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Keep on trying, you'll get better!



Family Activity:

Persistence



Dear Family,

We've been talking about being persistent and not giving up when we're working on a new idea or project. The picture on this card is taken from a short video of DANIEL TIGER'S NEIGHBORHOOD:

O Builds a Tower. O the Owl, one of Daniel's neighborhood friends, tries to build the tallest tower in the world with blocks at school. He struggles and wants to give up, but he doesn't. Instead he asks for help, figures out what went wrong, tries his new idea, and builds a tall tower that stands tall and steady.

Here's an activity to help your child understand that trying and problem solving are an important part of learning.

Keep on Trying

Directions

- Start a conversation with your child about things that he or she can do really well. For example:
 - riding a tricycle
 - kicking a ball
 - jumping
 - climbing the slide ladder
- Ask: "How do you think you got so good at doing that? I see you doing ____ a lot, and you seem to like it. I bet it makes you feel proud of yourself when you ____"
- Ask: "What do you think you're not so good at right now?"
 - riding a two-wheeler
 - dunking your face in the water in the pool
 - kicking a soccer ball or batting at t-ball
- Ask: "How did you get so good at ____? Oh yes, you do it over and over again. That's called practice. Every time you try to do something again, and again, you could get better at it."

Some words that you might use:

- "I know you can do this. Maybe take a break for a minute and try again."
- "I see how hard you've been trying; I bet you'll get it soon."
- "You figured it out!"
- "Give it a good try and see what happens. Keep on trying."
- "What's another way we might solve this problem?"
- "It can be fun to practice getting better at something."
- "Let's think about what we could learn from this mistake."

You can always sing Daniel Tiger's song:



Keep on trying, you'll get better!



Your child can watch more videos and play games with Daniel Tiger by visiting pbskids.org/daniel