

# National Faith-Based Mobilization Network

## “Faith MoNet”

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### 2019 Suggested Health and Wellness Observances

*Adapted from the Rising Sun Usher Federation of Northwest Mississippi*

#### JANUARY 2019

- † National Volunteer Blood Donor Month
- † *Cervical Health Awareness Month*

#### FEBRUARY 2019

- † American Heart Association American Heart Month/Go Red Day (February 1)
- † **National Black HIV/AIDS Awareness Sunday (February 3)**
- † **Wear Red Sunday (February 10)**

#### MARCH 2019

- † **American Kidney Fund Kidney Sunday (March 3)**/World Kidney Day (March 8)
- † National Women and Girls HIV/AIDS Awareness Day (March 10)
- † **Taste Test Sunday (March 17)**/American Diabetes Association Diabetes Alert Day (March 26)
- † *Colorectal Cancer Awareness Month*

#### APRIL 2019

- † Minority Health Month
- † World Health Day (April 7)
- † Irritable Bowel Syndrome Awareness Month

#### MAY 2019

- † American Stroke Association American Stroke Month
- † *National Mental Health Month*
- † **National Women’s Health Week May 12-18**
- † **Mother’s Day Bells for Remembrance Breast Health Awareness (Sunday, May 12)**
- † Power (to End Stroke) Sunday (May 19)

#### JUNE 2019

- † National Cancer Survivor’s Day ® (June 2)
- † **Summer of Health and Wellness Vacation Bible School/Summer Camp (June and July)**
- † Fireworks Safety Month (through July 4)
- † Men’s Health Month
- † National Migraine and Headache Awareness Month

#### JULY 2019

- † **Summer of Health and Wellness Vacation Bible School/Summer Camp (June and July)**
- † Fireworks Safety Month (through July 4).
- † Minority Mental Health Month

#### AUGUST 2019

- † National Minority Donor Awareness Day (August 1)
- † Easter Seals Make the First Five Count (August 11)
- † *National Immunization Awareness Month*
- † *National Breastfeeding Month*

#### SEPTEMBER 2019

- † National Childhood Obesity Awareness Month
- † Sickle Cell Disease Awareness Month
- † *Prostate Cancer Awareness Month*
- † **Senior Recognition Sunday (September 8)**
- † **Let’s Move Weekend (September 13-15)**
- † **. Sickle Sabbath Sunday (September 15)**
- † **National HIV/AIDS and Aging Awareness Day (September 18)**

#### OCTOBER 2019

- † National Church Safety and Security Month
- † National Breast Cancer Awareness Month
- † *Domestic Violence Awareness Month*

#### NOVEMBER 2019

- † Diabetes Awareness Month/Diabetes ID (I Decide) Day (November 10)
- † Pancreatic Cancer Awareness Month
- † National Alzheimer’s Disease Awareness Month and National Caregiver Month
- † *Pancreatic Cancer Purple Light Sunday (November 17)*
- † American Cancer Society Great American Smoke Out (November 16)

#### DECEMBER 2019

- † World AIDS Day (December 1)
- † National Drunk & Drugged Driving (3D) Prevention Month
- † *National Influenza Vaccination Week (December 1-7)*

Key:

Bold – Faith MoNet. sponsored events

Italicized – part of 5-year rotation

For more information or to volunteer to be an observance co-chair, e-mail [info@faithmonet.org](mailto:info@faithmonet.org).

*“Committed to Creating Health Equity”*