# Analyzing Quantitative Datausing SPSS 16 

Week 9
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## A Simple Example- Gym

- Purpose of Questionnaire-
- to determine the participants involvement in adult fitness
- Reasons for going to the gym
- Kinds of activities adults participate in
- to determine if Involvement is associated with attitudinal loyalty
- Issues related to gender and age


## Using SPSS

- Step 1- use coded Questionnaire to Define Variables using Variable Viewer. Each question is a Variable.
- Step 2- Input data into Data Viewer. Each completed questionnaire is a case.
- Step 3-Analyze data using Analyze Menu and Graphs Menu


## SPSS Data Viewer



## Step 1- Defining Variables

$>$ Click on the Variable View tab at the bottom of the Data Viewer


- For each variable (question) enter a Name, Label, Values and Measure
- Enter variable in a new row



## Enter Name

- For each variable enter a name
$>$ Click on the first cell in the Name column
$>$ Type the name e.g. Q1 or Gender
$>$ The name must not be longer than 8 characters and cannot contain spaces


## Enter Label

- You can give each variable a more detailed name, known as a Label
$>$ Click on the first cell under the Label column
$>$ Type in the label you want to use e.g. reasons for visiting gym


## Enter Values

- This procedure generally applies to variables that are not interval or scale
$>$ Click on the Values column relating to the variable
$>$ Click on the button with the 3 dots on it
$>$ The Value Label dialog box will appear
$>$ Click on the box next to value, enter 1
$>$ Click on the box next to Label, enter Male
$>$ Click on Add
$>$ Repeat for each value (response option)
$>$ Click OK when complete


## Value Label Dialog Box

## Enter Value and Label



## Enter Measures

Are there more than two categories?


Can the categories be rank ordered?


Are the distances between categories equal?


## Gym Questionnaire Measures

| Question <br> Number | Type of Measure |
| :--- | :--- |
| 1 | Dichotomous/Nominal |
| 2 | Interval/Scale |
| 3 | Nominal |
| 4 | Ordinal |
| 5 | Ordinal |
| 6 | Ordinal |
| 7 | Nominal |
| 8 | Dichotomous/Nominal |
| 9 | Interval/Scale |
| 10 | Interval/Scale |
| 11 | Interval/Scale |
| 12 |  |

- For each variable use drop down list and choose appropriate type
- Repeat for all variables

| F3. Untited4 [Dataset4] - SPSS Data Editor |  |  |  |  |  |  |  |  |  |  | - $0^{\text {X }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Eile Edit Y Vew Dida Iranstom Analze Glraphs Litities Addo-ns Window Hep |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | Name | Type | Widh | Decimals | Label | Values | Missing | Column | Aligy | Measure |  |
| 1 | 01 | Numeric | 8 | 2 | gender | \{1.00, Male\}. | None | 8 | 产Right | Scale |  |
| 2 |  |  |  |  |  |  |  |  |  | 8 Scale |  |
| 3 |  |  |  |  |  |  |  |  |  | Ordinal |  |
| 4 |  |  |  |  |  |  |  |  |  | Q Nominal |  |
| 5 |  |  |  |  |  |  |  |  |  |  |  |
| 0 |  |  |  |  |  |  |  |  |  |  |  |

## Step 2- Input Data

$>$ Click on the Data View tab to the bottom

$>$ Click on the Value label button to switch between Label and Value
$>$ Enter the responses for each question
$>$ Each row represents a filled out questionnaire

## Step 3- Analyze Data

- Frequency Tables-
- provides the number of people and the percentage belonging to each categories for the variable in question
- Can be used for all types of variables
- An example can be derived for Q3- Reason for visiting the Gym
$>$ Click on Analyze Menu
$>$ Click on Descriptive Statistics
$>$ Click on Frequencies
$>$ The Frequencies Dialog box opens
$>$ Choose variable from list on left hand, click on the arrow to send into Variable box
$>$ Click OK
$>$ Frequency Table will be displayed on Output Viewer

- Measures of Central Tendency-
- Used to calculate Mean, Median, Mode, Standard Deviation
- An example, Q2- Age
$>$ Click on Analyze Menu
$>$ Click on Descriptive Statistics
$>$ Click on Explore
$>$ The Explore Dialog box opens
$>$ Choose variable from list on left hand, click on the arrow to send into Dependent List
$>$ Click OK


## 1. Choose

Variable
2. Click on Arrow to send to Dependent List

3. Click OK

- Diagrams-
- Used to display quantitative data
- Easy to interpret and understand
- Bar chart and Pie charts use Ordinal and Nominal variables
- An Example can be a Bar Chart to display Q6Frequency of Visit
$>$ Click on Graphs Menu
$>$ Click on Chart Builder
$>$ Make sure Gallery tab is selected
$>$ Click on Bar from list on left hand side
$>$ Choose format you want and drag and drop it onto the area above
$>$ Choose variable from list on left sideVisit Frequency
$>$ Drag and drop onto $X$ axis
$>$ Click OK



## 4. Choose VariableVisit Frequency

5. Drag and Drop onto X Axis

6. Click OK

- Another Example could be a Pie Chart for Q7- Accompaniment
$>$ From List Click on Pie/Polar
Choose format you want and drag and drop it onto the area above
$>$ Choose variable from list on left sideAccompaniment
$>$ Drag and drop onto Slice By
$>$ Click OK

- Same steps apply to any other chart e.g. Histogram
- Choose Histogram
- Select format, drag and drop onto area
- Choose Variable, drag and drop onto X Axis
- Cross Tabulation-
- Allows two variables to be simultaneously analyzed so that relationships can be examined
- Normal for Cross tab tables to include percentages
- The percentages can be shown either by row or column
- An example, gender and reasons for visiting, to determine if there is any association. Why do Men visit or Why do Women visit?
- Click on Analyze Menu
- Click on Descriptive Statistics
>Click on Crosstabs...
$>$ Choose Variable for Row from list on left side, use arrow to select
>Choose Variable for Column, use arrow to select
$>$ Click on Cell button on right
$>$ In the Percentage section Check the boxes for Row or Column or both


- Click on Continue
- Click OK to generate cross tabulation
- Pearson's r-
- Is a method for examining relationships between interval/scale variables
- The coefficient lie between -1 (perfect negative relationship) and 1 (perfect positive relationship), where 0 (no relationship)
- An example, we can find out if there is any relationship between
- Age and Cardio minutes
- Age and Weight minutes
- Click on Analyze Menu
- Click on Correlate
- Click on Bivariate
- The Bivariate dialog box opens
- Select variables (age, Minutes on Cardio, Minutes on Weight) from list, use arrow to send to variables box
- Ensure Pearson's is checked in the Correlation Coefficient box
- Click OK



## 4. Click OK

- Coefficient of Determination
- Express how much of the variation in one variable is due to the other variable
$-\mathrm{COD}=\mathrm{r}^{2}$
- COD as a percentage $=r^{2} \times 100$
- Using the example of Min on Cardio and Age
- COD \% = 1.2\%
- This means that just $1.2 \%$ of the variation of Mins on Cardio is accounted for by Age
- Spearman's-
- Is designed for use of pairs of ordinal variables
- But also used when one variable is ordinal and the other interval/scale
- Same as Pearson's, i.e. coefficient lie between -1 and 1
- An Example, to find out if there is any relationship between visit frequency and Minutes on other activities
- Click on Analyze Menu
- Click on Correlate
- Click on Bivariate
- The Bivariate dialog box opens
- Select variables (Visit frequency, Minutes on other activities) from list, use arrow to send to variables box
- Ensure Spearman is checked in the Correlation Coefficient box
- Click OK

- Scatterplots-
- Used to plot the relationship between two variables
- One variable on the $X$ axis and the other on the $Y$ Axis
- Best fit line is added to show correlation
- An example, for Minutes on cardio and Age
$>$ Click on Graphs Menu
$>$ Click on Chart Builder
$>$ Make sure Gallery tab is selected
$>$ Click on Scatter/Dot from list on left hand side
$>$ Choose format you want and drag and drop it onto the area above
$>$ Choose variable from list on left side- Age, Drag and drop onto $X$ axis
$>$ Choose variable from list on left side- Minutes on Cardio, Drag and drop onto Y axis
$>$ Click OK

- Hypothesis Testing
- A hypothesis is a claim or statement about a property of a population
- A hypothesis test is a standard procedure for testing a claim
- Usually have a Null Hypothesis: $\mathrm{H}_{0}$
- Alternative Hypothesis: $\mathrm{H}_{1}$
- General Rule:
- If absolute value of the Test Statistic exceeds the Critical Values then Reject $\mathrm{H}_{0}$
- Otherwise, fail to reject $\mathrm{H}_{0}$
- Hypothesis Testing for a Correlation
- Use a Student $t$ Distribution
- Test Statistic $=\left(r-\mu_{r}\right) / S_{r}$
- $r$ is Pearson's correlation coefficient
- $\mu_{\mathrm{r}}$ is the claimed value of the mean
- $S_{r}$ is the claimed value of the Standard Deviation
$-\mathrm{H}_{0}: \mathrm{p}=0$ (there is no linear correlation)
- $\mathrm{H}_{1}: \mathrm{p} \neq 0$ (there is a linear correlation)
- So, If $\mathrm{H}_{0}$ is Rejected, conclude that there is a significant relationship between the two variables
- if you fail to Reject $\mathrm{H}_{0}$, then there is not sufficient evidence to conclude that there is a relationship
$>$ Click on Analyze Menu
- Click on Compare Means
- Click on Paired-Samples T Test
> Choose variable from list on left sideAge, use arrow to send to variables box
> Choose variable from list on left sideMinutes on Cardio, use arrow to send to variables box
$>$ Click OK


## 1. Choose first Variable- Age

WiPaired Samples T Test

Faired Variables:

| Fair | Variable:1 | Variable2 |
| :---: | :---: | :---: |
| 1 | \# Age [02] | $\theta$ Mirutes ... |
| 2 |  |  |

Options.
2. Choose second VariableMins on Cardio
3. Click on OK

- Using a Significance level of 5\%, twotailed, The Critical Value $=1.662$
- $t=4.840$
- Since t > Critical Value we Reject $\mathrm{H}_{0}$
- conclude that there is a significant correlation between Age and Min on Cardio


## More functions of SPSS and Analyzing Qualitative Data

## Multivariate Analysis

- This entails simultaneous analysis of three or more variables
- There are three contexts:
- Could the relationship be Spurious?
- Could there be an intervening variable?
- Could a third variable moderate the relationship?


## Could the relationship be Spurious

- Spurious relationship exists when there appears to be a relationship between two variables, but the relationship is not real
- That is, it is being produced because each variable is itself related to a third variable
- For example,
- lets say we found a relationship between Visit Frequency and minutes on cardio equipment
- We might ask could the relationship be an artefact of age
- The older one is, the more likely you are to visit the gym, and
- The older you get the more likely you are to spend more time on cardio equipment



## Could there be an intervening variable?

- Let us say that we do not find the relationship to be spurious
- We might ask why there is a relationship between two variables?
- In other words is there a more complex relationship between the two variables?
- For example
- What if we explore the relationship between Visit Frequency and Total Fitness?
- We might find that there is a relationship
- That is, the more you visit the gym the more likely you would be fit
- But, we might want to further explore this relationship
- We could speculate that the older you get visit frequency will be higher is associated, which in turn leads to enhanced fitness



## Could a third variable moderate the

## relationship?

- We might ask- does the relationship between two variables hold for men but not for women?
- If it does then the relationship is said to be moderated by Gender
- For example
- Whether the relationship between Age and whether visitors have other sources of exercise is moderated by gender
- This would imply, if we find a pattern relating to age to other sources of exercise, that pattern will vary by gender

Other Sources of Exercise * agegp3 Crosstabulation

|  |  |  | agegr 3 |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 1 | 2 | 3 | Total |
| Other Sources of Exercise | Yes | Count | 28 | 10 | 14 | 52 |
|  |  | \% within Other Sources of Exercise | 53.8\% | 19.2\% | 26.9\% | 100.0\% |
|  | No | Count | 15 | 13 | 10 | 38 |
|  |  | \% within Other Sources of Exercise | 39.5\% | 34.2\% | 26.3\% | 100.0\% |
|  | Total | Count | 43 | 23 | 24 | 90 |
|  |  | \% within Other Sourtes of Exercise | 47.8\% | 25.6\% | 26.7\% | 100.0\% |

Table 1

Other Sources of Exercise * agegp 3 * Gender Crosstabulation

| Gender |  |  |  | agegr 3 |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | 1 | 2 | 3 | Total |
| Male | Other Sources of Exercise | Yes | Count | 15 | 3 | 9 | 27 |
|  |  |  | \% within agegp 3 | 71.4\% | 33.3\% | 75.0\% | 64.3\% |
|  |  | No | Count | 6 | 6 | 3 | 15 |
|  |  |  | \% within agegp 3 | 28.6\% | 66.7\% | 25.0\% | $35.7 \%$ |
|  |  | Total | Count | 21 | 9 | 12 | 42 |
|  |  |  | \% within agegp 3 | 100.0\% | 100.0\% | 100.0\% | 100.0\% |
| Female | Other Sources of Exercise | Yes | Count | 13 | 7 | 5 | 25 |
|  |  |  | \% within agegp 3 | $59.1 \%$ | 50.0\% | 41.7\% | $52.1 \%$ |
|  |  | No | Count | 9 | 7 | 7 | 23 |
|  |  |  | \% within agegp 3 | 40.9\% | 50.0\% | 58.3\% | 47.9\% |
|  |  | Total | Count | 22 | 14 | 12 | 48 |
|  |  |  | \% within agegp 3 | 100.0\% | 100.0\% | 100.0\% | 100.0\% |

Table 2

- Table 1 Suggest that the age group 31-40 are less likely to have other sources of exercise than the 30 and under and 41 and over age groups
- Table 2 which breaks the relationship down by gender, suggests that the pattern for males and females is somewhat different
- Among males the pattern is very pronounced - But for females the likelihood of having other sources of exercise decline with gender


# Using SPSS to generate a Cross Tabulation with three variables 

- Click on Analyze Menu
- Click on Descriptive Statistics
- Click on Crosstabs
- Choose other sources of exercise add to rows use arrow
- Choose agegp3 (recoded variable) add to columns use arrow
- Choose gender add to box below Layer 1 of 1 use arrow

- Click on cells button
- Check the observed option in the Count box
- Check column option in the Percentage box
- Click continue crosstab:cell display will close
- Then click OK in the



## Recoding Variables

- Using Age as the example
$>$ Click on Transform Menu
$>$ Click on Recode into Different Variables
$>$ Choose age from variable list
$>$ Use arrow to send to Input Variable
$>$ Type the agegp in the Output Variable Name
$>$ Click on change button


Old and New
Values Button

- Click on Old and New Values button
- Choose the radio buttons next to System or user missing under old Value and System missing under new value
- Click Add

- Next, under Old Value choose the radio button by Range, LOWEST through value, enter 20 in the box by value
- Under New Value type 1in the value box
- Click Add

- Next, under Old Value Choose the radio button Range, type 21 in first box and 30 in box after through
- In New value section type 2 as the value
- Click Add
- Repeat for 31 to 40 value 3 and 41 to 50 value 4

- Lastly, under old value choose radio button Range, value through HIGHEST, type 51 in the box
- Under New value type 5 in the value box
- Click Add



## Computing a New Variable

- We can calculate the Total Minutes spent in the gym by summing three variables: minutes on cardio, minutes on weights and minutes on other
- Click on Transform Menu
- Click on Compute Variable
- Under target variable type TotalMinutes (no space)
- Choose first variable Minutes on Cardio from list use arrow to send to numerical expression box. Click on + in calculator
- Choose second variable Minutes on Weights from list use arrow to send to numerical expression box. Click on + in calculator
- Choose third variable Minutes on Other from list use arrow to send to numerical expression box. Click on + in calculator
- Click OK



## Chi Square Test

- The Chi-Squared test is applied to contingency tables (crosstab)
- It allows us to establish how confident we can be that there is a relationship between two variables in the population
- The Chi-Squared value means nothing on its own
- Only meaningful when interpreted in relation to its associated level of statistical significance e.g. 5\%.
- This means there is a 5 in 100 chance that there might be a relationship when there is none in the population
- We also have to setup a Null Hypothesis. This stipulates that two variables are not related in the population
- Lastly, we have determine the Critical Value, which is determined by the degrees of freedom and significance level
- Degrees of Freedom= (no of columns1)(no of rows-1)
- Need to use Chi-Squared Distribution tables to look up Critical Value


## Example

- Suppose we wanted to confirm or prove that is no relationship between gender and Reason for Gym
- Significance level 5\% (0.05) meaning 95\% confidence level that there is no relationship
- Null Hypothesis $\mathrm{H}_{0}$ : there is no relationship
- Degrees of freedom $=(2-1)(4-1)=3$
- Critical Value $=7.815$
- From SPSS Chi-Squared value= 22.726

Chi-Squared Value

a. 2 cells (25.0\%) have expected count less than 5 . The minimum expected count is 4.20 .
b. Based on 90 sampled tables with starting seed 926214481 .
c. The standardized statistic is -3.117 .

Correlations

|  |  | Gender | Reason for Gym |
| :---: | :---: | :---: | :---: |
| Gender | Pearson Correlation | 1.000 | -.330 ${ }^{\text {x }}$ |
|  | Sig. (2-tailed) |  | 001 |
|  | N | 90.000 | 90 |
| Reason for gmm | Pearson Correlation | $-.330^{\text {xx }}$ | 1.000 |
|  | Sig. (2-tailed) | . 001 |  |
|  | N | 90 | 90.000 |

". Correlation is significant at the 0.01 level (2-tailed).

## Pearson Coefficient confirming that there is a relationship. Negative in nature

- So we can reject $\mathrm{H}_{0}$ : there is no relationship since the Chi-Squared value is greater than the Critical Value
- And conclude that there is a relationship between Gender and Reason for gym at the 5\% significance level
- Also Pearson's Correlation confirms that there is a relationship

