

Patient Care Services at HackensackUMC

An Extraordinary Journey



ANNUAL REPORT 2012



1940

Hospital added a military training course to the School of Nursing curriculum in the midst of World War II

Hospital instituted a Red Cross Nurses Aid Training Course to educate personnel in preparation for the anticipated depletion of nursing staff by the armed forces

1940-50

1947

Hospital record-setting 1,227 births

1950

Margaret Schubert of Bogota became the 1,000th student to graduate from the School of Nursing

1953

Mary Stone Conklin retired

Dorothy Scullion, a graduate of the hospital's School of Nursing who left to be a private duty nurse, returned to the hospital and was named the hospital's first director of Volunteer Services

Jean Marshall Scholarship Award is established, an annual award intended to provide financial assistance to New Jersey residents who are working on a graduate degree in nursing

Hackensack Hospital School of Nursing admitted its first African American student

1901

New & greatly expanded multi-sectioned hospital

1880-1890 1900-10

1888

Great Blizzard of '88

Opening of Hackensack Hospital, Bergen County's first hospital: 10 rooms; 12 beds

1890

School of Nursing established

1905

Mary Stone Conklin graduated from the Hackensack Hospital School of Nursing and assumed staff position at hospital

1907

Mary Stone Conklin temporarily assumed the duties of hospital superintendent

1913

Hospital's 25th Anniversary

1920-30

1931

Average cost-per-patient day at Hackensack Hospital is \$4.47

1938

Hospital's 50th Anniversary -250-bed hospital

1939

The School of Nursing received accreditation from the National League on Nursing Education and had 43 graduates



1960

Hackensack Hospital School of Nursing admitted its first male students

1963

Hospital's 75th Anniversary

1968

Married students permitted into the Hackensack Hospital School of Nursing

1960 - 70

1970

Clinical Ladder Program established designed to define, recognize and reward nursing practice at the bedside

Meals on Wheels program was begun by the Community Nursing Service to help feed homebound elderly and the incapacitated

1972

Junior Health Careers Program - one of the first federally-funded "cooperative" programs providing on-the-job training for high school juniors interested in pursuing a career in one of the healthcare professions

1973

Final graduating School of Nursing class (after 81 years)

1976

Opening of walk-in centers for senior citizens in nine nearby towns coordinated and staffed by the hospital's Community Nursing Service. It reflected one of the major provisions of the hospital's Health Awareness Regional Program (HARP).

2006

Dianne Aroh, MS, RN, NEA-BC, executive vice president, chief nursing and patient care officer, became chief nursing officer

2000

2008

Dianne Aroh recipient of the NJ Organ and Tissue Sharing Network's Kountz Heritage Award

2009

Dianne Aroh first recipient of the Health Care Professional (HCPro) Image of Nursing in Leadership Award

Dianne Aroh recipient of the Concerned Black Nurses of Newark Inc. Administrative Award

HackensackUMC named to Nursing Professionals 2009 "Top 100 Hospitals to Work for" list

2010

Blueprint for Nursing Leadership and the Care Delivery Model created

Nursing Leadership Academy established

HackensackUMC established Everyone Needs A Nurse™ Campaign (ENANC) Scholarship Fund, its own nursing scholarship funded through campaigns by HackensackUMC nurses

2011

Dianne Aroh recipient of the 2011 Tribute to Women and INdustry (TWIN) Award

Professional Practice Model created

2010

2012

DAISY Award for Nursing Excellence established at HackensackUMC

Main Operating Room at HackensackUMC was recognized as a CNOR Strong (Certified Nurse for Operating Room) facility by the Competency & Credentialing Institute (CCI)

HackensackUMC is the first hospital in New Jersey to . launch a successful recycling program, led by Operating Room Green Team Champion Nurses Jennifer Pallotta, BSN, RN, CNOR and Joan Banovic, BSN, RN, CNOR, This has led to an organizational-wide recycling initiative, minimizing our carbon footprint for our generation and generations to come.

HackensackUMC hires its first flight nurses

Dianne Aroh recipient of the 2012 Diva Award from the New Jersey State Nurses Association (NJSNA) and the Institute for Nursing

2013

Hospital's 125th Anniversary

Njoki Ng'ang'a, Ph. D., MSc, RNC, first staff nurse to be accepted as a White House Fellow Finalist

Hospital's 100th Anniversary

1989

1988

Largest hospital expansion in New Jersey - 597 beds

1980-90

Hospital Board officially

The medical center began offering its first nurse

re-entry program for nurses

who had been away from

their profession for some

time and wanted to

return to work

changes name to Hackensack Medical Center

1981

1995

Magnet Designation -First hospital in the state & second in the nation

Since the first day Hackensack University Medical Center opened its doors in 1888, our nurses have been at the frontline of care, delivering compassionate, patient-centered care to the millions of men, women and children who have walked through our doors. Our award-winning nurses are leaders in their fields, and constantly seek innovative ways to take patient care to a new level. Our steadfast pursuit of excellence in professional nursing practice and care delivery is unrelenting.

HackensackUMC nurses are renowned for achieving Magnet® recognition for nursing excellence, the highest honor that can be bestowed by the American Nurses Credentialing Center. We were the first in New Jersey and the second in the country to receive this designation demonstrating our tireless commitment to outstanding patient care. We set the standard for nursing excellence every day. Our dedication to our patients and their loved ones is the reason that the community has placed its trust in us for 125 years.

Table of Contents

Leadership Message	6-7
An Extraordinary Journey	8-17
Continuing the Legacy of Nursing Excellence: 2012 Highlights at a Glance	18-35
A Determined Drive for Quality	36-41
In Fond Memory of	44-45

Leadership Message

WE ARE PLEASED TO PRESENT THE 2012 PATIENT CARE SERVICES ANNUAL REPORT

It is our pleasure to present you with the 2012 Patient Care Services annual report. For 125 years, HackensackUMC has been committed to providing each patient with the highest level of care; beginning with our incredible team of nurses. Just two years after Hackensack Hospital's inception, the School of Nursing was established as a direct response to the importance of giving nurses the tools they needed to succeed. Since then, our nurses have helped elevate HackensackUMC as one of the finest medical centers in the nation.

During the year, there was incredible growth within our medical center as well as Hackensack University Health Network. We have positioned ourselves to succeed and thrive in the face of upcoming healthcare reform. This confidence in our future would not be possible without the work of our incredible Patient Care team.

Our nurses serve as ambassadors of care, often serving as the first and primary point of contact for our patients and their families. The stream of letters of gratitude from our patients and their loved ones is truly remarkable, and as leaders of HackensackUMC, we could not be more proud of our nursing team. As evidenced by this annual

Robert C. Garrett *President & Chief Executive Officer* Hackensack University Health Network

report, our nurses not only perform exceptionally here at work, but are true caregivers and leaders in life—some assuming leadership and teaching positions, and some volunteering their time on a global scale to help those in need.

Your contributions and hard work are mirrored every year in the numerous awards and accolades we receive. HackensackUMC was named the number one hospital in New Jersey and one of the top three New York metro hospitals by the U.S. News & World Report. Further testifying to our care, U.S. News sifted through more than 5,000 hospitals in the U.S., and only 147 of them performed well enough to be ranked in one or more national specialties— we received 10.

HackensackUMC is also one of America's 50 Best Hospitals, according to Healthgrades®, for seven years in a row—the only hospital in New Jersey, New York, and New England to receive this honor. We are the recipient of 19 Gold Seals of Approval from the Joint Commission—more than any hospital in the nation, and are the only hospital in New Jersey to be listed among The Leapfrog Group's Top Hospitals for three consecutive years, placing us among the top six percent of hospitals in the nation.

When we make reference of our awards and recognition concerning patient care, we must acknowledge that HackensackUMC was the first hospital in the state and second in the nation to achieve Magnet[®] recognition for Nursing Excellence, the highest honor that can be bestowed by the American Nurses Credentialing Center.

We are only able to achieve this high level of care because of all of you. We thank you for your tireless dedication to HackensackUMC and our patients.



Dianne A.M. Aroh, RN, NEA-BC Executive Vice President, Chief Nursing and Patient Care Officer HackensackUMC



AN EXTRAORDINARY JOURNEY

2012

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1888-1953

1905

Mary Stone Conklin graduated from the Hackensack Hospital School of Nursing and assumed staff position at hospital

Founded in 1888 with 12 beds and as Bergen County's first hospital. HackensackUMC has demonstrated 125 years of growth and progress. Nurses have and continue to play an important and pivotal role in our rich history and growth toward becoming the largest provider of inpatient and outpatient services in New Jersey. In our earlier years, nurses had an extensive scope of responsibilities, all centered on the patient and family despite the long, demanding days and nights. To meet our patients' needs, nurses harvested vegetables and prepared patient meals; pumped water from wells; milked cows; washed bed linens; and cleaned, refilled, and trimmed the oil lamps in addition to performing nursing duties. Nurses were also founders, superintendents, board members, administrators and community relations representatives. Despite the daily challenges, nurses persevered - providing comfort, hope and a healing environment for our patients.

In 1905, Mary Stone Conklin, a graduate of Hackensack Hospital School of Nursing, assumed a staff position at the hospital. By 1907, Mrs. Conklin assumed "temporary" duties as the hospital superintendent at the request of Mr. Moore, president of the Board of Governors. This "temporary" promotion continued for 46 years. Mary Stone Conklin would eventually become indistinguishable with the hospital itself.

Mrs. Conklin guided the hospital from its infancy to the modern era. She directed the hospital through various stages – times of war, periods of expansion and changing times. Mrs. Conklin was also responsible for shaping and reshaping the public image of the hospital – acting as

the spokesperson to the public and media. During the Great Influenza epidemic of 1918, she worked tirelessly to keep the hospital on its feet, abounding with energy and expertise through it all. Our nurses remained stalwart in our commitment to provide the very best care to our patients and the community-at-large during this epidemic.

Some of Mrs. Conklin's remarkable achievements during this time period are as follows:

- Instituted the change in work hours for nurses from 17-hour to 12-hour duty days, and later to the eight-hour day, five-day week.
- In 1923, guided the opening of the new six-story Main Building of the hospital, among many other buildings.
- In 1925, Hackensack Hospital parted ways with Victorian style nursing uniforms and horse-drawn ambulances.
- Successfully assimilated new innovations and inventions into practice.
- Saw through rapid growth of admissions: In 1888, the hospital admitted 79 patients and in 1952, 14,690 patients were admitted.

Some of her professional accomplishments included:

- Appointment to the New Jersey State Board of Examiners of Nurses
- Founder and president of the Central Bergen Visiting Nurse Service
- President of the New Jersey Hospital
 Association
- President of the Old Ladies Home of Bergen County

1907

Mary Stone Conklin temporarily assumed the duties of hospital superintendent

Today, Mary Stone Conklin's legacy and administrative leadership is commemorated in "The Conklin Alliance," prominently displayed in the medical center's Margery S. and Charles J. Rothschild, Jr. Recognition Gallery.

Did you know?

Applicants to the early schools had to be between the ages of 25 and 35; they had to be single or widowed; and groups of students were seldom admitted, rather they were admitted as needed.

When an applicant to the Hackensack Hospital School of Nursing was accepted, after a probationary period, the applicant would receive board, lodging and \$5/month the first year, and \$10/month the second year for clothing and textbooks.

1959 - 1964



Hackensack Hospital School of Nursing alumna and staff nurse at Hackensack Hospital from 1959-1964, Joan Gordon Murko, MA, RN, reflects on the nursing profession

55 years ago, and shares some of her story as a nurse at Hackensack Hospital.

Nursing at Hackensack Hospital: Circa 1959 to 1964 By: Joan Gordon Murko, MA, RN

During the time of my newly-minted status as a nurse, hospitals were permitted to hire graduate nurses (GN): persons who were recent graduates, but not yet licensed or registered as nurses. I joined the nursing staff of 4 North, known today as Strawbridge, where I was a bedside/staff nurse for the four month period between my September 1959 graduation and passing the boards. As a GN, I quickly learned the rules of employment, although having spent three years in the School of Nursing, I knew what was expected of me—but now I was an actual employee.

A typical day began with an expectation to arrive on our patient care unit long before the beginning time of 7 a.m., 3 p.m. or 11 p.m. The nurse-in-charge from the previous shift was ready to give an oral report to the incoming staff about every patient's condition, medications, treatments and diagnostic tests that were performed or to be performed during the next eight to 16 hours. One quickly



learned to carefully listen and record pertinent information when the nurse-in-charge made patient assignments to each member of the nursing staff. Successful nurses had excellent organizational skills in order to plan their day; knowing how to manage the care of six or more patients during the day shift (or more on days with limited staff and between 3 p.m. and 7 a.m.). New GNs and registered nurses (RNs) became very adept at problem solving. While the term "multi-tasking" was not a part of 1959 vocabulary, that is in fact what we mastered. Being able to be very flexible as patient conditions changed, would now be labeled "being able to turn on a dime."

If the nurse was assigned for the 7 a.m. to 3 p.m. time period, it was expected that all assigned patients would be bathed and bed linens changed long before the noon hour; along with all morning medications administered and bedside treatments done. At Hackensack Hospital, the number of nursing assistants was a very limited number; they were used for mostly "fetch and carry" tasks. There were even less licensed practical nurses (LPNs), therefore the RN bore all of the responsibility for direct patient care.

My specialty was medical nursing, in other words, adults who were hospitalized for nonsurgical conditions. As you can imagine, there was a wide array of medical conditions ranging from chronic conditions, such as cardiac, pulmonary and metabolic disorders - to acute gastrointestinal or neurological problems. Many patients were hospitalized for several days for diagnostic tests; something completely unheard of today. Other medical unit patients were frequently readmitted for long-term chronic conditions. Oftentimes, these patients and their families were calmed by seeing the familiar face of a nurse.

In the late 1950s and early 1960s, patients remained in the hospital for days and weeks, which provided me the opportunity to become skilled in learning about medications, side effects, dietary restrictions, issues related to long-term immobility, and planning for a patient's discharge to their home. There were no discharge planners to organize the patient's post-hospitalization recovery period. Where do you live? Who do you live with? Do you have stairs in your home? Do you live in an apartment where there is no elevator? Who will prepare your food? How will you travel to medical appointments? The list of guestions and answers were essential for me to know because my role as a nurse did not end when the patient left 4 North.

Medical regimens were very different 55 years ago. For example, heart attack survivors were on complete bed rest for up to 12 to 15 days, not permitted to get out of bed to sit in a chair, walk or use the toilet. They were not even permitted to feed themselves or lift a wet wash cloth to wipe their face and hands - the nurse did everything for the patient. People in need of oxygen therapy were carefully tucked into a plastic canopy that fit over the entire head of the bed with a large tank of oxygen next to the bed. Patients needing to have fluid suctioned from their gastrointestinal tract were tethered to three glass bottles through a stomach tube. Two-gallon sized glass bottles remained on the bedside table, while the third was on the floor. One of the table bottles collected gastric fluids and needed to be

1959-1964 continued...

measured and emptied every eight hours. There was no central suctioning system to deal with lung issues or any other body cavity or organ.

Intravenous therapy could only be initiated by a physician. The IV team was eventually created because the New Jersey Board of Nursing approved that procedure for nurses to perform after lengthy dialogue with the New Jersey Board of Medical Examiners and the New Jersey Medical Society.

As changes were rapidly occurring in patient care and hospital services, Hackensack Hospital was innovative in establishing what was probably the first ICU (circa 1961) in the Bergen-Passaic area. At that time, there were no "trained respiratory therapists," therefore we staff nurses became quite adept at managing the Bird Respirator and expert in deep suctioning of lungs. In addition, the technology was quite crude by today's standards when I recall the evolution of the patient cooling mattress from a child's water raft to a self-contained refrigerating machine that efficiently reduced body temperature.

CPR, so common today, was first introduced in the United States in 1960 and the American Heart Association quickly introduced physicians how to use "close-chest resuscitation." When first used at Hackensack Hospital in 1961/1962, only physicians could perform the procedure; I believe I first used CPR circa 1962/1963. The standard for applying CPR was in the event of a sudden, unexpected death.

Another phenomenon of the mid-twentieth century was caring for patients in their 80s and 90s; it truly was a rarity as lifespans were shorter. Treatment of that population was palliative at best. Invasive surgery was seldom performed on people over the age of 75 with the exception of cataract removal and pinning broken hips. Anesthesia was not as safe as it is today; therefore the risks outweighed the benefits of surgery.

If there is one nursing task that has seen dramatic change from my early days as a nurse, it is the administration of oral and parenteral medications from "a stock closet." Medication administration consumed the nurse's time as it involved calculating dosages - the formula was DESIRED divided by HAVE or RATIO/PROPORTION. "Do I give one-half a tablet, or one and one-half, or two?" and "I must carefully withdraw the exact number of cc's from the multi-dose vial when giving an injection" (the vial was used for all patients on the nursing unit). Syringes were made of glass and sterilized in the Central Supply Department (CSD). Needles, also sterilized in CSD, needed to be frequently sharpened. An understanding and application of sterile technique was mandatory as the sterile needle had to be removed from the package and carefully placed into the center of a sterile cotton ball, then carried to the patient. The production and arrival of pre-packaged syringes and needles were a welcome sight.

While the delivery of nursing care 55 years ago was physician-driven, there are two factors that remain etched in my mind about those days. First, I could clearly see that there were two types of nurses. There were those that saw nursing as an occupation, as a job that provided security and good pay for the time, but was secondary to the nurse's role as wife or mother, or rarely husband or father. The second type of nurses were those that saw nursing as a career, a profession that

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provided security, but was integrated with the other roles and required continuing education. More importantly, the career-oriented nurse viewed her/his self as a true partner of the healthcare team. For me, personally, with time and demonstration of my scientific knowledge base, I was often asked, "Why didn't you become a doctor?" My answer was always "Because I wanted to become a nurse."

Did you know?

During the rapid growth in the nursing profession from 1880 to 1905, the number of schools of nursing around the country increased from 15 to 432.

Emma F. Crum, the first graduate of the Hackensack Hospital School of Nursing in 1892, became the hospital superintendent from 1893-1899.

In 1902, the state of New Jersey required registration and licensing laws for nurses.

In 1907, Hackensack Hospital ward patients paid \$3.50 per week, and a private room was \$5.

The hospital cows that were used as the milk supply grazed where Hackensack High School now stands.

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1972

GUIDING AND MENTORING OUR FUTURE HEALTHCARE PROFESSIONALS

In 1972, the Junior Health Careers Program was established at Hackensack Hospital, providing on-the-job training for high school juniors interested in pursing a career in one of the healthcare professions. In 2012, this program still continues. Now under the title "Healthcare Explorers," high school juniors are exposed to a myriad of units and departments to explore where their true interest lies, and to learn about a typical day-to-day work experience at HackensackUMC. We guide and mentor them throughout their time at the medical center.

A Healthcare Explorer from the 2012 program shared a note of gratitude to the coordinators of the program: "Healthcare is the field I really would like to go in to and this program made me want to follow my dream even more. Once again, thank you." It is through these notes and conversations where we learn just how much an experience of the program can touch the lives of our future healthcare.

1976

COMMITMENT TO COMMUNITY INVOLVEMENT

Hackensack Hospital, designated a medical center by 1981, has and continues to address and analyze the healthcare needs of the community by establishing partnerships. We collaborate with other healthcare experts, implement programs, initiate joint ventures and strategize for future needs. Numerous and diverse partnerships have been established with community-based entities, hospitals and governmental agencies to improve the health of the community.

In 1976, the medical center formalized the commitment to community outreach by establishing a department, the Health Awareness Regional Program (HARP). HARP began as a preventive health program staffed by nurses for residents over the age of 18 in the Pascack Valley region. Over time, walk-in centers for senior citizens in nine nearby towns opened. Today, the HARP program is staffed by three registered nurses and a certified health educator who provide health education and public health services to 31 Bergen County municipalities.

References: Murko, J. (1992). Yesterday....Today....Tomorrow.

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1995

In 1995, Hackensack University Medical Center started its journey to Magnet® recognition. HackensackUMC became the second institution in the United States (and the first outside of a pilot program) to receive Magnet designation from the American Nurses Credentialing Center for nursing excellence. Considered the standard of excellence in nursing practice, Magnet-designated hospitals are home to an elite group of nurses, known for their exceptional clinical expertise and high-quality, value-based outcomes. At HackensackUMC, our nurses define Magnet in our every day practice, emphasizing innovation, quality, collaboration, compassion, professional development and establishing a caring-healing environment. We have grown since our early years, as our roles have evolved and range from the executive and staff level to researchers, innovators, educators and world-class direct caregivers. We are also lifelong learners, community advocates, missionaries and mentors. We integrate and translate the best clinical evidence into our practice.

As of 2012, we have been designed four times and continue our pursuit of excellence in professional nursing practice and care delivery. We are committed to a culture of innovation and progression, all for one reason – our patients.

2012

It is said that nurses involved in research and evidence-based practice have the ability to change the work environment and the delivery of care. By applying creativity and science to our practice and thinking, we continue to innovate to improve the patient care setting and experience. To that end, HackensackUMC is renowned for achieving numerous innovative firsts due to the relentless efforts of our interdisciplinary patient care team.

HackensackUMC is the first hospital in the state of New Jersey to launch a successful recycling program in the operating room. Our Operating Room Green Team, led by Green Team Champion Nurses Jennifer Pallotta, BSN, RN, CNOR and Joan Banovic, BSN, RN, CNOR, started a departmental initiative focused on recycling. While saving the lives of our patients, the amount of waste produced so often goes unnoticed. After researching and analyzing the best evidence, the nurses found in a 2009 study that approximately 40% of operating room waste is recyclable.

Based on literature review, the operating room staff conducted an evidence-based research project to prove that much of the operating room waste is, in fact, recyclable. Along with the study, a large recycling initiative was implemented within our 23 operating room suites. We continue our commitment to reducing our waste. This has led to an organizational-wide recycling initiative, minimizing our carbon footprint for our generation and generations to come.

Nursing has evolved over time since the founding of the medical center. Even still, our core remains the same – the patient. Excellence in professional nursing practice and care delivery is our highest priority. When we walk down the hallways and through the units at HackensackUMC, we are reminded of what was, what is, and what is to come. This extraordinary journey toward excellence that began 125 years ago still continues today.

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CONTINUING THE LEGACY OF NURSING EXCELLENCE: 2012 HIGHLIGHTS AT A GLANCE

Continuing the Legacy of Nursing Excellence: 2012 Highlights at a Glance

Highlights at a Glance



Lisa Archer, MSN, RN, administrative supervisor, Emergency and Trauma Center. Provided health screenings for hypertension and diabetes, as well as education on nutrition in Newark, NJ.

Nicole Argenzia, BSN, RN, CPN, nurse manager; Barbara McGoey, BSN, RN, research nurse; and Lori Torsiello, BSN, RN, staff nurse, The Center for Allergy, Asthma & Immune Disorders. Provided asthma screenings to underserved areas in the Hackensack community by way of the Asthma Information Relief (A.I.R.) Express Mobile Care Unit. The team of nurses visits every elementary school in Hackensack throughout the year to perform asthma screenings and education. These nurses also assisted with the First Annual A.I.R. Express Golf Outing to benefit the A.I.R. Express Mobile Care Unit on October 1, 2012 at the Knickerbocker Country Club, Tenafly, NJ.

Tami Azouri, BSN, RN, HNB-BC, heart failure telemonitoring nurse. Spearheaded a school-wide fundraiser for Save the Children at John Y. Dater Elementary School, Ramsey, NJ, raising more than \$4,500 for the charity. Portia Chinnery, BSN, RN and Magallie Lominy, RN, Emergency and Trauma Center. International medical mission to Port Salut, Haiti in January 2012 to care for patients who do not have access to healthcare.

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Continuing the Legacy of Nursing Excellence: 2012 Highlights at a Glance

Joan Colella, DNP, RN, APN-BC, NP-C,

advanced practice nurse, Value-based Projects and Radiation Oncology. Volunteered for the Head and Neck Support Group Annual Dinner in May 2012 at the John Theurer Cancer Center, Hackensack, NJ.

Maryann Collins, MSN, RN, patient care coordinator, Infectious Diseases Outreach Program. Serves on the Board of Directors for the Robert A. Harrison House in Paramus, NJ which provides housing for homeless HIV/AIDS patients. Group Facilitator providing counseling for HIV patients for Buddies of New Jersey, Inc.

Barbara Crowley, MSN, APN, manager, Cardiac Catheterization Lab; Shannon Dorman, unit clerk, 3 Pavilion West, Cardiology; and Kristin M. Hayden, MSN, RN-BC, Cardiac Catheterization Lab. Volunteered at the Women's Health and Wellness Fair at the Shops at Riverside, Hackensack, NJ.

Teresita C. Dimaano, BSN, RN-BC, chair, Nursing Research & Innovation Council and staff nurse, Mediplex Endoscopy. Volunteered for Colon Cancer Prevention Center (CCPC) Endoscopy Services with another endoscopy colleague. A booth was set up to raise public awareness on colon cancer prevention through the use of handouts, posters, endoscopy services/modalities and information, including the high-tech "Third Eye" in retrograde colonoscopy. Volunteered for AliveAndKickathon Jersey 2012, a 24-hour soccer marathon, fundraising and awareness event that benefitted colon cancer awareness. This event was in partnership with the John Theurer Cancer Center at HackensackUMC and was held at New Overpeck Park in Ridgefield Park, NJ.

Giuseppina Finnerty, MSN, RN-BC, clinical level IV, Urology/Kidney Transplant Department. Facilitated and developed a template for quarterly urology educational in-services, educating registered nurses, advanced practice nurses, technicians, nursing assistants and clinical educators on urology topics at HackensackUMC. The 2012 educational in-services were: "Radical Cystectomy and Urinary Diversion: Indications for Surgery and Perioperative Care."

Meliam Gonzales, BSN, RN, trauma prevention coordinator and clinical educator, Department of Trauma/Surgical Critical Care & Injury Prevention. Captain of an aid station for the August 2012 Ironman Triathlon in Fort Lee, NJ. Recruited and organized volunteers as well. Additionally, volunteered for the Garfield City and Hackensack National Night Out, providing more than 100 helmets to children.

HackensackUMC's Emergency and Trauma

Center (ETC). 65 ETC staff and family members participated in the Susan Zabransky Hughes Memorial 5K Run/Walk in Saddle River, NJ to raise funds for Susan's Suite, a dedicated 10-bed treatment area for cancer patients in the soon-to-be renovated ETC.

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Judith A. Haystrand, MSN, RN, APN-C, clinical system analyst II, Information Technology Department. Provided weekly primary healthcare to uninsured adult residents of Bergen County through the Bergen Volunteer Medical Initiative in Hackensack, NJ.

Andrea D. Hicks, MSN, RN, CNL, clinical level III staff nurse, Emergency and Trauma Center. Organized a health and safety fair in Jersey City, NJ, to educate parents of young children on various topics related to health and safety.

Robin Mulvey, BSN, MBA, RN, director of Network Clinical Research and Outpatient Oncology Research, John Theurer Cancer Center. Introduced clinical research to the Englewood Baptist Church's oncology support group and discussed how important it is for the African-American population.

Kathleen L. Raines, MSN, RN, APN-C, CDE, administrator, Donna A. Sanzari Children's Hospital, Inpatient/Outpatient Diabetes Center and Planetree. Volunteer service on the National Certification Board for Diabetes Educators (NCBDE).

Carol Rios, BSN, RN, OCN, CBCN, CBPN-IC,

oncology nurse navigator, Breast Cancer Division, John Theurer Cancer Center. Team Leader for the American Cancer Society's 2012 Making Strides Against Breast Cancer Walk, Ridgefield Park, NJ.

Jayshree Shah, MSN, RN, AOCNP, FNP-C,

CCRP, nurse practitioner, Hematology/Medical Oncology, John Theurer Cancer Center. Volunteered for the Myelodysplastic Syndromes (MDS) Foundation's patient and caregiver forums, San Antonio, TX, April 2012; Columbus, OH, May 2012; and New York, NY, September 2012.

Doreen Tabussi, BSN, RN, CPN, nurse coordinator, Steven Bader Immunological Institute, Joseph M. Sanzari Children's Hospital. Volunteered for Camp CHAT (Children Have Arthritis Too) in Hackettstown, NJ, July 2012. Chairperson for "Team Recruitment" and team captain of "Hackensack Heroes" for the Arthritis Foundation Annual Walk, Teaneck, NJ, May 2012. Volunteered for the Rockland Boulders Baseball Game Fundraiser through the New Jersey Metro Chapter of the Multiple Sclerosis Society, August 2012 and volunteered for the Corks & Forks Fundraiser at Liberty State Park through the New Jersey Metro Chapter of the Multiple Sclerosis Society, May 2012. International mission to Bermuda in April 2012 with Habitat for Humanity and the Coalition for the Protection of Children.

Nanette B. Tan, BSN, RN-BC, CGRN, co-chair of the Nursing Research and Innovation Council and staff nurse, Pediatric Surgical Suite and Post Anesthesia Care Unit (PACU). Assisted with the University of San Carlos Carolinian Nurses Alumni Association (USC-CNAA) Holiday Fundraiser in December 2012. All proceeds will benefit the USC-CNAA's medical mission/clinic to serve the healthcare needs of the poverty-stricken and underserved Filipino families in Catmon, Cebu, Philippines in October 2013. Nanette will go on this mission.

Christine Vinci, RN, data specialist, Department of Patient Care. Volunteered for the Muscular Dystrophy Association (MDA) which provides comprehensive services to families with muscle diseases. Team Captain of "Team Inspirational Journey" for the 2012 MDA Muscle Walk held at The Prudential Center in Newark, NJ, March 2012. The team collectively raised \$250,000. Founder of the MDA's "A Toast to Life" Cocktail Party and Reception. Committee member for the MDA's 5th Annual "A Toast to Life" Cocktail Party and Reception, held at II Villaggio in Carlstadt, NJ, December 2012. The event raised \$25,000.

Laura Wisse, BSN, RN, CNOR, clinical level IV, Main Operating Room and Robotic Coordinator. Volunteered for the Medical Reserve Core in Morris County, NJ.

22

AWARDS AND RECOGNITION

Jim Abazi, patient care technician; Jennifer Abitabilo, BSN, RN; Alvaro Acero, patient care technician; Christine Fernandez, M.D.; Wiola Gladysz, patient care technician; Eric Graham, patient care technician; Nermina Mack, patient care technician; Kyle Rowe, BSN, RN, CEN; and Sandra Seda, administrative assistant, Emergency and Trauma Center (ETC). Recipients of the ETC Commitment to CARE 2012 MVP Award.

Dianne A.M. Aroh, MS, RN, NEA-BC,

executive vice president, chief nursing and patient care officer. Recipient of the 2012 Diva Award from the New Jersey State Nurses Association (NJSNA) and the Institute for Nursing.

Joan Colella, DNP, RN, APN-BC, NP-C,

advanced practice nurse, Value-based Projects and Radiation Oncology. Recipient of the Florence Nightingale Award in May 2012 from Fairleigh Dickinson University, Madison, NJ.

Mary Jo Conley, BSN, RN, CWOCN, Wound, Ostomy and Continence Nursing. Recipient of the Northeast Region of the Wound, Ostomy and Continence Nurses Society[™] (WOCN[®]) 2012 President's Award for Service at the Northeast Region Wound, Ostomy and Continence Nurses Society Annual Conference in Princeton, NJ.

Claudia Douglas, DNP, RN, CNN, APN-C,

manager of Nursing Practice and Research, Department of Patient Care. Recipient of the 2012 *New York Times* Tribute to Nurses Award.

Kristin M. Hayden, MSN, RN-BC,

Cardiac Catheterization Lab. Recipient of the Nursing Excellence Graduate Award from William Paterson University, Wayne, NJ, where she obtained a Master of Science in Nursing (MSN) in Nursing Education. Gail Morchel, BSN, RN, COHN-S, CIC, lead nurse epidemiologist, Infection Control Department. Recipient of the Chapter Leadership Award for the Association of Professionals in Infection Control and Epidemiology (APIC).

Patricia Nierstedt, MS, RN, CEN, trauma nurse coordinator, Trauma/Surgical Critical Care & Injury Prevention. Recipient of the New Jersey Emergency Nurses Association (NJENA) President's Award.

Perioperative Nurses in the Inpatient and Outpatient Operating Rooms. Recipients of the Certified Nurse Operating Room (CNOR) Strong Award, recognized for 61% of registered nurses being certified in their specialty.

Carol Rios, BSN, RN, OCN, CBCN, CBPN-IC,

oncology nurse navigator, Breast Cancer Division, John Theurer Cancer Center. Recipient of the 2012 Mujeres Destacadas Award, El Diario La Prensa, New York, NY.

Jayshree Shah, MSN, RN, AOCNP, FNP-C, CCRP, nurse practitioner, Hematology/Medical Oncology, John Theurer Cancer Center. Recipient of the Roberta Scofield Memorial Certification Award by the Oncology Nursing Certification Corporation.

Laura Wisse, BSN, RN, CNOR, clinical level IV, Main Operating Room and robotic coordinator. Recipient of the Nursing Excellence Scholarship in the amount of \$2,500 from the University of Phoenix.

2012 NURSING EXCELLENCE AWARD WINNERS

ADVANCING AND LEADING THE PROFESSION AWARD Joan Colella, DNP, RN, APN-BC, NP-C Advanced Practice Nurse, Value-based Projects and Radiation Oncology

CLINICAL CARE AWARD Margaret Orzechowski, BSN, RN 3 Conklin, Medical-Surgical Unit

EDUCATION AWARD Giuseppina Finnerty, MSN, RN 9 Pavilion East, Urology/ Kidney Transplant Department

FRIENDS OF NURSING AWARD Barbara Adler-Brecher, MS, CHTC Transplant Service Coordinator, Blood and Marrow Transplantation (BMT) Program

INNOVATION AWARD Melissa Arroyo-Hernandez, BSN, RN Pediatric Emergency Department MANAGEMENT AWARD Maureen McElwee, MSN, RN Nurse Manager, Pediatric Emergency Department

MEDICAL MISSION AWARD Barbara Zanetto, BSN, RN, CNOR Inpatient Operating Room

MENTORING AWARD Charina Ballesteros, BSN, RN, CCRN, CSC Cardiac Surgery Intensive Care Unit (CSICU)

NON-CLINICAL NURSE AWARD **Kathryn Banyar** Case Manager, Denials and Appeals Department

SERVICE TO THE COMMUNITY AWARD Catherine McPolin, MAS, RN Former Nurse Manager, Endoscopy

TEAM SPIRIT AWARD
Pediatric Intensive Care Unit (PICU)



24

ACADEMIC APPOINTMENTS

Margaret Campbell-Lupardo, MSN, RN-BC,

CNM-BC, C-EFM, education specialist, Department of Clinical Education. Adjunct clinical faculty at Felician College in Lodi, NJ, and Seton Hall University in South Orange, NJ.

Teresita C. Dimaano, BSN, RN-BC,

chair, Nursing Research & Innovation Council and staff nurse, Mediplex Endoscopy. Appointed as either a panel member or an item writer depending on the need/opportunity for the American Nurses Credentialing Center (ANCC) Certification Content Expert Registry. Invited and accepted on November 7, 2012.

Giuseppina Finnerty, MSN, RN-BC, clinical level IV, Urology/Kidney Transplant Department. Adjunct professor at Bergen County Community College in Paramus, NJ.

Joanne Growney, MA, RN, ANP-BC, OCN,

advanced practice nurse II, 5 Pavilion West, Medical Oncology. Clinical adjunct professor with nursing students on 3 Pavilion West and 3 Link West through the Department of Baccalaureate Nursing, Felician College in Lodi, NJ. **Maureen Imbrogno, MSN, RN,** Infusion Center. Adjunct professor at Bergen County Community College in Paramus, NJ.

Tara Panazzolo, MSN, RN-BC, education specialist, Department of Clinical Education. Adjunct faculty at Rutgers University in Newark, NJ.

Pamela Pascarelli, MSN, RN-BC, APN, CCRN, education specialist, Department of Clinical Education. Adjunct clinical faculty at Bergen Community College in Paramus, NJ.

Kimberly Rivera, MSN, RN, BC, OCN,

education specialist, Department of Clinical Education. Adjunct clinical faculty at William Paterson University in Wayne, NJ.

Harriet Sarkodie, MSN, RN-BC, education specialist, Department of Clinical Education. Adjunct clinical faculty at Trinitas School of Nursing in Elizabeth, NJ.

PROFESSIONAL INVOLVEMENT AND DEVELOPMENT

Lisa Archer, MSN, RN, administrative supervisor, Emergency and Trauma Center. Vice president for Tau Chi Chapter Inc. of Chi Eta Phi Sorority, Inc. Also, fellow mentor for the New York University College of Nursing's Leadership Institute for Black Nurses.

Tami Azouri, BSN, RN, HNB-BC, heart failure telemonitoring nurse; Michelle Browning, BSN, RN, HNB-BC, heart failure telemonitoring nurse; Jeanette Previdi, MPH, BSN, RN-BC, performance improvement advisor and Louis E. Teichholz, M.D., chief of Cardiology. The team led a national webinar in August 2012 presenting their experience as a pilot site for the EMMITransitions Heart Failure telemanagement program. More than 100 sites called in and participated. The team helped to create the program.

Joan L. Banovic, BSN, RN, CNOR, clinical level III and Marybel Zapotosky, RN, CNOR, clinical level III. Co-presidents of the Northern Garden State Chapter of the Association of periOperative Registered Nurses (AORN).

Joan Colella, DNP, RN, APN-BC, NP-C,

advanced practice nurse, Value-based Projects and Radiation Oncology. Completed Doctorate of Nursing Practice (DNP) at Fairleigh Dickinson University, Madison, NJ, in May 2012. Clinical mentor for DNP students, graduate nursing informatics students, undergraduate BSN students, and RN staff clinical ladder II and III at HackensackUMC, Hackensack, NJ.

Mary Jo Conley, BSN, RN, CWOCN, Wound, Ostomy and Continence Nursing. Director of the Wound, Ostomy and Continence Nurses Society[™]. Member of the Collaborating Organization Committee, National Pressure Ulcer Advisory Panel (NPUAP). **Darlene Cox, MS, RN, FACHE,** administrator, Service Excellence and Emergency and Trauma Center (ETC). Member of the 2012 Foster G. McGaw Hill Community Health Reward Review Panel.

Teresita C. Dimaano, BSN, RN-BC, chair, Nursing Research & Innovation Council and Staff Nurse, Mediplex Endoscopy. Serves on the Board of Directors for the Philippine Nurses Association of New Jersey (PNANJ), Bergen County Sub-Chapter.

Giuseppina Finnerty, MSN, RN-BC, clinical level IV, Urology/Kidney Transplant Department. President of Northern New Jersey Chapter 114, Society of Urologic Nurses and Associates (SUNA).

Theresa M. Gabay, MSN, APN, CNRN,

advanced practice nurse II, Department of Pediatrics. Co-chair, Special Focus Groups for the American Association of Neuroscience Nurses (AANN). Assists co-chair with activities of eight national special focus groups within the organization. Will assume the role of chair in 2013.

Mary Lamontagne, BSN, RN, CRNI, director of the Infusion Center, Hepatitis Treatment Center, Outreach Program, Allergy Center and Infectious Diseases. Appointed to the Infusion Nurses Society's National Council on Education for the 2012 term.

Cassandra Martin-Walters, MSN, RN, nurse manager, Neonatal Intensive Care Unit. Accepted into the 2012 American Organization of Nurse Executives (AONE) Nurse Manager Fellowship Program. Completed program in October 2012 in Washington, DC.

26



Gail Morchel, BSN, RN, COHN-S, CIC,

lead nurse epidemiologist, Infection Control Department. Lead nurse planner for the Association of Professionals in Infection Control and Epidemiology (APIC) Northern New Jersey (NNJ) Continuing Nursing Education (CNE) Provider Unit.

Robin Mulvey, BSN, MBA, RN, director of Network Clinical Research and Outpatient Oncology Research, John Theurer Cancer Center. Spokesperson for the John Theurer Cancer Center at the American Society of Clinical Oncology (ASCO) Convention, Chicago, IL, June 2012 and the American Society of Hematology (ASH) Conference, Atlanta, GA, December 2012. Introduced studies available and acted as a liaison for the John Theurer Cancer Center.

Patricia Nierstedt, MS, RN, CEN, trauma nurse coordinator, Trauma/Surgical Critical Care & Injury Prevention. President of the New Jersey Emergency Nurses Association (NJENA) in 2012.

Linda Parry Carney, MA, RN-BC, education specialist, Department of Clinical Education. Board Member, Borough Board of Health, Bloomingdale, NJ. Chair, Board of Directors, New Jersey Collaborating Center For Nursing.

Catherine A. Picarelli, BSN, RN, CNN, nurse coordinator, Pediatric Nephrology. Secretary for the New Jersey North 126 Chapter of the American Nephrology Nurses Association (ANNA).

Kathleen L. Raines, MSN, RN, APN-C, CDE,

administrator, Donna A. Sanzari Children's Hospital, Inpatient/Outpatient Diabetes Center and Planetree. Member of the New Jersey Section of the Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN). Member with privileges for The International Women's Leadership Association (TheIWLA). Ramiro T. Ramos, MSN, RN, CCRN, nurse manager, Cardiovascular Lab Department and Cardiac Prevention and Rehabilitation Center. Accepted as a Professional Member by The American Society of Echocardiography (ASE).

Carol Rios, BSN, RN, OCN, CBCN, CBPN-IC, oncology nurse navigator, Breast Cancer Division, John Theurer Cancer Center. Attended the National Consortium of Breast Centers' Breast Patient Navigator Certification Program in Englewood, NJ, to become a certified breast patient navigator in Imaging and Cancer.

Doreen Tabussi, BSN, RN, CPN, nurse coordinator, Steven Bader Immunological Institute, Joseph M. Sanzari Children's Hospital. Member of the American Association of Rheumatology Healthcare Professionals (AHRP) and the Pediatric Rheumatology Network (PRN).

Nanette B. Tan, BSN, RN-BC, CGRN, co-chair of the Nursing Research and Innovation Council and Staff Nurse, Pediatric Surgical Suite and Post Anesthesia Care Unit (PACU). Appointed as one of the Board of Directors for the University of San Carlos Carolinian Nurses Alumni Association (USC-CNAA). Helped to create a global organization of alumni and assisted fundraising efforts for the association's October 2013 medical mission/clinic. Appointed co-chair of the USC-CNNA's First Research and Education Day Conference with a poster presentation in October 2013, Talamban, Cebu, Philippines.

Jo Valenti, BSN, RN, patient blood management coordinator, Center for Bloodless Medicine and Surgery. Board of Directors, Society for the Advancement of Blood Management.

Laura Wisse, BSN, RN, CNOR, clinical level IV, Main Operating Room and robotic coordinator. Secretary for the Northern Garden State Chapter of the Association of periOperative Registered Nurses (AORN).

2012 PROMOTIONS

Sunceray Clarke-Velez, MSN, RN Appointed to nurse manager of 3 Link North, Surgical Trauma Intermediate Care Unit

Joan Colella, DNP, RN, APN-BC, NP-C Appointed to advanced practice nurse of Value-based Projects

Claudia Douglas, DNP, RN, CNN, APN-C Appointed to manager of Nursing Practice and Research, Department of Patient Care

Taryn Gallo, MSN, RNC Appointed to nurse manager of Labor and Delivery Jennifer Licini, BSN, RNC-OB Appointed to administrative supervisor

Kimberly Ludwig, BSN, RN

of Labor and Delivery

Appointed to nurse manager of the Pediatric Intensive Care Unit and the Pediatric Epilepsy Monitoring Units of the Joseph M. Sanzari Children's Hospital

Carol Weber, BSN, MAS, RN, NE-BC

Appointed to administrative director of Pediatric Ambulatory Specialty Programs at the Joseph M. Sanzari Children's Hospital at HackensackUMC

RETIREES

Mary Helen Corrado, BSN, RN, CNOR Level III Clinical Manager Center for Ambulatory Surgery

Elaine Felten, LPN Licensed Practical Nurse Orthopedics

Patricia Guzofski, RN, CHL, CRCST, ARM Nurse Coordinator Central Processing Department

Suebok Park, RN Staff Nurse Center for Ambulatory Surgery Judith Shanberg, MCSW, MS Licensed Clinical Social Worker The MOLLY Diabetes Education/Management

Center for Adults and Children
Patricia Sorensen, MSN, RN, APN-C, MPH, PNP

Education Specialist Department of Clinical Education

John Wiley Surgical Scrub Technician Center for Ambulatory Surgery

29

ABSTRACTS/PRESENTATIONS

Lisa Archer, MSN, RN, "Motivation to Lead," Northeast Regional Conference of Chi Eta Phi Sorority, Inc., Washington, DC, April 2012.

Dianne A.M. Aroh, MS, RN, NEA-BC; Denise Occhiuzzo, MS, RNC; and Claudia Douglas, DNP, RN, CCN, APN-C, "Blueprint for Nursing Leadership: Creating a Culture of Accountability," American Organization of Nurse Executives (AONE) 45th Annual Meeting and Exposition, Boston, MA, March 2012.

Emily Brown, BSN, RN, CHPN; Kathryn Buttner, BSN, RN, OCN; and Marie DelFavero, BSN, RN, CCRP, "A Phase I/II Study of Escalating Doses of Thalidomide (Thal) in Conjunction with Bortezomib (Vel) and High Dose Melphalan (Mel) as Conditioning Regimen for Autologous Peripheral Blood Stem Cell Transplantation (PBSCT) in Patients with Advanced Multiple Myeloma," American Society of Hematology (ASH) Annual Meeting and Exposition, Atlanta, GA, December 2012.

Sandra C. Weber, BSN, RN, CCRN, CWCN,

"Recognition as the Impetus for Inspiring and Embracing a Culture of Certification at HackensackUMC," presented at HackensackUMC, Hackensack, NJ to Lenox Hill Hospital representatives to mentor them on their Magnet® journey, October 2012.

Kathy Cocozzo, BSN, RNC, BC, "Ethics and Pain Management in Pregnancy," Perinatal/ Neonatal Nursing: Finding Our Way Toward Evidence-Based Practice, Research-Innovative Programs, Performance Improvement-Case Studies Conference at Monmouth University, West Long Branch, NJ, June 2012. Kathy Cocozzo, BSN, RNC, BC and Jaimee Dearing, BSN, RNC, "Setting the Standard: Multidisciplinary Team Approach to Caring for the Patient with Abnormal Placentation," Perinatal/Neonatal Nursing: Finding Our Way Toward Evidence-Based Practice, Research-Innovative Programs, Performance Improvement-Case Studies Conference at Monmouth University, West Long Branch, NJ, June 2012.

Joan Colella, DNP, RN, APN-BC, NP-C,

"Use of Survivorship Health Counseling Guides for Prostate Cancer Patients after Radiation Therapy," American Organization of Nurse Executives (AONE), June 2012; Institute for Nursing, New Jersey State Nurses Association, October 2012; and the Fifth Annual Advanced Practice Nurse Conference, HackensackUMC, Hackensack, NJ, October 2012.

Joan Colella, DNP, RN, APN-BC, NP-C,

"Say Ahh! Making Sense of Oral Assessments for Mucositis," American Organization of Nurse Executives (AONE), June 2012; and HackensackUMC's Fifth Annual Advanced Practice Nurse Conference, HackensackUMC, Hackensack, NJ, October 2012.

Teresita C. Dimaano, BSN, RN-BC,

"Nursing Research & Innovation Council (NRIC) - A Structure Presentation," Fifth Annual Advanced Practice Nurse Conference, HackensackUMC, Hackensack, NJ, October 2012; and HackensackUMC's Innovation Day, Hackensack, NJ, February 2012.

Teresita C. Dimaano, BSN, RN-BC and **Nanette B. Tan, BSN, RN-BC, CGRN,** "Eosinophilic Esophagitis in Children – Elimination Diet and Endoscopic Findings," Northern New Jersey Society of Gastroenterology Nurses & Associates, Inc. (SGNA) President's Meeting, HackensackUMC, Hackensack, NJ, February 2012.

Continuing the Legacy of Nursing Excellence: 2012 Highlights at a Glance

Claudia Douglas, DNP, RN, CNN, APN-C,

"An EBP Approach to Increase Medical-Surgical Bed Availability," Fifth Annual Advanced Practice Nurse Conference, HackensackUMC, Hackensack, NJ, October 2012.

Leigh M. Ettinger, M.D., MS; Kenneth V. Lieberman, M.D.; and Catherine A. Picarelli, BSN, RN, CNN, "Terminal Complement Blockade by Eculizumab for Vero-Toxin E. Coli Associated Hemolytic-Uremic Syndrome," Pediatric Academic Societies Annual Meeting, Boston, MA, April 2012.

Giuseppina Finnerty, MSN, RN-BC,

"The Impact of Quiet Time on Medication Errors," Fifth Annual Advanced Practice Nurse Conference, HackensackUMC, Hackensack, NJ, October 2012.

Theresa M. Gabay, MSN, APN, CNRN,

"Navigating the Nervous System: Neurologic Assessment for the Bedside Nurse," 44th Annual Educational Meeting for the American Association of Neuroscience Nurses (AANN), Seattle, WA, April 2012.

Catherine Herrmann, RN, CCRN, CGRN, and **Sandra C. Weber, BSN, RN, CCRN, CWCN,** "A Picture is Worth a Thousand Words: Using a Professional Practice Model," Hunterdon Medical Center, Flemington, NJ, June 2012.

Catherine Herrmann, RN, CCRN, CGRN,

"Career Ladder to Exemplary Professional Practice," Jersey City Medical Center, Jersey City, NJ, March 2012.

Andrea D. Hicks, MSN, RN, CNL, "Care of Patients Requiring Cervical Spine Immobilization," New Jersey Emergency Nurses Association's Emergency Care Conference, Atlantic City, NJ, March 2012 and the Sixth Annual Emergency Department Symposium at Saint Barnabas Medical Center, Livingston, NJ, May 2012. Ramonita Jiménez, DNP, MPA, RN, NE-BC; Claudia Douglas, DNP, RN, CNN, APN-C; Christine Vinci, RN; Joan Colella, DNP, RN, APN-BC, NP-C; and Kathleen Burke, Ph.D., RN, "A Case Study on the Implementation of a Collaborative Rounding of a Nurse-Pharmacist Team," Fifth Annual Advanced Practice Nurse Conference, HackensackUMC, Hackensack, NJ, October 2012.

Barbara McGoey, BSN, RN; Mary Ann Michelis, M.D.; and Harini Morisetty,

"Relevance of Patch Test Results to the Clinical Diagnosis of Allergic Contact Dermatitis-Need for Standardization," and "Correlation of the Change of the Juniper Mini Quality of Life Questionnaire with Clinical Measurements in Asthma Patients from a Joint Commission Disease-Specific Practice," National Conference for the American Academy of Allergy, Asthma & Immune Disorders, Orlando, FL, March 2012.

Barbara McGoey, BSN, RN; Mary Ann Michelis,

M.D.; and **Harini Morisetty,** "Successful Treatment of a Prolonged Hypersensitivity Reaction to Intravesical Bacillus Calmette-Guerin (BCG) Given for Bladder Carcinoma with Cyclosporine," Annual Scientific Meeting for the American College of Allergy, Asthma & Immune Disorders, Anaheim, CA, November 2012.

Barbara McGoey, BSN, RN; Mary Ann Michelis, M.D.; and Harini Morisetty, "Prolonged Hypogammaglobulinemia Following Rituximab Treatment for Non-Hodgkin's Lymphoma Disease," 2012 Clinical Immunological Society Annual Meeting: Primary Immune Deficiency Diseases North American Conference, Chicago, IL, May 2012.

30



Juliet Mendoza-Ituralde, MSN, RN; Christine Perdon, BSN, RN, IBCLC, RLC; Marybeth Staines, MSN, RN; and Krystine Toczylowski, MSN, RN, "Getting Out of the Driver's Seat: Implementation of Infant Driven Feeding in a Level III NICU," Vermont Oxford Network Neonatal Intensive Care Annual Quality Congress, Chicago, IL, October 2012.

Gail Morchel, BSN, RN, COHN-S, CIC,

"Employee Protection equals Patient Protection: It's a Two Way Street," Current Infection Prevention Issues in Ambulatory Care Seminar, Monroe Township, NJ, October 2012.

Patricia Nierstedt, MS, RN, CEN,

"Summertime: A Season of Trauma," Northern New Jersey Emergency Nurses Association's Education Day, Atlantic Healthcare, Morristown, NJ, June 2012; and "Mechanism of Injury & Geriatric Lectures," LibertyHealth System's Emergency/Trauma Education Day, Jersey City, NJ, October 2012.

Linda Parry Carney, MA, RN-BC; Joan Colella, DNP, APN-BC, NP-C; Dena McDonald, BSN,

RN; and **Margaret Orzechowski, BSN, RN.** "Can early recognition and diagnosis of delirium/confusion, using EBP clinical assessment criteria from the CAM/Mini Cog improve patient outcomes for decreased LOS, sitter use, and falls?," Fifth Annual Advanced Practice Nurse Conference, HackensackUMC, Hackensack, NJ, October 2012.

Jayshree Shah, MSN, RN, AOCNP, FNP-C, CCRP, "The

Myelodysplastic Syndromes: Challenges and Strategies for Effective Outpatient Management," Oncology Nursing Society's Annual Conference, New Orleans, LA, May 2012. **Doreen Tabussi, BSN, RN, CPN,** "The Registered Nurse," Career Day at Kennedy High School, Paterson, NJ, May 2012; and "School Success," JA Family Day, Edison, NJ, September 2012.

Nanette B. Tan, BSN, RN, RNBC, CGRN,

"How to Submit a Poster Abstract," Fifth Annual Advanced Practice Nurse Conference, HackensackUMC, Hackensack, NJ, October 2012; and HackensackUMC's Innovation Day, Hackensack, NJ, February 2012.

Krystyna Toczylowski, MSN, RN, IBCLC,

"Getting Out of the Driver's Seat: Implementation of Infant Driven Feeding in a Level III NICU," Vermont Oxford Network NICU Quality Improvement Collaborative, Denver, CO, March 2012; and National Association of Neonatal Nurses Annual Meeting, Chicago, IL, September 2012.

Christine Vinci, RN, "Jean Watson Theory of Human Caring; Caritas," HackensackUMC's Innovation Day, Hackensack, NJ, February 2012; and HackensackUMC's Certified Nurses Day, Hackensack, NJ, March 2012. "Transforming Care at the Bedside (TCAB) – Nurse Pharmacy Rounds on Medical Surgical Units," Fourth Annual Joint Nursing Research and Evidence-Based Practice Conference,

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NURSING RESEARCH STUDIES AND EVIDENCE-BASED PRACTICE (EBP) PROJECTS

Lucille B. Austria, MSN, MBA, RN, OCN; Joan Colella, DNP, RN, APN-BC, NP-C; Samantha DePadova, BSN, RN; Claudia Douglas, DNP, RN, APN-C, CNN; Gina Dovi, BSN, RN, CPON; Joanne Growney, MA, RN, ANP-BC, OCN; Phyllis McKiernan, MSN, RN, APN, OCN; Ellen Roberts, BSN, RN, OCN; Joanna P. Ruiz, BSN, RN; Annette Sinski, MSN, APN; Pamela Sutherland, MSN, APN; and Laura VanDePutte, BSN, RN, CPON. "Say Ahh! Making Sense of Oral Assessments for Mucositis."

Cynthia Bachemin, MSN, RN; Sharon Burrows, BSN, RN, CPN; Jennifer Kirkby, BSN, RN, CPN; Karen Madigan, BSN, RN, CPON; and Lisa Pflug, BSN, RN, CPN. "To what degree does nursing attire influence the patient's perception of the care experience?" Joan L. Banovic, BSN, RN, CNOR and Jennifer Pallotta, BSN, RN, CNOR. Co-team leaders on the recycling initiative in the Main Operating Room and Center for Ambulatory Surgery at HackensackUMC, Hackensack, NJ.

Joan Colella, DNP, RN, APN-BC, NP-C; Kathleen Burke, Ph.D., RN; Glen Gejerman, M.D.; Elizabeth Parietti, Ed.D., CNM, APN-C; Patricia R. Reineke, Ph.D., RN; and Joan Paternoster, Ph.D., RN. "Use of Survivorship Health Counseling Guides for Prostate Cancer Patients after Radiation Therapy."

Joan Colella, DNP, RN, APN-BC, NP-C and Dena McDonald, BSN, RN. "Appropriate Use of Sitters."

Claudia Douglas, DNP, RN, APN-C, CNN. "An EBP Approach to Increase Medical-Surgical Bed Availability."

Kristin M. Hayden, MSN, RN-BC. "Simulation in Nursing Education."

Mary Merwin, BSN, RN, C-ME. "High Blood Pressure in the Clinical Setting."

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PUBLICATIONS

Arnold, L., Kurtin, S. E., Lindroos-Kolqvist, P., Shah, J., & Tinsley, S. (2012). Management of transfusion-related iron overload in patients with myelodysplastic syndromes. *Clinical Journal of Oncology Nursing ®*, *16*(3), Supp. 34-46.

Banovic, J. L., & Pallotta, J. (2012). Making medication safety a priority in the OR. *OR Nurse* 2012, 14-16.

Cox, D. (2012). Objectively improving experience. *Hospitals & Health Networks (H&HN),* November 2012 issue.

Weber, M.S., & Eskinazi, G. (2012). The development of evidence-based supportive therapy guidelines for symptom management. *Clinical Journal of Oncology Nursing ®*, *16*(4), 343-350.

McGoey, B., Michelis, M., Morisetty, H. (2012). Relevance of patch test results to the clinical diagnosis of allergic contact dermatitis-need for standardization. *Journal of Allergy and Clinical Immunology, 129*(2), AB38.

McGoey, B., Michelis, M., Menillo, D., Shah, R. (2012). Correlation of the change of the juniper mini quality of life questionnaire with clinical measurements in asthma patients from a Joint Commission disease-specific practice. *Journal of Allergy and Clinical Immunology, 129*(2), AB 154.

McGoey, B., Michelis, M., Hannouch, K. (2012). Prolonged hypogammaglobulinemia following rituximab treatment for non-hodgkin's lymphoma disease. *Journal of Clinical Immunology, 32*:352-409, page 384.

McGoey, B., Michelis, M., Rosenberg, G., Hannouch, K. (2012). Successful treatment of a prolonged hypersensitivity reaction to intravesical bacillus calmette-guerin (BCG) given for bladder carcinoma with cyclosporine. *Annals of Allergy, Asthma & Immune Disorder, 109,* p. B 1-2.

FIRST TIME CERTIFICATIONS IN 2012

Tami Azouri, RN, HNB-BC Holistic Nurse Bachelor-Board Certified

Marilyn Baquiran, RN, CNOR Certified Nurse, Operating Room

Alexandra Beckerman, RNC Registered Nurse, Certified

Jenny Breining, RNC Registered Nurse, Certified

Lissa Brock, RN, CRNI Certified Registered Nurse Infusion

Michelle Browning, RN, HNB-BC Holistic Nurse Bachelor-Board Certified

Vilma Buska, RN-BC Medical-Surgical Registered Nurse

Melodina Cabaero, RN, CAPA Certified Ambulatory Perianesthesia Nurse

Natalie Callis, RN-BC Medical-Surgical Registered Nurse

Michelle Castro, RN, CNOR Certified Nurse, Operating Room

Michael Ciaffone, RN, CCRN, CSC Critical Care Registered Nurse and Subspecialty Certification in Cardiac Surgery

Melissa Clare, RN, CCRN Critical Care Registered Nurse

Linda Cohen, RN, CDE Certified Diabetes Educator

Colleen D'Angiolillo, RN, CNOR Certified Nurse, Operating Room

Tara Daly, BSN, RN, IBCLC International Board Certified Lactation Consultant

Joan Demaio, RN, CEN Certified Emergency Nurse

Samantha DePadova, RN, OCN Oncology Certified Nurse **Stacy DiLaura, RN, RNC-MNN** Registered Nurse, Certified in Maternal Newborn Nursing

Megan Dolaghan, RN, CCRN Critical Care Registered Nurse

Louise Eaton, RN, OCN Oncology Certified Nurse

Christine Farnacio, RNC Registered Nurse, Certified

Gina Galo, RN, CNOR Certified Nurse, Operating Room

Joel Garcesa, RN, CRN Certified Radiology Nurse

Mary Golden, RN, CCRN Critical Care Registered Nurse

Maureen Gramble, RN, CHFN Certified Heart Failure Nurse

Francis Hwang, RN, CCRN Critical Care Registered Nurse

Cathy Kellinger, RN, CNOR Certified Nurse, Operating Room

Jaymie Kennedy, RN-BC Medical-Surgical Registered Nurse

Fe Kintanar Vela, RN, CNOR Certified Nurse, Operating Room

Deirdre Kochakian, RN, CRN Certified Radiology Nurse

Krystyna Koryzma, RN, CEN Certified Emergency Nurse

Mark Koryzma, RN, CRN Certified Radiology Nurse

Magda Krzastek, RN, CPEN Certified Pediatric Emergency Nurse

Suzanne Laceste-Kramer, RN, CCRN Critical Care Registered Nurse

Continuing the Legacy of Nursing Excellence: 2012 Highlights at a Glance

35

Stefanie Lana, RN, OCN Oncology Certified Nurse

Marie Layton, RN, OCN Oncology Certified Nurse

Dennis Leenig, RN, OCN Oncology Certified Nurse

Janet Luce, RN, CCRN Critical Care Registered Nurse

Karen Madigan, RN, CPON Certified Pediatric Oncology Nurse

Lauren Magnifico, RN, CPEN Certified Pediatric Emergency Nurse

Melissa Manning, RN, CCRN Critical Care Registered Nurse

Rebecca Martin, RN, OCN Oncology Certified Nurse

Elzbieta Mastaj, RN, CCRN Critical Care Registered Nurse

Marina Mateo, RN, CAPA Certified Ambulatory Perianesthesia Nurse

Laura McAdam, RN, CEN Certified Emergency Nurse

Chae Miller, RN, CCRN Critical Care Registered Nurse

Christine Moore, RNC Registered Nurse, Certified

Denise Occhiuzzo, RN-BC Professional Staff Development

Maria Ocena, RN, CCRN Critical Care Registered Nurse

Doreen Prowitz, RN, CGRN Certified Gastroenterology Registered Nurse

Alicia Racoma, RN, CNOR Certified Nurse, Operating Room Joanne Richardson, RN, CNOR Certified Nurse, Operating Room

Carol Rios, RN, CBCN Certified Breast Care Nurse

Cynthia Rodriguez, RN-BC Medical-Surgical Registered Nurse

Georgia Rose, RN, OCN Oncology Certified Nurse

Mara Ruiz-Corral, RN, CPHON Certified Pediatric Hematology/Oncology Nurse

Zala Salimi, RN, PCCN Progressive Care Certified Nurse

Kristy Salloum, RN, CWOCN Certified Wound and Ostomy Care Nurse

Harriet Sarkodie, RN-BC Professional Staff Development

Sara Scheuermann, RN, RNC-MNN Registered Nurse, Certified in Maternal Newborn Nursing

Jayshree Shah, RN, AOCNP, CCRP Advance Oncology Certification Nurse Practitioner and Certified Clinical Research Professional

Linda Sicat, RN, CNOR Certified Nurse, Operating Room

Tina Silvestri, RN, CCRN Critical Care Registered Nurse

Michele Thompson, RN, CCRN Critical Care Registered Nurse

Maria Torres-Iyoy, RN, CGRN Certified Gastroenterology Registered Nurse

Kathleen Vega, RN, CNOR Certified Nurse, Operating Room

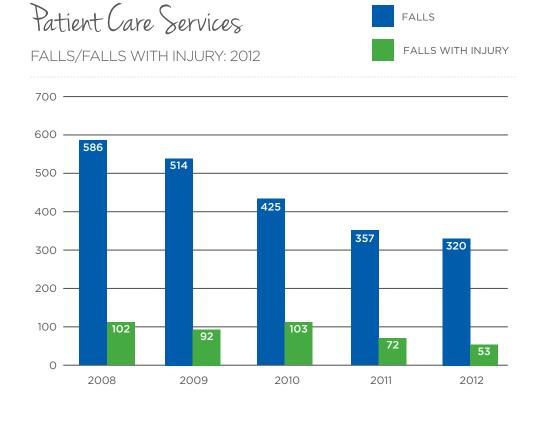


2012 A DETERMINED DRIVE FOR QUALITY

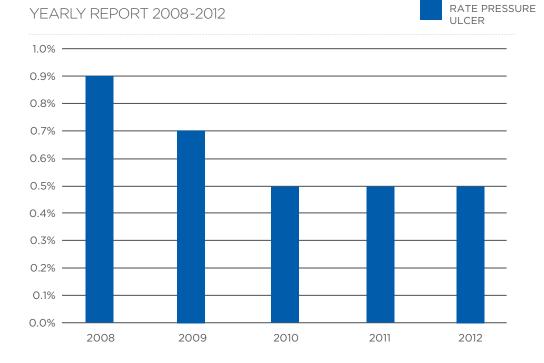
Committed to high-quality clinical care

ZERO	
0	Catheter-Associated Urinary Tract Infections (CAUTI) in 2012 in the Pediatric Intensive Care Unit (PICU)
0	Ventilator-Associated Pneumonia (VAP) in 2012 in the Coronary Care Unit (CCU)
0	Ventilator-Associated Pneumonia (VAP) in 2012 in the Cardiac Surgery Intensive Care Unit (CSICU)
0	Central Line-Associated Bloodstream Infections (CLABSI) in 2012 in the Neonatal Intensive Care Unit (NICU) for the following birth weight categories: 751-1000 g 1001-1500 g 1501-2500 g >2500 g
0	Ventilator-Associated Pneumonia (VAP) in 2012 in the Neonatal Intensive Care Unit (NICU) for the following birth weight categories: <750 g 751-1000 g 1001-1500 g 1501-2500 g >2500 g

TOTAL YEARLY



Total Rate Nosocomial Pressure Ulcers

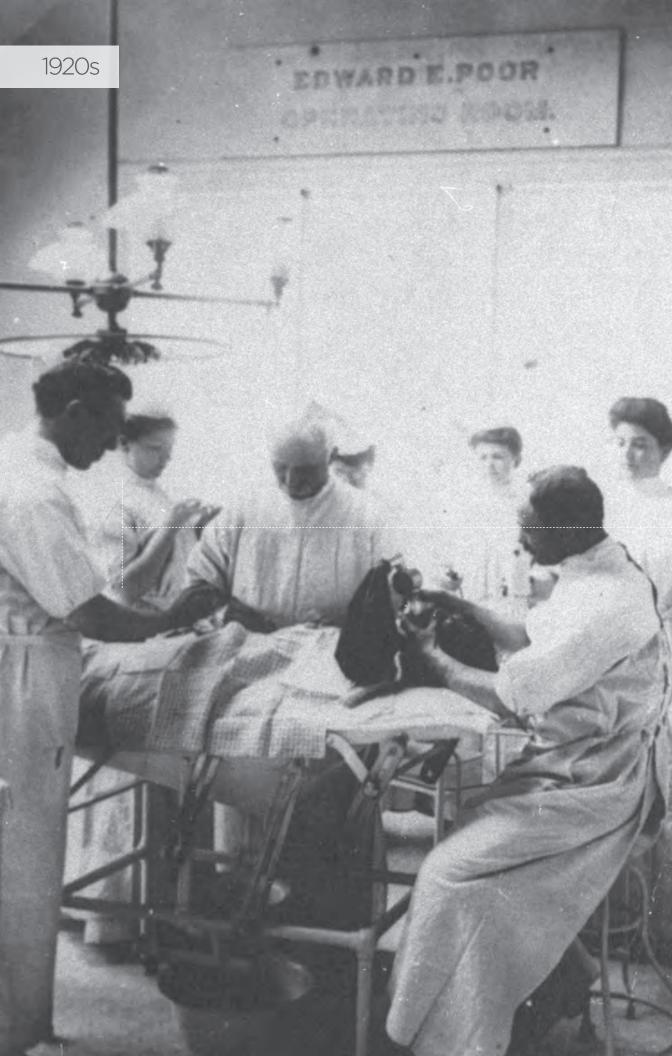


Patients' Perception of Care

December 31, 2012

	HackensackUMC 2012 4Q	Press Ganey Database Mean	(+/-)
HCAHPS - HOSPITAL CONSUMER ASSESSMENT OF HEALTHCARE PROVIDERS AND SYSTEMS (TOP BOX PERCENT)			
Communication with Nurses (Percent "Always")	80.4	78.4	+2.0
How often did nurses listen carefully to you?	77.1	75.3	+1.8
How often did nurses explain things in a way you could understand?	77.5	74.6	+2.9
Responsiveness of Hospital Staff Percent "Always")	67.0	65.1	+1.9
After you pressed the call button, how often did you get help as soon as you wanted it?	66.3	63.8	+2.5
Pain Management (Percent "Always")	73.5	70.8	+2.7
How often was your pain well controlled?	66.1	63.5	+2.6
How often did hospital staff do everything they could to help you with your pain?	80.9	78.2	+2.7
Discharge Information (Percent "YES")			
Did you get information in writing about what symptoms or health problems to look out for after you left the hospital?	90.5	87.5	+2.7
INPATIENT OVERALL MEAN	86.5	86.1	+0.4
Friendliness/courtesy of the nurses	93.4	92.5	+0.9
How well the nurses kept you informed	89.1	87.7	+1.4
Skill of the nurses	92.7	91.7	+1.0
How well your pain was controlled	88.2	86.9	+1.3
Staff addressed emotional needs	86.6	85.6	+1.0
Likelihood of your recommending this hospital to others	90.9	88.9	+2.0
AMBULATORY SURGERY OVERALL MEAN	94.4	92.4	+2.2
Nurses concern for comfort	96.3	93.9	+2.4
nstructions regarding home care	94.5	92.5	+2.0
Degree pain was controlled	94.9	92.7	+2.2
Response to concerns and complaints	94.2	92.0	+2.2
Staff sensitivity to your needs	95.1	92.7	+2.4
ikelihood of recommending center	97.1	94.7	+2.4
HACKENSACKUMC AT PASCACK VALLEY OVERALL MEAN	88.4	84.6	+3.8

	HackensackUMC 2012 4Q	Press Ganey Database Mean	(+/-)
CHILDREN'S HOSPITAL INPATIENT OVERALL MEAN	90.1	87.8	+2.3
Friendliness/courtesy of nurses	95.7	93.5	+2.2
Nurses' promptness in response to call button	93.0	89.6	+3.4
Nurses' attitude toward requests	95.2	92.0	+3.2
Nurses' attention to special/personal needs	94.0	91.2	+2.8
Nurses informed you using clear language	94.3	92.5	+1.8
Accommodations/comfort for visitors	92.7	85.8	+6.9
Instructions for child home care	91.5	89.7	+1.8
Staff addressed emotional needs	89.3	89.8	+3.0
Response to concerns and complaints	91.0	86.8	+4.2
How well your child's pain was controlled	90.7	88.6	+2.1
Recommend hospital to others	94.3	92.2	+2.1
CHILDREN'S HOSPITAL NEONATAL INTENSIVE CARE UNIT			
How well nurses communicated with you in a straight-forward manner	91.3	89.9	+1.4
Nurses' encouragement of your participation in your baby's care when possible	95.4	92.6	+2.6
Nurses professional manner	94.3	91.8	+2.5
Accommodations for parents	85.2	80.6	+4.6
OUTPATIENT ONCOLOGY- JOHN THEURER CANCER CENTER OVERALL MEAN	93.6	92.3	+1.3
How well your pain was controlled	92.5	90.7	+1.8
Home care instructions	92.6	91.4	+1.2
Likelihood of recommending services	96.4	95.4	+1.0
OUTPATIENT SERVICES OVERALL MEAN	94.0	92.7	+1.3
Nurses sensitive/responsive to pain	96.3	92.9	+3.4
Explanations given by staff	95.4	93.9	+1.5
Home care instructions	96.3	92.7	+3.6
Response to concerns and complaints	94.1	92.5	+1.6
Likelihood of recommending	95.9	94.2	+1.7





In Fond Memory of

DEBORAH KENNELLY

Business Manager, Joseph M. Sanzari Children's Hospital

Deborah Kennelly was a truly dedicated and appreciated member of our medical center for 28 years. She provided years of professional service for the Finance Department and was an integral member and business leader with the Joseph M. Sanzari Children's Hospital, helping countless patients, their families and her colleagues with all financial aspects related to their care and programs.

- Maureen Keating, BSN, MSA, RN, NE-BC, Vice President of the Joseph M. Sanzari Children's Hospital and the Children's Hospital Team



PEGGY FORD

RN, Clinical Research Coordinator

The John Theurer Cancer Center, as well as the HackensackUMC community, was deeply saddened by the passing of Peggy Ford, RN, in June of 2012. Working for more than 28 years in the medical center and the cancer center, Peggy was a clinical research coordinator for the Lymphoma Research Division.

Acting as an inspiration through diversity, Peggy would come each day for her treatments and encourage those patients around her to fight. Peggy will be missed by all who worked with her each day and by those patients she touched with her kindness.



- Robin Mulvey, BSN, MBA, RN, former director of Network Research, and the Research Staff

Peggy was a terrific research nurse for seven years in our cancer center. She has been at HackensackUMC for more than 25 years and will be missed terribly. Peggy was very dedicated to her work in every sense of the word; her patients and colleagues loved her. She showed up every day until the end of her battle, eager to continue to participate and help in our endeavors.

SHARYN CERRETA

RN, Clinical Educator

Sharyn Cerreta dedicated more than 40 years to nursing here at HackensackUMC. Starting as a young nurse in the newborn nursery, Sharyn would go on to be the nurse manager of the Main Nursery and the new, five-bed Neonatal Intensive Care Unit. In talking with colleagues from that time, she is remembered for her guiet strength, wealth of knowledge and her reassuring manner. But Sharyn made her mark as the educator for the Women and Children's Service. For more than twenty years, she influenced and impacted the lives and nursing careers of so many staff nurses. She was, for a long time, the clinical educator for the Post-Partum, Labor and Delivery (L&D), NICU, and General Pediatrics. Her roles expanded as the service grow to include Pediatric Oncology, PICU, High Risk Antepartum and Women's Health.

What was amazing about Sharyn was how she would embrace each new challenge. She would become an expert in anything and everything the staff needed to know. She was a BLS instructor and a neonatal instructor. She learned fetal monitoring for L&D. She learned how to create PowerPoint presentations when it was first introduced, and she was one of the first instructors to develop an e-learning not just for her staff, but also for the entire hospital when we went to online education. She learned EPIC and helped in improving the use of EPIC in her area. She was a creative teacher, always willing to try something new. She was a true believer in continued learning. She held nursing certifications in a number of areas.

Sharyn would be the first to volunteer for a new project and was a great leader. She was the chairperson for the Department of Clinical Education Unit-based Council (UBC). She served on a number of committees and councils throughout the medical center. She was a dedicated individual who placed the needs of others above her own and was always available to support her staff and colleagues. Sharyn was a wonderful nurse, educator, innovator and friend. She will be remembered for her thoughtfulness, kind words, sense of humor and humble manner.



Acknowledgements

REPORT BY:

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> Ashley Eddings, BA Data Coordinator

SPECIAL THANKS:

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Dianne A.M. Aroh, MS, RN, NEA-BC Executive Vice President, Chief Nursing and Patient Care Officer

> Basil Fargnoli Photographer

Infection Control Data



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