

CHEAT SHEET

The 10 Best Stocks For Options Trading

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Introduction

There are over 7000 stocks in the US and over 4400 of those have options available for trading. So when it comes to options trading which of those 4400 are the best to trade? This is a very important question, because you cannot trade them all and therefore it only makes sense to have a way of zeroing in on the handful of stocks that have consistently provided high probability lower risk trading opportunities and will continue to do so in the future.

I have found through extensive testing that the key criteria for stock selection for option trading purposes includes **high liquidity**, **high beta** and options with **narrow bid ask spreads**.

NOTE: If you're not sure what those terms mean, don't worry. I've also given you complimentary access to my top-selling training guide – *Simple Options Trading For Beginners*. This training guide and video explains everything you need to know about trading options in plain English.

The simple way to quickly find the best of the best that meet the criteria mentioned above is to take the top ten Nasdaq stocks by average daily volume that trade over \$10/share. That's it. Like I said, it's very simple. And while the list will change somewhat overtime, it is only necessary to run this analysis once a month.

Here are the current top ten Nasdaq stocks by average daily volume that trade over \$10 a share as this writing (02-26-16)...

Top 10 Stocks For Options Trading

1. American Airlines (AAL)
2. Apple, Inc. (AAPL)
3. Applied Materials (AMAT)
4. Activision Blizzard, Inc. (ATVI)
5. Comcast Corporation (CMCSA)
6. Cisco Systems, Inc. (CSCO)
7. eBay, Inc. (EBAY)
8. Facebook, Inc. (FB)
9. 21st Century Fox (FOXA)
10. Gilead Sciences (GILD)

Be sure to watch your email for more tips on how to get started with options trading.

Good trading,
Bill Poulos

