

SAVE EVEN MORE WITH YOUR DIGITAL COUPONS!
Go to www.rockcave.iga.com to sign up & For More Details



ROCKCAVE

INTERSECTION OF RTS. 4 & 20 IN ROCK CAVE, WV
304-924-5296

Summer Cookout!

<p>6.98 Lb. USDA Select Beef T-Bone Steaks</p>	<p>2.48 Lb. 81% Lean Family Pack Ground Beef</p>
<p>2.98 Lb. USDA Select Boneless Beef Bottom Round Roast</p>	<p>1.68 Lb. USDA Inspected, Bone-In Boston Butt Pork Roast</p>
<p>1.98 Lb. USDA Inspected Pork, Boneless Sirloin Chops Or Cubed Steak</p>	<p>7.98 Sold In 5-Lb. Clear Bag Party Wings</p>
<p>1.98 Lb. Springer Mountain Farms Boneless Chicken Thighs</p>	<p>2.98 Lb. Springer Mountain Farms Boneless Chicken Breasts</p>

Manufacturer's Coupon Expires 06/17/19

\$1.50 off Any Springer Mountain Farms Chicken

0013941-100634

www.SpringerMTN.com

Fresh Taste of Summer!

1.78 Mar's Peach Glaze

.98 Lb. Sweet & Juicy Eastern Grown Peaches

1.98 Classic Whipped Cream

2/\$4 1-Lb. Fresh Strawberries

Savings Galore Down Every Aisle

<p>2.98 15.77 To 23.54-Oz., Selected Red Baron Pizza</p>	<p>2.98 52-Oz. Selected Tropicana Orange Juice</p>	<p>2/\$1 14.5-Oz. Selected IGA Tomatoes</p>	<p>.78 5-Oz. Can, In Water Or Oil Starkist Chunk Light Tuna</p>
<p>2/\$5 48-Oz., Selected Pet Ice Cream</p>	<p>1.98 4-Lb. Bag Domino Sugar</p>	<p>4.98 128-Oz. Jug Better Valu Vegetable Oil</p>	<p>2/\$4 16-Oz., Whole Wheat Or Reg. Zesta Saltines</p>
<p>1.98 34-Ct. Sure Shot Paks Or 75-Oz., Selected Xtra Liquid Laundry Detergent</p>	<p>5.98 12-Double Rolls Quilted Northern Bath Tissue</p>	<p>5.98 6-Full Sheet Or Pick-A-Size Rolls Brawny Paper Towels</p>	<p>Assorted Soft Drinks At Featured Price</p>

NATIONAL DONUT DAY
June 7th 2019

2/\$5
12-Count
Glazed Or Cake Donuts

3 DAY SALE!
Thur., Fri. & Sat.
June 6th - 8th 2019
3 DAYS ONLY

Hi-C
30% OFF
8-Pack 6-Oz., Selected
Hi-C Fruit Drinks

4/\$5
8-Pack 6-Oz., Selected
Hi-C Fruit Drinks

3 DAYS ONLY
Honey-Comb
Fruity Pebbles

2/\$3
10.5 To 14.75-Oz., Selected
Post Cereal

3 DAYS ONLY
Borden

2/\$3
7 To 8-Oz. Selected Chunk Or
Borden Shredded Cheese

3 DAYS ONLY
Popicle

2/\$5
10 To 18-Ct., Selected
Popicle Frozen Pops

3 DAYS ONLY
HERITAGE

5.98
12-Oz., Quaker Maid Heritage
Sliced Ribeye Steaks

3 DAYS ONLY
HERITAGE

1.58
Chocolate, Vanilla, Lemon Or Strawberry
4 Count Creme Twirls

3 DAYS ONLY
Fresh Express

.88
12-Oz.
Fresh Express Garden Salad



PRICES EFFECTIVE WED., JUNE 5 THRU TUES., JUNE 11, 2019
We Reserve The Right To Limit Quantities And Correct Typographical Errors. No Sales To Dealers.

STORE HOURS
Monday Thru Saturday
8am - 8pm
Sunday 12 Noon - 5pm

We Accept WIC, Food Stamps & All Major Credit Cards
VISA MasterCard DISCOVER NOVUS

SCHOOL'S OUT!

The kids are home, and they're always hungry!



3.98
4-Pack, 15-Oz. Cans, Selected
Chef Boyardee



5/\$5
4-Pack 13-Oz., Selected
Hunt's Snack Pack



2/\$3
3-Ct., Selected, Microwave
Act II Popcorn



3.28
3.9-Oz. 14-Count Orig. Or Mild,
Slim Jim Meat Sticks



2/\$4
4-Pack, Selected
Del Monte Fruit Cups



2.48
6-Pack 23.4 To 24-Oz., Selected
Mott's Apple Sauce



.88
1 To 1.85-Oz., Selected
Hershey's Candy



2/\$4
7.5 To 10-Oz. Selected Dinty Moore Or
Hormel Compleats



2.68
20-Oz. Chicken & Dumplings Or
Dinty Moore Beef Stew



2/\$5
11-Oz., Selected
Keebler Cracker Packs



2/\$6
10.4-Oz., Selected
Kellogg's Nutri-Grain Cereal Bars



5/\$1
Makes 2-Quarts Selected
Kool-Aid Drink Mix



.58
3.31 To 3.32-Oz. Bowls, Selected
Maruchan Noodles



5/\$5
2-Liter Reg. Or Strawberry
Nature's Twist Lemonade

DIGITAL COUPON



4.98
- .75 OFF ONE WITH DIGITAL COUPON
4.23
5-Pack
Kraft Macaroni & Cheese



2/\$5
5 To 8-Oz., Selected
Lay's Potato Chips



2/\$4
6-Pack, Selected
Hawaiian Punch Drinks



3.48
6 To 12-Ct., Selected
Pop-Secret Popcorn

Savings Galore

Down Every Aisle

3.48
10.5 To 11.5-Oz., Selected
Maxwell House Coffee



DIGITAL COUPONS

SIGN UP AT OUR WEBSITE FOR BIG DIGITAL COUPONS SAVING! CLICK SHOP SAVE

2/\$6
-1.00 OFF TWO WITH DIGITAL COUPON
2/\$5

10-Count Variety Pack Or
10.94 To 19.2-Oz., Selected
Kellogg's Cereals



2/\$4
-1.00 OFF TWO WITH DIGITAL COUPON
2/\$3

32-Oz. Bag Or 28-Oz. Box
Comet Long Grain Rice



2/\$6
-1.00 OFF TWO WITH DIGITAL COUPON
2/\$5

11.5 To 15.66-Oz., Selected
Kraft Velveeta Cheesy Skillets



1.18

16-Oz., Selected, Brown Or
Domino Confectioners Sugar



2/\$3

12.8-Oz.
Van Camp's Chili With Beans



1.88

10-Oz.
La Choy Soy Sauce



2/\$4

20-Oz., Easy Squeeze
Heinz Ketchup



1.78

14-Oz.
French's Squeeze Mustard



3.48

64-Oz. Regular Or Light
Libby's Pineapple Juice



.98

100-Ct.
Better Valu Tagless Tea Bags



1.28

24.5-Oz.
Hanover Cut Green Beans



2.38

8.85 To 14.6-Oz., Selected
Taco Bell Dinner Kits



.78

1 To 1.4-Oz. Fajita Or Selected
Taco Bell Taco Seasoning



1.48

7.5 To 8-Oz., Selected
Taco Bell Sauce



FREE

9.25 To 11.25-Oz., Selected
Doritos Chips



1.48

5-Oz., Selected
New York Texas Toast Croutons



1.98

10 To 12-Ct., Selected
IGA Instant Oatmeal



1.98

64-Oz., Selected
IGA Cranberry Juice Cocktail



Your **IGA** Savings!

.98

16-Oz., Selected
IGA Refried Beans



.98

15-Oz.
IGA Enchilada Sauce



1.68

16-Oz., Selected
IGA Salad Dressing



3.98

35.3-Oz.
IGA Non-Dairy Coffee Creamer



5/\$5

5-Oz. Can
IGA Premium Chunk Chicken Breast



.88

12-Oz.
IGA Hot Sauce



1.38

4.6-Oz., 12-Count
IGA Taco Shells



6.48

8.8-Lb.
IGA Lump Hardwood Charcoal



2.28

14.4-Oz. Cinnamon Or
IGA Honey Grahams



4.48

40-Oz.
IGA Creamy Peanut Butter



3.28

4-Pack, 8.2-Oz.
IGA Macaroni & Cheese Bowls



1.98

32-Oz.
IGA Hamburger Dill Chips



1.28

10-Oz.
IGA Teriyaki Sauce



1.68

12-Oz. Box
IGA Vanilla Wafers





.48 Lb.
Farm Fresh
**Crisp
Green Cabbage**



2/\$3
1-Pint, Healthy Snack
**Grape
Tomatoes**



.98 Lb.
Sweet
**Organic Vidalia
Onions**



1.88 Lb.
Organically Grown
**Tomatoes
On The Vine**



.68 Lb.
Zesty
**Jumbo
Yellow Onions**



4.88
Red Ripe
**Whole Seedless
Watermelons**



2/\$5
5-Oz., Selected
**Fresh Express
Organic Salads**



2.68 Lb.
Sweet & Tasty
**Organic Red Or White
Seedless Grapes**



7.99
Florist Quality
**15 Stem Mega
Alstroemeria Bouquet**



2.98
Dole
**Golden Ripe
Pineapple**



2/\$3
Tropical
**Organically
Grown Mangoes**



2.98
Organically Grown
**Tropical
Pineapples**

Dairy & Frozen

2.98
24-Oz., Selected
**Daisy Brand Sour Cream
Or Cottage Cheese**

.98
9.5-Oz.
**IGA Butter-Me-Nots
Biscuits**

2/\$3
10-Ct., Buttermilk Or Homestyle
**IGA Frozen
Waffles**

2.48
13-Oz.
IGA Texas Cheese Toast

1.98
10.5 To 11.25-Oz.
**IGA Garlic Texas Toast
Or Breadsticks**

2/\$5
Dozen, Large, Cage Free
**Eggland's Best
Brown Eggs**

2.98
15 To 16-Oz., Selected
**Egg
Beaters**

2/\$5
16-Oz.
**IGA Cheese
Singles**

1.98
9 To 14.4-Oz., Selected Stir Fry Or Steamfresh
**Birds Eye
Vegetables**

2/\$1
5-Oz., Selected
**Patio Beef &
Bean Burrito**

2.98
11 To 16-Oz., Selected
**Kahiki Egg Rolls
Or Entrees**

2/\$4
32-Oz., Vanilla Or Plain
**Morning Fresh
Farms Yogurt**

2/\$5
59-Oz.
**IGA Premium
Orange Juice**

3.28
32-Oz., Selected
**Land O' Lakes
Half & Half**

2/\$4
128-Oz., Selected
**Tampico
Punch**

10.98
52.8 To 76-Oz., Selected
**Stouffer's Family
Size Entrees**

3.48
24-Ct. Jr. Pops, 12-Ct. Bars Or 10-Ct.
**Pet Ice Cream
Sandwiches**

2/\$4
52-Oz., Selected
**Gold Peak
Tea**

2/\$5
59-Oz., Selected
**Dole Juice
Blends**

DIGITAL COUPONS SIGN UP AT OUR WEBSITE FOR BIG DIGITAL COUPONS SAVING! CLICK SHOP SAVE

2/\$5
32-Oz., Selected
**International Delight
Creamer**

FREE 6-Pack North Star Range Hood
Download your DIGITAL COUPON for a FREE ITEM.
LOAD FRIDAY ONLY
Load Friday 6/7/19 ONLY and expires by Sunday 6/9/19

4.68
18.2 To 19.2-Oz., Selected
**Hy-Top
Fish Fillets**

5.98
10-Count, 30-Oz., Selected
**Breyer's Ice Cream
Snack Cups**

Feline Friends

2/\$5
20-Lb. Bag, Unscented
**Better Valu
Cat Litter**

2/\$3
4-Pack, Selected
**9 Lives
Cat Food**

Loads of Savings!

4.48
28-Oz., Selected
**Dawn Dish
Liquid**

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2.25 EACH
45-Oz., Selected
**Mr. Clean
Multi-Surface
Cleaner**

4.98
75-Oz., Selected
**Cascade
Detergent**

11.98
32 To 42-Ct., Selected
**Tide Laundry
Detergent Pods**

4.98
41 To 51-Oz., Selected
**Downy Liquid
Fabric Softener**

4.98
75-Oz., Selected
**Cascade
Detergent**

4.98
13 To 25-Ct., Selected
**Cascade
Detergent Packs**

11.98
92 To 100-Oz., Liquid
**Tide Laundry
Detergent**

Fresh Flavor

Meat & Seafood



3.48 Lb.
USDA Select Boneless Beef
Bottom Round Steaks



4.98 Lb.
USDA Select Boneless Beef
Cubed Round Steaks



4.98 Lb.
USDA Select Boneless Beef
Stew Beef



2.98
16-Oz., Selected
Bob Evans Pork Sausage



3.48
12-Oz., Selected
Smithfield Premium Sliced Bacon



3.98
16-Oz. Selected Chicken, Ham Or Turkey
Land-O-Frost Lunch Meat



16.98
10-Lb., Frozen
Aunt Bessie's Riblets



1.98 Lb.
USDA Inspected
Pork Butt Steaks



1.98 Lb.
USDA Inspected, Bone-In
Country Style Pork Ribs



2/\$6
12-Oz.
Bob Evans Sausage Patties Or Links



2/\$5
5.35-Oz. Meat Lovers, Sausage Or Bacon
Jimmy Dean Simple Scrambles



3.48
26-Oz. Family Pack
Eckrich Smoked Sausage



2/\$5
14-Oz. Turkey, Polish Or
Eckrich Smoked Sausage



4/\$5
16-Oz., Big Dogs Or
Gwaltney Great Dogs



4/\$5
16-Oz., Reg. Or Thick
Gwaltney Great Bolony



4/\$5
7-Oz., Pimento Spread Or
Grace's Chicken Salad



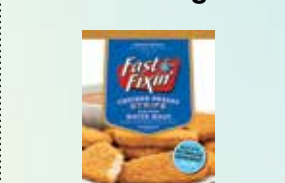
5.98
48-Oz. Tablerite
IGA Smoked Sausage



2/\$5
7-Oz. Turkey, Honey Or Smoked
John Morrell Off The Bone Ham



3.98
16-Oz., Selected
Brookwood Pork Barbeque



2/\$6
20 To 24-Oz., Selected
Fast Fixin Chicken



2/\$5
8 To 10.8-Oz., Selected
Oscar Mayer Lunchables



3.98
12-Oz., Chicken Of The Sea,
Frozen, P & D, Tail Off
71 To 90 Ct. Raw Shrimp



6.98
20-Oz., Frozen
Aqua Star Pacific Salmon Fillets



9.98
3-Lb., Frozen
The Great Fish Co. Tilapia Fillets



7.98
6-Oz.
Maryland Style Crab Cakes

Bakery Favorites



5.98
27-Oz. Something Sweet
Lemon Meringue Pie

2.98
10-Ct., Selected
Loft House Cookies



2.98
20-Ct., Toufayan
Mini Croissants



3.98
16-Oz. Original
King's Hawaiian Round Bread



9.98
49-Oz., Double Layer
German Chocolate Cake

DIGITAL COUPONS

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1 CLICK
2 SHOP
3 SAVE



Open your weekly email and click digital coupons to save to your E-Wallet!



Select products clipped to your E-Wallet and present your phone number at checkout.



Your digital coupons will automatically be deducted from your sub-total!

SIGN UP ONLINE

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