The Power of Color: What Does Your Color Say About You?

The COLOR CODE-Taylor Hartman, PhD

The purpose of the profile is to help you identify your personality color (or type), which is the most important step in building accurate selfawareness. www.colorcode.com

Taylor Hartman, Ph.D.

Taylor Hartman, Ph.D. is a native of California and former professor at California State University, Long Beach, and has been coaching businesses and counseling individuals for over 30 years. His work revolves around the simplicity in understanding the unique complexities of personality and relationships.

"The Color Code"

 According to Hartman, there are 4 basic "core" personality colors: Although you will have a "secondary" color that will influence your personality also.
 Red

BlueWhiteYellow

Introduction to the Color Code

Life can be puzzling. Why are some people so easy to love, work for, work with, befriend, while others require constant effort? What part do you play in making the relationships in your life work?

The Assessment

- There are no right or wrong answers to the assessment, so do not be concerned with that.
- Try to be as honest as you can with your answers.
- Add up your scores
- Your highest score will be your "core color."

If there are 3 points or less between your highest color score and your lowest color score; You are a WHITE.

RED Motive-POWER

These are the POWER wielders. Power, the ability to move from point A to point B, and get things done is what motivates and drives these people. They bring great gifts of vision and leadership and generally are responsible, decisive, proactive and assertive.

RED Personalities: Core Motive-POWER

- Seek Productivity
- Need to Look Good to Others
- Want their Own Way
- Selfish
- Workaholics
- Like to be Right
- Want Respect More Than Love
- Appreciate Admiration

- Resist Being Forced to Do Something
- Confident
- Arrogant
- Insensitive
- Value What Gets THEM Ahead
- Visionaries
- Proactive

~REDS~

"Winning isn't everything....It's the ONLY thing!"

Working With A Red DO:

Be Precise Be Factual Be Direct Present Issues Logically Demand Their Attention and Respect Be Productive and Efficient Verbalize Your Feelings Do Your Homework

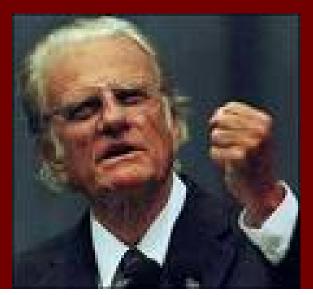
Working With a RED DON'T:

Show Fear

- Don't Ask If You REALLY Don't Want To Know
- Do Not Take Abruptness Personally
- Embarrass Them
- Be Slow and Indecisive
- Be Emotional
- Attack Them Personally

RED Personalities









BLUE Motive-INTIMACY

These are the do-gooders. Intimacy, connecting, creating quality relationships and having purpose is what motivates and drives these people. They bring great gifts of quality and service and are generally loyal, sincere and thoughtful.

BLUE Personalities: Core Motive-Intimacy

- Motivated by Intimacy
- Need to be Understood and Appreciated
- Need to Connect Personally With Others
- Quality-Based
- Loyal
- Love to Serve
- Give Freely
- Dependable

- Have Strong Code of Ethics
- Honest
- Thoughtful
- Worry-Prone
- Moody
- Self-Righteous
- Analytical
- Expect Honesty From Others

~BLUES~

"If you love someone, set them free. If they come back, they're yours: if not, hunt them down and kill them!"

Working With A BLUE DO:

Be Sincere Make Genuine Effort Be Understanding Appreciate Them Be Kind Be Committed Be Loyal Limit Their Risk Level

Working With A Blue DON'T:

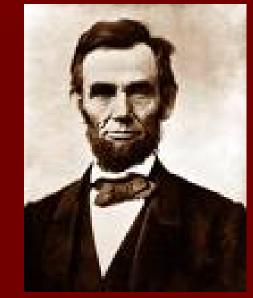
Make Them Feel Guilty BE Rude or Abrupt Promote Too Much Change Abandon Them Demand Perfection Expect Spontaneity Push Them To Make Quick Decisions

BLUE Personalities











WHITE Motive-PEACE

These are the peacekeepers. Peace, or the absence of conflict, is what motivates and drives these people. They bring great gifts of clarity and tolerance and are generally kind, adaptable, good listeners.

WHITE Personalities: Core Motive-PEACE

- Motivated by Peace
- Seek Independence
- Require Kindness
- Resist Confrontation
- Feeling Good is More Important than Being Good
- Quiet by Nature
- Process Deeply
- Objective

- Great Listeners
- Respectful
- Need Alone Time
- Refuse to be Controlled
- Resent Demands
- Don't Easily Reveal Feelings
- Even-Tempered
- Diplomatic
- Silently Stubborn

~WHITES~

" I finally got it together...but I forgot where to put it."

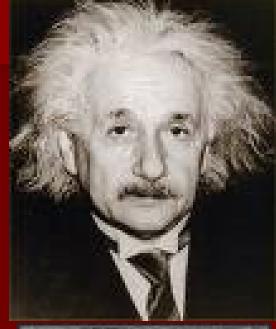
Working With A WHITE DO:

Be Kind Be Accepting and Open Be Supportive Look For NON-VERBAL Clues to Their Feelings Provide Structure Leave Them Alone to Think Listen to Them

Working With A WHITE DON'T

Don't Be Aggressive
Don't Always Expect an Immediate Answer
Be Cruel or Domineering
Demand Conformity
Overwhelm Them
Force Confrontation

WHITE Personalities











YELLOW Motive-FUN

These are the fun lovers. Fun, or the joy of doing something fun just for the sake of doing it, is what motivates and drives these people. They bring great gifts of enthusiasm and optimism and are generally charismatic, spontaneous, and sociable.

YELLOW Personalities: Core Motive-FUN

- Motivated by Fun
- Inviting
- Embrace Life Like a Party
- Extremely Sociable
- Love Playful Interaction
- Highly Persuasive
- Seek Instant Gratification
- Need Adoration
- Crave Adventure
- Curious by Nature
- Spontaneous

- Need to be Praised
- Carefree
- Sensitive
- Alert of Others Agendas
- Good Hearted
- Need to Look Good Socially
- Friendships are High Priority
- Happy
- Engaging of Others

~YELLOWS~

" I get enough exercise just pushing my luck!"

Working With A YELLOW DO:

Be Positive and Upbeat Promote Creative Outlets Be Fun and Light-Hearted Touch Them Physically (we like hugs!!) Accept Their Playful Teasing Allow For Verbal Expression Remember They Hold Feelings Deeply

Working With A YELLOW DON'T:

Don't Try to Control Them Never Tell Them How to Act Ignore Them Demand Perfection Classify Them As Lightweight Forget They Have "Down-Times" Too Be Unforgiving

YELLOW Personalities









What "Color Code" Personalities Make the Best Leaders?

Think about and discuss how each personality type can *exercise* power positively and effectively.

Why do you think knowing a person's core motive matters?