



THE LIFE PASSION

QUIZ

Find Out Your Personal Score

live**bold**•bloom

THE LIFE PASSION QUIZ

Review the statements below, and assign the best number to each statement. You can type your numbers directly on this quiz. At the end of the quiz, add the numbers for your total score.

SCORING

- 0 — never
- 1 — infrequently
- 2 — sometimes
- 3 — often
- 4 — always

I feel restless, bored, or tired in my life or work.

I don't feel like I'm living up to my fullest potential.

I know there's more to life than this, but I have no idea how to find it.

There are pursuits that interest me, but I'm not sure how to find out if they're my life passion.

I feel like I'm living inauthentically.

I really hate my job, but I feel stuck and can't afford to leave.

I had dreams of doing something else with my life, but somehow I got sidetracked.

Every time I think about making a change in my life or work, I am full of doubt and confusion.

I long to do something more meaningful and fulfilling in my life.

I've made major life decisions simply to please other people.

I feel so drained at the end of the day, I don't have energy for hobbies or relationships.

I rarely wake up feeling excited and enthusiastic about the day ahead.

I'm not sure what my life values are or whether or not I'm living in alignment with them.

I don't know how I'll ever afford to make a change in my life.

People around me frequently tell me I'm really good at something that has nothing to do with my job.

I feel like a fish out of water around the people I work with.

If I could start over again with college and my career, I'd do it all differently.

My life is so busy and full, I don't know how I'd find the time to pursue my passion.

I'm not ready to leave my job, but I still wish I felt more passionate in life.

I don't have any real clear sense of direction in my life.

YOUR SCORE:

0-30

Congratulations You are already living a full and passionate life. You feel connected and inspired by your work, and you have a solid level of inner fulfillment and life satisfaction. Pay attention to any statements where you scored yourself a 2 or higher. These are areas where you might want to buff up your life passion or work toward gaining more clarity and self-awareness. Living your passion is an ongoing journey that requires fine tuning and regular reassessment.

31-45

Your life is going pretty well, but you aren't living passionately. Maybe you've found your passion, but you don't know how to live it or how to make a living from it. Or maybe your job or your lifestyle isn't terrible, but you know there's something more exciting, more fulfilling, and more authentic out there for you. Part of your difficulty is doubt and confusion. You aren't sure what to do first or how to affect real change without encountering negative consequences. And you don't know how to begin finding out. You want more. You want to upgrade your life, but you need support and guidance.

46-60

You are really struggling with your life, your work, and your future. You aren't happy, but you feel stuck and have no idea how to get unstuck. There are some things working OK with your life, but you lose enjoyment in those things because you can't stop thinking about how much you long for something better. You sometimes feel depressed about your situation, and you see it's affecting your energy, your motivation, and your relationships. You don't know what to do, and sometimes you feel like giving up on finding your passion.

61-80

Life is not at all what you want it to be. You're in a job you hate. You feel unhappy most of the time, and you are so busy and exhausted you don't know how you'll get off the gerbil wheel. Thinking about a life passion almost feels indulgent. Sometimes it seems like you are just trying to get through the day, pay the bills, and manage your responsibilities. You dream of going back in time and starting over, but you aren't really sure what you would do. You've lost touch with who you are and any dreams you once had.

YOUR RESULTS

Was your passion score where you want it to be? If not, you owe it to yourself, your family, and to the world to uncover your passion and find joy and fulfillment in your life. Remember, life is short, and it seems shorter with every passing year. Will you look back on your life now in ten years and regret that you didn't do something to live a more passionate, purposeful life?

Regardless of where you are in your life passion pursuit, you CAN turn things around. With the right tools, you can learn more about who you are, what you want, and what's holding you back. Armed with that information, you can be the architect of a new vision for your life and the general contractor of building that life from the ground up.

There is a way to build your new life without compromising your financial security, your relationships, or even your current job if you can't leave it right now. You can make incremental changes that add up to more motivation, more energy, more enthusiasm, and eventually a passionate new life entirely.

THE GOOD NEWS

By registering for this assessment, you've joined a community of thousands of people just like you who want to find their life passions and live with purpose and joy. My mission is to provide tons of useful, actionable free information to share what I've learned as a life passion coach and course instructor. You'll have access to dozens of articles, case studies, and videos on how to find your passion, as well as strategies for making it real in your life. I sincerely hope you'll be an active part of this wonderful group of passion-seekers

NEED EXTRA SUPPORT?

Need Extra Support? If you need more direction and action steps to uncover and live your passion, grab your copy of, **The Life Passion Mindset: 6 Surprising Lies Keeping You From The Life You Deserve**. Learn what's blocking you from your passion and how to get unstuck so you can finally do what you love without risking it all. Only \$6 for a limited time (\$39 value).

[GET YOUR COPY NOW!](#)



