

# Chicago Rabbinical Council

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פסח תש"פ / Pesach 2020

## MEDICINES, COSMETICS & TOILETRIES FOR PESACH

This letter refers to *Pesach*-specific concerns; Please consult your Rabbi regarding the use of medicines, cosmetics, and toiletries on *Shabbos* or *Yom Tov*.

### MEDICINES


- All pill or non-chewable tablet medication— with or without *chametz* – that one swallows is permitted. [Candy-coated pills are an exception to this rule, but they are quite uncommon]. Vitamins and food supplements do not necessarily fall into this category, and each person should consult with their Rabbi.
- Liquid and chewable medications that may contain *chametz* should only be used under the direction of a doctor and Rabbi, who will judge the severity of the illness, the likelihood that the medicine contains *chametz*, and the possibility of substituting a swallowable pill.

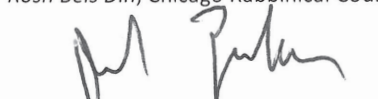
**Important: Do not discontinue use of liquid, chewable or any other medicine without consulting with your doctor and Rabbi.**

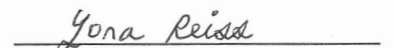
- Liquid and chewable medications that contain *kitnios* may be consumed by someone who is ill. An otherwise healthy person, who would like to consume a liquid or chewable medicine to relieve a minor discomfort, should only do so if the product is known to be free of *kitnios*.

### COSMETICS & TOILETRIES

- All varieties of blush, body soap, conditioners, creams, eye shadow, eyeliner, foundations, ink, lotions, mascara, nail polish, ointments, paint, shampoo, and stick deodorant are permitted for use on *Pesach* – regardless of the ingredients contained within them.
- Many varieties of cologne, liquid deodorants, hairspray, mousse, perfume, shaving lotion, sunscreen, and wipes contain denatured alcohol, and therefore should only be used on *Pesach* if they do not contain alcohol or the alcohol is known to be free of *chametz*. Such products manufactured in the United States may be used, regardless of whether the ingredient list includes denatured alcohol.
- Lipstick, mouthwash and toothpaste which contain *chametz* should not be used.

  
Rabbi Gedalia Dov Schwartz  
Rosh Beis Din, Chicago Rabbinical Council

  
Rabbi Dovid Zucker  
Rosh Kollel, Chicago Community Kollel

  
Rabbi Yona Reiss  
Av Beis Din, Chicago Rabbinical Council

  
Rabbi Shmuel Fuerst  
Dayan, Agudath Israel of Illinois

# MEDICINE AND COSMETICS



## MEDICINE GUIDELINES

The cRc’s general guidelines on medicines, cosmetics and toiletries can be found on page 3 of this guide. The following is a summary of the medicine portion of those guidelines:

All pill or non-chewable tablet medication – with or without *chametz* – that one swallows is permitted. [Candy-coated pills are an exception to this rule, but they are quite uncommon.]

Rav Schwartz Shlit”a has ruled that, as a rule, vitamins do not qualify as medications and are instead treated as food supplements which require *hashgachah* for Pesach. If a doctor prescribes a specific vitamin which does not have Pesach supervision, please review your specific situation with your doctor and Rabbi.

Liquid and chewable medications that may contain *chametz* should only be used under the direction of a doctor and Rabbi, who will judge the severity of the illness, the likelihood that the medicine contains *chametz*, and the possibility of substituting a swallowable pill. **Important: Do not discontinue use of liquid, chewable or any other medicine without consulting with your doctor and Rabbi.**

Liquid and chewable medications that contain *kitnios* may be consumed by someone who is ill.

For laws of taking medicine on *Shabbos* and *Yom Tov*, please consult your Rabbi.

## MEDICINE AND TOILETRY DETAILS

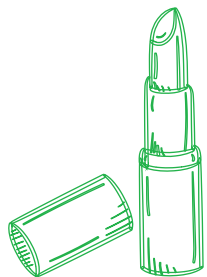
Items marked “Possible *Chametz*” contain edible ingredients whose *chametz*-status we were unable to determine; these items may be permitted for someone who is seriously ill, and

consumers should consult with their Rabbi.

For an expanded and updated list of products, search [www.ASKcRc.org](http://www.ASKcRc.org) or our smartphone apps.



## NEW LIPSTICK INFORMATION



This year, in addition to the extensive list of lipstick brands and varieties in the list below, we’re unveiling a brand-new search feature at [www.cRcKosher.org/lipstick](http://www.cRcKosher.org/lipstick). All you have to do is start typing each ingredient into the search box, and use the handy drop-down list to choose the ingredient in our database. (You can also copy and paste each ingredient from your favorite website.) Click Enter as you continue to build your lipstick component list, and once you’ve included all the ingredients you want to check, just click Submit, and you’ll find out instantly whether your lipstick is approved for Pesach use!

## ALLERGY

- Allegra - Children's Suspension (Liquid)  
.....Possible Chametz
- Claritin - Children's Chewable (Chewable)  
.....Possible Chametz
- Signature Care - 24 Hour Children's Allergy Relief (Liquid)  
.....Possible Chametz
- Zyrtec - Children's Allergy Indoor & Outdoor Allergies (Liquid)  
.....Possible Chametz
- Zyrtec - Children's Dissolve Tabs (Tablet)  
.....Possible Chametz

## ANTACID / DIGESTION / GAS

- Align (Capsule)  
..... Recommended
- Alka Seltzer - Original Effervescent Tabs (Tablet)  
.....Possible Chametz
- Culturelle - Kids (Chewable)  
.....Possible Chametz
- Culturelle - Kids Packets Daily Probiotic (Powder)  
.....Possible Chametz
- Gas X - Extra Strength Cherry Crème (Chewable)  
.....Possible Chametz
- Gas-X - Extra Strength Chewables Cherry Crème (Chewable)  
.....Possible Chametz
- Gaviscon - Extra Strength Cherry (Chewable)  
.....Possible Chametz
- Gaviscon - Extra Strength Original (Chewable)  
.....Possible Chametz
- Imodium AD - (Liquid)  
..... Not Recommended  
(except in cases of severe diarrhea)
- Imodium AD - For Ages 6 & Up (Liquid)  
..... Not Recommended  
(except in cases of severe diarrhea)
- Imodium AD - Multi-symptom Relief Caplets (Caplet)  
..... Recommended
- Kaopectate - Max Peppermint (Liquid)  
.....Possible Chametz
- Kaopectate - Vanilla Regular Flavor (Liquid)  
.....Possible Chametz
- Mylicon - Infants Original Drops (Liquid)  
.....Possible Chametz

- Pepcid - Complete Berry Flavor (Chewable)  
..... Possible Chametz (dairy)
- Pepcid - Complete Cool Mint (Chewable)  
..... Possible Chametz (dairy)
- Pepto Bismol - 5 Symptom Relief (Caplet)  
..... Recommended
- Pepto Bismol - 5 Symptom Relief Cherry (Liquid)  
.....Possible Chametz
- Pepto Bismol - 5 Symptom Relief (Chewable)  
.....Possible Chametz
- Pepto Bismol - Children's Pepto Bubble Gum Flavor (Chewable)  
.....Possible Chametz
- Pepto Bismol - Ultra (Liquid)  
.....Possible Chametz
- Prilosec OTC - Wildberry Flavor - Non-Chewable (Tablet)  
..... Recommended
- Tums Assorted Varieties (Chewable)  
.....Possible Chametz

## BLUSH

All are recommended

## BODY SOAP

All are recommended

## COLOGNE

Only recommended if free of (denatured) alcohol or if manufactured in the United States

## COUGH, COLD & FLU

- Alka Seltzer - Plus Cold Effervescent Tabs (includes Night Cold Formula) (Tablet)  
.....Possible Chametz
- Alka Seltzer - Plus Severe Cold & Flu Formula (Effervescent Tablet)  
.....Possible Chametz
- Delsym - 12 Hour Cough Relief - Orange Flavor (Liquid)  
.....Possible Chametz
- Delsym - Children's 12 Hour Cough (Liquid)  
.....Possible Chametz
- Little Remedies - Honey Cough Syrup (Liquid)  
.....Possible Chametz
- Mucinex - Cough Mini-Melts for Kids (Dissolving Granules)  
.....Possible Chametz
- Theraflu - Multi-Symptom Severe Cold (Packet)  
.....Possible Chametz

## COUGH, COLD & FLU *continued*

Thera-Flu - Nighttime Severe Cold and Cough (Powder)	Possible Chametz
Triaminic - Children's Nighttime Cold and Cough (Liquid)	Not Recommended
Triaminic - Day Time Cold and Cough (Liquid)	Not Recommended
Vick's - DayQuil Cough (Liquid)	Possible Chametz
Vicks - Nyquil Cough (Liquid)	Possible Chametz
Vicks - Nyquil Liquid Cold and Flu (Liquid)	Possible Chametz
Zarbee's - Children's Nighttime Cough Syrup (Liquid)	Possible Chametz
Zarbee's - Naturals Children's Cough Syrup (Liquid)	Possible Chametz
Zicam - Cold Remedy RapidMelts (Tablet)	Possible Chametz
Zicam - RapidMelts Ultra (Tablet)	Possible Chametz

## CREAMS

All are recommended

## DEODORANT

Gel	All are recommended
Liquid	Recommended if free of (denatured) alcohol or if manufactured in the United States
Spray	Recommended if free of (denatured) alcohol or if manufactured in the United States

## FIBER SUPPLEMENTS

see *Laxatives*

## FEVER REDUCER / PAIN RELIEF

CVS - Adult Pain Reliever - NOT dye free (Liquid)	Possible Chametz *Check with doctor for children's dosage
Midol Complete (Caplet)	Recommended
Signature Care - Junior Strength Ibuprofen (Chewable)	Recommended
Tylenol - Children's Chewables (Chewable)	Possible Chametz

Tylenol - Children's Dissolve Packs (Powder)	Possible Chametz
Walgreens - Adult Pain Reliever - NOT dye free (Liquid)	Possible Chametz *Check with doctor for children's dosage
Walgreens - Junior Strength Ibuprofen 100 Chewable Tablets (Chewable)	Recommended

## GAS

see *Antacid/Digestion/Gas*

## HAIRSPRAY AND MOUSSE

Recommended if free of (denatured) alcohol or if manufactured in the United States

## INDIGESTION

see *Antacid/Digestion/Gas*

## LAXATIVES / FIBER SUPPLEMENTS

Benefiber - Powder (Powder)	Chametz, Not Recommended
Benefiber - Stick Packs (Powder)	Chametz, Not Recommended
Citrucel (Caplet)	Recommended
Dulcolax - Overnight Relief (Tablet)	Recommended
Dulcolax (Suppository)	Recommended
Epsom Salt (pure) - Generic or Branded versions (Powder)	Recommended
Ex-Lax (Tablet)	Recommended
Fibercon (Caplet)	Recommended
Metamucil - 4 in 1 Fiber with Real Sugar Unflavored (Powder)	Recommended
Miralax (Powder)	Recommended
Pedia-Lax (Suppository)	Recommended
Peri-Colase (Tablet)	Recommended
Phillips Milk of Magnesia (Caplet)	Recommended

## LAXATIVES / FIBER SUPPLEMENTS *continued*

Phillips Milk of Magnesia - Unflavored (Liquid)	Recommended
Prunelax Ciruelax (Tablet)	Recommended
Senokot (Tablets)	Recommended
Senokot-S (Tablet)	Recommended
Walgreens - Mineral Oil (Liquid)	Recommended

## LIPSTICK

See new lipstick feature - details on page 77

### ALMAY

Goddess Gloss	Recommended
Lip Vibes Lipstick	Recommended
Smart Shade Butter Kiss Lipstick	Recommended

### BARE MINERALS

Barepro Longwear Lipstick Slim Matte Lipstick	Recommended
Gen Nude Matte Liquid Lipstick	Recommended
Gen Nude Radiant Lipstick	Recommended
Statement Matte Liquid Lipstick	Recommended

### BOBBI BROWN

Crushed Lip Color	Recommended
Crushed Liquid Lip	Recommended
Lip Color	Recommended
Luxe Lip Color	Recommended
Luxe Liquid Lip Velvet Matte	Recommended
Luxe Matte Lip Color	Recommended

Luxe Shine Intense Lipstick	Recommended
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### CHANEL

Rouge Allure Ink Fusion Beige Naturel Ultrawear Intense Matte Liquid Lip Colour	Recommended
Rouge Allure Ink Fusion Berry Ultrawear Intense Matte Liquid Lip Colour	Recommended
Rouge Allure Ink Fusion Mauvy Nude Ultrawear Intense Matte Liquid Lip Colour	Recommended
Rouge Allure Ink Fusion Pink Brown Ultrawear Intense Matte Liquid Lip Colour	Recommended
Rouge Allure Ink Fusion Vibrant Pink Ultrawear Intense Matte Liquid Lip Colour	Recommended
Rouge Allure Rouge Délicieux Luminous Intense Lip Colour	Recommended
Rouge Allure Rouge Magnifique Luminous Intense Lip Colour	Recommended
Rouge Allure Rouge Majestueux Luminous Intense Lip Colour	Recommended
Rouge Allure Rouge Noble Luminous Intense Lip Colour	Recommended
Rouge Allure Rouge Spectaculaire Luminous Intense Lip Colour	Recommended
Rouge Allure Rouge Splendide Luminous Intense Lip Colour	Recommended
Rouge Allure Velvet Extrême Éternel Intense Matte Lip Colour	Recommended
Rouge Allure Velvet Extrême Extrême Intense Matte Lip Colour	Recommended
Rouge Allure Velvet Extrême Impressive Intense Matte Lip Colour	Recommended
Rouge Allure Velvet Extrême Muted Fuchsia Intense Matte Lip Colour	Recommended
Rouge Coco Flash Bohème Hydrating Vibrant Shine Lip Colour	Recommended
Rouge Coco Flash Désir Hydrating Vibrant Shine Lip Colour	Recommended

### CLINIQUE

Almost Lipstick	Recommended
Clinique Pop Glaze Sheer Lip Colour + Primer	Not Recommended

**LIPSTICK (CLINIQUE) continued**

- Clinique Pop Lacquer Lip Colour + Primer  
..... Recommended
- Clinique Pop Lip Colour + Primer  
..... Not Recommended
- Clinique Pop Matte Lip Colour + Primer  
..... Recommended
- Dramatically Different Lipstick Shaping Lip Colour  
..... Recommended
- Dramatically Different Lipstick Shaping Lip Colour  
..... Recommended

**DIOR**

- Addict Lacquer Stick  
..... Recommended
- Addict Stellar Shine  
..... Recommended
- Rouge Dior  
..... Recommended
- Rouge Dior Liquid  
..... Recommended
- Rouge Dior Ultra Care  
..... Recommended
- Rouge Dior Ultra Care Liquid  
..... Recommended

**ELF**

- Beauty Shield Lipstick  
..... Recommended
- Day to Night Lipstick Duo  
..... Recommended
- Essential Lipstick  
..... Recommended
- Lip Balm Tint  
..... Recommended
- Lip Definer & Shaper  
..... Recommended
- Lip Exfoliator  
..... Recommended
- Lip Kiss Balm  
..... Recommended
- Lip Lacquer  
..... Recommended
- Lip Liner  
..... Recommended

- Lip Lock Crayon  
..... Recommended
- Lip Plumping Gloss  
..... Recommended
- Lock On Lip Primer  
..... Recommended
- Luscious Liquid Lipstick  
..... Recommended
- Matte Lip Color  
..... Recommended
- Moisturizing Lipstick  
..... Recommended
- Pout Perfecter Glow  
..... Recommended
- Radiant Gel Lip Stain  
..... Recommended
- Sheer Matte Liquid Lipstick  
..... Recommended
- Tinted Lip Oil  
..... Recommended
- Velvet Matte Lipstick  
..... Recommended

**ESTEE LAUDER**

- Pure Color Envy Hi-Lustre Light Sculpting Lipstick  
..... Not Recommended
- Pure Color Envy Metallic Matte Sculpting Lipstick  
..... Recommended
- Pure Color Envy Sculpting Lipstick  
..... Not Recommended
- Pure Color Envy Sheer Matte Sculpting Lipstick  
..... Not Recommended
- Pure Color Love Lipstick  
..... Recommended

**GIORGIO ARMANI**

- Lip Magnet Liquid Lipstick  
..... Possible *Chametz*
- Rouge D'Armani Matte Lipstick  
..... Recommended

**L'OREAL**

- Colour Riche Shine Lipstick  
..... Recommended

**LIPSTICK (L'OREAL) continued**

- Colour Riche La Lacque Lip Pen  
..... Recommended
- Colour Riche Lipcolour  
..... Recommended
- Colour Riche Matte Lipstick  
..... Recommended
- Colour Riche Plump & Shine Sheer Lipstick  
..... Possible *Chametz*
- Infallible Pro-Matte Liquid Lipstick  
..... Recommended
- Rouge Signature Lasting Matte Liquid Lipstick  
..... Possible *Chametz*

**LANCÔME**

- Color Design  
..... Recommended
- Color Design Nude Lip Set  
..... Recommended
- Color Design Red Lip Set  
..... Recommended
- L'Absolu Lacquer Gloss  
..... Possible *Chametz*
- L'Absolu Lacquer X Chiara Ferragni  
..... Possible *Chametz*
- L'Absolu Lacquer X Chiara Ferragni  
..... Recommended
- L'Absolu Rouge Holiday Edition  
..... Recommended
- L'Absolu Rouge Hydrating Lipstick  
..... Recommended
- L'Absolu Rouge Ruby Cream Lipstick  
..... Recommended

**MARC JACOBS BEAUTY**

- Enamored Dazzling Gloss Lip Lacquer  
..... Recommended
- Enamored Hi-Shine Lip Lacquer Lipgloss  
..... Recommended
- Enamored Hydrating Lip Gloss Stick  
..... Recommended
- Le Marc Lip Crème Lipstick  
..... Recommended
- Poutliner Longwear Lip Liner Pencil  
..... Recommended

**MAYBELLINE**

- Lip Studio Electric Shine Prismatic Lip Gloss Makeup  
..... Recommended
- Lip Studio Glitter Fix Glitter Lip Gloss Makeup  
..... Recommended
- Superstay Ink Crayon Lipstick Matte Longwear Lipstick  
Makeup..... Recommended

**REVLON**

- Colorstay Ultimate Suede Lipstick  
..... Recommended
- HD Ultra Matte Lipcolor  
..... Recommended
- Matte Is Everything By Super Lustrous  
..... Recommended
- Super Lustrous Lipstick  
..... Recommended

**ULTA3**

- Lip Gloss  
..... Recommended
- Matte Lipstick  
..... Recommended
- Moisturizing Lipstick  
..... Recommended

**URBAN DECAY**

- Vice Lipstick 1993 Comfort Matte  
..... Recommended
- Vice Lipstick 69 Cream  
..... Recommended
- Vice Lipstick 714 Mega Matte  
..... Recommended
- Vice Lipstick Accident (Metallized)  
..... Recommended
- Vice Lipstick Brat (Sheer)  
..... Recommended
- Vice Lipstick Broken (Sheer Shimmer)  
..... Recommended
- Vice Lipstick Naked Heat Capsule Collection  
..... Recommended

**WET N WILD**

- Color Icon Lipliner  
..... Recommended

## LIPSTICK (WET N WILD) *continued*

Crystal Cavern Mega Glo Lip Gloss	Recommended
Fantasy Makers Megalast Liquid Catsuit High-Shine- Vampire's Juice Box	Recommended
Megalast Lip Color	Recommended
Megalast Liquid Catsuit Matte Lipstick	Recommended
Megalast Liquid Lip Color	Recommended
Megaslicks Lip Gloss	Recommended
Naked Protest Velvet Matte Lip Color	Recommended
Perfect Pout Jelly Balm	Recommended
Perfect Pout Lip Color	Recommended
Perfect Pout Ombre Lip Wand	Recommended
Silk Finish Lipstick	Recommended
Snowmelt Lip Powder	Recommended

## LOTIONS

All are recommended

## MASCARA

All are recommended

## MISCELLANEOUS

Asthma Inhalers, all types - (Liquid Vapor)	Recommended
Bayer - Low Dose Baby Aspirin Chewables (Chewable)	Possible <i>Chametz</i>
Bonine - Complete (Chewable)	Possible <i>Chametz</i> (dairy)
Chapstick - Classic Cherry, Strawberry, Spearmint	Recommended
Chapstick - Classic Original	Recommended
Culturelle - Digestive Health Women's Healthy Balance (Capsule)	Recommended

Dramamine (Chewable)	Possible <i>Chametz</i>
Ensure - Assorted Nutritional Supplements	See <i>Nutritional Supplement Listings</i>
Femcon - Fe (brown and white pills) (Chewable)	Possible <i>Chametz</i> (dairy)
Fixodent - Extra Hold (Powder)	Recommended
Fixodent - Original (Cream)	Recommended
Floss - Flavored	Possible <i>Chametz</i>
Floss - Unflavored, including waxed	Recommended
Kanka - Mouth Pain (Liquid)	Possible <i>Chametz</i>
Listerine PocketPaks - Assorted Varieties (Dissolving strip)	Not Recommended
NoDoz - Alertness Aid (Tablet)	Recommended
Polident - 3 Minute (Tablet)	Possible <i>Chametz</i>
Polident - Overnight Whitening (Tablet)	Possible <i>Chametz</i>
Polygrip - Free (Cream)	Recommended
Polygrip - Original (Cream)	Recommended
Probiotics (Powders, Liquids, Gelcaps)	Need certification
Probiotics (Pills)	No certification needed
St. Joseph - 81mg Chewable Aspirin (Chewable)	Possible <i>Chametz</i>
Unisom - PM Pain SleepCap (Caplet)	Recommended
Unisom - SleepMelts (Meltaway)	Possible <i>Chametz</i>
Unisom - SleepTab (Tablet)	Recommended
Vicks - ZzzQuil (Liquid)	Possible <i>Chametz</i>
Vivarin (Tablet)	Recommended



## MOUSSE

see Hairspray and Mousse

## MOUTHWASH

Only recommended if known to be *chametz*-free

Adwe - Mouthwash (Assorted Varieties)  
..... Recommended

## NAIL POLISH

All are recommended

## OINTMENTS

All are recommended

## PERFUME

Recommended if free of (denatured) alcohol  
or if manufactured in the United States

## SHAMPOO

All are recommended

## SHAVING CREAM

Cream  
..... All are recommended

Gels  
..... All are recommended

Liquid  
..... Recommended if free of (denatured) alcohol  
or if manufactured in the United States

Lotion  
..... All are recommended

## TOOTHPASTE

Only recommended if known to be *chametz*-free

## VITAMINS

See Guidelines Above

## WIPES

Recommended if free of (denatured) alcohol or if  
manufactured in the United States

The cRc investigates the kosher status of **medicinal items** for Pesach and year-round (See our website at <http://bit.ly/OTCList>, by searching at [www.ASKcRc.org](http://www.ASKcRc.org), or our app.) If you have a question about something not listed there, feel free to take a picture of all sides of the package, making sure to also include the active and inactive ingredients, and send it to [info@crcweb.org](mailto:info@crcweb.org), so someone can help you.

In addition of proving a wealth of **kashrus information** on our websites and apps, the cRc is happy to answer questions submitted by members of the community. Often, these questions require time and effort to research and make sure we are providing accurate and up-to-date information; serving the public is our mission and we are happy to make that effort. Occasionally, someone eager for an answer will direct the same question to several members of our *kashrus* team, not realizing that all of them may wind up spending time researching the very same question, which reduces the number of questions from the public that we field during that time. Therefore, we ask that questions be submitted only to one member of our *kashrus* team. Thank you for being considerate with our time and resources and helping us to better serve the community.

**PESACH PREPARATION CAN BE OVERWHELMING.  
CARING FOR CHILDREN CAN BE OVERWHELMING.**

*Yet, both need our attention!*

Try to give adequate attention to Pesach preparations AND to the needs of our children.  
For every hour you prepare for Pesach, spend 10 minutes listening and talking to your children.

**BigTalks**

Brought to you by Rabbi Shmuel Tenenbaum MS Marriage, Family and Child Therapy  
773.828.3835 [www.thetalk.as.me](http://www.thetalk.as.me)