

*Monday*

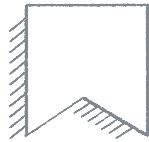
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*Thursday*

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*Tuesday*

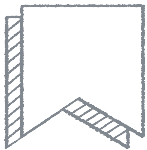
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*Friday*

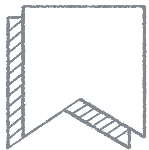
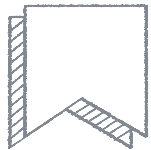
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*Wednesday*

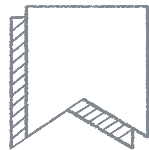
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*Saturday*

*Sunday*

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<i>wed</i>	<i>thur</i>
<i>fri</i>	<i>sat</i>
<i>sun</i>	<i>goals</i>

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*notes*

*goals*