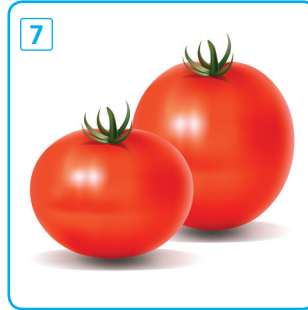


# Food

## Worksheet 21

Look at the pictures. Can you say the words?



Look at the words. Write the number.

- |                  |                  |
|------------------|------------------|
| a potatoes ..... | e apples .....   |
| b bread .....    | f rice .....     |
| c coffee .....   | g tea .....      |
| d fish .....     | h tomatoes ..... |

Write the words again. Look, say, cover, write, check.

- |                |                  |
|----------------|------------------|
| 1 tea .....    | 5 fish .....     |
| 2 coffee ..... | 6 potatoes ..... |
| 3 bread .....  | 7 tomatoes ..... |
| 4 rice .....   | 8 apples .....   |

Write about you.

**Look!**

I like tea.  
I don't like apples.

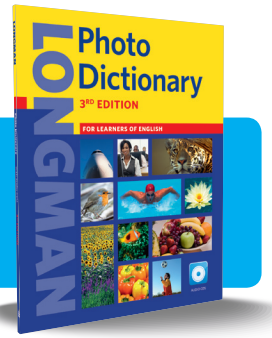
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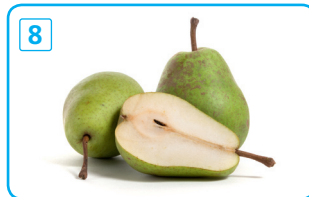
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# Food

## Worksheet 22

Look at the pictures.  
How many words do you know? Tell your partner.



Now check in the *Longman Photo Dictionary*. Write the words.

- |         |         |          |
|---------|---------|----------|
| 1 ..... | 5 ..... | 9 .....  |
| 2 ..... | 6 ..... | 10 ..... |
| 3 ..... | 7 ..... | 11 ..... |
| 4 ..... | 8 ..... | 12 ..... |

What fruit and vegetables do you like? Tell your partner.

I like carrots.

I don't like apples.

**Look!**

- one potato – two potato**es**
- one tomato – two tomato**es**
- one peach – two peach**es**
- one strawberry – two strawberr**ies**
- I like apples.
- I don't like bananas.
- I like apples **and** oranges.
- I like apples, oranges **and** pears.

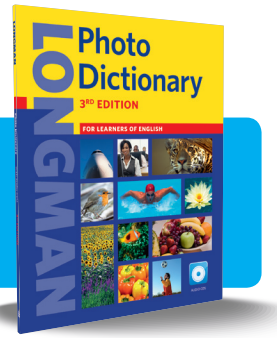
Write some sentences about what you like and don't like. Choose other words from the *Longman Photo Dictionary* if you want.

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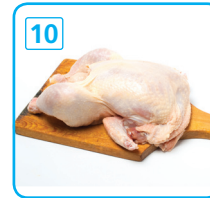
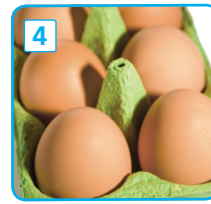
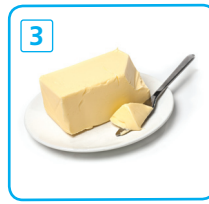
# Food

## Worksheet 23

### At the supermarket

**Ask your partner:** How often do you go to the supermarket?  
What do you buy every week?

**Look at the pictures. What do you buy? Tell your partner.**



- bread
- wine
- milk
- chicken
- beer
- pasta
- eggs
- tea
- butter
- fish
- fruit juice
- coffee
- cheese
- rice
- meat

**Check in the *Longman Photo Dictionary*. Write the words.**

- |         |         |          |
|---------|---------|----------|
| 1 ..... | 5 ..... | 9 .....  |
| 2 ..... | 6 ..... | 10 ..... |
| 3 ..... | 7 ..... | 11 ..... |
| 4 ..... | 8 ..... | 12 ..... |

**Look!**

I buy milk **every** week.  
I **usually** buy tea.  
I **sometimes** buy coffee.  
I **never** buy beer.

**Now write some sentences about what you buy and don't buy.**

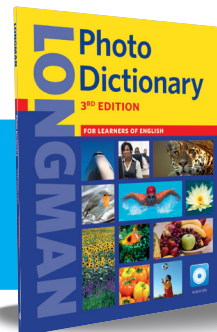
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# Food

## Worksheet 24

### Healthy eating

Which foods do you like? Tell your partner.  
Which foods are healthy? Write the words in two lists.



#### Healthy

#### Not healthy

- carrots
- tomatoes
- hamburgers
- sausages
- oranges
- chips
- chocolate
- apples
- orange juice
- cakes

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**Look!**  
Oranges are healthy.  
Chips are not healthy.  
Oranges are good for you.  
Chips are bad for you.

Read the sentences. Tick (✓) or cross (X) for you.  
Then ask your partner. Tick (✓) or cross (X) for your partner.  
Is it healthy? Tick (✓) or cross (X).

- |  | You                      | Your partner             | Is it healthy?           |
|--|--------------------------|--------------------------|--------------------------|
| 1 I eat fruit and vegetables five times a day.         | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2 I drink coffee five times a day.                     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3 I eat a lot of potatoes, rice and pasta.             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4 I eat cakes and chocolate every day.                 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5 I eat chips every day.                               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6 I drink one litre of water or fruit juice every day. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7 I eat a lot of bread.                                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8 I put a lot of butter on my bread.                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9 I eat sausages and hamburgers every day.             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10 I drink a lot of cola.                              | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 11 I drink a lot of alcohol.                           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Now read the text. Check your answers. Were you right?

### HEALTHY EATING

- Eat a lot of fruit and vegetables. Eat five portions a day.
- Potatoes, rice and pasta are good for you. You can eat a lot of them.
- You can eat a lot of bread, but don't put a lot of butter on your bread.
- Drink a lot. You can drink water or fruit juice, but don't drink a lot of coffee.
- Don't drink cola. It has a lot of sugar.
- You can drink a little alcohol but not a lot.
- Don't eat chips, sausages and hamburgers. They make you fat.
- Don't eat a lot of cakes and chocolate. They have a lot of sugar and they make you fat.

