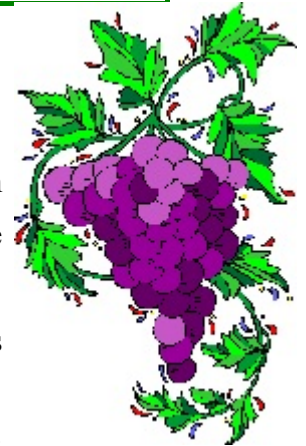


# Autumnal Equinox

## Alban Elfed

September 22, 2010



As the Grapevine Moon Mother sheds the light of the moon through our Earth, we are in the crosswalk of Fall, and we prepare to enter the doorway of Winter through the experience of knowing and the celebration of Autumnal Equinox, known to the Druids as Alban Elfed (pronounced “elved” and means the Light of Autumn). It is also known as the Harvest Celebration. Autumnal Equinox begins on September 22<sup>nd</sup> when the Sun will be at 0 degrees 0 Minutes of Libra, and this year it begins at 8:09 pm PDT. This is a Quarter Festival and Seasonal Celebrations occur all over the world as they have for thousands of years.

During this great Harvest time, all celebrate the Great Earth Mother and the gifts she has provided during the Light of the Sun, the release of the plants that nourish all life on Earth, as well as the powerful activity of living one’s own journey and purposes. Earth Mother is coming to her resting time; though she continues her gifts of life. The Great Sun encourages her rest and our resting time.

It is now our time to give honor, through ritual. It is our time to give thanks and honor to the Store-house of Earth, the Store-house of our Inner Sanctuary, and begin to enter the realm of our Soul.

Balance of Night and Day, Dark and Light, Autumnal Equinox honors equality, just as Spring Equinox did. It is the doorway to the shadow time of the year (Winter). This celebration calls forth the honoring of all the work we have done for the year, asks us to complete the hard and fast journeys, and begin to bring ourselves within.

To honor this celebration is to honor your moments of Equality: your balance of your inner and outer reality, your masculine and feminine qualities of giving and receiving, speaking and listening, being active and being restful, making decisions and being creative. It is a time when you

come before the Great One and reflect back to Source all that you are grateful for and all that you have accomplished. Give gratitude for the Harvest you are reaping and let the Divine know how you have used the gifts bestowed upon you.

To honor this vibration in the celebrations of the Moon Flow, we honor the Crone's Moon.

***Crone's Moon Time***

***Last Quarter*** - Give honor to what you have received, learned and know. Complete any unfinished business around your desire. Let go of anything that did not work or ideas that did not manifest.

***Balsamic Moon*** - Honor the Waning of the Moon. Move to silent places within. Be quiet in your heart and honor the empty womb. Cleanse and clear your emotions, mind, body and ego to prepare for the New Moon. Use the power within the Circle of Wyse Women to direct your days.

Honor the stages of the last vestiges of the moon throughout your ceremony.

Blessings as you honor the Magickal Ceremony of Autumnal Equinox.

# Spirit of Purpose

## The Magic of Autumnal Equinox

- ★ The time before Autumnal Equinox needs to be spent contemplating what you are willing to honor to be in your state of Harvest and going within. It is a time to contemplate on what you have achieved and what you are thankful for.
- ★ Establish the Spirit of Purpose (i.e. what you desire to accomplish and how you want to align with the powerful energies of the Universe to do so during this time);
- ★ Establish date and time to perform your magickal ceremony: September 22, 2010 is the Day of Autumnal Equinox. Celebrations can occur for at least three days. Choose the day that best fits your opportunity to respond in the most sacred way.
- ★ Gather specific components for your assisting spell. Choose the color of Green or Fall Leaf colors of green and burnt oranges. Use these colors in the candles, for this is the color of Fall, abundance, reward, and completion. The essences of Apple, Cinnamon, Frankincense. Bring in the plant of Rosemary or Poppy. Use the stone of Calcite, Opal or Turquoise
- ★ From the moment you know what you want to acknowledge and bring forth abundantly, consciously place this energy into the Heart of the Great Mother, and the Heart of the Moon where the Greater Purpose and Guidance of energy can be directed for you. Create a statement to encourage the empowerment of your ritual purpose.

\* I Am Living in the Light of Abundance

\* I am Creating from the Light of Constant Flow

\* I AM Abundant

- ★ Carve a symbol of a Tree on one side of the candle. This is a symbol of your inner being acknowledging the power of life-force energy flowing through you and grounding into your world.. Then carve a Moon on another side of your candle, symbolizing the Moon Force that is the power of the rest of this year.
  
- ★ One day of your ritual, gather all the elements and tools for your altar, (include your plants, oils, stones, candles, and altar elements ). Place them on your altar cloth. Choose to maintain a sacred attitude about what you are doing.
  - Create an incantation that will be used in your ceremony. It is best done with your own words and written in your own hand.
  
  - An example of an incantation: ***“God/Goddess I call you now. Listen to my solemn vow. I choose to walk in abundance and gratitude. I desire to live in a positive attitude. Assist me now, I call to you. Help me remain balanced in all I do.”***
  
  - Write out your complete ceremony that you wish to follow (your intent and your action for setting a circle, the vortex of Universal Energy). Write it in your magickal spells book (from beginning to end). Include a space within the ceremony where you can spend time completely aligning in your moment of balance with your inner and outer aspects of Self.
  
- ★ Prepare for your Ceremony
  - Self Purification - (bath/shower, sage or other cleansing incense/elixir)
  
  - Cleanse the place where ritual will occur (sage or other incense to clear the area, i.e., elixir for room clearing, symbolic sweeping with a broom)
  
  - Set an altar with a cloth to place your items for symbols of fire (candle with specific color), water (in cup or shell), air (incense or double edged knife) and earth (a stone or pentacle symbol) as well as sacred items that align your heart and mind with the Spirit of Purpose.

- Clear your mind of other thoughts and activities. Bring a vision of your purpose into your mind, feel yourself ready to enter the deepest part of your inner being. Center your mind and emotions into the purpose of your ritual. **(This is very important for achieving your desired outcome.)**
- Create a sacred vortex by drawing or envisioning a sphere of light circled around you. (a conduit for energy to be mixed and aligned with God/Goddess, the Spirit of your Soul Purpose, and the most sacred vibration of the manifested desire) *Your mental and emotional qualities must maintain the focus of purpose.*
- Align with the 4-quarters. Sanctify the circle by honoring the elements/elementals. Call in the Goddess, deities and the Spirit of Purpose in the manner that is most comfortable for you, but always with clarity and deliberate focus of purpose.
- Speak out your incantation for what you desire. Raise energy (feeling and sensing a rise of energy from your womb, begin to visualize it forming a ball of light (i.e., for staying on purpose, a red orange), hold your sphincter muscle tightly as you create this ball of light and let the energy rise to your heart, then with a large exhale, direct the energy ball of light from your heart into the circle, knowing that it forms the spirit of your purpose).
- Meditate in the energy you have created. Visualize the manifest of your desire complete and utilize the powers of knowing that it is so: Feel it, put a smell to it (oils, incense or plant help you do this), a taste, sound, and see it so. When you feel it deep within, end your meditation.
- Give gratitude to the Goddess, deities, elements and elementals, the 4-quarters and conduit alignment above and below. Acknowledge that all is within you now.
- Close your circle by snuffing out your candle, and walking in the opposite direction that you set your circle to gather all energy unto yourself.

- Say *Awen* (So it is, So Mote it Be, It is complete).

**The following may provide you information for setting your circle after you have cleansed the area and set your items on the altar (cleansed them as well).**

Draw a circle by standing in the center of your space, face West (the place of the Moon, the alignment with Autumnal Equinox), allow yourself to draw in white light from the heart of WomanSpirit to your heart. Feel it well up inside like a ball of light, release this light into your right index finger, and circle clock-wise, releasing the light as you complete one full turn around the circle. As your return to the West, begin giving honor to the 4-quarters and calling in the elements as well. At your altar sprinkle water from your cup across your altar to honor the blessings of water, touch the simple stone and connect to the humbleness within you and the sacredness of the earth, light the incense for air, light the candle for fire.

***Facing the West:***

*WomanSpirit, Great Goddess, I desire to align with the light of the west*

*WomanSpirit, I ask that this portal be open*

*I ask to align with the Spirit of water (touch the water, if you have not), the light of wisdom, the ocean of conscious, and the rewards of my quest.*

*WomanSpirit, I ask that Archangel Gabriel and Goddess Arianrhod help me enter this portal  
I, become one with my intuition, the empowerment of my wisdom, and the Will to live with  
higher truth and love*

**Face the North:**

*WomanSpirit, Great Goddess, I desire to align with the light of the North*

*WomanSpirit, I ask that this portal be open*

*I ask to align with the Spirit of earth (touch the stone, if you have not), the power of faith, the guardianship of earth, and the blessings of knowledge.*

*WomanSpirit, I ask that Archangel Auriel and Goddess Eriu help me enter this portal  
I, become one with my faith, the empowerment of abundance, and the Will to live as a co-  
partner with You.*

**Face the East:**

*WomanSpirit, Great Goddess, I desire to align with the light of the east*

*WomanSpirit I ask that this portal be open*

*I ask to align with the Spirit of Air (light the incense, if you have not), the power of Vision, and the Insight of the Masters*

*WomanSpirit, I ask that Archangel Raphael and Goddess Diedre help me enter this portal*

*I, become one with the vision of my purpose, the Will to express from my Higher Self and the diligence to see the signs You present me along my way.*

**Face the South:**

*WomanSpirit, Great Goddess, I desire to align with the light of the south*

*WomanSpirit, I ask that this portal be open*

*I ask to align with the Spirit of fire (light the candle, if you have not), the light of integrity, truth and purpose.*

*WomanSpirit, I ask that Archangel Michael and Goddess Tailte help me enter this portal*

*I, become one with the enlightenment of my purpose, the empowerment of my Personal Authority, and the Will to live with integrity*

**Stand in the Center** of your Circle, facing West, and lift your head and arms to the Heavens.

*WomanSpirit, Great Spirit, from my heart to your heart I align with the Portal Above.*

*Help me align with Great Mystery. Help me to balance with Love and Gratitude*

Let your arms and head **drop looking toward the Earth below.**

*WomanSpirit, Great Spirit, from my heart to yours I align with the Portal Below.*

*Help me walk the intent of my soul.*

Finally, bring your hands over your heart to address the **Energy Within.**

Great Spirit WomanSpirit, Within my heart you remain. I call you forward, again. Let all that takes place here be known to me that I am aligned, truly One with Great Mystery.



***The invocation to the Goddess and Deity of the Moon.*** Stand with arms raised and legs separated revealing the stance of a five pointed star that honors the Goddess and say:

At this moment, a dedicated time of this hour  
I call forth the Blessings of WomanSpirit's Power  
(pause and feel the energy align with you)

WomanSpirit, Great Goddess,  
Mother of all the spheres,  
Guardian of my Soul

I call your presence into my awareness here and now  
May I be blessed by our fusion and the authority it provides me to take dominion  
over my reality

Great Mother, penetrate this moment and project upon me your Divine Essence  
Let your loving gaze be the blessings of my Harvest  
(Pause and feel the energy of WomanSpirit align with you)

The magick has begun  
From your loving heart the sacred powers from within are released.

***Create a symbol of Anu (five pointed star within a circle) and say***

*Arianrhod, Spirit of the Night Skies, I call to you.. Goddess Eriu, Sovereign Goddess of the Land, teacher of abundance, help me to honor the power to manifest and be rewarded for forthright attitudes of Love, Light, Peace, Harmony, Truth, Integrity, Wisdom, Faith, and Knowing. Help me, All, to manifest balance in all that I do. Cerridwen, Sovereign Goddess of my soul, with you I stride with sacred attitudes, help me pass through the the power of the shadows and approach the wisdom of the Inner Realm where I will open to the energies of the Divine. WomanSpirit may your presence guide and assist me as I travel the pathways of Harvest, particularly the harvest of my soul and through the Doorway of Autumnal Equinox. I am grateful for the balance, honored by the energy of intent and purpose and shall respond to the*



*desires and drive within me to accomplish the journeys my soul has chosen to achieve in this life time. AWEN.*

Proceed to the incantation: (yours or the suggested one)

***“God/Goddess I call you now.***

***Listen to my solemn vow.***

***I choose to walk in purpose and wisdom.***

***And live my life in an empowered fashion.***

***Assist me now, I call to you.***

***Help me stay balanced in all I do.”***

Raise energy (feeling and sensing a rise of energy from your womb, begin to visualize it forming a ball of light (i.e., for abundant harvest, green or green with burnt orange), hold tight your sphincter muscle and let the energy rise to your heart, then with a large exhale, direct the energy ball of light from your heart into the circle, knowing that it forms the spirit of your purpose).

- Meditate in the energy you have created. Spend time focusing and visioning on your balance of Inner and Outer Realities. See the strength of your Masculine and Feminine traits working together, unified, whole. Allow the feminine qualities to emerge as you release from Autumnal Equinox and enter into the shadow time of the year. Let this state of empowerment allow you to feel your Inner Authority. Your knowing that life is yours to create as a co-partner with the Universe, especially when you align from the sacred place within..
- Give gratitude to WomanSpirit, the Great Goddess, deities, elements and elementals, the 4-quarters and conduit alignment above and below. Acknowledge that all is within you now.
- Close your circle by snuffing out your candle (or blowing it out knowing that the light goes out to the world), and walking in the opposite direction that you set your circle to gather all energy unto yourself.

- Say *Awen* (So it is, So Mote it Be, It is complete).

**Awen – It is so! So it is!**

