

Lifespan Development Psychology
PSY2510:002
Fall 2018

Course Prerequisites

PSY1010 – Principles of Psychology

Meeting Times

Monday & Wednesday, 9:35AM – 10:55AM

Bowman-Oddy 1045

Instructor Information

Professor: Ms. Amy L. Capparelli, M.A.*

Email: Amy.Capparelli@rockets.utoledo.edu

Office: University Hall 1900F

Office Hours: Tues & Wed 2:00PM – 3:30PM; or by appointment

* I do not have a preference on what you call me, as long as it is polite. ☺

Teaching Assistants

Julia Richmond, M.A. (Julia.Richmond@rockets.utoledo.edu)

Bobbi Travis (Bobbi.Travis@rockets.utoledo.edu)

University of Toledo Course Catalog Description

Emphasizes research and theory from conception through old age, and integrates important developmental issues within a lifespan approach.

Course Overview

In this broad-based and fast-paced Web-assisted course, we take a life-span approach to human developmental patterns and processes from conception to death, across cultures and development. In particular, we will discuss the basic physical, cognitive, and social processes at work during each age period (e.g., infancy, childhood, adolescence, and adulthood); external influences affecting these processes; and the relationships among the various threads of development in each age period. This course will provide opportunities for you to draw on your own experiences as you weigh research and ideas we come across. This course should also help you to relate knowledge about how humans develop not only to careers in psychology, but also to many others such as teaching, nursing, medicine, social work, education, law enforcement, and parenthood.

Learning Objectives

Upon completion of this course, the student will be able to:

1. Assess the biological, cognitive, cultural, environmental and social factors that influence development throughout the lifespan.
2. Evaluate current and past research in the study of the lifespan guided by theories within developmental psychology.
3. Apply developmental psychology principles to daily life throughout the lifespan.
4. Detect myths and misconceptions regarding human development throughout the lifespan.
5. Describe methodological approaches used to study development.
6. Assess and critically analyze theories, research methodology and findings (outcomes), and applications developed by developmental psychologists and made available through diverse media (e.g., textbooks, newspapers, professional and lay periodicals, and the Internet).
7. Seize opportunities to engage in clear thinking and clear writing without the use of electronic devices.
8. Demonstrate ability to engage in class discussions and efficiently complete exams/other assignments.

Required Materials

Textbook:

The textbook we will be using for this course is:
Experiencing the Lifespan 4th Edition, by Janet Belsky
ISBN: 978-1-4641-7594-7

However you want to purchase the text is fine by me (used, rental, new, sharing with a friend, etc.) as long as you have the text. If you purchase an older version of the text you are responsible for determining which chapters to read/study and any information that has changed. Students will be expected to have the textbook before the first exam.



Technology Requirements:

You will need reliable, high-speed Internet and access to a computer. We will regularly be using two online components for this course.

1. The first is our Blackboard course website (<https://blackboard.utdl.edu>). Course materials will be posted on Blackboard. Course announcements and student grades will be posted to this site as well.
2. The second online component is Top Hat (www.tophat.com). We will be using the Top Hat classroom response system in class for attendance and participation. **We will begin using Top Hat on our second class. (08/29)**

You will be able to submit answers to in-class questions using Apple or Android smartphones and tablets, laptops, or through text message. You can visit the Top Hat Overview (<https://success.tophat.com/s/article/Student-Top-Hat->

[Overview-and-Getting-Started-Guide](#)) within the Top Hat Success Center which outlines how you will register for a Top Hat account, as well as providing a brief overview to get you up and running on the system.

An invitation will be sent to you by email, but if you don't receive this email, you can register by simply visiting our course website: <https://app.tophat.com/e/343043>

Note: our Course Join Code is **343043**. Please use your UT email address when registering for Top Hat.

Top Hat will require a paid subscription, and a full breakdown of all subscription options available can be found here: www.tophat.com/pricing.

Should you require assistance with Top Hat at any time, due to the fact that they require specific user information to troubleshoot these issues, please contact their Support Team directly by way of email (support@tophat.com), the in app support button, or by calling 1-888-663-5491.

Communication with the Instructor

The best way to reach me is through email. I'm happy to help out and try to respond to your questions ASAP. If you prefer to talk face-to-face feel free to come by during my office hours, or if you can't make it during my office hours email me and set up an appointment to come by. You should check your university email frequently for messages about the course. If you are having difficulty with the course concepts, please let me know so that I can review those topics in class or provide individual explanations. If you find something confusing, others probably do too, and I hope to help clear it up. If multiple people email me the same question, I will answer the question via an announcement on Blackboard rather than individual emails.

If the grade you receive on an exam, homework, or a paper is not what you expected based on the amount of effort you put into studying, please EMAIL ME and come see me during my scheduled office hours! I would be more than happy to go over your study habits with you and possibly give you some ideas for how to study more efficiently. However, I cannot give you help if you do not tell me that you need it.

Before you email me, double check the syllabus. If your question is addressed somewhere therein, I will not respond to your email. If this policy is continually broken, I will begin deducting points from assignments if you email me about answers you can find in the syllabus. (Please use the same guidelines to contact your TAs). I typically respond within 24 hours during business days – keep in mind this may not be until the next day.

Emails to the instructor and TAs should be professionally written. In your first email about a topic to me or the TAs, you should include a greeting (e.g., "Hello Ms. Capparelli/Professor C./Amy"), a succinct message (*use spell check! And please no text*

abbreviations such as 'how r u?'), and an ending (e.g., "thank you," "sincerely," etc.), followed by your name. **If your email is not professional and does not follow this basic format I will not respond.** Basically just be polite in your emails and don't email me as if you were texting with something like "just wnted 2 tel u, i wont be n class 2day. Peace out."

Course Policies

Students should expect to spend two to three hours of studying for every hour of class time. This course includes 3 hours a week in the classroom, meaning that **you should be spending between 6-9 hours a week studying** outside of the classroom.

Technology Use in Class

Cell phones, laptops, and other electronics should only be used for participating in Top Hat attendance/questions, and note taking. I will post full PowerPoint slides on Blackboard to help you with your notetaking. Cell phone should be on vibrate or silent during class time. Please also turn off any flash that goes off when you get a text or phone call. If you receive an emergency call, please leave the room quietly to take the phone call. If you abuse this luxury I will take this privilege (including electronic use and the PowerPoint slides) away from the entire class. Inappropriate electronics activity includes (but is not limited to): texting, Facebook, shopping, emailing, listening to music, etc.

I do not consent to be photographed or recorded during my lectures unless you have explicit permission from the University or me. Doing so violates the student code of conduct and can result in disciplinary action from the University. This includes photographing or recording my lectures on your phone, laptop, tablet, or any other device. So please do not photograph slides instead of writing the information yourself. I will provide all of the lecture slides on Blackboard.

Eating in Class

Eating in class is fine with me. However, if your snack or meal is bothering myself or other students I will ask you to please put your food away. Crunchy foods are very distracting to me, so I ask that you please don't bring anything crunchy.

Sleeping in Class

Sleeping in class is not tolerated. You will be asked to leave if I catch you sleeping.

Respect

Respect is a must in the course. Please respect your fellow classmates, their questions, their responses, their views, and personal attitudes. Some course materials are presented to get you thinking about how you would respond, react, and/or your attitudes about various sensitive subjects. I expect everyone to participate and discuss topics during class and for the classrooms to be a safe place where ideas and attitudes can be freely expressed without judgment.

Miscellaneous Course Policies

There are various policies that will apply to this class that should go without saying – but if they are on here they are on here for a reason.

- No nail clipping or toenail clipping during class.
- Please be courteous and do not have your own conversations while I am lecturing.
- Don't wear headphones in class.
- Put your first and last name on any assignments you turn in.

Course Requirements

Attendance & Participation

Homework

Exams

Attendance & Participation (50 pts.)

Attendance and participation are a required part of this class, and will count toward your final grade. Attendance and participation will be graded through Top Hat. You must have Top Hat in order to receive these points. Each day you come to class I will take attendance via a code you enter on Top Hat using your phone, tablet, or computer. You will earn one point for each class you attend. I will also pose questions throughout the lecture to help gauge your understanding and/or thoughts. Some of the questions will require you to select the correct answer – if you select the correct answer this will count as extra credit toward your grade. You must attend class to earn this extra credit. Each question posed in class will be worth at least 0.5 points for participation, and if you select the correct answer (when applicable) you can earn at least an extra 0.5 points per question. Your attendance and participation grade will be calculated by adding the total number of points earned on in class questions, and one point for each attended class. These points will be added onto your final grade.

I realize things come up and sometimes you must miss class. If this happens please email me ASAP to let me know. Ideally you should email me *before* the class you will miss. Excused absences include university sponsored events and illness (your own or immediate family for whom you provide care). Documentation must be provided to receive an excused absence. An excused absence will mean you earn the 1 point as if you attended class. You will not be able to earn extra credit points for excused or unexcused absences. You can, however, earn participation points back (for excused absences only) by writing a 2-page (double spaced, 12 point font) reflection paper on the topic for the day. Please contact the instructor to verify the topic for the day. This reflection paper must be turned in within 48 hours of the missed class, unless otherwise agreed upon by the student and professor. For example, if you miss class on Monday, then your reflection paper must be turned in by Wednesday before class time. If you miss class on Wednesday, your reflection paper must be turned in by Friday before 9:35am. Please email papers to me as a Microsoft Word document. I will not accept

these in any other form. If you complete this paper I will manually adjust your participation points in Top Hat.

Mental Health Days: Sometimes things come up or you need to take some time for yourself. I've arranged the course so I will provide opportunities to earn at least 55 points worth of attendance and participation. So, that means if you need to take a day or two to miss class and take care of yourself you should do that without having to worry too much about your attendance grade. You can feel free to take a mental health day at your own discretion, no need to email me beforehand to let me know you'll be missing class or tell me a reason (though you can if you'd like to, it doesn't hurt!). Just take care of yourself! NOTE: you will not be credited points for mental health days. I have just worked in ample opportunity to earn the 50 points.

Class cancellations: Although it is unlikely that a lecture will be cancelled it is always a possibility. If something does happen where I need to cancel class I will send an email to your UT Rockets email address.

Homework (150 pts.)

For each chapter there will be a short homework assignment worth 10 points (15 assignments total). You can find these assignments on our Blackboard website, and they will be announced in class. Please complete these assignments and turn them into me in class or during office hours. Please be sure to include your first and last name on your homework assignments. If you anticipate you will have trouble turning one of these in on the due date please make arrangements to turn the assignment in early. **Late assignments will not be accepted under any circumstances.** You may complete these on your own or work with a classmate. However, any work you turn in should be your own. Do not copy another student's answers. This is cheating and will result in a 0 on the assignment. These assignments are meant to get you thinking a little more in depth about some of the material. It will be helpful to read the entire chapter before completing the homework assignments. You may also use outside sources to learn more about some of these questions, but it is not necessary.

Exams (400 pts.)

There will be a total of five (5) exams in this course. Your lowest exam grade will be dropped. Each exam is worth 100 points, for a total of 400 points. Exam questions will come from lectures, in class discussions, the book chapters, and any other outside material assigned (like videos). **Late exams will not be accepted under any circumstances.** If you anticipate missing an exam please make arrangements to take it early. Exams will be given in class via paper and pen or pencil. I will bring a copy of the exam for you; you are responsible for bringing your own writing utensil. Always make sure you include your first and last name on your exam. If I cannot read your name or discern who you are while entering grades in Blackboard you will not earn credit for the exam. You will have the entire class time to complete the exam.

I will provide study guides for each exam. In the study guides I may list topics that you should know for each chapter, as well as provide you with some essay style questions. You do not have to complete these study guides if you don't want to or don't think they will help you. If you choose to complete them and turn them in on the day of the exam, I will add 3 points to your exam score. It needs to be clear that you put in a good effort to answer the questions in order to earn the 3 points on your exam. This means you cannot just write a word or two down for each question.

You may not use any books, notes, or any other outside resources (including Google) on exams. You also may not consult with friends or peers for the answers. Anyone suspected of cheating will earn a 0 on the exam and a note in your college file for the first offense. A student caught cheating a second time will receive an F in the course, and a note in your college file. The course instructor, TAs, or anyone else monitoring the exam will determine if cheating is suspected. ***Any grade of 0 that results from cheating is not eligible to be the exam grade that is dropped.***

Grading

Assignment	Points
Attendance and Participation	50
Homework (15 assignments @ 10 points each)	150
Exams (Best 4 out of 5 grades)	400
Total	600

You may calculate your final grade by dividing the points you have earned by 600 (remember to subtract your lowest exam score). For example if you have earned 382 points in the class, $482/600 = 0.80$ or 80% which is a B-.

Letter Grades:

A	> 93%	C	73-76%
A-	90-92%	C-	70-72%
B+	87-89%	D+	67-69%
B	83-86%	D	63-66%
B-	80-82%	D-	60-62%
C+	77-79%	F	< 60%

Course Schedule

Week	Date	Topic/Activity	Readings	
Unit 1: Pregnancy, Birth, and Infancy				
1	8/27	Syllabus; Introducing Lifespan Development (CH1)	CH1	
	8/29	Prenatal Development, Pregnancy, and Birth	CH2	
2	9/3	Labor Day – No Class		
	9/5	Infancy: Physical and Cognitive Development	CH3	
3	9/10	Infancy: Socioemotional Development	CH4	
	9/12	Infancy		
4	9/17	Unit 1 Exam (CH 1-4)		
	Unit 2: Childhood			
	9/19	Childhood: Physical and Cognitive Development	CH5	
5	9/24	Childhood		
	9/26	Childhood: Socioemotional Development	CH6	
6	10/1	Childhood		
	10/3	Childhood: Settings for Development	CH7	
7	10/8	Unit 2 Exam (CH 5-7)		
	Unit 3: Adolescence			
	10/10	Adolescence: Physical Development	CH8	
8	10/15	Adolescence		
	10/17	Adolescence: Cognitive Development	CH9	
9	10/22	Adolescence		
	10/24	Adolescence: Special Topic		
10	10/29	Unit 3 Exam (CH 8 & 9)		
	Unit 4: Early and Middle Adulthood			
	10/31	Early and Middle Adulthood: Constructing an Adult Life	CH10	
11	11/5	Early and Middle Adulthood: Relationships	CH11	
	11/7	Early and Middle Adulthood		
12	11/12	Veterans Day Observed – No Class		
	11/14	Early and Middle Adulthood: Midlife	CH12	
13	11/19	Unit 4 Exam (CH 10-12)		
	Unit 5: Later Life and Death			
	11/21	Thanksgiving Break – No Class		
14	11/26	Later Life: Cognitive and Socioemotional Development	CH13	
	11/28	Later Life: The Physical Challenges of Old Age	CH14	
15	12/3	Later Life		
	12/5	Death and Dying	CH15	
Final	TBA	Unit 5 Exam (CH 13-15)		

THE SYLLABUS AND COURSE POLICIES ARE SUBJECT TO CHANGE AT THE INSTRUCTOR'S DISCRETION. CHANGES WILL BE ANNOUNCED IN CLASS OR VIA BLACKBOARD. YOU ARE RESPONSIBLE FOR ALL CLASS ANNOUNCEMENTS.

University Policies

Academic Honesty: Cheating will not be tolerated. The first instance of cheating will result in a zero (0) for the assignment or exam and a note in your college file. A second instance will result in an F grade for the course and a note in your college file. A low grade that results from cheating will not be deleted if you retake the course for a higher grade. Cheating includes (but is not limited to) **use of non-permitted resources** for exams or assignments such as friends, internet, books, etc. Using a **cell phone** during an exam for any reason. Plagiarism (use of another person's words without citing a reference to assign credit to them) is also cheating; always use your own words in all assignments. See [the university's policy on academic honesty](#).

Academic Accommodations and/or Special Needs: Please read [The University's Policy Statement on Nondiscrimination on the Basis of Disability Americans with Disability Act Compliance](#).

The University of Toledo is committed to providing equal access to education for all students. If you have a documented disability or you believe you have a disability and would like information regarding academic accommodations/adjustments in this course please contact the [Student Disability Services Office](#).

Resources Related to Sexual or Gender-based Violence and Harassment: The University of Toledo cares greatly about the health and wellbeing of our students, staff, and faculty, and takes all sexual or gender-based violence and harassment very seriously. If you have experienced sexual assault, sexual harassment, intimate partner violence, and/or stalking and want a confidential place to obtain support and information, please contact the Center for Student Advocacy and Wellness on the main campus in Health and Human Services Room 3017. You can call 419.530.2497 during regular business hours and 419.530.3431 for 24-hour assistance from a trained advocate. In-person, walk-in appointments are also available Monday-Thursday from 8:30 a.m. to 5 p.m. The Center for Student Advocacy and Wellness provides free and confidential advocacy and counseling services to students, faculty and staff. The YWCA H.O.P.E. Center also can be accessed as an off-campus confidential resource at 419.241.7273. Faculty, teaching assistants, and other university employees are mandated reporters of any incidents of sexual or gender-based violence or harassment. Thus, any disclosures of sexual or gender-based violence or harassment on or off campus made to faculty or teaching assistants, or other university employees must be forwarded to the Title IX Coordinator. The Title IX Office will then contact you regarding your rights, your option to participate in the investigation, interim safety measures and/or academic accommodations, and the need to proceed with an investigation (even if none is requested). Your participation in the process is voluntary. You may call

419.530.3152 to file a complaint or visit the following website for more information and resources: <http://www.utoledo.edu/title-ix/>. Policies relating to Title IX can be found at: <http://www.utoledo.edu/title-ix/policies.html>.