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Updated 8.8.19										Western North Carolina Support Group Listing	Please contact the facilitator prior to attending a group to double check time and location.
County	Territory	City	Meeting Location	Address	Days	Times	Facilitator	Phone	Email	Co-Facilitators	
Buncombe	Mountains	Asheville	PACE - CarePartners	286 Overlook Rd.	2nd Wednesday	6:00 PM	Jennifer McDuff	828-808-3606	Jennifer.McDuff@msj.org	Melissa Ward	
Cabarrus	Piedmont	Concord	Morning Side of Concord	500 Penny Ln Concord 28025	1st Wednesdays	12:15 PM	Amanda Buck	704-433-9271	ABuck@cannonpharmacies.com		
Cabarrus	Piedmont	Kannapolis	Kannapolis Church of Christ	2315 Concord Lake Road	2nd Tuesday	12:00 PM	Pat Putnal	704-305-3073	patputnal@gmail.com	Bert Putnal	
Cabarrus	Piedmont	Concord	Brookdale Concord Parkway	2452 Rock Hill Church Rd	3rd Thursday	6:30 PM	Heather Hilton	704-720-0990	hhilton1@brookdale.com		
Catawba	Foothills	Hickory	West Hickory Senior Center	400 17th St. SW, Hickory, NC 28602	1st Thursday	2:00 PM	Vince Bartlome	828-308-0370	vbart410@gmail.com		
Catawba	Foothills	Hickory	Trinity Village	1265 21st St NE, Hickory, NC 28601	2nd Tuesday	5:30 PM	Amy Mullins	(828) 328-2006	amullins@trinityvillage.net		
Catawba	Foothills	Newton	Abernethy Laurels in the Dog Wood Room in the Community Center	102 Leonard Ave Newton, NC	3rd Monday	1:00 PM	Susan Roddey	(828) 464-8260	sroddey@uchas.org	Amy Carter	
Cleveland	Piedmont	Shelby	Carillon of Shelby	1550 Charles Road	Last Tuesday	3:00 PM	Jeanette Jones	(704) 471-2828	shelby.activities@carillonassistedliving.com	Sara Bridges	
Davidson	Triad	Lexington	Brookdale Lexington	161 Young Drive	3rd Tuesday	6:00 PM	Rachel Norwood	(336) 238-1700	Rnorwood@brookdale.com		
Forsyth	Triad	Clemmons, NC	Trinity Elms Assisted Living	3750 Harper Road, Clemmons NC 27012	2nd Tuesday	7:00 PM	Nita Cheek	3367662131 (New Number!)	ncheek@trinityelms.net (New email!)		
Forsyth- FTD Support Group **	Triad	Winston-Salem, NC	Temple Emanuel Library	201 Oakwood Drive, Winston-Salem, NC 27103	2nd Monday	7:00 PM	Rona Klein	(336) 448-2785	rklein@salemtowne.org		
Forsyth**	Triad	Winston-Salem, NC	Salemtowne Retirement Community, Babcock Healthcare Conference Room	1550 Babcock Drive, Winston-Salem, NC 27106	2nd Thursday	6:00 PM	Rona Klein	(336) 448-2785	rklein@salemtowne.org		
Gaston	Piedmont	Cramerton	Carillon of Cramerton	500 Cramer Mountain Road	2nd Tuesday	12:00 PM	Katina Brooks	(704) 823-0500	kcbrooks30@yahoo.com		
Gaston	Piedmont	Gastonia	Senior TLC	1875 Remount Rd, Gastonia, NC 28054	Last Thursday	5:30 PM	Vernell Mitchell	704-874-0600	vmitchell@seniortlc.org	Carol Anne Lawler	
Guilford	Triad	Greensboro	First Baptist Church, Rm 204	1000 W Friendly Ave	1st Tuesday	10:30 AM	Lois Mezer	(336) 852-7454	Lmezer54@gmail.com		
Guilford	Triad	Jamestown	Jamestown United Methodist Church	403 East Main Street, Jamestown, NC 27282 Room 113/115	1st Tuesday	4:00 PM	Laura Gullledge	(336) 906-0430	lauragullledge@gmail.com	Vivian Steward	
Guilford	Triad	Greensboro	Brighton Gardens of Greensboro	1208 New Garden Road	2nd Thursday	12:00 PM	Patricia Brunina	(336) 297-4700	Greensboro.RC@sunriseseniorliving.com	Monica Petrarca	
Guilford	Triad	Greensboro	Brookdale Lawndale Park-Discovery Lounge	4400 Lawndale Drive, Greensboro, NC 27455	4th Tuesday	6:00 PM	Meredith Cooper	(336) 286-3432	mcooper2@brookdale.com		
Guilford	Traid	High Point	The Crossings Church of High Point	2426 Gordon Road, High Point, NC 27265	1st Tuesday	6:30 PM	Susan Rinehart	336-409-1227	srinehart@goodwillnwc.org		
Haywood	Mountains	Waynesville	Senior Resource Center	81 Elmwood Way, Waynesville, NC 28786	4th Tuesday	4:30 PM	Marian Badgley	(828) 926-0018	mwbadgley@bellsouth.net		
Iredell	Piedmont	Mooreville	South Iredell Senior Center	202 N. Church St	2nd Wednesday	2:00 PM	Jackie Negley	704-873-5171	jnegley@iredellcoa.org		
Iredell	Piedmont	Mooreville	South Iredell Senior Center	202 N. Church St	4th Wednesday	2:00 PM	Jackie Negley	704-873-5171	jnegley@iredellcoa.org		
Jackson	Mountains	Cullowhee	Western Carolina University, Speech and Hearing Clinic; Room 186	3971 Little Savannah Drive, Speech and Hearing Clinic, Room 186	2nd Tuesday	3:00 PM	Dr. Leigh Odom	(828) 227-3834	KMOdom@email.wcu.edu	Emory Prescott	

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Mecklenburg	Piedmont	Charlotte	Second Calvary Baptist Church	114 Nelson Ave, Charlotte, NC 28216	4th Wednesday	6:00 PM	Rowlette Simmons	704-775-6560	r2r@2cal.org	Marlo Featherson	
Mecklenburg	Piedmont	Huntersville	St. Mark Catholic Church in Huntersville; Room 203 in Family Center	14740 Stumptown Rd Huntersville, NC	1st Monday	6:30 PM	Janet Urban	(704) 236-7475	jgraceart@yahoo.com		
Mecklenburg	Piedmont	Cornelius	Bethel Presbyterian Church -Activity Room	19920 Bethel Church Road	3rd Thursday	1:00 PM	Beth Moss	(704) 892-0546	bmos@bethel-pc.org		
Mecklenburg	Piedmont	Matthews	Matthews UMC	801 S Trade ST.	4th Monday	7:00 PM	Marge Averill	(704) 847-0359	MWAVERILL@gmail.com		
Mecklenburg - African American Support Group	Piedmont	Charlotte	West Charlotte Recreation Center	2401 Kendall Dr., Charlotte, NC 28216	2nd Wednesday	6:00 PM	Juanita Wade	704-596-7959	jbwade605@gmail.com	Ashley Stevens	
Mecklenburg - FTD Group	Piedmont	Matthews	Trinity Fellowship Church	13232 Idlewild Rd., Matthews, NC 28105	2nd Sunday	3:00 -5:00 PM	Charles Elligson	704-442-5594	celligson@yahoo.com		
Mecklenburg - Male Caregivers Group	Piedmont	Huntersville	Ranson Ridge Assisted Living- Male Caregivers Group	13910 Hunton Lane, Huntersville, NC 28078	2nd Thursday & 4th Thursday (BiWeekly)	10:00 AM	Bud Katter	(704) 526-7977	okatter@gmail.com		
Mecklenburg	Piedmont	Mint Hill	Blair Road United Methodist Church	9135 Blair Rd Mint Hill, NC 28227	3rd Tuesday	7:00 PM	Lynn Smith	704-545-6785 ext. 102	lynnsmith@blairroadumc.org	Wendy Haigler	
Mecklenburg	Piedmont	Charlotte	Waltonwood Providence (IL Garden Room)	5039 Providence Country Club Dr, Charlotte, NC 28277	Last Thursday	5:30 PM	Grace Gallozzi	704-989-0310	ggallozzi@comporium.net		
Mecklenburg	Piedmont	Charlotte	Caldwell Presbyterian Church	1609 E 5th St, Charlotte, NC 28204	3rd Tuesday	6:00 PM	Charles Elligson	704-442-5594	celligson@yahoo.com		
Mecklenburg	Piedmont	Huntersville	Gracious Living Adult Day Center	17220 Northcross Dr., Huntersville, NC 28078	4th Saturdays	10:00 AM	Renay Clark	704-997-5032	clarkrenay@sbcglobal.net		
Mecklenburg	Piedmont	Charlotte	Brookdale South Park	5326 Park Rd, Charlotte, NC 28209	4th Wednesday	6:00 PM	Chantel Casper	704-625-9795	Chantel.Townsend@brookdale.com		
Mecklenburg	Piedmont	Charlotte	University City Seventh-Day Adventist Church	11431 University City Blvd. Charlotte, NC 28262	2nd Tuesday	7:00 PM	Blas Bethancourt	704-201-8953	mtnebo98@gmail.com	Joanne Langevin	
Randolph	Triad	Asheboro	Randolph County Senior Adult Association	347 West Salisbury St.	2nd Wednesday	1:00 PM	Elaine Bean	336-953-7775	beanes2@embarqmail.com	Linda Luther and Joan Wilson	
Randolph	Triad	Asheboro	Cross Road Retirement Community, Activity Annex	1302 Old Cox Road, Asheboro, NC 27205	2nd Thursday	6:30 PM	Joyce Rife	(336) 610-1221	alzcare@cross-road.org	Karen Kidd and Bernie Raymond	
Richmond	Piedmont	Rockingham	Richmond County Hospice - The Haven	1119 N. US HWY 1, Rockingham, NC 28379	2nd Saturday	10:00am-11:00am	Rev. Raymond Martin, PhD	910-997-4464	info@rchospice.com		
Rockingham	Triad	Reidsville	LEAF Adult Day Center	104 N. Washington Ave., Reidsville, NC 27323	2nd Monday	1:30 PM	Marilyn Thompson	(336) 347-2328	mthompson@adtsrc.org		

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Rowan	Piedmont	Salisbury	Trinity Oaks - The Lodge	728 Klumac Rd. Salisbury, NC 28144	4th Thursday	5:30pm - 7:00pm	Teresa Dakins	704-603-2778	tdakins@trinityathome.net	Deb Tillman
Rutherford	Mountains	Rutherfordton	Rutherfordton Town Hall	129 N. Main Street, Rutherfordton, NC 28139	Last Thursday	4:00 PM	Melanie (Yoe) Scruggs	(828) 980-1034	Melanie.scruggs@rescare.com	April Hicks
Surry	Triad	Mt Airy	Mountain Valley Hospice	401 Technology Lane Mt Airy, NC 27030	1st Tuesday	6:00 PM	Allison Hemrick	3367892922	ahemrick@mtnvalleyhospice.org	
Swain	Mountains	Cherokee	Tribal In Home Care Services	73 Kaiser Wilnoty Dr. Cherokee NC 28719	1st Tuesday	1:00 PM	Tashina Pheasant	828-359-6294	tashphea@nc-cherokee.com	
Union	Piedmont	Indian Trail	First Baptist Church	732 Indian trail Fairview Road	2nd Monday	7:00 PM	Sandra Adcock	704 301-7115	memorycare@fbcit.org	
Union	Piedmont	Weddington	Weddington UMC	13901 Providence Rd, Weddington, NC 28104	3rd Wednesday	6:30 PM	Ginny Hunt	704-807-3020	ginnyh513@me.com	
Yadkin	Foothills	Yadkinville	Mountain Valley Hospice	320 West Maple Yadkinville, NC 27055	4th Tuesdays	4:00 PM	Allison Hemrick	3366792466	ahemrick@mtnvalleyhospice.org	