



MASTER OF EDUCATION



**Southern Cross
University**



CONTENTS

Why study with Southern Cross University?	3
The advantage of a Master of Education	4
Why choose Southern Cross University Online?	5
Studying online at Southern Cross University	7
Course structure	11
Your Student Success Advisor	25
How to fit study into your life	26
Admissions	29





One of the world's best universities under 50 years old¹



Our history and passion

At Southern Cross University we put our students first. Whether studying on campus, online, or both, we deliver contemporary, high quality learning experiences.

Our aim is to produce graduates who are career ready. Since transforming from a teachers' college in the 1970s, to a university in 1994, we have had more than 55,000 students successfully graduate.

Our students come from a diversity of backgrounds, and we have a strong focus on industry and community collaboration.

WHY STUDY WITH SOUTHERN CROSS UNIVERSITY?

A trendsetter in online education

Southern Cross University is a pioneer of online education in Australia.

We have more than **20 years of accredited experience** in the field. At any one time, we have more than 5,000 people studying online.

When you study online, you have **no campus-based obligations**. Course design is in consultation with industry experts and made for online learning.

Online study means **learning on your own terms**, with family and work commitments no longer barriers to education and career progression.

Studying online means that you'll **connect with, and be supported by, like-minded individuals** with similar academic and professional goals.

¹ Southern Cross University was ranked in the top 100 universities in the world under 50 years old in the Times Higher Education Young University Rankings, 2018

THE ADVANTAGE OF A MASTER OF EDUCATION

Globally ranked university qualification

At Southern Cross University, we're ranked in the Top 100 of Young Universities world-wide¹. We are committed to delivering quality learning, and our online courses are some of the most affordable in Australia. When you study with us online, you will learn from passionate academics who have both industry experience and academic rigour to help you take the next step in your career.

Drive change and lead with confidence

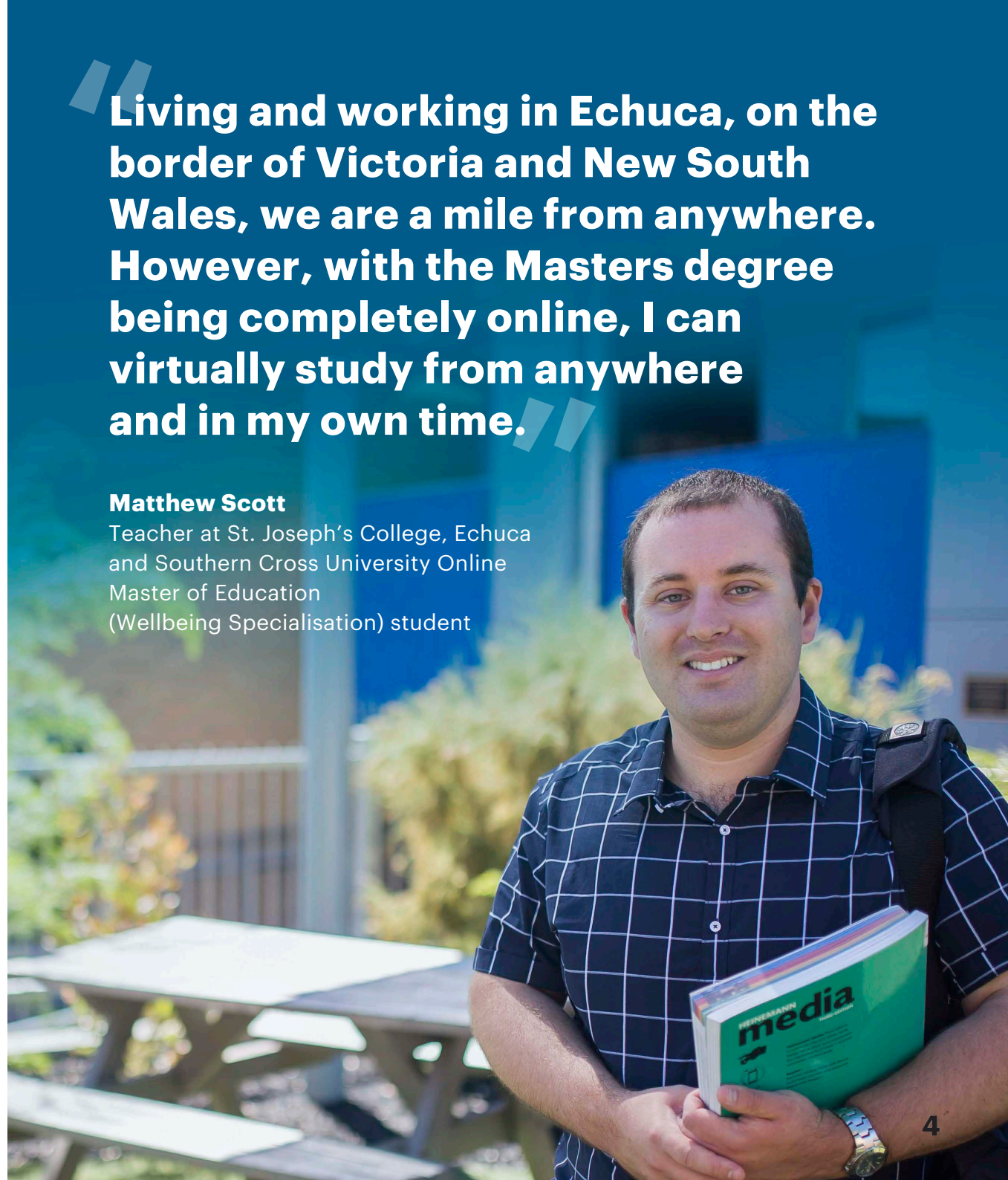
The Master of Education is a quality professional development opportunity for practising teachers who are committed to life-long learning. You will build skills and knowledge and help affect positive change for children and young people in an education setting.

¹ Times Higher Education, Young University Rankings 2018.

“Living and working in Echuca, on the border of Victoria and New South Wales, we are a mile from anywhere. However, with the Masters degree being completely online, I can virtually study from anywhere and in my own time.”

Matthew Scott

Teacher at St. Joseph's College, Echuca and Southern Cross University Online Master of Education (Wellbeing Specialisation) student



WHY CHOOSE SOUTHERN CROSS UNIVERSITY ONLINE?



Shape the future of learning

As Australia's population grows, so does the demand for teachers and leaders within the Australian education sector. Having a postgraduate qualification in education will prepare you for the challenges and opportunities of the future.

Choose from two specialisations

The Educational Leadership specialisation equips you with the skills to lead teaching professionals in an educational environment and prepares you to make decisions aligned

with strategic management plans. In the Educational Wellbeing specialisation you will learn the complex skills and knowledge behind building teaching environments in which everyone thrives.

You can also choose to forego the specialisation and choose units from each for a generalist degree.

Pioneers in online education

Southern Cross University is at the forefront of ensuring the best possible learning experience. Courses are designed with the latest in online

learning technology, and are engaging and practical, delivering a quality education that has a real impact on career outcomes.

Support for success

You will have a dedicated Student Success Advisor who supports you through your entire study journey with Southern Cross University Online. They offer support needed to get you through to graduation. Read more about the role of the [Student Success Advisor](#).

Get qualified sooner

Each unit is seven weeks long, and you can study as many as six units in a year. Studying online means your learning is accelerated and you can graduate sooner than you would studying in the traditional part-time semester or trimester structure. With six intakes throughout the year, you don't have to wait long to get started.

Be challenged academically

Our academics are widely published and are at the forefront of educational research in Australia. All staff involved in course development in the Master of Education have PhDs. Studying this degree, you will be challenged to think differently, significantly growing your teaching skills and knowledge of the education sector.

Balance study, work and family

Access to study is anywhere, anytime, making what was seemingly impossible with a busy schedule, completely achievable. Each seven-week study period is broken down into smaller learning and assessment blocks and you can study at any hour, in any location, and wherever you have a device and internet connection.



I chose to study a Master of Education with Southern Cross University Online because I liked the structure of the program. I find the Blackboard easy to navigate, the weekly content pertinent to my work and the support from Dr Waters to be on point just when advice is needed. The most important aspect is that the course allows me to balance my time with study, work and family. I recommend this course without hesitation.

Noeleen Curran

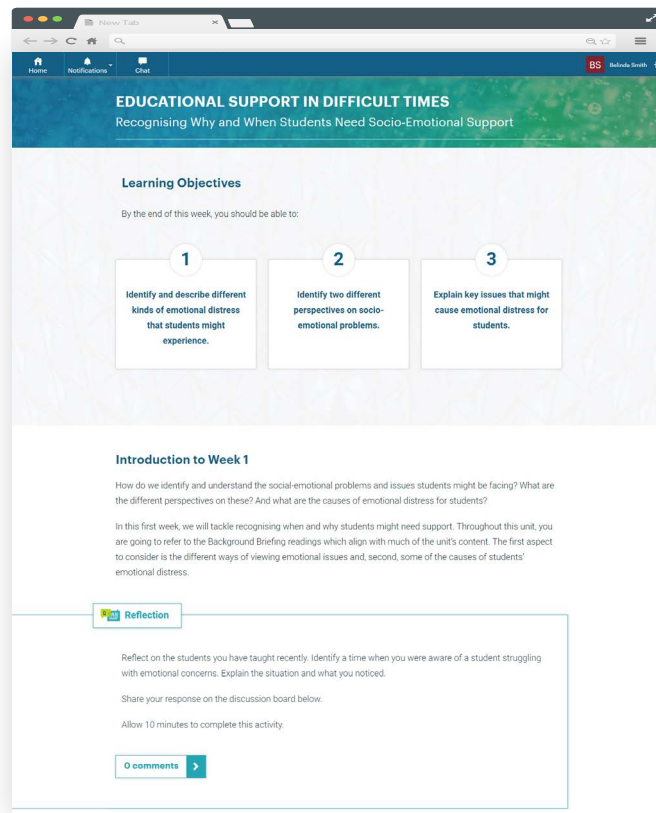
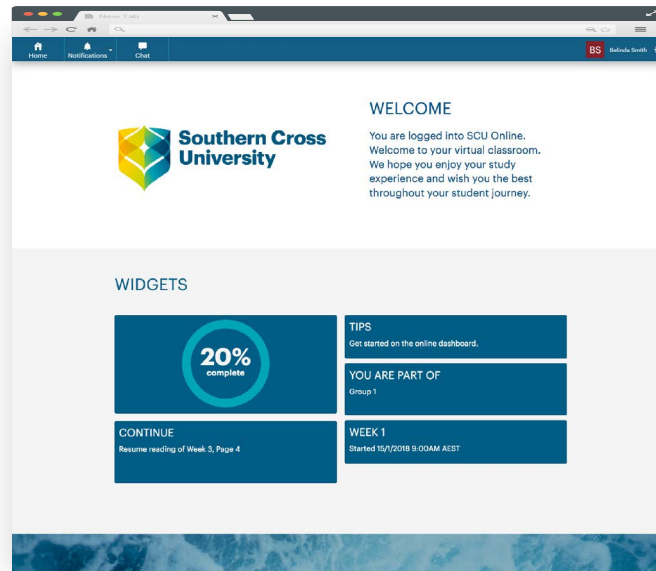
Relief Teacher, Blackfriars Priory School and Southern Cross University Online
Master of Education Student

STUDYING ONLINE AT SOUTHERN CROSS UNIVERSITY

Our flexible, accelerated course gives you 24-hour access to your coursework so you can fit your studies around your busy schedule. The student experience at Southern Cross University Online is every bit as community-oriented as on campus learning. Coursework is interactive and you'll stay connected with academics and peers.

Our learning platform, PERCI has been specifically designed to offer the best online experience for busy students, who may also be working full-time. When you study online, content is delivered to suit a variety of learning styles and enhance outcomes. Each unit is delivered via its own mini website so you can keep track of everything you need for each topic, all in one place. You can:

- Track your progress through course material with the progress tracker.
- Click continue or resume and be taken back to where you were during your last study session.
- Use live chat to talk with peers in real-time.



“The impact of the Master of Education on my career has been enormous. I have gained a greater understanding of Educational Leadership and the theories behind it, which has enabled me to become a better leader in my current educational institution. It has also opened up other leadership opportunities.”

Danielle Harris

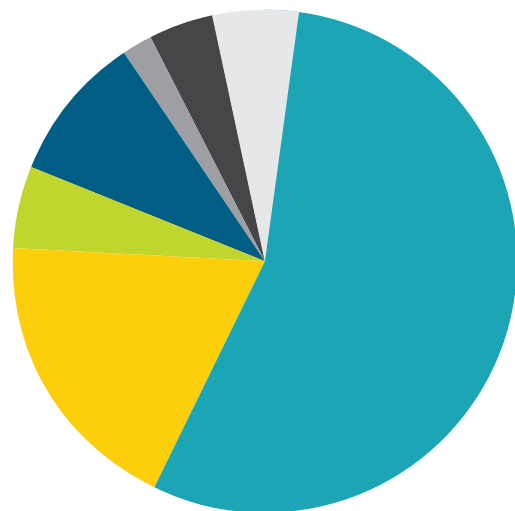
Teacher at Department of Education, New South Wales and Southern Cross University Online Master of Education (Educational Leadership specialisation) Student

OUR MASTER OF EDUCATION STUDENTS

The Master of Education is a versatile degree that prepares graduates for job roles across the education sector. In 2017, students undertaking this degree were working in a diverse range of educational areas, from school principals to college counsellors.

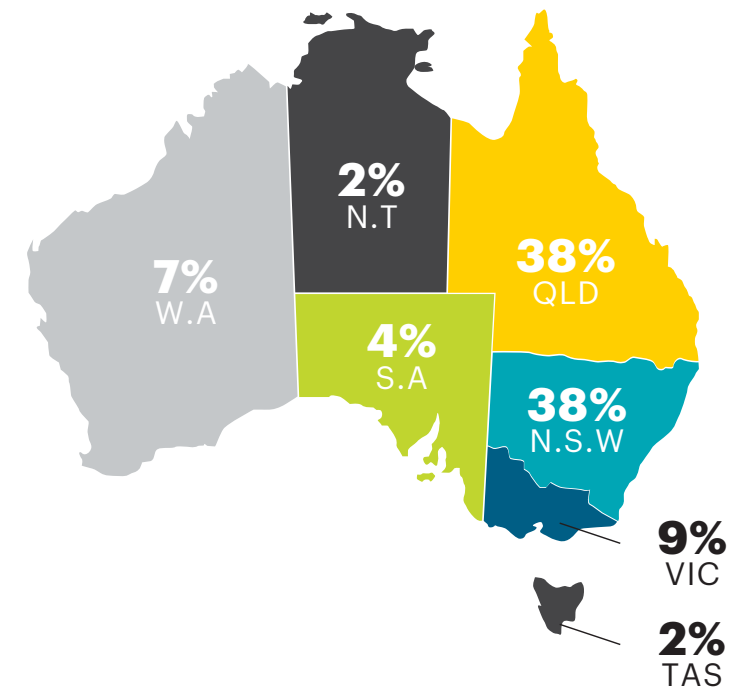


What our students do



- **Teacher:** 55%
- **Principal/ Director/ Head/ Deputy Principal:** 18%
- **Advisor/ Consultant:** 5%
- **Manager/Coordinator:** 9%
- **Pastoral Coordinator/ Leader:** 2%
- **Curriculum Coordinator:** 4%
- **Other:** 7%

Where our students call home





MEET A STUDENT

Matthew Scott

Teacher at St. Joseph's College, Echuca and Southern Cross University Online Master of Education (Wellbeing Specialisation) student

What made you decide to study your Master of Education?

In 2017, after two years of full-time teaching, I decided that it was time to further my skills and qualifications. After looking at courses online and speaking with colleagues, I came across the Master of Education being offered by Southern Cross University Online.

Why did you decide to study with Southern Cross University Online?

Living and working in Echuca, on the border of Victoria and New South Wales, we are a mile from anywhere. However, with the Masters degree being completely online, I can virtually study from anywhere and in my own time. I even completed an assignment from Cambodia in my school holidays, while I was overseas undertaking volunteer teaching work.

What are some standout features of the course that have helped you learn and advance your knowledge?

We receive regular feedback and advice from both the course facilitators and our

Student Success Advisors. The online assignments are never too hard, and help is easy to come by.

Recently Southern Cross University Online implemented a new online learning platform, PERCI, and this has been a great improvement in making the online learning material engaging for us to learn.

Throughout this course, I am finding that a lot of what I am studying relates perfectly to my everyday work in my school.

Meet the Course Coordinator

Dr Anne Bellert

Dr Anne Bellert is a teacher and researcher who is committed to achieving sustainable learning—which involves learning for all, teaching that matters and learning that lasts. Anne is a qualified primary school and special education teacher and consultant who has worked in a wide range of school settings since the late 1990s, and holds a PhD from the University of New England.

As well as teaching, Anne has worked closely with classroom teachers, school executives and family members of students with disabilities to promote successful school transitions, inclusive classroom practices and sustainable systemic approaches. While working as a researcher

at UNE's SiMERR center, Anne was involved in the design and development of the now widely-implemented QuickSmart intervention programs. She now pursues research and publication interests focusing on learning difficulties in reading and mathematics, literacy, numeracy and, more recently, teacher knowledge about how findings from cognitive neuroscience relate to classroom practices.



[CHECK OUT A WEBINAR ABOUT INCLUSIVE EDUCATION WITH DR ANNE BELLERT](#)

COURSE STRUCTURE

What you'll study

The Southern Cross University Online Master of Education requires you to complete **eight units** in total (depending on recognition of previous education and professional experience). With **six study periods a year**, you could complete those **eight units in just 16 months**.

There are **four core units**, which all students study. You can choose to specialise by completing four units from one of the two specialisations or pick four units in total from both specialisations for a generalist degree.

Flexible exit option

We know that plans change. We've built a flexible completion option into the online Master of Education degree. If home or work commitments demand your full attention, you **could still receive a recognised postgraduate education qualification** by completing the four core units from the degree.

If you decide to complete your Masters at a later date, you'll receive advanced standing towards your Master degree.

Exit with a **Graduate Certificate in Education** by completing the four core units.

Specialisations:



Educational Leadership

- > Prepares you to make business-like decisions in an education context
- > Equips you with the skills to lead teaching professionals
- > Learn invaluable financial and entrepreneurial skills



Educational Wellbeing

- > Unique approach; focuses on the needs of teachers as well as learners
- > Build environments where everyone can thrive
- > Learn skills to respond to the diverse needs of students and enhance student wellbeing



COURSE STRUCTURE

Complete four core units

There are four core units, which all students must study.

Then choose a specialisation or generalist degree option

Complete a further four units of one of our specialisations; Educational Leadership **or** Educational Wellbeing **or choose** Generalist.



CORE UNITS

Contemporary Educational Leadership

Contemporary Educational Contexts

Leading Professional Learning

Educational Investigation



EDUCATIONAL LEADERSHIP SPECIALISATION

Accounting for Managers

Human Resource Management

The Positive Leader

Evaluation for Improved Teaching and Learning

OR



EDUCATIONAL WELLBEING SPECIALISATION

Valuing Diversity

Educational Support in Difficult Times

Educational Leadership and Wellbeing

Enhancing Student Wellbeing

OR



GENERALIST SPECIALISATION (Choose four)

Accounting for Managers

Human Resource Management

The Positive Leader

Evaluation for Improved Teaching and Learning

Valuing Diversity

Educational Support in Difficult Times

Educational Leadership and Wellbeing

Enhancing Student Wellbeing

CONTEMPORARY EDUCATIONAL LEADERSHIP

Are you prepared to lead the future of education? Designed to prepare you for educational environments in Australia and around the world, this course introduces key concepts in research literature and educational practices relevant to contemporary educational leadership.

In this unit, you will study:

- An introduction to concepts of educational leadership
- Theories and models of educational leadership and their practical implementation
- Influence of corporate and managerial models on educational leadership
- Challenges of leadership: ethics and values, balancing competing demands
- New ways of leading: distributed, collaborative, parallel, shared leadership models
- The role of inspiration and leadership as service in education settings.

During this course, you are encouraged to reflect on your personal experiences in relation to academic literature. You'll also learn how to critically engage with and analyse texts and apply the concepts learned to your professional practice.

Courses

You can study this unit as part of the [Master of Education](#).

Learning outcomes

- Critically engage with the research literature on educational leadership
- Describe and analyse the origins, distinguishing features and effects of various models of leadership in the field of education
- Apply concepts of educational leadership to a local context, and present and defend a strategy for improvement

Assessment

Please refer to the [teaching and assessment breakdown](#) for this unit.

CONTEMPORARY EDUCATIONAL CONTEXTS

This unit will give you an opportunity to explore the broad canvas of social and political contexts in which educational leaders operate at a state, national and global level. Critically engage with current perspectives of educational reform including the latest debates and critiques.

In this unit, you will study:

- A 'tsunami' of change: an introduction to contemporary educational contexts
- Educational reform policies: local, national and global agendas
- Engaging and working with parents and the community
- Influences of, and responses to, technological change in educational contexts
- Future scenarios of contextual change influencing educational environments
- Challenges and opportunities for educational leadership in times of exponential change.

As new technology becomes increasingly prominent in education settings, you'll analyse the influence of technology on schools and school leadership. You'll critically extrapolate the disruptive and contributive influences, envisage future scenarios of change in educational contexts and explore and examine the consequences.

Courses

You can study this unit as part of the [Master of Education](#).

Learning outcomes

- Demonstrate familiarity with key influences on contemporary education contexts, and their historical origins
- Critically analyse key elements of contemporary education contexts
- Reflect on case studies of disruptive and/or empowering elements of technological change and their effects on educational environments, and consider alternative strategies and outcomes
- Identify and analyse the effects of educational change on local work environments, and propose strategies to achieve preferable educational futures

Assessment

Please refer to the [teaching and assessment breakdown](#) for this unit.

LEADING PROFESSIONAL LEARNING

Discover the successful elements of professional learning. In this unit, you'll explore concepts from the professional learning community and the latest research literature. You'll explore appraisal and performance frameworks as a means of monitoring and directing professional learning.

In this unit, you will study:

- Leading teaching and learning in schools
- Building a professional learning community
- The educational leader as learner: developing self reflexivity
- Appraisal and performance frameworks and the AITSL Standards
- Internal and external professional development for teachers and leaders
- Learning from teachers, students, parents and the community.

Developing your own reflective practice is strongly encouraged in this unit. Be informed by your own professional practice, critical engagement with research literature and feedback from colleagues and learners. Focus on leading, creating and sustaining a culture of reflective professional learning in a school.

Courses

You can study this unit as part of the [Master of Education](#).

Learning outcomes

- Identify and analyse key concepts in the professional learning literature (reflective practice, lifelong learning) in relation to personal practice
- Critically reflect on the different sources and styles of professional learning and their efficacy
- Select appropriate approaches and apply key strategies from the research literature to developing the professional learning of self and others

Assessment

Please refer to the [teaching and assessment breakdown](#) for this unit.

EDUCATIONAL INVESTIGATION

This unit will develop your knowledge and understanding of generic research and evaluation tools. It will give you the information you need to develop skills in identifying and applying quality educational research and evaluation, gaining an overview of the role of evaluation in the field of education.

In this unit, you will study:

- Features and purposes of educational evaluation: definition, goals, and forms
- Strategies and activities in evaluation: measurement, assessment, reporting
- Elements of educational evaluations: stakeholders, design, method, analysis, use of results
- Differences between evaluation outputs and outcomes
- The good, the bad, and the destructive in educational evaluation
- The role of context in evaluation: settings, roles and audiences
- The influence and effects of evaluation on the field of education
- Hallmarks of effective evaluations
- Functions of evaluation vs research.

Knowledge of evaluation theory is combined with case studies and scenario-based activities to provide you with the skills you need to effectively use quality evaluation and research as a part of your professional decision making.

Courses

You can study this unit as part of the [Master of Education](#).

Learning outcomes

- Understand the history, current role and impact of evaluation in the field of education
- Demonstrate knowledge of the constituent elements of an educational evaluation, and how they may be implemented to enhance professional decision-making
- Identify and apply the elements of effective evaluation in response to key contextual elements in a variety of educational situations

Assessment

Please refer to the [teaching and assessment breakdown](#) for this unit.

ACCOUNTING FOR MANAGERS

This unit introduces students to the fundamentals of financial and management accounting viewed from the perspective of the business manager. The focus is on critical evaluation of accounting information contained in financial statements and management accounting reports for use by managers to inform responsible decisions. Adopt a managerial and analytical approach to the financial aspects of business management. You will understand the methods used in financial reporting and interpretation, while applying these principles to business practice. You will learn how to respond to factors that influence company cash-flow and profit, and establish critical thinking in terms of future financial planning and control. By recognising how finance affects other areas of a business – complemented by a sound understanding of applied financial management – you will be perfectly placed for career advancement.

In this unit, you will study:

- Introduction to accounting and measuring and reporting financial position
- Measuring and reporting financial performance and cash flows
- Analysis and interpretation of financial statements
- Cost-Volume-Profit analysis and costing
- Planning and control
- Working capital management and financing the business.

Courses

You can study this unit as part of the [Master of Business Administration](#), [Master of Education](#) or [Master of Engineering Management](#).

Learning outcomes

- Read and interpret financial statements for a business entity
- Analyse and critically evaluate business performance and position using information contained in financial statements
- Analyse business internal accounting information to evaluate working capital management performance of a business
- From cost and revenue data, apply techniques in deciding upon alternative courses of action and implements budgets in decision-making for an organisation
- Choose and organise relevant financial information in deciding the appropriate financing strategy for a business

Assessment

Please refer to the [teaching and assessment breakdown](#) for this unit.

HUMAN RESOURCE MANAGEMENT

Adopt a strategic outlook to human resources (HR) as a whole, and impart visionary plans and processes which will help you become an effective, skilful leader. This unit expands a baseline level of knowledge, introducing you to the aims and goals of HR and its role in business. You will begin to critically evaluate strategies, and assess contemporary issues facing the Asia-Pacific region from a HR perspective. By applying HR to organisational strategy, uncover the internal and external effects of such management on a business environment.

Upon completion, you will have gained research skills through analysis of strategic planning models and processes. You'll be ready to integrate your understanding of strategic human resource management to your own managerial style.

In this unit, you will study:

- Introduction and context for Human Resource Management
- Human resource planning
- Employee relations and industrial relations
- Work design
- Talent attraction
- Talent retention
- Management of performance
- Strategic reward management
- Diversity and workplace health and safety
- Evaluating HRM.

Courses

You can study this unit as part of the [Master of Business Administration](#), [Master of Education](#) or [Master of Project Management](#).

Learning outcomes

- Apply scholarly theory, concepts and practical processes to Strategic Human Resource Management (SHRM)
- Critically analyse the major HR functions, processes and players within an organisational context and appreciation of their role in strategic HR
- Research, analyse and cogently argue appropriate and creative solutions to human resource management issues in academic and workplace genres
- Write an original communication for a specific audience

Assessment

Please refer to the [teaching and assessment breakdown](#) for this unit.

THE POSITIVE LEADER

This unit will prepare you for a bright future in leadership or management, applying the required skills to a global business setting. You will explore a diverse range of leadership styles, and take on a reflective approach to establish your personal strengths and goals.

Your management and leadership abilities will be evaluated through active unit participation, as you apply your skills to various situations. You will study leadership and management theory and its prevalence in the west, while taking a philosophical and political approach to the psychological elements of managing and leading people.

In this unit, you will study:

- Positive leadership models
- How do authentic leadership and psychological capital fit together?
- Providing organisational support for employees: the role of LMX to increase employee outcomes
- Providing individual support for employees: the impact on employees and what organisations can do to increase individual support
- Leadership and change
- The language of positive leadership.

Courses

You can study this unit as part of the [Master of Business Administration](#), [Master of Education](#), [Master of IT Management](#) or [Master of Project Management](#).

Learning outcomes

- Differentiate types of leadership required for developing engaged employees based on awareness and respect of group diversity
- Relate authentic leadership, effective Leader-Member Exchange and management support and the psychological capital of employees based on the recognition and legitimacy of employee group differences
- Run a targeted evidence-based intervention for different types of employees to develop their competency to communicate in a professional setting based on listening to the views of participants and then re-directing the slant of the presentation to meet the needs of specific clientele
- Analyse and reflect upon an intervention to increase employee outcomes using a process of reflecting on how others received the training provided

Assessment

Please refer to the [teaching and assessment breakdown](#) for this unit.

EVALUATION FOR IMPROVED TEACHING AND LEARNING

This unit deals directly with some of the most poignant issues in education of our time. You will gain the knowledge to evaluate approaches to assessment beyond standardised testing. Critically reflect on influence of low socio-economic background on student outcome, as well as the current policies around teacher quality and school improvement.

In this unit, you will study:

- The purposes and methods of data collection and analysis in education
- Utilisation of data to improve teaching and learning
- The data-driven educational environment: NAPLAN, PISA, OECD, My School
- The on-going influence of low socioeconomic status (SES) on student outcomes and the problem of disengagement from schooling
- Critical analysis of accountability policies and practices and alternatives to current approaches
- Leading innovation and continuous improvement in schools. You'll learn how to identify and use data to improve teaching and learning.

Identify which data is most relevant to your aims and how can it be used to help you effectively meet your goals. You'll also deal with critical issues, such as the current emphasis on school, teacher and principal performance. You'll focus on top-down accountability in schooling and develop some alternatives to this approach.

Courses

You can study this unit as part of the [Master of Education](#).

Please note, unit structure and content are subject to change. Contact your SCU Online student advisor on 1300 589 882 for more information based on your particular circumstances.

Learning outcomes

- Demonstrate an understanding of traditional and alternative methods of data collection and analysis to improve teaching and learning, and their respective strengths and weaknesses
- Apply knowledge of appropriate data collection and analysis to specific educational environments
- Critically analyse current educational evaluation agenda, and the concepts of accountability and performance in educational settings, with a view to leading improvement and innovation in evaluation

Assessment

Please refer to the [teaching and assessment breakdown](#) for this unit.

VALUING DIVERSITY

Diversity is so important to education. This unit is designed to consolidate your awareness, knowledge and experience in understanding (and meeting!) learners' diverse needs in educational settings.

In this unit, you will study:

- Human rights, social justice and equity
- How well are our children faring?
- Measuring student wellbeing
- Student achievement and the influence of social, economic and cultural factors
- Inhibiting factors that impact on learner achievement and wellbeing
- Enabling programs that support learner achievement and wellbeing.

Explore issues related to working and teaching in various settings, including contemporary classrooms and social justice settings. Plus, broaden your understanding of cultural, refugee and Indigenous perspectives in local, national and international contexts.

Courses

You can study this unit as part of the [Master of Education](#).

Learning outcomes

- Evaluate local and global data related to diverse learners' needs and the impact this has on their learning outcomes
- Identify and analyse the factors that impact on the learning outcomes of children and young people
- Realise that the development of learner wellbeing influences a sense of belonging and that social and cultural forces shape individual and group identities

Assessment

Please refer to the [teaching and assessment breakdown](#) for this unit.

EDUCATIONAL SUPPORT IN DIFFICULT TIMES

This unit will provide you with the 'front line' professional knowledge and skills required to effectively support children and young people who are experiencing personal difficulties. Learn practical skills to provide students with the educational and emotional support they need.

In this unit, you will study:

- Recognising why and when young people need emotional support
- Theoretical contexts for understanding children's emotional concerns
- Contexts of engaging with children and young people
- Causes of emotional distress
- Responding to children and young people's emotional needs
- The role (and limitations) of 'front line' professionals
- Building self-esteem and promoting resilience
- Identifying appropriate means of providing practical support
- Ethical and legal considerations
- The importance of reflective practice
- Referring to other service providers
- Distinguishing between the need for social and emotional support and issues related to mental health, care and protection
- An overview of relevant services and service models for children needing specialised support
- Theoretical frameworks and therapeutic modalities for counselling and therapy with young people.

Courses

You can study this unit as part of the [Master of Education](#).

Learning outcomes

- Recognise when and why young people might need emotional support
- Discuss the role of 'front-line' professionals in providing emotional support including the relationship between their role and that of other professionals such as counsellors
- Demonstrate appropriate skills in responding to young people experiencing difficulties, crisis or distress
- Recognise which services young people may need to be referred to and how such referrals might be sensitively approached
- Describe a range of the theoretical frameworks and therapeutic models that underpin emotional support services for young people, including different counselling and therapeutic modalities
- Critically evaluate their own interpersonal skills when engaging with children and young people requiring emotional support

Assessment

Please refer to the [teaching and assessment breakdown](#) for this unit.

EDUCATIONAL LEADERSHIP AND WELLBEING

In this unit, you will gain a deeper understanding of the concept of wellbeing in educational contexts. This unit explores the practice of schooling initiatives to support wellbeing and the role of teachers – specifically the school leader – in enabling wellbeing. The learning from this unit can be directly applied to the school setting.

In this unit, you will study:

- What is wellbeing?
- Historical constructs of wellbeing
- Wellbeing in educational contexts
- Exploring the impact of teacher and leader wellbeing on schooling outcomes
- Planning a community approach to enabling wellbeing for all
- Evaluating the impact of a wellbeing approach.

Courses

You can study this unit as part of the [Master of Education](#).

Learning outcomes

- Analyse the principles and concept of wellbeing and apply to educational contexts
- Demonstrate the link between the theory and practice of educational wellbeing and the role of the teacher in enabling student wellbeing and better learning outcomes
- Demonstrate the ability to lead a wellbeing initiative in an educational setting by working collaboratively with a team through the planning and implementation of a group project
- Use peer evaluation to review the impact of the wellbeing project for students, parents, teachers or school leaders

Assessment

Please refer to the [teaching and assessment breakdown](#) for this unit.

ENHANCING STUDENT WELLBEING

This unit focuses on issues related to social and emotional wellbeing, including a person's capacity to function well in society and lead a fulfilling and productive life.

In this unit, you will study:

- Theoretical foundations of children and young people's social and emotional wellbeing
- Supporting and promoting children and young people's social and emotional wellbeing
- Understanding children and young people's experiences of change, loss and grief.

You'll critically examine the concepts of resilience and mental health and develop strategies to facilitate connectedness, belonging, positive expectations and opportunities for meaningful participation. Special focus is placed on children's experiences of change, loss and grief.

Courses

You can study this unit as part of the [Master of Education](#).

Learning outcomes

- Examine notions of social and emotional wellbeing, the continuum of mental health and notions of resilience
- Identify and discuss the causes, indicators and risk factors associated with children's mental health, including issues of change, loss and grief
- Explain the role that schools, community organisations and professions, governments and families play in promoting health
- Critically evaluate a range of health promotion models, strategies, services and resources designed to support health promotion with particular focus on social and emotional wellbeing
- Reflect on ways they can better support children and young people's health within their own professional context

Assessment

Please refer to the [teaching and assessment breakdown](#) for this unit.



YOUR STUDENT SUCCESS ADVISOR

Tes Sampoh Student Success Advisor

Just before you begin your course, one of our Student Success Advisors will be in touch with you via phone, chat or email. They can help plan your study schedule and give you advice while you're studying.

Tes is one of our most experienced advisors. He answered some frequently asked questions about what he does:

What are your responsibilities as a Student Success Advisor?

We work as an extra pair of eyes and ears for a student, ensuring they're on track with their assessments, enrolled in the correct units and don't miss any important dates. Most importantly, we are a listening ear and a motivator, helping students get over the finish line when life gets busy.

The most important part of my role is to support a student from the beginning of their study journey until graduation. I like to think of my role as being a 'one stop shop' for students with non-academic questions about their course, from "How do I get my text books?" to "Is it ok for me to take holidays?"

What are the skills that make a great Student Success Advisor?

I think a desire to really help people is essential. Students start their course with a goal and a certain level of motivation, but this fluctuates as they juggle life's responsibilities and their studies. You need to be able to assist students in a variety of situations and calmly advise them while keeping the student's best interest in mind.

Why do you believe your role is important?

Studying online is still a very new experience for most students. Students feel reassured knowing that they have a dedicated advisor who is there with them from the beginning and can assist them with a variety of enquiries.



[Read more about how our Student Success Advisors help students](#)

HOW TO FIT STUDY INTO YOUR LIFE

Thanks to the convenience and flexibility of online study, completing a degree has never been more achievable.



Set goals and write lists

Make a list of study goals and tick them off when you complete them. Not only will it motivate you and give you a sense of achievement, it will help you feel in control and reduce study stress.



Make use of your downtime

Short study sessions help the synapses in your brain process information much better than lots of information in long sessions. Try setting aside 30 minutes before or after work to dedicate to your study. Chipping away at your studies regularly helps you avoid becoming overwhelmed and work towards achieving your study goals.

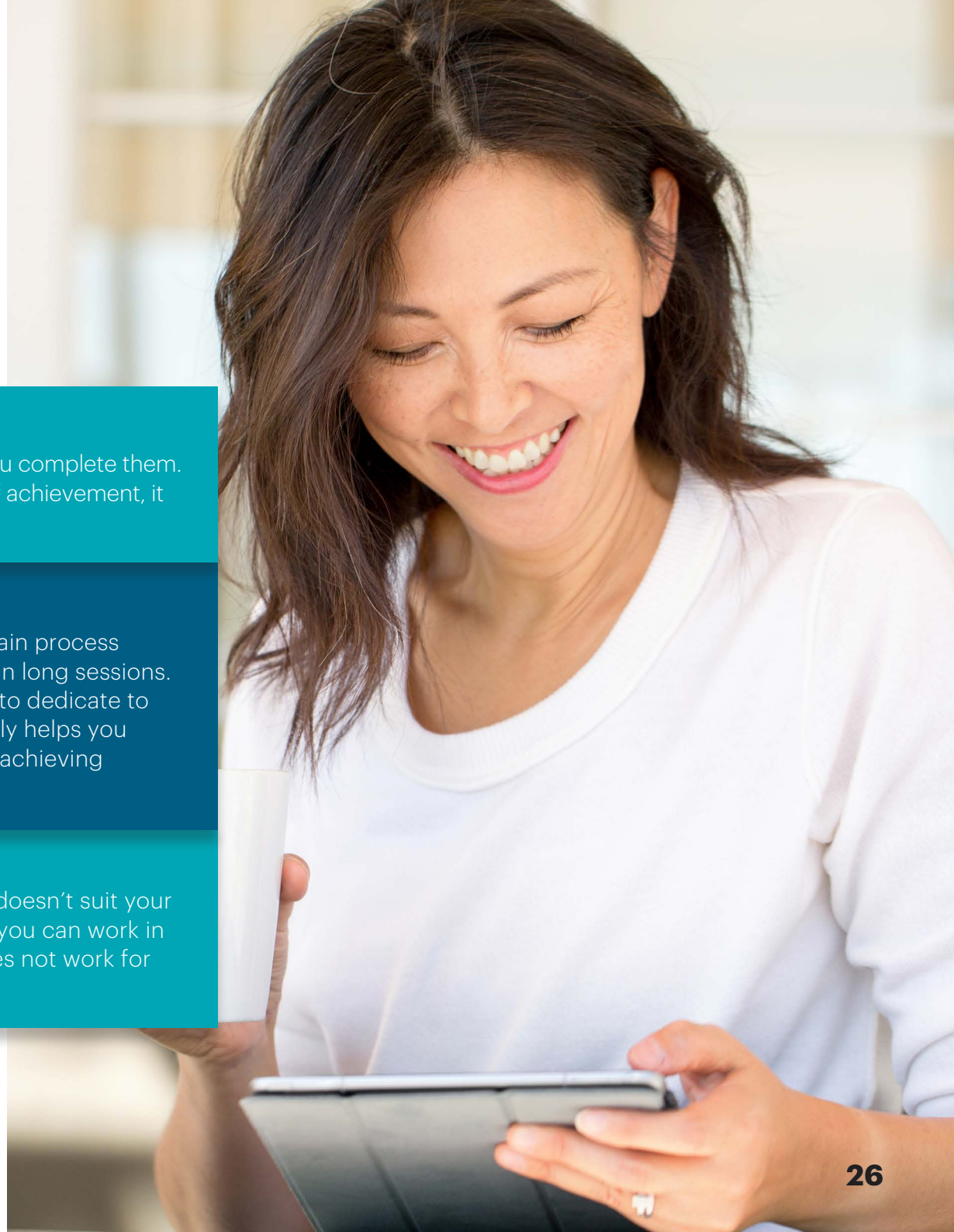


Know your distractions and limit them

If you know that a particular time of day or place doesn't suit your study habits, avoid it. Schedule your time so that you can work in your ideal setting. Be aware of what does and does not work for you, and ensure you stick to it.



[READ MORE TIPS AND TRICKS FOR BEING A SUCCESSFUL ONLINE STUDENT](#)





A DAY IN THE LIFE

Aleasa Brink
Primary School Principal

"I am a wife and mother of one toddler, living in Melbourne, Victoria. I am the Principal of a regional primary school and am currently studying an online Master of Education at Southern Cross University. This degree provides me with great synergy between my work and family life, and complements what I am doing professionally at school."

Student supplied information shows what a **day** in life may look like. We recommend that students commit to 15-20 hours of study **per week** for each unit. This can vary depending on learning style, weekly workload and study habits.

During the week...

6:30am

Wake up, check Blackboard using the app on my phone while I stay snuggled in bed! Respond to messages, check my emails and develop a mental priority list for the day.

8:30am - 3:15pm

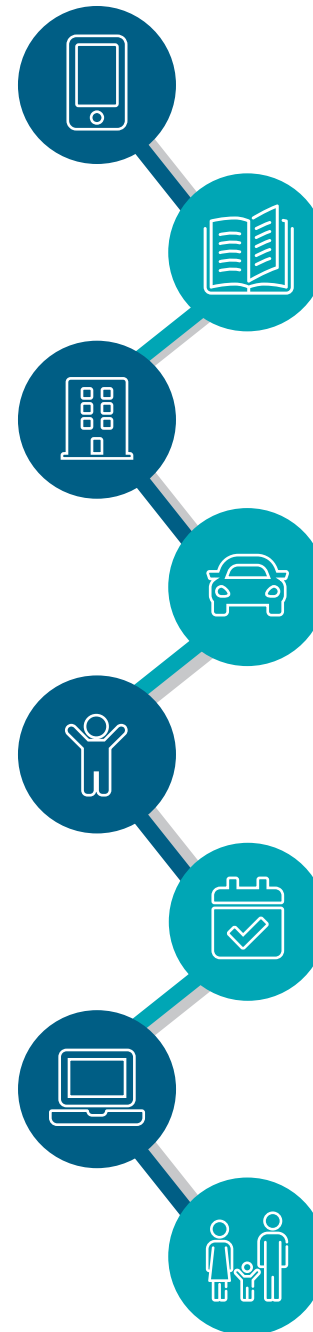
Work time!

4:45pm

Collect my son from daycare

7:30pm - 10:00pm

I use this time to work on assignments. Depending on the complexity, I will sit in the lounge room or I may sit in a quieter place to concentrate. I will also spend some time with my husband chatting, watching TV and relaxing.



8:00-8:30am

Half an hour of study time. Depending on the time within the unit it may be extra readings, completing my weekly content or working on an assignment.

3:15-4:30pm

After school meetings and/or driving home.

10:30pm

Before I go to bed, I check in with the discussion boards and make a rough plan of things I want to achieve the following day.

During the weekend...

Saturday and Sunday

When the weekend comes around, I spend time with my family and dedicate time to study.



A DAY IN THE LIFE

Aly Hill
Middle School Teacher, Foundation
Christian College, Western Australia

“I am really enjoying studying my Master of Education at Southern Cross University Online and having like-minded teachers with whom to share ideas and strategies. The weekly content is relevant and engaging, and easily applicable to my everyday teaching practices. This degree will give me the tools to refine and improve my teaching craft and give me the knowledge required to accept a leadership position in the future.”

Student supplied information shows what a **day** in life may look like. We recommend that students commit to 15-20 hours of study **per week** for each unit. This can vary depending on learning style, weekly workload and study habits.

During the week...

8:00am

Arrive at school, respond to emails, prepare resources for the day.

3:05pm

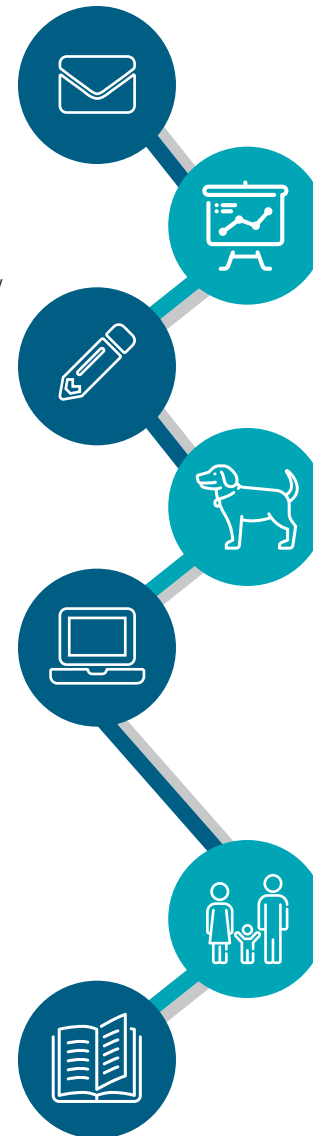
Tidy the classroom. Mark and/or moderate assessments from STEM classes and reflect on the day's lessons with colleagues.

7:00pm

Start online studies for a minimum of 2.5 hours. Some nights, I may only do my weekly readings. Other nights, I might work through the weekly content and write a paragraph for an assignment.

Sunday

Church, household chores and food shopping. I'll also spend some time planning for the following week and devote some time to study. In the evening, it's time for family dinner and a movie with my husband.



8:50am - 3:00pm

School time, where I teach my lessons.

5:15pm

Arrive home, walk puppies, prepare dinner and spend quality time with my husband.

During the weekend...

Saturday

I'll continue to work through weekly content or assignment, (approximately 5 hours) with frequent breaks.

ADMISSIONS



Entry requirements



To qualify for entry to the Master of Education, you must have a four-year Bachelor degree in education from any Australian university or equivalent; or an undergraduate degree and a fourth-year level teaching qualification from any Australian university or equivalent.

Non-standard language admission requirements for international students (IELTS) with an overall score of 7.5 or equivalent.

Please note: you must be a registered teacher to be eligible for this course.

Fees and financial assistance



Unit price: \$2,530*

The government loan scheme that applies to most postgraduate courses is known as FEE-HELP. Australian citizens and Holders of Permanent Humanitarian visa who are residing within Australia are eligible to access FEE-HELP.



Using this program, you can borrow enough money from the Commonwealth Government to cover your course fees. Once your income reaches a certain level, you then begin to pay the loan back via the tax system.

For more information on fees and the FEE-HELP loan, [call us on 1300 589 882](tel:1300589882).

* 2020 domestic student fees are shown and are subject to change. An additional \$30 Student Services Amenities Fee applies to each unit. If you are an International Student, please contact us to discuss your fees.



How to apply

A Student Enrolment Advisor can help determine whether you have the study prerequisites and/or work experience required to gain entry into the degree.

They will give you advice on advanced standing and help you gather all the documents and evidence you'll need to apply, including your CV, transcripts and certificates from any past studies and evidence of your English language skills (if you speak English as a second language).

This publication is a guide to Southern Cross University Online Master of Education. The information set out in this publication is an expression of intent only and should not be taken as a firm offer or undertaking. The information contained in this publication is correct at time of release and the University reserves the right to make alterations to any information contained within this publication without notice. Copyright Southern Cross University December 2020.



Visit online.scu.edu.au/apply



Speak to an enrolment advisor on
1300 589 882:

Monday, Tuesday and Friday

(AEST): 9am – 6pm

Wednesday and Thursday

(AEST): 9am – 7pm

Alternatively, you can **schedule a call**
with one of our advisors today.



Southern Cross University

If you have any questions about the Southern Cross University Online Master of Education, our dedicated Student Enrolment Advisors are here to help.

You can reach them on **1300 589 882** or click below to schedule a call.



SCHEDULE A CALL