zone I, II and III and - Minimally versus severely displaced or - Type 1, 2, 3, or 4.