



## LEADING WITH PURPOSE WORKSHEET

# LEADING WITH PURPOSE: VALUES SORT

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## **Beliefs, Principles, and Personal Characteristics That Guide My Life**

On the following page is a list of values, beliefs, or personal characteristics for your consideration. This process will help you identify which are most important to you and which are guiding principles in your life. It is difficult to choose, of course, because many of these values and characteristics will be at least somewhat important to you. It is also hard to choose because you might find yourself thinking, “I should value X and put it first on my list,” even though it really isn’t. So, force yourself to choose, and choose based on your true feelings, not the “shoulds” in life.

You might find it useful to determine degrees of importance by imagining how you would feel if you were forced to give up believing in or acting on a particular value, belief or personal characteristic. Or, think about what it would feel like if your life really revolved around certain values, beliefs or characteristics. How would this make you feel?

Sometimes, you might find it helpful to consider two values at a time, asking yourself about the relative importance of one over the other.

1. Circle ten values that are most important to you, listed on the following page.
2. From this list of ten, identify the five that are the most important to you and list them below. If there is a value that is important to you that is not listed, write it down below.
3. From this list of five, circle the three that are the most important to you.
4. Finally, rank the three, with “1” being the most important value to you.

# VALUES

|                        |                   |                      |                 |
|------------------------|-------------------|----------------------|-----------------|
| Accomplishment         | Control           | Independence         | Reliable        |
| Achievement            | Cooperation       | Improving Society    | Religion        |
| Adventure              | Courageous        | Innovative           | Respectful      |
| Affection              | Courteous         | Integrity            | Responsible     |
| Affectionate           | Creativity        | Intellectual         | Restrained      |
| Affiliation            | Dependable        | Involvement          | Salvation       |
| Ambitious              | Disciplined       | Imagination          | Self-controlled |
| Assisting Others       | Economic Security | Joy                  | Self-reliance   |
| Authority              | Effective         | Leisurely            | Self-respect    |
| Autonomy               | Equality          | Logical              | Sincerity       |
| Beauty                 | Excitement        | Love                 | Spirituality    |
| Belonging              | Fame              | Loving               | Stability       |
| Broad-minded           | Family Happiness  | Mature Love          | Status          |
| Caring                 | Family Security   | National Security    | Success         |
| Challenge              | Forgiving         | Nature               | Symbolic        |
| Cheerful               | Free Choice       | Obedient             | Taking Risks    |
| Clean                  | Freedom           | Order                | Teamwork        |
| Comfortable Life       | Friendship        | Peace                | Tidy            |
| Companionship          | Fun               | Personal Development | Tender          |
| Compassion             | Genuineness       | Pleasure             | Tranquility     |
| Competent              | Happiness         | Polite               | Wealth          |
| Competitiveness        | Health            | Power                | Winning         |
| Contribution to Others | Helpfulness       | Pride                | Wisdom          |
| Conformity             | Honesty           | Rational             | Others?         |
| Contentedness          | Hope              | Recognition          |                 |
|                        |                   |                      |                 |

## IF I COULD, I WOULD...

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If I could make an important contribution to my organization it would be...

Something I wish I could change in my organization is...

