

## TIPS & RESOURCES FOR SAFE LIVING IN AN URBAN SETTING

## LIVING IN AN URBAN SETTING: AN OVERVIEW

Located in the heart of Louisville, Kentucky, the University of Louisville's prime location and access to resources helps it stand out as one of the premier institutions in the state of Kentucky. The University of Louisville is located in the largest metropolitan area in the state of Kentucky, meaning that there are any number of exciting opportunities and events going on to attract a variety of people to the city. From a variety of diverse restaurants, concert venues, and attractions, there is something for everyone in Louisville at any time of the day!

However, with more opportunities for fun and entertainment come more opportunities for accidents to happen and incidents to occur. To help prevent some of these incidents from impacting you as you adjust to living in an urban setting like the University of Louisville, here are some tips and resources for safe living in an urban setting:

## **SAFETY TIPS**

- **Stay in well-lit areas.** Whether you're walking home at night or parking your vehicle, staying in well-lit areas will help you be aware of your surroundings at any time, day or night.
- **Take commonly-traveled routes.** Avoid alleys, vacant lots, wooded areas, short cuts, and secluded areas especially if travelling on foot.
- Be aware of your surroundings. If someone or something makes you feel uneasy or nervous, avoid the person or leave the area. Do not talk to strangers, and be suspicious of loitering. If wearing headphones, do not have music on so loudly that you cannot hear noise around you.
- **Get to know the neighborhood where you live and work.** Know the areas of safety and available resources (such as public phones, hospitals, police stations, fire stations, late-night locations for emergencies, etc.).
- **Be responsible with personal belongings.** Do not display expensive jewelry or property in public. Do not leave valuable items visible though your window when your vehicle is parked.
- Travel responsibly. Wear clothing and footwear that allow for freedom of movement. Avoid walking alone at night; walk in groups whenever you can. If walking alone, be sure to notify someone of your destination and estimated time of arrival.

## **AVAILABLE RESOURCES**

- Emergency Services
  - 0 911
- University of Louisville Police Department
  - o (502) 852-6111
- Louisville Metro Police Department
  - o (502) 574-5000

- University of Louisville Counseling Center
  - 0 (502) 852-6585
- University of Louisville PEACC Center
  - o (502) 852-2663
- University of Louisville Dean of Students Office
  - o (502) 852-5787