



State Standards for Physical Education

The following 47 states and the District of Columbia reported that they have developed their own state standards for physical education. The chart below indicates what areas are covered by those standards. Iowa, Minnesota, and Ohio indicated that they have not developed their own state standards.

State	Title	Year last published/ revised	Motor/ movement skills	Knowledge and application of movement concepts, principles, strategies, tactics	Regular participation in physical activity	Development/ maintenance of physical fitness	Personal and social responsibility	Valuing physical activity
AL	<i>Course of Study: Physical Education</i>	2003	•	•	•	•	•	•
AK	<i>Skills for a Healthy Life</i>	1999					•	
AZ	<i>Comprehensive Health/Physical Education Standards</i>	1997	•	•	•	•	•	•
AR	<i>Arkansas Physical Education and Health Curriculum Frameworks</i>	2005	•	•	•	•	•	•
CA	<i>Physical Education Model Content Standards for California Public Schools</i>	2005	•	•	•	•	•	•
CO	<i>Colorado Model Content Standards</i>	1997	•			•		
CT	<i>A Guide to K-12 Program Development in Physical Education</i>	2000	•	•	•	•	•	•
DE	<i>Delaware Standards and Frameworks for Physical Education</i>	2001	•	•	•	•	•	•
DC	<i>District of Columbia Public Schools Health & Physical Education Standards</i>	1999	•	•	•	•	•	•
FL	<i>Sunshine State Standards</i>	1998	•	•	•	•	•	•
GA	<i>Quality Core Curriculum</i>	1998	•	•	•	•	•	•
HI	<i>Hawaii Content and Performance Standards III</i>	2005	•	•	•	•		•
ID	<i>Standards for Physical Education</i>	2006	•	•	•	•	•	•
IL	<i>Illinois Learning Standards</i>	1997	•	•	•	•	•	•

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IN	<i>Indiana Academic Standards for Physical Education</i>	2002	•	•	•	•	•	•
KS	<i>Kansas Department of Education Standards for Physical Education</i>	2006	•	•	•	•	•	•
KY	<i>Program of Studies and Core Content for Assessment</i>	2005	•	•	•	•	•	•
LA	<i>Louisiana Physical Education Content Standards: Bulletin 102</i>	2002	•	•	•	•	•	•
ME	<i>Maine Learning Results</i>	1997	•	•	•	•	•	•
MD	<i>Code of Maryland Regulations for Physical Education</i>	2005	•	•	•	•	•	•
MA	<i>Massachusetts Comprehensive Health Curriculum Frameworks</i>	1999	•	•	•	•	•	•
MI	<i>Physical Education Content Standards and Benchmarks</i>	1998	•	•	•	•	•	•
MS	<i>2006 Mississippi Physical Education Framework</i>	2006	•	•	•	•	•	•
MO	<i>Show-me Standards and Curriculum Frameworks</i>	1997	•	•	•	•	•	•
MT	<i>Accreditation Standards – Student Content and Performance Standards</i>	2001	•	•	•	•	•	•
NE	<i>Nebraska Physical Education Essential Learnings</i>	Currently in Revision	•	•	•	•	•	•
NV	<i>Physical Education Standards</i>	2000	•	•	•	•	•	•
NH	<i>New Hampshire Curriculum Guidelines for Physical Education</i>	2005	•	•	•	•	•	•
NJ	<i>New Jersey Core Curriculum Content Standards in Comprehensive Health and Physical Education</i>	2004	•	•	•	•	•	•
NM	<i>New Mexico Physical Education Content Standards with Benchmarks and Performance Standards</i>	2006	•	•	•	•	•	•

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NY	<i>Learning Standards for Health, PE, & Home Economics</i>	1996	•	•	•	•	•	•
NC	<i>North Carolina Healthful Living Standard Course of Study</i>	2005	•	•	•	•	•	•
ND	<i>North Dakota Standards and Benchmarks Content Standards Physical Education</i>	2000	•	•	•	•	•	•
OK	<i>Priority Academic Student Skills</i>	2003	•	•	•	•	•	•
OR	<i>Oregon Physical Education Academic Content Standards</i>	2001	•	•	•	•	•	•
PA	<i>Academic Standards for Health, Safety and Physical Education</i>	2003	•	•	•	•	•	•
RI	<i>Rhode Island Physical Education Framework</i>	2003	•	•	•	•	•	•
SC	<i>South Carolina Physical Education Curriculum Standards</i>	2000	•	•	•	•	•	•
SD	<i>South Dakota PE Standards</i>	2000	•	•	•	•	•	•
TN	<i>Tennessee Physical Education Curriculum Standards</i>	2000	•	•		•	•	•
TX	<i>Texas Essential Knowledge and Skills</i>	1998	•	•	•	•	•	•
UT	<i>Utah State Physical Education Core Curriculum</i>	2005-2006	•	•	•	•	•	•
VT	<i>Grade Expectations for Vermont's Framework of Standards and Learning Opportunities – Physical Education</i>	2004	•	•	•	•	•	•
VA	<i>Physical Education Standards of Learning</i>	2001	•	•	•	•	•	•
WA	<i>Essential Academic Learning Requirements for Health and Fitness</i>	2003	•	•	•	•	•	•
WV	<i>Policy 2520.6 CSO's for Physical Education</i>	2003	•	•	•	•	•	•
WI	<i>Wisconsin's Model Academic Standards for Physical Education</i>	1997	•	•	•	•	•	•

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WY	<i>Wyoming Physical Education Content and Performance Standards</i>	2003	•	•	•	•	•	•
Total			47	46	45	47	46	44

Note: Other items addressed in some state standards include:
 Health Education—AL, KS, MO, MT, NJ, and UT
 Nutrition—CA, MO, and TX
 Stress Management—MO and TX
 Character Education—AR, LA, NV, SC, UT, VT, and WY