

# REQUIRED NYS SCHOOL HEALTH EXAMINATION FORM

TO BE COMPLETED IN ENTIRETY BY PRIVATE HEALTH CARE PROVIDER OR SCHOOL MEDICAL DIRECTOR

**Note:** NYSED requires a physical exam for new entrants and students in Grades Pre-K or K, 1, 3, 5, 7, 9 & 11; annually for interscholastic sports; and working papers as needed; or as required by the Committee on Special Education (CSE) or Committee on Pre-School Special education (CPSE).

## STUDENT INFORMATION

Name: \_\_\_\_\_ Sex: \_\_\_ M \_\_\_ F DOB: \_\_\_\_\_  
 School: \_\_\_\_\_ Grade: \_\_\_\_\_ Exam Date: \_\_\_\_\_

## HEALTH HISTORY

**Allergies:** \_\_\_ No \_\_\_ Medication/Treatment Order Attached \_\_\_ Anaphylaxis Care Plan Attached  
 \_\_\_ Yes, indicate type \_\_\_ Food \_\_\_ Insects \_\_\_ Latex \_\_\_ Medication \_\_\_ Environmental

**Asthma:** \_\_\_ No \_\_\_ Medication/Treatment Order Attached \_\_\_ Asthma Care Plan Attached  
 \_\_\_ Yes, indicate type \_\_\_ Intermittent \_\_\_ Persistent \_\_\_ Other: \_\_\_\_\_

**Seizures:** \_\_\_ No \_\_\_ Medication/Treatment Order Attached \_\_\_ Seizure Care Plan Attached  
 \_\_\_ Yes, indicate type \_\_\_ Type: \_\_\_\_\_ Date of last seizure: \_\_\_\_\_

**Diabetes:** \_\_\_ No \_\_\_ Medication/Treatment Order Attached \_\_\_ Diabetes Medical Mgmt. Plan Attached  
 \_\_\_ Yes, indicate type \_\_\_ Type 1 \_\_\_ Type 2 HgbA1c results: \_\_\_\_\_ Date Drawn: \_\_\_\_\_

**Risk Factors for Diabetes or Pre-Diabetes:**

*Consider screening for T2DM if BMI% > 85% and has 2 or more risk factors: Family Hx T2DM, Ethnicity, Sx Insulin Resistance, Gestational Hx of Mother; and/or pre-diabetes.*

**BMI** \_\_\_\_\_ kg/m2 Percentile (Weight Status Category): \_\_\_ <5<sup>th</sup> \_\_\_ 5<sup>th</sup>-49<sup>th</sup> \_\_\_ 50<sup>th</sup>-84<sup>th</sup> \_\_\_ 85<sup>th</sup>-94<sup>th</sup> \_\_\_ 95<sup>th</sup>-98<sup>th</sup> \_\_\_ 99<sup>th</sup> and <

**Hyperlipidemia:** \_\_\_ No \_\_\_ Yes **Hypertension:** \_\_\_ No \_\_\_ Yes

## PHYSICAL EXAMINATION/ASSESSMENT

**Height:** \_\_\_\_\_ **Weight:** \_\_\_\_\_ **BP:** \_\_\_\_\_ **Pulse:** \_\_\_\_\_ **Respirations:** \_\_\_\_\_

TESTS	Positive	Negative	Date
PPD / PRN			
Sickle Cell Screen/PRN			

Lead Level- Test Done <small>Required Grades PreK and K</small>	Lead Elevated <small>&gt;10 µg/dL</small>	Date

### Other Pertinent Medical Concerns

One Functioning: \_\_\_ Eye \_\_\_ Kidney \_\_\_ Testicle  
 \_\_\_ Concussion –Last Occurrence: \_\_\_\_\_  
 \_\_\_ Mental Health: \_\_\_\_\_  
 \_\_\_ Other: \_\_\_\_\_

\_\_\_\_\_ **System Review and Exam Entirely Normal**

**Check Any Assessment Outside Normal Limits And Note Below Under Abnormalities**

\_\_\_ HEENT \_\_\_ Dental \_\_\_ Neck \_\_\_ Lungs \_\_\_ Skin \_\_\_ Back/Spine \_\_\_ Musculoskeletal  
 \_\_\_ Genitourinary \_\_\_ Neurological \_\_\_ Lymph nodes \_\_\_ Abdomen  
 \_\_\_ Cardiovascular \_\_\_ Extremities \_\_\_ Speech \_\_\_ Social Emotional \_\_\_

Assessment/Abnormalities Noted/Recommendations	Diagnoses/Problems (list)	ICD-10 Code

\_\_\_ **Additional Information Attached**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

**SCREENINGS**

Vision	Right	Left	Referral	Notes
Distance Acuity	20/	20/	___ Yes ___ No	
Distance Acuity With Lenses	20/	20/		
Vision – Near Vision	20/	20/		

Vision – Color \_\_\_ Pass \_\_\_ Fail

Hearing	Right dB	Left dB	Referral	Notes
Pure Tone Screening			___ Yes ___ No	

Scoliosis	Negative	Positive	Referral	Notes
Required for boys grade 9 and girls grades 5 & 7			___ Yes ___ No	

Deviation Degree: \_\_\_\_\_ Trunk Rotation Angle: \_\_\_\_\_

Recommendations: \_\_\_\_\_

**RECOMMENDATIONS FOR PARTICIPATION IN PHYSICAL EDUCATION/SPORTS/PLAYGROUND/WORK**

\_\_\_ Full Activity without restrictions including Physical Education and Athletics.

\_\_\_ Restrictions/Adaptations - Use the Interscholastic Sports Categories (below) for Restrictions or modifications

\_\_\_ No Contact Sports - Includes: baseball, basketball, competitive cheerleading, field hockey, football, ice hockey, lacrosse, soccer, softball, volleyball, and wrestling

\_\_\_ No Non-Contact Sports - Includes: archery, badminton, bowling, cross-country, fencing, golf, gymnastics, rifle, Skiing, swimming and diving, tennis, and track & field

\_\_\_ Other Restrictions: \_\_\_\_\_

\_\_\_ Developmental Stage for Athletic Placement Process ONLY

Grades 7 & 8 to play at high school level OR Grades 9-12 to play middle school level sports

Student is at Tanner Stage: \_\_\_ I \_\_\_ II \_\_\_ III \_\_\_ IV \_\_\_ V

\_\_\_ Accommodations: Use additional space below to explain

\_\_\_ Brace\*/Orthotic      \_\_\_ Colostomy Appliance\*      \_\_\_ Hearing Aids  
 \_\_\_ Insulin Pump/ Sensor\*      \_\_\_ Medical/Prosthetic Device\*      \_\_\_ Pacemaker/Defibrillator\*  
 \_\_\_ Protective Equipment      \_\_\_ Sport Safety Goggles      \_\_\_ Other: \_\_\_\_\_

\*Check with athletic governing body if prior approval/form completion required for use of device at athletic competitions.

Explain: \_\_\_\_\_

**MEDICATIONS**

\_\_\_ Order Form for Medication(s) Needed at School attached

List medications taken at home: \_\_\_\_\_

**IMMUNIZATIONS**

\_\_\_ Record Attached      \_\_\_ Reported in NYSIS      Received Today \_\_\_ Yes \_\_\_ No

**HEALTH CARE PROVIDER**

Medical Provider Signature: \_\_\_\_\_

Provider Name: (please print) \_\_\_\_\_

Provider Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Date: \_\_\_\_\_

Stamp

**Please return this form to your child's school when entirely completed**