

Patient Name _____	Election Date _____	Assessment Date _____
MR# _____	Date of Birth _____	Age _____

<b>Vital Signs</b>					
T _____	Pulse (Resting) _____	Resp _____	BP _____	Weight: _____	MAC _____

<b>Pain Assessment</b>	
Intensity: none = 0    1    2    3    4    5    6    7    8    9    10 = most intense	Acceptable level: _____ /10
Frequency: none    occasionally    frequently    constantly	
Location: _____	
Description of pain: _____	
Nonverbal signs of pain: _____	
Associated symptoms: _____	
Current medications: Effective? <input type="checkbox"/> Yes <input type="checkbox"/> No	

<b>Immediate Care &amp; Support Needs:</b> Document patient rating from ESAS assessment	
_____ Pain/Comfort	Describe _____
_____ Fatigue	Describe _____
_____ Nausea	Describe _____
_____ Depression	Describe _____
_____ Anxiety	Describe _____
_____ Drowsiness	Describe _____
_____ Appetite	Describe _____
_____ Shortness of breath	Describe _____
_____ Well-being	Describe _____
_____ Other	Describe _____

<b>Patient's Primary Concern/Goals</b>
_____
_____
_____

<b>Caregiver's Primary Concern/Goals</b>
_____
_____
_____

<b>Evaluation of Physical, Psychosocial, Emotional and Spiritual Status/Immediate Care Needs</b>
_____
_____
_____
_____
_____

<b>Interventions and Teaching</b>
_____
_____
_____
_____
_____

<b>Need for Comprehensive Assessment</b>				
<input type="checkbox"/> Nursing	<input type="checkbox"/> Social work	<input type="checkbox"/> Spiritual care	<input type="checkbox"/> Physician	<input type="checkbox"/> Bereavement
<input type="checkbox"/> Dietitian	<input type="checkbox"/> Physical Therapy	<input type="checkbox"/> Occupational Therapy	<input type="checkbox"/> Speech Therapy	

Patient /Caregiver refuses the following services and assessments: \_\_\_\_\_

RN Signature \_\_\_\_\_ Date \_\_\_\_\_

SAMPLE

Patient Name \_\_\_\_\_ MR# \_\_\_\_\_ Election Date \_\_\_\_\_ Assessment Date \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Hospice Dx \_\_\_\_\_ Is death imminent?  Yes  No

Level of Care:  RHC  CC  INPT  Respite Location:  Home  Nsg Hm  ALF  Hospital  Bd/care

Admission: Precipitating factors Patient/family subjective complaint(s) \_\_\_\_\_

In last year (include date, if known):

Hospitalized \_\_\_\_\_  Pneumonia \_\_\_\_\_  Aspiration pneumonia \_\_\_\_\_  UTI \_\_\_\_\_

Recurrent fever after atb \_\_\_\_\_  Stage 3–4 decubitus \_\_\_\_\_  ER visit \_\_\_\_\_  Hip fx \_\_\_\_\_

Septicemia \_\_\_\_\_  Pyelonephritis \_\_\_\_\_  Unexplained syncope \_\_\_\_\_  Cardiac arrest/resuscitation \_\_\_\_\_

**Alteration in Comfort** Problem:  Yes  No

No Pain	Mild Pain	Moderate Pain	Severe Pain	Very Severe Pain	Pain as Bad as You Can Imagine
<i>Circle the one number that best fits the patient's pain at its worst in past week.</i>					
0	1	2	3	4	5
<i>Circle the one number that best describes the patient's pain right now.</i>					
0	1	2	3	4	5
<i>Circle the one number that best describes the level of pain acceptable to the patient.</i>					
0	1	2	3	4	5

Patient response:  Number scale (0–10) pain rating used  Wong-Baker Faces pain rating used

ESAS pain assessment: \_\_\_\_\_ Pt/family goal: \_\_\_\_\_ Intervention change needed:  Yes  No

Comment: \_\_\_\_\_

What kinds of things make the patient's pain feel better (for example: heat, meds, rest)? \_\_\_\_\_

What kinds of things make the patient's pain worse (for example: walking, standing, lifting)? \_\_\_\_\_

What treatments or meds is the patient receiving for pain? \_\_\_\_\_ Effective:  Yes  No

Barriers to pain management \_\_\_\_\_

Describe the pain:

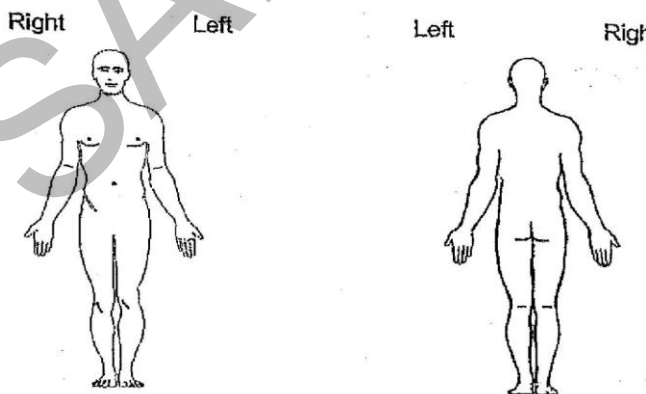
Aching  Throbbing  Shooting  Stabbing  Gnawing  Sharp  Tender  Numb

Burning  Exhausting  Tiring  Penetrating  Nagging  Miserable  Unbearable

Nonverbal signs of pain/discomfort:

Grimacing  Moaning  Guarded  Frowning  Restless  Increased BP  Increased pulse

Poor appetite  Perspiring  Crying  Agitation  Rigid posture  Jaws clenched  Legs drawn up



On the diagram, shade in the areas where the patient feels pain. Put an X on the area that hurts the most.

**Alteration in Urinary Elimination/GU Status** Problem:  Yes  No

Output:  Good  Moderate  Poor  Minimal Odor \_\_\_\_\_ Color \_\_\_\_\_

Frequency:  Normal  Frequent  Infrequent  No output last 24 hrs Retention \_\_\_\_\_ Incontinent:  Yes  No

Catheter \_\_\_\_\_ Type \_\_\_\_\_ Size \_\_\_\_\_ Date Foley changed \_\_\_\_\_

UTI:  Frequent  Occasional  None in last yr Date of last UTI \_\_\_\_\_ Tx \_\_\_\_\_

Current Medications \_\_\_\_\_ Effective:  Yes  No

Comment: \_\_\_\_\_

**Alteration in Bowel Elimination** Problem:  Yes  No

Constipation \_\_\_\_\_ Diarrhea \_\_\_\_\_

Incontinence:  Yes  No Frequency of incontinence \_\_\_\_\_ Bowel sounds \_\_\_\_\_

Colostomy \_\_\_\_\_ Ileostomy \_\_\_\_\_

Usual bowel pattern \_\_\_\_\_ Last BM \_\_\_\_\_

Current bowel regimen \_\_\_\_\_ Effective? \_\_\_\_\_

Comment: \_\_\_\_\_

**Alteration in Nutrition/Hydration** **Dietitian referral needed:**  Yes  No Problem:  Yes  No

Ht \_\_\_\_\_ Wt \_\_\_\_\_ BMI \_\_\_\_\_ MAC \_\_\_\_\_ Normal weight \_\_\_\_\_ Weight  gain  loss in last \_\_\_\_\_ months: # lbs \_\_\_\_\_

Nutrition Intake (% usual daily amt) \_\_\_\_\_  Anorexia Number of meals per day:  1  2  3  4  4+

Pt/family acceptance/understanding of weight loss:  Yes  No  Restricted/special diet \_\_\_\_\_ Appetite \_\_\_\_\_

Tube Feeding:  Yes  No Type \_\_\_\_\_ Amt \_\_\_\_\_  Nausea  Vomiting: Frequency \_\_\_\_\_

Dysphagia:  Yes  No Prevents sufficient intake to sustain life:  Yes  No Number of dysphagia event in last week: \_\_\_\_\_

ESAS nausea assessment \_\_\_\_\_ Pt/family goal \_\_\_\_\_ Intervention change needed:  Yes  No

ESAS appetite assessment \_\_\_\_\_ Pt/family goal \_\_\_\_\_ Intervention change needed:  Yes  No

Comment: \_\_\_\_\_

**Alteration in Respiratory Status** Problem:  Yes  No

O<sub>2</sub> sat level on RA \_\_\_\_\_ O<sub>2</sub> sat level on O<sub>2</sub>@ \_\_\_\_\_ O<sub>2</sub> \_\_\_\_\_ L/min  Continuous  Intermittent  Pt removes/refuses

Breath sounds (Rt) \_\_\_\_\_ (Lt) \_\_\_\_\_ Quality \_\_\_\_\_ Orthopnea \_\_\_\_\_

Dyspnea: at rest:  disabling  moderate  minimal Dyspnea: on exertion:  disabling  moderate  minimal

Amount of exertion before patient becomes dyspneic:  distance amb \_\_\_\_\_  minutes talking \_\_\_\_\_  other \_\_\_\_\_

Cough \_\_\_\_\_ Sputum color \_\_\_\_\_ Infections \_\_\_\_\_

Current Medications \_\_\_\_\_ Effective:  Yes  No

ESAS SOB assessment \_\_\_\_\_ Pt/family goal \_\_\_\_\_ Intervention change needed:  Yes  No

Comment: \_\_\_\_\_

**Alteration in Cardiac/Circulatory Function** Problem:  Yes  No

Heart sounds \_\_\_\_\_ Pulses \_\_\_\_\_ Pulse deficit \_\_\_\_\_

Regular rate/volume \_\_\_\_\_ Hypo/hypertension \_\_\_\_\_ Cyanosis \_\_\_\_\_

Chest pain:  Yes  No Number of episodes in last week \_\_\_\_\_ Precipitating factors \_\_\_\_\_

What relieves chest pain?  Nitro  Rest  Other med \_\_\_\_\_  Other \_\_\_\_\_

Edema  RLE Degree \_\_\_\_\_ Pitting? \_\_\_\_\_  LLE Degree \_\_\_\_\_ Pitting? \_\_\_\_\_ Other location: \_\_\_\_\_

RUE Degree \_\_\_\_\_ Pitting? \_\_\_\_\_  LUE Degree \_\_\_\_\_ Pitting? \_\_\_\_\_ Degree \_\_\_\_\_ Pitting? \_\_\_\_\_

Current Medications \_\_\_\_\_ Effective:  Yes  No

Comment: \_\_\_\_\_

**Alteration in Physical Mobility** Problem:  Yes  No

↑Weakness AEB \_\_\_\_\_ Disability \_\_\_\_\_

Ambulation  Indep  Walker  Need assistance  Holds furn/walls ROM limitations \_\_\_\_\_

Ambulation Distance \_\_\_\_\_ (steps or feet) Decrease:  Yes  No Transfer ability:  Indep  Needs assist

Mainly sit/lie  Mainly in bed  Totally bed bound  Unable to do most activity  Unable to do any activity

Family/facility report of ↓ in functional ability: \_\_\_\_\_ AEB \_\_\_\_\_

ESAS tiredness assessment \_\_\_\_\_ Pt/family goal \_\_\_\_\_ Intervention change needed:  Yes  No

Comment: \_\_\_\_\_

**ADL Assessment** **HHA Needed:**  Yes  No **Frequency** \_\_\_\_\_

I=Independent P=Partially able N=Needs assistance U=Unable to Do

Feeding Self \_\_\_\_\_ Transferring \_\_\_\_\_ Dressing \_\_\_\_\_ Bathing \_\_\_\_\_

Toileting \_\_\_\_\_ Ambulating \_\_\_\_\_ Sit Independently \_\_\_\_\_ Prepare Meals \_\_\_\_\_

Light Housekeeping \_\_\_\_\_ Personal Laundry \_\_\_\_\_

Ability of caregiver to assist with custodial needs of patient \_\_\_\_\_

Comment: \_\_\_\_\_

**Fall Risk Assessment** *Circle appropriate item and add scores* Problem:  Yes  No

Hx of falls = 15 Incontinence = 5 Unable to ambulate independently = 5

Confusion = 5 Increased anxiety = 5 Decreased level of cooperation = 5

Age > 65 = 5 Cardio/pulm disease = 5 Meds for HTN or level of consciousness = 5

Impaired judgment = 5 Postural hypotension = 5 Initial admission to hospice/facility = 5

Sensory deficit = 5 Attached equip (IV, O2 tubes) = 5

Score of 15 or higher is considered high risk Patient Score: \_\_\_\_\_ High Risk:  Yes  No

Comment: \_\_\_\_\_

**Alteration in Skin Integrity** Problem:  Yes  No

Wounds/Decubiti \_\_\_\_\_ Skin color \_\_\_\_\_

Lacerations \_\_\_\_\_ Skin turgor \_\_\_\_\_

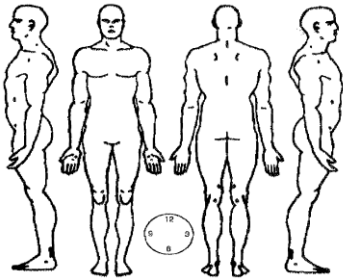
Contusions \_\_\_\_\_ Skin to touch \_\_\_\_\_

Petechiae \_\_\_\_\_ Rash \_\_\_\_\_

Skin tears \_\_\_\_\_ Abrasions \_\_\_\_\_

Comment: \_\_\_\_\_ "Wound Assessment" form included in this assessment:  Yes  No

*Document stage of each pressure ulcer on diagram.*



**Alteration in Mental/Neurological Functioning** Problem:  Yes  No

Pupils equal \_\_\_\_\_ Disorientation \_\_\_\_\_ Responsiveness \_\_\_\_\_

Cognition \_\_\_\_\_ Level of consciousness \_\_\_\_\_ Seizures \_\_\_\_\_

Syncope \_\_\_\_\_ Headache \_\_\_\_\_ Anxiety \_\_\_\_\_

Depression \_\_\_\_\_ Memory impairment:  Long term  Short term Progressing:  Yes  No

Vision \_\_\_\_\_ Hearing \_\_\_\_\_ Sensory impairment \_\_\_\_\_

Speech: 6 words or less  Yes  No One word or less  Yes  No Nonverbal  Yes  No

Dysphasia:  Yes  No Able to smile:  Yes  No Able to hold head up independently:  Yes  No

Coma:  Abnormal brain stem response: \_\_\_\_\_  Absent verbal response  Absent withdrawal response to pain

Current Medications \_\_\_\_\_ Effective:  Yes  No

ESAS drowsiness assessment: \_\_\_\_\_ Pt/family goal: \_\_\_\_\_ Intervention change needed:  Yes  No

ESAS anxiety assessment: \_\_\_\_\_ Pt/family goal: \_\_\_\_\_ Intervention change needed:  Yes  No

ESAS depression assessment: \_\_\_\_\_ Pt/family goal: \_\_\_\_\_ Intervention change needed:  Yes  No

Comment: \_\_\_\_\_

**Alteration in Sleep Patterns** Problem:  Yes  No

Current sleep pattern \_\_\_\_\_ Change in pattern \_\_\_\_\_

Sedatives used \_\_\_\_\_ Effective \_\_\_\_\_

Comment: \_\_\_\_\_

**Alteration in Endocrine System** Problem:  Yes  No

*Diabetes* \_\_\_\_\_ *Treatment* \_\_\_\_\_

Current Medications \_\_\_\_\_ Effective \_\_\_\_\_

Comment: \_\_\_\_\_

**Vital Signs:**

T \_\_\_\_\_ Pulse (Resting) \_\_\_\_\_ Resp \_\_\_\_\_ BP \_\_\_\_\_ Ascites:  Yes  No Abdominal girth \_\_\_\_\_

**Pertinent Laboratory Results (if known):** \_\_\_\_\_

**Alteration in Coping** Problem:  Yes  No

Signs of psychosocial/emotional distress \_\_\_\_\_  Pt  Caregiver

Signs of spiritual distress \_\_\_\_\_  Pt  Caregiver

Signs of family discord/distress \_\_\_\_\_  Pt  Caregiver

Caregiving environment is adequate to meet patient needs:  Yes  No Comment \_\_\_\_\_

Caregiver expressing anticipatory grief:  Yes  No Comment \_\_\_\_\_

**DME & Supplies**

Medical Supplies and Equipment in home \_\_\_\_\_

Medical Supplies and Equipment needed \_\_\_\_\_

Patient/caregiver to demonstrate equipment use and safety? \_\_\_\_\_

**Infusion**

Type:  Peripheral  PICC  Central Venous  Subcutaneous  Other: \_\_\_\_\_

Location: \_\_\_\_\_ Date placed: \_\_\_\_\_ Size/gauge: \_\_\_\_\_ Type/brand: \_\_\_\_\_

Purpose:  Pain mgmt  Hydration  Antibiotics  Maintain venous access  Other: \_\_\_\_\_

Pump: Type: \_\_\_\_\_ Pump setting: \_\_\_\_\_ Verified w/ orders:  Yes  No

Comments: \_\_\_\_\_

**Medications**

See Medication Profile for current medications  List of medications reviewed with patient/representative  
 Pt able to take medications as prescribed:  Yes  No Caregiver able to administer medications as prescribed:  Yes  No  
 Medications effective:  Yes  No Unwanted side effects:  Yes  No  
 Drug interactions:  Yes  No Need for pharmacist consultation:  Yes  No  
 Reviewed facility orders & Notes  New orders found  Copy of orders/Notes obtained for hospice chart  
 Provided written policy on disposal of controlled drugs to patient/family  Reviewed drug disposal policy

**Eligibility Assessment**

**Prognosis Guideline (LCD) attached for \_\_\_\_\_ (dx)**

Patient is eligible for hospice care as evidenced by (AEB). Document comparisons of current status with baseline assessments (admission or recertification assessments). Reference changes with specific time period. Check all that apply.

- Progressive malnutrition: AEB \_\_\_\_\_
- ↑ weakness: AEB \_\_\_\_\_
- ↓ function: AEB \_\_\_\_\_
- ↓ cognitive status: AEB \_\_\_\_\_
- ↓ skin integrity: AEB \_\_\_\_\_
- Recent infections: AEB \_\_\_\_\_
- Changes in medications \_\_\_\_\_
- ↑ need for services: AEB \_\_\_\_\_
- Diminishing lab results: AEB \_\_\_\_\_
- ↓ pulmonary function: AEB \_\_\_\_\_
- ↓ cardiac function: AEB \_\_\_\_\_
- Other: \_\_\_\_\_ AEB \_\_\_\_\_

**Plan of Care**

Complications/risk factors affecting care planning \_\_\_\_\_  
 The plan of care was presented to and discussed with the patient and representative  
 Level of understanding:  Good understanding  Partial understanding  Do not understand  
 Level of ability to participate in care:  Good participation  Partial participation  Cannot participate  Decline

**Patient/Representative Instructions**

- Hospice Services  Plan of Care  How to Contact Hospice  Resuscitation Policy
- After Hours Services  Emergency Procedures  Grievance Procedure  Bill of Rights
- Use of Equipment  Infection Control  Confidentiality of Records  Advance Directives

**Teaching**

Understand disease process and signs of disease progression: Patient  Yes  No Representative  Yes  No  
 Caregiver willing and able to receive instructions and provide care:  Yes  No Comment: \_\_\_\_\_  
 Reviewed PoC with:  Patient  Representative  Facility staff  
 Teaching to:  Patient  Representative  Facility staff  
 Teaching topics: \_\_\_\_\_  
 Caregiver expresses confidence in providing care:  Yes  No Response to teaching: \_\_\_\_\_  
 Level of understanding:  Excellent \_\_\_\_\_  Good \_\_\_\_\_  Poor \_\_\_\_\_

**Communication/Collaboration/Referrals/Need for Comprehensive Assessment**

SW \_\_\_\_\_  Spiritual Care \_\_\_\_\_  
 Facility staff \_\_\_\_\_  Volunteer Coordinator \_\_\_\_\_  
 Aide \_\_\_\_\_  Dietician \_\_\_\_\_  
 Bereavement \_\_\_\_\_  Other \_\_\_\_\_  
**Attending Physician:**  
 Reported patient status  Reported on plan of care problems, interventions, goals & patient response  
 Received new order(s) \_\_\_\_\_  
 Consultation results \_\_\_\_\_

**Summary**

**Need for Comprehensive Assessment:**

- Nursing  Social work  Spiritual care  Physician  Bereavement
- Dietitian  Physical Therapy  Occupational Therapy  Speech Therapy

Patient /Caregiver refuses the following services and assessments: \_\_\_\_\_

Signature/Title \_\_\_\_\_ Date \_\_\_\_\_