



DIVISION I COLLEGE PLAYERS MEASUREABLE PHYSICAL AVERAGES



BAT SPEED
Slappers swinging away - 64 MPH
Hitters - 72.8 MPH

BALL EXIT SPEED
Slappers swinging away - 63 MPH
Hitters - 69.83 MPH



10 YARD SPRINT
Slappers - 1.490
Non-Slappers - 1.587

20 YARD SPRINT
Slappers - 2.701
Non-Slappers - 2.884

40 YARD SPRINT
Slappers - 4.889
Non-Slappers - 5.253

5-10-5 SHUTTLE RUN
Middle INF & OFs: 4.793



OVERHAND THROW
62-64 MPH



YOUTH PLAYER PHYSICAL MEASURABLES AVERAGES OVER 20,000 PLAYERS MEASURED SINCE 2010



	BAT SPEED	BALL EXIT SPEED	OVERHAND THROW VELOCITY	5-10-5 SHUTTLE TIME	20 YARD SPRINT	40 YARD SPRINT
11th Grade	66.2	63.08	58.37	5.129	3.013	5.783
10th Grade	67.3	63.4	58.45	5.18	3.052	5.705
9th Grade	67.33	62.75	57.38	5.179	3.051	5.671
Junior High	65.28	61.02	56.25	5.257	3.087	5.687

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